CENTRAL COLLEGE CIVITAS ALUMNI MAGAZINE

FALL 2018

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VISIT VIENNA
RETURN TRANSFORMED

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ANNUAL REPORT
THE STATE OF THE COLLEGE
Futurists say we overestimate short-term trends and underestimate long-term trends. Substantive change emerges slowly, even though it feels like it is thrust upon us quickly.

That is what makes planning perilous: our assumptions about the future are rooted in the present and informed by the past. Plans reflect our own expectations about how much we’ll change and how quickly.

Higher education planning is particularly challenging these days. We face an unprecedented six-pack of change:

- Demographic decline
- Economic uncertainty
- Workforce expectations
- Technological innovation
- Societal change
- Public policy

Combined, these are a challenge and an opportunity. Colleges and universities have trailed societal change for generations. I believe that’s why they’ve been so resilient. Few organizations of any kind have endured hundreds of years of vast societal change. Perhaps that’s because, as the futurists say, long-term trends matter most.

There are four things we can count on as we plan:

Education will remain a human enterprise. Technology has influenced pedagogy but has never supplanted the connection between teacher and student.

Education is relational, not transactional. Human inquiry requires interaction and engagement that cannot be achieved in isolation.

Learning draws on all of our experiences — in the classroom, the lab and the studio, and also in the residence hall, the playing field, the stage and the workplace. All belong in our educational journey.

Central College will remain student-centered. Our students are influenced by the world as they have experienced it. As society evolves, so do they. It is our task to receive them as they are and guide them into the future.

Most of all, we seek to enable our students to discern a short-term trend from a long-term enduring value. That is the greatest gift we, as teachers and mentors, can give them. It will serve them well through times of change.

I invite you to learn more about how Central is planning for change by reading “The State of the College,” beginning on page 22.
ON THE COVER
Dental student Riley Gray '17

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FOCUS ON
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58 percent of Central graduates who go to grad school do so in health-related fields. Why?

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The transformational effect of studying abroad.

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THE STATE OF THE COLLEGE
An annual report and honor roll of giving.

CALLING ALL VETERANS!
Central College seeks to compile a list of all Central graduates who served in the armed forces at any time. If you can contribute even a single name — yours, a relative’s or friend’s, please do so here: central.edu/veterans. This information will be included in a Peace Mall memorial website; names of those killed in action will become part of a historical display in the Peace Mall.

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BOARDWALK HOUSE: GONE
Boardwalk House, left, has been a landmark at the corner of Broadway and University since it was built in 1914. The college obtained it from Richard Whitaker, a former Central religion professor, in 1989. Since then, Boardwalk's 4,500-square feet and 13 rooms housed students and served as storage.
With support from the Pella Historic Trust, Central offered the house—plus $10,000 toward moving costs—to anyone who could relocate and preserve it. In October, and with a proper sendoff, Boardwalk House left Pella for its new role as the centerpiece of a family organic farm 20 miles away in rural Knoxville.
For more information and to see photos of the move: central.edu/boardwalk.

DOUWSTRA: TRANSFORMED
The Central family and Pella community got a sneak peek at the results of the $2.2-million first phase of the renovation of Douwstra Auditorium, above, in August. Built in Central Hall as a chapel in 1939, it more recently has been the college's premiere venue for concerts, performances and guest lectures.
Phase one of the renovation included new seating; flooring; lighting and multimedia; recording and assistive listening systems; a lighted sculpture; significant acoustical improvements and more. It has transformed the auditorium into a world-class concert hall.
It was funded by private donors, including a $1.2 million lead gift from the James '66 and Beatrice Minium Hoekstra '64 estate. The college currently is accepting donations for a second phase, which calls for the installation of a hand-crafted Casavant Frères pipe organ.

COME ENJOY THE NEW DOUWSTRA!
For a schedule of upcoming Douwstra musical performances: central.edu/music-series
To donate to the renovation's second phase: central.edu/pipe-organ or call Major Gift Officer Doyle Monsma '83 at 641-628-5181.
CENTRAL’S CAMPUS: SPARED
Thursday afternoon, July 19, 2018, a large, powerful tornado left the college untouched but severely damaged three Vermeer Corporation buildings just a few miles away. Roofs were ripped off, debris scattered and cars piled high. Fortunately, employees and about 400 visitors celebrating Vermeer’s 75th anniversary took cover and there were only a few minor injuries. Officials commended Vermeer for its exceptional disaster preparation. The community showed an immediate outpouring of support.

“We feel a strong sense of interconnectedness with Vermeer,” wrote President Mark Putnam in a memo to the campus community. “Members of the Vermeer family have served on the college’s board of trustees and a considerable number of alumni and family members work and have worked at Vermeer over the years.”

He urged those so inclined to donate to a tornado relief fund. Repairs to Vermeer’s facilities began immediately.

To contribute to Pella’s tornado relief efforts: central.edu/tornado-relief.

MOORE SUPPORT
It’s amazing how much good one family can do. The Moore Family Foundation Faculty Development Program for Teaching funded 14 faculty projects for the 2018-19 academic year. These range from $3,070 to fund research on relationships to $6,810 to send six faculty members to a workshop on evidence-based teaching. Other projects include research on ethnography, biochemistry, botany, chemistry and exercise science. Since 2013, 123 Central faculty have written 77 grant proposals and received a total of $346,671 from the Moore Family Foundation, which was established by the late former Central Trustee Frank Moore ’49 and his wife, Grace. The couple, above, also created three endowed scholarships, two faculty awards and a chair in anthropology for the college.

FIFTY-CENT BIKE RIDES
Getting around campus and Pella just got a lot easier. Fifty bike-share bikes, above, are stationed in bike racks around campus and town. Thanks to the college and community partnership, anyone can pick up a bike, ride it and leave it at a rack near their destination. Rides may be the best deal in town at a rate of 50 cents per 15 minutes. An app keeps track of bike locations, riders and fees.

For more information and to download the app: veloride.com.

LITTLE LABYRINTH ON THE PRAIRIE
Sometimes you just need to get away for a few minutes, take stroll and clear your mind. Central students proposed the college create a labyrinth, above center, a path for walking meditation—during a first-year seminar.

“Students researched the history and health benefits of labyrinths, surveyed peers on their preferred location and designed and laid out the costs of construction and maintenance,” says Brian Campbell, director of sustainability education.

He and Kristi Leonard ’97, assistant dean of students, responded by mowing a labyrinth into a small portion of the prairie, above right, on the south end of Central’s cross-country course. It’s always open and anyone can use it.

You may get lost in your thoughts there, but you won’t get lost in the labyrinth. Unlike a maze, it has only one path and no wrong turns.
CENTRAL WELCOMES NEW FACULTY AND STAFF

Back row left to right: Leslie Keuning Duinink ’90, in a new role as interim registrar; Jess Klyn de Novelo ’05, in a new role as director of career and professional development; Pavithra Premaratne, assistant professor of physics and engineering; and Alan Hastings, assistant professor of education. Front row, left to right: Julie Summers, lecturer of management and marketing; Morgan Keasler, associate director of career and professional development; Rosa Virginia Mendez, assistant director of study abroad; Dana Berggren, assistant director of community-based learning; and Amanda Clark, instructor of education.

Corey Falter (B.A. policy studies and political science; M.P.A., nonprofit management; M.S., social studies education, all from Syracuse University) is Central’s new director of annual giving and alumni engagement. Falter was recently associate director of development at the University of Colorