

CENTRAL

BULLETIN WINTER '08

*Central students
dreaming of a
successful future*

*. . . following in
alumni footsteps*



Big dreams and lofty goals. Ask Central College students about their future and you'll get caught up in their aspirations. Their dreams are one of the reasons why we're here. We want our students to succeed. We want our alumni to have successful futures. And it's our faculty who make the difference for our students.

The history of outstanding faculty is long going back to Emanuel Scarff, I.J. Stoddard, Elizabeth Graham and others. Laura Nanes is the first name most often mentioned by alumni who reminisce about wonderful faculty members at Central. The late Edith LeCocq was well-respected and loved by many and served as a professional and dignified role model. The late Don Butler had such a powerfully positive influence on many former students, as did influential staff members like the late Ron Schipper, who provided life lessons to countless colleagues, students and alumni.

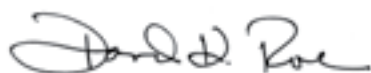
Recently retired professors taught and mentored students for decades at Central and continue to be great resources for alumni. Current faculty pick up where former faculty left off, and a strong circle of devotion to students continues.

Not only do our faculty and staff assist students, but our alumni, too, help students reach their goals through Central Connections, a mentoring program. If you aren't signed up for this program, do so soon. Students are seeking advice in their career goals and can learn so much from alumni and the paths you've taken.

These tools have proved helpful in the past for shaping leaders, and many Central graduates have gone on to become skilled innovators and trendsetters in their respective fields and communities.

Everyone has dreams and goals, including colleges. I have a dream about what Central is and what it can become. I imagine a bright future, not only for the college itself, but also for the Central College community — students, faculty, staff, alumni, parents and friends. My hope is students come to Central with ambition and drive to do the best they can and leave Central with skills and abilities to pursue their passions. My hope is faculty are passionate about teaching and leading students. My hope is alumni are appreciative knowing their Central College experience helped mold them into who they are today.

Everything in life is a learning experience. We are empowered by what we've learned along our journey. If you don't set high goals, you may find yourself satisfied with less than excellent. Help Central continue its dream.



David H. Roe

Photo by Dan Vander Beek

CENTRAL BULLETIN

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Photos by Paul Gates



ON THE COVER

Rick Hickman '73

Ian Dielschneider '07

Photography by Paul Gates

8 DREAMS AND ASPIRATIONS

Central students dream about becoming what alumni already have become

18 CENTRAL COLLEGE PRE-COLLEGE PROGRAMS

Louise Esveld writes about Central's pre-college program, students' life goals

DEPARTMENTS

- 2 Around the Pond
- 4 Alumni Happenings
- 6 Sports Update
- 20 Alumni Award Winners
- 22 Alumni Newsnotes
- 33 Parting Shot

▲ Students such as Lyndi Beeman '08 (left) dream about achieving goals like becoming a dentist. Alumnae Angie Ireland Forsberg '00 (right) is living the dream.

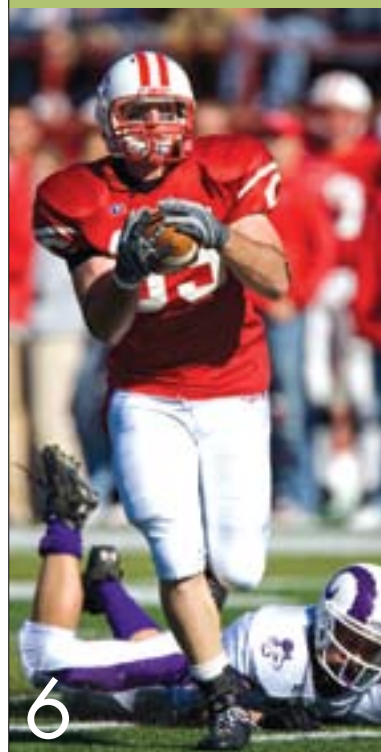


Photo by Dan Vander Beek

▲ The Dutch football team cruises into post-season action.

I N T H I S I S S U E

Dumpster diving at Central

Central conducted a trash audit Oct. 9 on the lawn between Geisler Library and Weller Business Center as part of Eddie Elkin's portion of a larger senior environmental science seminar class group project. Elkin is from Altoona, Iowa. Approximately 25 environmental studies students and volunteers looked through the 1,500 pounds of trash collected during an average week at the college. Participants separated all recyclable materials and placed each into its respective container.

Results showed about 1,140 pounds of trash were actual rubbish and around 370 pounds were recyclable, which means 25 percent of the typical daily trash at Central could be recycled. Other schools that have completed a similar trash audit have found between 75-90 percent of its weekly trash could be recycled.

ROE SIGNS CAMPUS CLIMATE COMMITMENT

Central College President David Roe signed the American Colleges and University Presidents' Campus Climate Commitment in September. Central committed to sharply reducing and eventually eliminating all the college's global warming emissions and accelerating



the research and educational efforts to help society re-stabilize the earth's climate.

CENTRAL COLLEGE JOINS U-CAN



Central College has joined hundreds of private colleges and universities across the country in the University and College Accountability Network

(U-CAN), a consumer information project recently launched to provide Web-based, comprehensible information for prospective students. U-CAN is found online at www.ucan-network.org.

Students and families now have free access to data supplemented by targeted hyperlinks to schools' Web sites. The information covers topics from admission, graduation rates and most common fields of study to faculty information, campus safety and student life.

STUDENT RECEIVES AWARD FROM RUBBER DIVISION

Senior Lindsay Kelderhouse, a chemistry major from Island Lake, Ill., was awarded \$1,500 for a presentation she gave during the Rubber Division of the American Chemical Society's 4th annual student colloquium at the fall 172nd Technical Meeting and Rubber Expo at the Cleveland Convention Center in Cleveland, Ohio. The Rubber Division is a professional organization that provides educational programs, technical resources and other services for people associated with rubber and affiliated industries.

The presentation, titled "The Anionic Synthesis of In-chain Functionalized Polymers," summarized the work Kelderhouse completed over the summer at a National Science Foundation Research Experience for Undergraduate Internship.

NEW VOLUNTEER CENTER ON CAMPUS

Central College's Public Projects Group recently opened the Central Volunteer Center located on the second floor of Maytag Student Center. The organization helps identify volunteer and community service opportunities for Central students. Future plans include branching out to the greater Central community, creating a "service house" on campus, hosting a service day each fall and taking annual service trips.

Public Projects Group began with the theme "See a need, fill a need." Members work to complete volunteer requests from community members not filled through Central's service-learning curriculum. The group also promotes habits of sustainable living.

EMC PROJECT

Central College is partnering with EMC Insurance Companies to establish the EMC Project, a project which gives students the opportunity to participate in service-learning internships at non-profit organizations in the area.

Organizations generally need more comprehensive organizational and administrative support and request interns who can work 10 or more hours per week on site. Students often are willing and eager to intern in these non-profit settings, but usually students are 40 miles from most of Central's community partners and the cost of transportation becomes an obstacle.

With this in mind, the office of community-based learning at Central proposed to corporate sponsor EMC Insurance Companies the EMC Project, which provides modest stipends to students who engage in otherwise unpaid internships for the common good. Students are essentially volunteering, since they devote approximately 150 hours at the site, plus 30 hours of drive time over the course of

the semester and are paid a total of \$500.

Internship opportunities will be sustained as this program has become a component of the newly approved not-for-profit management minor at Central College.

NEW TRIO PROGRAM

As of Oct. 1, Central started implementing an Upward Bound Math-Science program serving 50 low-income, first-generation students with an interest in math or science-related careers. The \$1-million award for the program is funded through a grant from the U.S. Department of Education and provides programming for four years.

The Upward Bound Math-Science program is a sister project to Central's Upward Bound, which serves 130 students, and Educational Talent Search, which serves 1,000 students in Des Moines and surrounding communities. Upward Bound Math-Science selects participants based on their interest and ability in math and/or science. Students participate in a six-week summer academic program and academic-year workshops that include advanced instruction in math and science along with literature, foreign language and other content to support success in high school and college. ■



Photo by Paul Gates



Central Market entrance was dedicated in memory of Stan Ver Ploeg '46, trustee emeritus.

Photo by Paul Gates

Central vs. Simpson GOLD Alumni Participation Challenge

The Central and Simpson GOLD classes (graduates of the last decade, 1998-2007) are competing this year for the highest participation rate in the schools' respective annual funds. The competition kicked off in September and will end June 30.

Central's annual fund, the Central Fund, supports the day-to-day operations of the college. These gifts play an essential role in everything the college does and are often described as the greatest gifts donors can make. Gifts to the Central Fund directly support student scholar-ships and the areas of greatest need to the college.

Participation is the key. Every gift to the Central Fund counts and is important to the growth of Central College. Participation is especially important in the Central vs. Simpson GOLD challenge, as participation is the only measure for victory in the challenge. Every gift helps us get one step closer to defeating Simpson.

Show your school pride, and give to the Central Fund this year. Your regular participation in contributing to the Central Fund is a driving force that helps all students at Central. Contact Anna Swanson Bates '03 at 800-447-0287

or visit www.central.edu/development/centralfund/alumnichallenge.

REFER A STUDENT TO CENTRAL COLLEGE

Interested in helping the Central College admission office? Students make Central College what it is, and the recruitment of those students is an effort that never stops. Hundreds of college personnel are devoted to the task of drawing students into the Central

College community. Our alumni are great ambassadors for Central College, and you can help the admission office by informing them of prospective students in your area. Call or e-mail Ann Van Hemert '00, assistant director of admission, any time with names of high school students who you feel might be a good fit at Central: 641-628-7645 or vanhemerta@central.edu. One call or e-mail could make a great impact! ■



GOLD gathers with Jann Freed '77

Central on the *Road*



Simpson football tailgater

Minneapolis, Minn., event



Going to the theater in Minneapolis, Minn.



Kansas City, Mo., gathering



GOLD event in Des Moines



George Wares' Hall of Fame induction in Las Vegas, Nev.

for more photos go to: www.central.edu/alumni/eventphotos

Football team extends title string to three



Photo by Dan Vander Beek

Posting back-to-back undefeated regular seasons for the first time in 12 years, the Central football team captured its third straight Iowa Conference crown.

It was a record 29th title for the Dutch who earned a record-tying 19th NCAA Division III playoff berth, surviving a host of injuries and dramatic finishes. None were more dramatic than a 37-34 triple-overtime victory at Dubuque and a 17-14 showdown win in the regular-season finale at Wartburg, getting a winning field goal with 2 seconds

remaining to knock off the Knights.

Senior quarterback Tim Connell, who engineered six come-from-behind victories, was named the league MVP after a record-breaking binge. Entering the playoffs, he had numerous school marks including season records for passing yards (2,373) and touchdowns (26) and career marks for passing yards (5,470) and touchdowns (49).

Coach Jeff McMartin, named regional coach of the year and the league's coach of the year for the third time in his

four years with the Dutch, has guided his team to 27 straight regular-season wins.

Other all-league picks included junior offensive lineman Spenser Remick, senior receivers Cody Huisman and Josh Smith, senior defensive back Guy Dierikx and freshman punter Kurtis Brondyke on the first team. Senior offensive lineman Keith Bowers, senior defensive lineman Nick Mulder, senior linebacker Andrew Lehn and senior defensive back Brett Doud were second-team selections.

12TH STRAIGHT TITLE FOR VOLLEYBALL SQUAD



Terri Berger helped Central to an Iowa Conference title.

Central wasn't picked to win the Iowa Conference volleyball title, but when the season ended, for the 12th straight year the Dutch were perched atop the league standings.

Senior setter Terri Berger, a first-team all-region selection, helped lead 18th-rated Central to a 27-9 record, an 8-0 league mark, a sweep of the six-team conference tournament and the program's 11th NCAA Division III playoff berth. The Dutch knocked off 25th-ranked Carleton (Minn.) in NCAA tourney play before dropping a narrow five-game decision at 12th-rated St. Thomas (Minn.).

Berger and senior middle hitter Katie Johnson were first-team all-conference picks, and junior outside hitter Miranda Kouba was a second-team selection. Johnson and Berger are three-time all-conference picks. Kent Clayberg received league coach of the year honors for the third time in his five seasons.

The Dutch also continued their tradition of classroom success. Six players received academic all-conference recognition, and Johnson was an academic all-district pick as well.

DUTCH THIRD IN WOMEN'S TENNIS

An 11-4 dual record and a third-place Iowa Conference finish are a promising start for the women's tennis team under new coach Bryan Mours.

The Dutch fell in the league semifinals to Luther but rallied to pull out a 5-4 decision over Wartburg in the third-place match as seniors Jenn Knobbe and Katie Moglestad scored the clinching singles' victories. Moglestad was the team's MVP.

Central cracked the ITA Division

III Central Region rankings for the first time in more than seven years, debuting in 16th at the end of the fall season.

YOUNG DUTCH SIXTH IN WOMEN'S GOLF

A young Central College women's golf team settled for a sixth-place Iowa Conference finish but gave reason to hope for better things ahead.

Competing at Cedar Falls and Dubuque, the Dutch shot 1477 in the 72-hole tourney. Wartburg posted a 12-shot victory at 1327.

Sophomore Eva Downes was 18th at 351, while freshman Nicole Wenstrand tied for 21st, junior Jordan Williams tied for 26th and junior Meghan Swella was 33rd.

Downes was named team MVP. She and Williams will again serve as co-captains in 2008-09.

CENTRAL CONTENTS FOR MEN'S SOCCER TITLE AGAIN

Central landed a record six players on the all-Iowa Conference men's soccer squad as the Dutch again were NCAA playoff threats.

Coach Garry Laidlaw's squad posted a 14-4-3 mark and reached the semifinals of the league tournament, earning a 2-2 draw with Wartburg but failing to advance after a shootout.

Record-setting senior forward Cody Stoermer and junior midfielder Cruz Herr were each named to the all-league squad for the third time. Junior goalkeeper Greg Foote, junior defender Scott Erie, senior midfielder Blake Scott and freshman midfielder Cody Jandik were second-team selections.

Stoermer set school season marks for goals (19) and assists (12) while establishing several new career marks including most points (137) and assists (154).

RECORD SEASON FOR WOMEN'S SOCCER TEAM

A late-season surge carried the

Central women's soccer team to surprising heights.

After earning its first Iowa Conference tourney berth since 2004 with a 1-0 double-overtime upset of Luther, Central advanced to the semifinals with a 2-1 win at Cornell. Central scored a surprise 1-1 draw with Wartburg, but the Knights moved to the finals after a shootout.

Central's 10-5-3 record gave coach Rick Burns' squad a record .638 winning percentage.

Senior Tori Rittman broke school career records for points (120) and goals (52) and was a first-team all-conference pick. Freshman midfielder Kristi Klatt and senior goalkeeper Michelle Gilbert were second-team selections.

BERRY BACK TO NATIONAL MEET

Sophomore Angie Berry earned her second trip to the NCAA Division III women's cross country meet. She finished 63rd at the NCAA meet in Northfield, Minn., Nov. 17.

Berry led a young women's squad which climbed from sixth to third in the Iowa Conference standings under new coach David Paulsen. She placed second individually, while juniors Hannah Anderson and Jess Clark followed in 20th and 21st, respectively, with sophomore Amy Ledvina in 23rd.

It was a year of transition for the Dutch men who

were sixth in the league after suffering significant graduation losses. Junior Jaron Byrum was 25th while sophomore Pierre Taylor was 39th and senior Chase Ungs was 42nd. ■



Angie Berry qualified for the NCAA cross country meet.

Photo by Dan Vander Beek

D

Ian Dielschneider '07
Business management
Beaman, Iowa

REAMS & ASPIRATIONS



Everyone's heard the saying "dream big." Well, that's what Central College students do. A Central College education can take you farther than you ever dreamed possible.

You wanted to be a teacher when you were younger? President of the United States? A firefighter, doctor, lawyer, artist? The answers to the question, "What do you want to be when you grow up?" are as varied as the occupations. On the next few pages, we will share four Central College students' dreams and aspirations. Along with that, you will read about alumni who are living the dream.

TAKING CARE OF BUSINESS

Although senior Ian Dielschneider didn't walk around in a suit carrying a briefcase when he was younger, business seemed like a natural fit. Even as a youngster, he was trying to sell his artwork and other belongings to his friends for profit. "Really, I was always just trying to make money," he said. "It's a lot of hard work to make money."

"Really, I was always just trying to make money," he said. "It's a lot of hard work to make money."

Dielschneider knew about hard work. He grew up on a farm outside of Beaman, Iowa. When he was 10 years old, he would go out with his brothers and walk beans. As he got older, he put groups of people together to walk beans and became a recruiter for a detasseling crew when he was 14.

A year later, Dielschneider became interested in owning his own business. He started a paintball business where he rented equipment to companies and families for parties and reunions. He got the idea to start the business by combining something he loved (paintball) with an opportunity to make money without it seeming like work.

"People would just come out to the paintball field and play," he said.

His love for paintball followed him here. Dielschneider started a paintball club at Central. In order to have the club sanctioned by the college, he worked with a group of people to create a vision and presented it to the student senate.

"I couldn't believe they gave me \$3,000 to start a paintball club at Central," he said.

Dielschneider has since retired from the paintball business and focused his energy on his marriage, studies and internships.

The summer before his junior year, Dielschneider landed a nine-month internship with Principal Global Investors in the commercial real estate division.

"I earned full credit for a semester of school by writing papers about the internship and doing projects along the way," he said. "That internship gave me a better view of the corporate world and an understanding of the time involvement necessary in order to move up the ladder."

This past summer, he worked at Bankers Trust in downtown Des Moines in the finance department.

A former Central College faculty member helped Dielschneider to see his potential.

"(Tim Frerichs) helped me to think outside the box," said Dielschneider, explaining how an art minor goes hand-in-hand with business. "There's a lot of creativity and problem-solving involved in both art and business. He told me, 'be willing to take chances.'"

Frerichs also told Dielschneider that his talent, skills and willingness to take chances in life are a great combination for success, especially in owning a business.

"It doesn't really matter what type of business to me — it could be a bottle company or anything," said Dielschneider. "I just like the ins and outs and the overall structure of business in general."

Like Dielschneider, Rick Hickman '73 also got into business at a young age and started in the banking world.

Hickman owned a four-unit apartment building before entering Central College.

"I worked for a company during the summer delivering brake parts and transmissions. The owner had a four-plex and had me painting apartments, mowing grass, collecting rent money, and I ended up running the building with no experience. At the end of the summer, he told me this was the best summer he'd ever had," said Hickman. "And then he asked me to just take it over so I bought it from him and still own it today. I've owned it for over 40 years."

Hickman's entire career has been based on investing and commercial real estate. After earning a master's degree in finance and business from the University of

Iowa following graduation from Central, Hickman worked several years at two banks as vice president of investments. He's worked independently for many years as a consultant and adviser, as well as an independent registered representative with Berthel Fisher Company in Cedar Rapids, the largest independent broker in the state of Iowa.

"I've been an investment broker all the time, really even during the time I ran the investment department, I did both trust and individual investments as well as investments for the bank," said Hickman, who is a senior investment executive with Berthel Fisher Company. "But since leaving the banking business, I've had multiple part-time jobs that run concurrently."

Hickman became interested in banking and business at a young age. His father sold bank equipment and collected coins and paper money.

"He always had interesting stories of the Civil War and the Great Depression and the financial part of it," he said. "Stories like that got me interested and when I was at Central, people like Don Butler, Bob Maurer, Rich Glendening and Mike Orr inspired me even more."

Hickman has the freedom to work his own hours and takes a week off once a month to travel

continue in my securities business and my consulting business and reduce the number of apartments," he said. "I am so very much enjoying life."

Rick Hickman '73
Senior Investment
Executive

"I'm loving what I'm doing," he said. "I am so very much enjoying life."

and see the world. He also collects Ford Packards and frequents car tours in the summer.

"I'm loving what I'm doing," he said. "Although I could retire right now, my long-term plan is to



Photo by Paul Gates

FINDING A NEW DREAM



Lyndi Beeman '08
Biology major
Springfield, Ill.

made a list of the prerequisites necessary to get into dental schools.

"I realized Central had everything I needed to prepare me to reach my dream — it was a perfect fit," said Beeman. "Plus, I was very impressed with the biology department when I visited. Since then, professors have been more than helpful, whether it was answering extra questions outside of class or setting up observation time for me with local dentists."

Central's biology faculty offer students a strong foundation in biology without overspecialization, emphasizing an intellectual approach rooted in the college's liberal arts tradition.

"Many of my mentors continually advise me that dental schools are looking for well-

"I feel as if Central has made me a well-rounded person ..."

rounded individuals," said Beeman. "I feel as if Central has made me a well-rounded person not only because of the liberal arts education I have received, but the extracurricular activities offered as well."

After graduation in May 2008, Beeman plans to attend dental school. Then, she hopes to join a dental practice for a few

years to get as much experience as she can so that one day she can open her own dental office. Beeman also dreams of leading her own mission trips to places like Jamaica and the Dominican Republic to educate others about dental hygiene.

"I like the idea of being a dentist partly because it's a nice way to get to know people," said Beeman. "Dentistry is different than medicine in the fact that you can build long-term relationships with families — much like my family did with our dentist, who introduced me to the mission trips."

While at times it may still seem a far off dream to Beeman, Central alum Angie Irelan Forsberg '00 has made dentistry a reality in her life, including

Photo by Paul Gates

At 5 feet 2 inches, Lyndi Beeman decided her childhood dream of playing basketball in the WNBA may not come true. She needed a new aspiration she could make a reality.

Beeman was in the eighth grade when she discovered her real passion.

"I accompanied my family dentist on a mission trip to Jamaica," said Beeman. "I helped him give fluoride treatments to children in schools, and we also taught them about oral hygiene. Not only did I learn a lot about dental work from that experience, but I was able to see how I could reach people and help them."

Once Beeman knew she wanted to be a dentist, she began researching schools and making plans. She

participating in mission trips. This year, Forsberg attended her fourth mission trip to Jamaica through the Christian Dental Society.

“Oral health care is not available to many of these people. During our week-long stay, we do extractions, fillings and other work, but we also educate them about oral health, so hopefully they can take care of their teeth once we leave,” said Forsberg. “Every time I go there, it makes me appreciate so much more what we have here.”

While Forsberg always knew she wanted a career that allowed her to help and care for people, she didn’t always know dentistry was what she wanted to do. When Forsberg came to Central, she decided to major in biology because she wanted something that would challenge her and keep her focused.

“My professors at Central were always pushing students to be what they wanted to be,” said Forsberg. “They made sure I knew everything I needed to know to be able to succeed, and because of this I knew I had to study hard. I had so much to do for

my classes, but I learned to budget my time. Central gave me the work ethic I would later need to make it through dental school and life.”

When Forsberg decided about a year after graduation she wanted to go to dental school, she didn’t hesitate to call her professors for recommendation letters.

“I had three professors from Central write letters to help me get into dental school,” said Forsberg. “They knew a great deal about me and my time at Central. They had watched me progress in my four years there.”

Forsberg was a student worker for David Erken-Brack, associate professor of biology. She formulated labs for lower-level classes and then helped students go through them.

“By helping with labs, I was able to work and relate with many different types of people. I realized how people bring different perspectives with them,” said Forsberg. “The experience made me a well-rounded person. It helped build social and people skills that I use as a dentist today.”

After being accepted to dental school at the University of Iowa, Forsberg spent the next four years studying and working there. She chose general



Photo by Paul Gates

Angie Irelan
Forsberg '00
Dentist

dentistry because she wanted to be able to do everything and have a change of pace each day. After graduation, she started practicing dentistry at Des Moines Dental Group three days a week.

Since Forsberg works part-time, she has time to do other things she enjoys related to her career. About two times each month, Forsberg works at Des Moines Area Community College as a clinical instructor for the dental hygiene students, monitoring them in the clinic.

“Part of the reason I chose dentistry was its flexibility. I have the luxury of working part-time,” said Forsberg. “It allows me more time with my family, which is important to me. Plus, I don’t want to lose the aspect of ‘I’m practicing dentistry because I love it.’”

HELPING THE WORLD ONE CHILD AT A TIME

If you've picked up a newspaper lately or scanned covers of *People* magazine in line at the grocery store, you likely know Oprah Winfrey does a lot to help the world. Her biggest achievement as of late is helping children in South Africa, a feat she televised in a touching episode of "Oprah" a few years back.

Annie Wignall, a Central sophomore, happened to be watching "Oprah" the day that episode aired, and she got an idea.

"On the show, Oprah talked about her trip to South Africa, where she spent time with children and brought them Christmas gifts," Wignall said. "Many received simple things like shoes, but they were so thrilled. That show has been my dream."

She started dreaming big after seeing that episode, but Wignall began helping children on her own long before Oprah ever visited South Africa. At age 11 she founded The Care Bags Foundation, a nonprofit organization, and today Wignall serves as president.

Care Bags provides children and youth in need with brightly-colored bags filled with fun and essential items, like toys paired with toothpaste and teddy bears alongside shampoo. Blue and green tubs of Care Bags goodies fill the room where bags are assembled, and photos of smiling children cover the walls. Once a home-based business collaborating only with local agencies, Care Bags now helps children worldwide and is run entirely by volunteers from all over Iowa, including Central.

"I love kids and wanted to do something to help make their lives better," Wignall said. "I like knowing I can do something small to make someone's life so much better."

Wignall hopes to incorporate her love of service and helping others into her future career in the classroom.

"I want to instill in my students the love of learning," she said. "I want to teach kindergarten, and at that age it is crucial students learn to enjoy school, ask questions and find answers. I want to push them to grow and learn to be 'kids of character.'"

She first knew she wanted to teach during a Care Bags experience.

"During my senior year of high school, I helped in a kindergarten class," Wignall said. "I did one on Care Bags, and the students saw pictures of children their own age who were in so much need. They began to understand the importance of helping."

Wignall continues to be inspired by Oprah.

"Last year after watching the episode, I knew I wanted to incorporate Care Bags into the school somehow," she said. "Those girls know what life is like without things we take for granted everyday — it's important for them to know the meaning of service and help those in situations like they once were."

Annie Wignall '10
Elementary
education major
Newton, Iowa



So far, over 12,000 bags have been distributed to children worldwide. Eventually Wignall hopes to travel to Africa delivering Care Bags to orphanages and other children in poverty-stricken areas.

"Service and education go hand in hand," she said. "Being a civic-minded person will only make me a better teacher someday. Students learn best through example, and by helping them learn to share their time and talents they, too, will grow up to be civic-minded. I love seeing children excited about volunteering and making a difference with random acts of kindness."

Third grade teacher Beth Norman Sletta '86 of New Ulm, Minn., shares the idea of civic service and



Photo by Bridget Fowler

*Beth Norman
Sletta '86
Elementary
Teacher*

teaching by example. While teaching is her passion, she also helps others outside the classroom.

A past board member for United Way, Sletta currently serves on the board for Thrivent, a group that oversees the delegation of funds for hands-on service projects and fundraisers in New Ulm. She also is a Brownie troop leader and works with Community Friends to deliver meals to those in need. In her free time — when she has any — Sletta volunteers through her church in several different capacities.

She clearly has the service thing down, but the most important aspect of service for her lies in teaching others just how great service can be. Sletta leads by example, and her service-mindedness carries over to her students. She tries to instill not only a love of learning, but also the realization that working together makes the world a better place — that it's not always the size of the service that matters but instead the care put into the gift.

"It can be challenging to take on service projects

with young students, but we do small things," Sletta said. "Sometimes at Christmas I request students give me food for a food shelf instead of giving me a gift."

As both a teacher and a parent, Sletta lives for the moments she sees a connection in children — the spark in their eyes when they realize they can help.

"I work with a teacher who has little children, and last year their house burned down," Sletta said. "One of my students came to class with a box full of books, notebooks, pens and other things for the kids in the family, and I thought, 'Aha! They're getting it.'"

While she cherishes the small successes within the school walls, Sletta, like Wignall, feels pulled to help outside her hometown.

Sletta once took a group of high school students to Jamaica to help rebuild a church devastated by a hurricane, and all were touched by the experience.

"The students were from an affluent suburb in Minneapolis-St. Paul, and they really learned a lesson about material goods," she said. "We learned about not needing so many things — that you can have a happy life without so much actual stuff. It was so neat to be alongside the youth and watch while they made that connection."

In the classroom, Sletta highlights these moments of joy to help students understand the importance of service — to see that when you help someone else, you're also helping yourself.

"I bring tales of my travels into different lessons at school, like geography," Sletta said. "I have different posters with all my pictures on them, and it really helps for the students to see pictures of other children like them. They connect better with kids, and they see me right alongside the children in the photographs. It makes the story more real."

It's important for Sletta to teach lifelong lessons: living, loving and learning.

"Hopefully I am instilling in my students not only a love of learning but a realization that we all need to work together to make this world a better place," she said. "I'm so extremely happy — I love my job. Every day there's a new challenge in teaching. My dream has been fulfilled."

NOT YOUR TYPICAL STARVING ARTIST

With his multi-colored tattoos and cut-off muscle shirt, Evan Sevits doesn't exactly look like an artist. As he talks about art, his eyes light up, and you begin to believe that he will make it past the starving artist stereotype.

"With glassblowing, I find myself creating things I never thought were possible," said Sevits. "Glassblowing is demanding. You're sweating from the 2,000 degree heat of the furnaces, and the glass is heavy. From layer to layer, more glass is continually

added to expand the surface of the piece. Adding layers brings color and interest. Those layers — that's what I love. I like art you can look at 100 different times and see something different each time."

Central's glassblowing program provides a unique chance to understand this ancient art. Both art majors and non-majors enroll in glassblowing courses at the only teaching facility for glassblowing in the Midwest.

Sevits feels he's always known art would be part of his future. But if he had chosen anywhere but Central, creating art with glass would not.

"I've known since the third grade that I was interested in art, and I never applied anywhere but at Central," said Sevits. "I'll always wonder what would have happened if I went to a different art school, but I know that I wouldn't have my Central experiences, and I wouldn't trade those experiences."

After graduation in December 2008, Sevits plans to seek an apprenticeship in a glassblowing studio. But the worry for financial success nags.

"Everyone's heard of struggling artists, and there are student loans," said Sevits. "I don't want to think about it."

But success is out there. At the top of their profession are artists like Dale Chihuly whose work has evolved into a multimillion dollar business. Or perhaps Sevits can follow in the footsteps of fellow Central alum Eoin Breadon '97 who is now commanding five-figures for a single piece of glassblown art.

Breadon recently returned from a week in Chicago at the International Expositions of Sculpture Objects and Functional Art exhibition. Internationally renowned artists are invited by 100 top galleries to show their work to an audience of thousands. Breadon was hailed as an emerging artist in this exhibition and called an "overnight success."

"More like a 14-year overnight success," laughed Breadon.

When Breadon arrived on Central's campus in 1993, glassblowing was the farthest thing from his mind. His first love was just to race around the track on the Central Dutch track and field team.

"What I remember most was a time when Eoin was upset because he didn't run at Drake," said Kevin Sanger, head men's and women's track coach. "But he didn't give up. He didn't quit. The next week he came back and scored several points for us at the conference meet."

Evan Sevits '08
Art major
Pella, Iowa

Photo by Paul Gates





Photo by Dan Fox

Eoin Breadon '97
Artist and
Professor

And in the end, we won the conference championship that year.”

As a freshman, Breadon was thinking about majoring in communication, or participating in Central's 3+2 program in architecture. However at the beginning of his sophomore year, he found himself standing in front of a kiln learning the art of glassblowing from mentor John Vruwink.

“I took art courses because I was interested in architecture,” said Breadon. “Then glassblowing clicked. I’m a social individual, and much of art is solitary. But in glassblowing, you are reliant on others to help you succeed. And the communication — the give and take of the process — just captivated me.”

Helping others succeed seems to be the mantra of the glassblowing world. Breadon recalls others in the business who helped him. From the first internship

where his primary responsibility was making green tea for the masters to early jobs in Australia and on the East Coast, Breadon was progressively given more opportunities and responsibilities.

“As an undergraduate, I thought that a person couldn’t get a job in art,” said Breadon. “But hard work, effort and desire never fail you. And I believe that I have a responsibility to help others on their climb up the ladder to success. Without helping others, you go against the idea of glass as a community. I get better by helping others.”

“... hard work, effort and desire never fail you. And I believe that I have a responsibility to help others on their climb up the ladder to success ...”

After a year-and-a-half at a glass and design studio in Australia, Breadon returned to the United States and spent four years at North River Glass Studio in Massachusetts.

“I helped Chris Constantine and his partner for five days a week,” said Breadon. “Then they allowed me to use the studio on the sixth day. They believed in helping young artists along. So when they would get a show,

they’d say things like, ‘we’ll do it if you include three pieces from our assistants’ which gave me an opportunity to show my work.”

When Breadon reached a point where he needed more artistic freedom, he returned to school, earning a master’s from the Tyler School of Art in Philadelphia, then landing a teaching position at the Cleveland Art Institute in 2005.

“It took 10 years to become technically proficient,” said Breadon. “But there were bumps in the road. Frustration would make me consider switching tracks. But every time that happened, serendipity stepped in. Something would happen — a piece would sell, a gallery would call for a show, a letter or note arrived from a student — and I would realize that I was doing what I love to do. That, for me, defines success.” ■

Central College pre-college programs: Reaching out, developing the next generation of college graduates

by Louise Roetman Esveld '74, director of pre-college programs and assistant professor of education

When asked about the work we do with Central's pre-college students enrolled in our Upward Bound, Upward Bound Math-Science and Educational Talent Search programs, I often respond this way: "We are dream makers." Perhaps you are like me. Such statements tend to make me wince because they

"We are dream makers."

sound hopelessly romantic, even sort of "cheesy." However, in this case, it seems to me a statement that truly captures the essence of our mission.

Our mission really is, at its core, to help our students see themselves in a future that includes a college education. If students see this potential reality in their mind's eye, then we are much more likely to be effective in our efforts to assist them in developing the knowledge, skills and attitudes they will need to make that dream a reality. And, only then, will they take full advantage of us and others who can help them on their way to making it all happen.

A student's aspiration develops over time, taking shape from the spiral of ever more specific advice and feedback to his/her performance from significant people in the student's life. Fortunate students have strong networks of support from parents, teachers, counselors, coaches,

other adults and peers who provide high expectations, encouragement, guidance and information at critical junctures on the path to college. Others have gaps in their feedback loops that result in lack of confidence, preparedness or accurate and timely information. That's where college access programs like Central's pre-college TRIO programs can and do make a meaningful difference.

What are the keys to helping students disadvantaged by low family income and parents lacking in experience with college access? Research and experience guides our practice. Beginning early, providing a developmentally appropriate college access curriculum, and sustaining relationships over time makes the difference.

In fact, recent studies suggest that 7th grade students who expect to go to college are two times as likely to attend college as their peers who are undecided or don't expect to go. Most students begin to solidify their plans as early as the 10th grade.

Central College Educational Talent Search (ETS) begins working with 6th graders in targeted schools providing a curriculum of personal and academic skill development, general information about postsecondary education, career exploration and cultural events, and visits to college campuses. As these

students progress through middle and high school, Central's ETS coordinators are regularly present in their schools to deliver our college access curriculum and to assist students individually with academic advising, tutoring, college applications, financial aid and more.

PROFILE *at a glance*

- Louise Roetman Esveld received a bachelor's degree in art and French from Central
- Earned a master's and doctorate in educational leadership from the University of Northern Iowa
- Former artist and owner of Esveld Studio and Gallery in Eldora
- Taught 7-12 art at New South Wales Department of Education in Sydney, Australia
- Taught French at Eldora-New Providence and Hubbard-Radcliff Schools
- Principal at Janesville High School
- Co-director of Hardin County School-Based Youth Services Collaborative
- Director of Student Life Student Leadership Institute at Central
- Director of pre-college programs at Central



Student Chantelle Wilson talks with Louise Esveld, director of pre-college programs.

Photo by Paul Gates

Upward Bound and Upward Bound Math-Science are sister programs to Educational Talent Search and offer many of the same academic year services and cultural opportunities. Both Upward Bound programs target high school students enrolling them as early as possible during their high school career and following them through graduation and beyond. Upward Bound programs also feature a six-week academic experience on campus where students engage in a full academic schedule that includes mathematics, laboratory sciences, literature, composition, foreign language and elective courses. Upward Bound Math-Science provides a more intense focus on upper-level math and science content with exposure to scientists and mathematicians working as researchers, college faculty, and in other corporate and government settings. The academic and co-curricular programs offer an age-appropriate simulation of college life to help students become familiar with campus services and routines.

In all our TRIO pre-college programs, we work at developing relationships with our students and target school colleagues to strengthen the network of feedback and support that is so crucial to the success

of our students. Our continuing presence in their lives, the selected opportunities and information we offer, and the constructive, positive feedback we offer students clearly makes a difference.

Take Joel Schutte, for example. Joel is a 1992 Central College graduate who majored in English and is a former Upward Bound participant. He holds a master's degree in educational counseling from the University of Phoenix and an endorsement in educational administration from Viterbo University. He currently is principal of Southeast Polk Harbor Alternative High School. Joel said recently in a letter to the Des

Moines Register, "I can tell you with no uncertainty that I would NOT be in the position I'm in today as a high school principal had I not been in the program. I grew up in a welfare and food stamp home with two brothers and mother with no father in the picture. My mother did not complete 9th grade. In fact, only two of her six siblings completed high school. My younger brother also dropped out of high school. College was never discussed in my home growing up, and I'm not sure I ever gave college much thought, despite consistently scoring in the 99th percentile on standardized tests."

In November, Joel was recognized as a TRIO achiever for the Mid-America Association of Education Opportunity Program Personnel for his professional contributions and his on-going commitment to the needs of low-income and first generation students.

Central has had an Upward Bound program since 1966 and Educational Talent Search since 1985, and following in Joel's footsteps are many other noteworthy successes. Each year, Central's pre-college programs graduate approximately 175 students from high school. In 2005-06, a typical year, 98 percent of Upward Bound graduates and 72 percent of Educational Talent Search students enrolled in post-secondary education.

About those dreams! Former Upward Bounder Chi Mann says it better than I ever could.

"It's been a very long time since I've been in contact with you, so I'm not too sure if you remember me, but I spent some of the best times in my entire life with you guys. I was a UB'er for three years from '99-02. I just wanted to give you an update. I've been serving in the United States Navy for a little over three years as a linguist. I'm continuing my education and am close to receiving a bachelor's degree in Far Eastern Culture Studies with a specialization in Korea. In my interaction with other service members, I always remember the lessons of tolerance and open mindedness you and your program helped to instill within me. I'm still reaching upward, chasing after my goals and dreams. It was a life-changing experience, and I thank you from the bottom of my heart.

Very respectfully,
Chi F. Mann
United States Navy



Award winners

Jim '60 and
Kathy Redeker
Vande Berg '60



ALUMNI AWARDS

Annual alumni awards were presented at a dinner Sept. 29 as part of Homecoming/Family Weekend festivities. This year's Mr. and Mrs. Alumni were Jim '60 and Kathy Redeker Vande Berg '60. The Alumni Achievement winner was Marv Hackert '66. The Young Alumni Achievement Award went to Jeff Burnison '93, and Penny Harris Reynen '71 received the Alumni Stewardship and Service Award. First Reformed Church of Pella was recognized with the Fellowship of Service Award. Denny and Kris Hanson and Bill and Connie Hinga became honorary alumni of the college. For complete biographies, go to www.central.edu/alumni/awards.html.

MR. AND MRS. ALUMNI

Jim '60 and Kathy Redeker Vande Berg '60 of St. Augustine, Fla.

Jim '60 and Kathy Redeker Vande Berg '60 were named Mr. and Mrs. Alumni. This award is presented to a Central College alumni couple who have enthusiastically supported the mission of the college.

Jim graduated from Central in 1960 with a degree in economics. He obtained a bachelor's degree from Union Theological Seminary in Virginia and a master's degree from Union College in Schenectady, N.Y., followed by a doctoral degree from McCormick Theological Seminary. He has served as minister at Virginia Tech University, in Oakland, N.J., and Atlanta, Ga. Since his 2003 retirement Jim has served as a consultant working with special Presbyteries at the Presbyterian Church USA General Assembly.

Kathy also graduated from Central in 1960. She received a degree in music with an emphasis in organ performance and went on to receive a master's degree from Georgia State University. Before retiring in 2003, she served as a music educator, and she has been an organist and choir director in many churches. Kathy is a member of Central's Alumni Advisory Council.

The couple has two daughters and now reside in St. Augustine, Fla.

Marv
Hackert '66



Jeff
Burnison '93



ALUMNI ACHIEVEMENT AWARD

Marv Hackert '66 of Austin, Texas

Marv Hackert '66 received the 2007 Alumni Achievement Award for his exceptional achievements in a professional career.

Hackert graduated from Pella High School in 1962. After graduating from Central, he went on to a master's degree at Iowa State University and a doctoral degree from Purdue University.

Hackert has been on the faculty at the University of Texas – Austin since 1974, holding such positions as assistant professor of chemistry, director of the biochemical institute, associate dean of the graduate school and director of faculty development and graduate programs. He has worked most recently with the Dell Foundation, chairing committees for the new Dell Pediatric Research Institute. He currently is responsible for encouraging faculty and students along their career paths with research leaves, travel grants and fellowships; he continues to teach and do research as well.

Penny Harris
Reynen '71



Photos by Dan Vander Beek

YOUNG ALUMNI ACHIEVEMENT AWARD

Jeff Burnison '93 of Grimes, Iowa

Jeff Burnison '93 of Grimes was given the Young Alumni Achievement Award, which is presented to an alum who has graduated from Central College in the last 15 years and has demonstrated significant professional and personal accomplishments since graduation.

After graduating from Central in 1993 with a degree in accounting, Burnison began his career as an auditor with Ernst and Young in Des Moines, ending up an audit manager. Burnison joined Pioneer Hi-Bred International, where he chaired Pioneer's Sarbanes-Oxley (SOX) project and helped develop the SOX program for DuPont, a multi-national chemicals and health-care company. He received a master's degree from Drake University.

He is now corporate controller at Pioneer and serves on the company's finance leadership team. In the past, he served on Central's Business Advisory Council, taught junior achievement classes and mentored college accounting students. He also is an active volunteer in the community.

ALUMNI STEWARDSHIP AND SERVICE AWARD

Penny Harris Reynen '71 of St. Paul, Minn.

Penny Harris Reynen '71 was this year's recipient of the Alumni Stewardship and Service Award, due to her exceptional stewardship and service to the college and her demonstration of the spirit of the mission of Central College.

After graduating from Central, Reynen went on to receive a master's degree in adult education and doctoral degree in educational leadership. She taught English for 22 years and has served in a variety of administrative positions since 1993. She currently is the executive director for Athletes Committed to Educating Students.

Reynen has been involved with

service to her community and the college for many years, including serving voluntarily as vice president of the board of directors for Vinland National Center, a center for victims of brain and spinal cord injuries. She also is a member of Central's National Advisory Council and was chairperson for her 20- and 30-year class reunions.

FELLOWSHIP OF SERVICE AWARD

First Reformed Church of Pella

The Fellowship of Service Award is given to Pella-area, non-alumni who have provided significant support to the college to enhance its educational mission. First Reformed Church received this award for its support to Central College in a variety of ways. The church annually hosts Central's baccalaureate service.

HONORARY ALUMNI

Denny and Kris Hanson

Denny and Kris Hanson of Cumming, Iowa, were named honorary alumni because of their attendance at a variety of college activities, involvement with the college's programs, financial support and expressed interest in and dedication to the college's well being.

Denny and Kris are graduates of Luther College with bachelor's degrees in secondary and elementary education, respectively. Both taught for a few years, and Denny now holds a career in the banking industry.

The couple's three daughters graduated from Central, Emilie Hanson Brown '95, Martha Hanson Koopman '97 and Aanna Hanson Hoch '98. Denny is currently a member of Central's National Advisory Council and provides occasional athletic radio commentary.

Bill and Connie Hinga

Bill and Connie Hinga of Pella were named honorary alumni of Central College. Both grew up in Holland, Mich., Bill graduating from Holland High School and Connie from Holland

Christian High School. The couple graduated from Hope College with degrees in education and began teaching careers. In 1965, Bill was invited to join Central College, where he was dean of students and head track coach, and Connie taught kindergarten for Pella Community Schools.

The couple retired in 1993 and are still active at Central and in the Pella community. Bill served as a volunteer for Central's Town and Gown fund-raising program for many years. He and Connie have three daughters Cathy Hinga Hausteine '76, Lynn Hinga DeVries '79 and Ann Hinga Klein '80, all graduates of Central, and one son Tom Hinga '82, who attended Central and graduated from Iowa State University. ■



First Reformed Church of Pella award received by Paul Steenhoek and Dr. Ray Tilstra

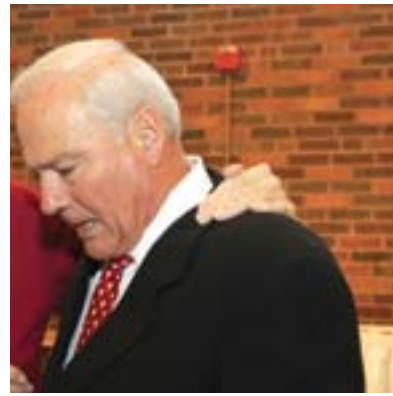


Denny and Kris Hanson



Bill and Connie Hinga

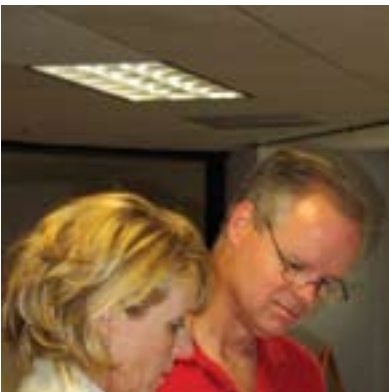
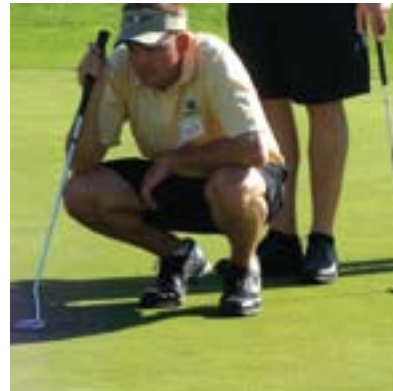
Photos by Dan Vander Beek



**HOME-
COMING/
FAMILY
WEEKEND
2007**



**FUN,
FRIENDS,
AND FAMILY
EQUAL A
FANTASTIC
TIME**



Nederhoff accepted into leadership program

by Kristin Clague '08

Every college and university across the country boasts students accomplishing goals with interesting pathways to success, but often times triumphs are shadowed by bigger projects on campus. But Central senior Brooke Nederhoff of Grundy Center, Iowa, is making headlines.

As one of 10 students nationwide recently accepted into the Wells Fargo Technology Information Group Leadership Development Program, Nederhoff, a communication studies major and business management minor, is ready for new challenges.

"I am incredibly honored to have this opportunity," she said. "I never imagined I would be working in information systems, but when you have the ability to imagine yourself in a position different from what you first intended to do, your mind is opened to endless possibilities."

She gained interest in pursuing a future with Wells Fargo through an internship last summer in the information systems department, helping her decide to apply for the leadership program.

The program consists of rotations of various positions within the technology

information group. After finishing the year-long program, the company will place recruits into fields according to positions they favored during rotations.

"I hope to work for Wells Fargo as a project manager or team manager in the future," she said. "I want to be a role model to others, showing how to live a life of smart risk taking with a willingness to learn and a passion for what I do."

Nederhoff credits these life skills partially to her education at Central.

"The liberal arts education teaches students to focus not just on one area," she said.

She also acknowledges the help of instructors on campus for assisting her with the internship and the program application procedure.

"I am so grateful for the encouragement of my professors," Nederhoff said. "They e-mailed me constantly to ask how the process was going — their support was outstanding."

Though she didn't always have technology information in mind when dreaming of her future, Nederhoff hopes to be passionate about what she does and happy with any job.

"One of my biggest dreams is to be successful in whatever path I choose, and Central has done an awesome job preparing me for this," Nederhoff said. "Faculty members continually challenge and push students to reach new achievements, making us ready for the real world."

Central's liberal arts education also taught Nederhoff to keep her mind open and be confident in herself. This confidence gave her the push she needed to apply at Wells Fargo, instead of finding a communications job close to home.

"I've learned to take risks and be open to new possibilities," she said.

Nederhoff graduated in December and will begin the leadership program in September 2008 in either San Francisco, Calif.; Phoenix, Ariz.; or Minneapolis, Minn.

"Right now I'm trying to decide where to work," Nederhoff said. "The program is only for a year, so it's not a huge commitment. I have nothing to tie me down, so I might as well try somewhere new."

Wherever she ends up, Nederhoff won't leave Iowa for long.

"Wells Fargo offers a lot of opportunities in the greater Des Moines area, and my hope is to come back to Iowa and continue my career in the state I call home," she said. "But for one year, I am excited to travel, meet new people and learn different things." ■



Photo by Paul Gates

CBS “The Early Show” live from Central



CBS “The Early Show” broadcasted live from Grand Central Station in the Maytag Student Center Dec. 3. Harry Smith '73, anchor, interviewed a panel of undecided Iowa voters and caucus goers including Central seniors Josh Smith of Pella and Kristin Clague of Knoxville.

 **Central**
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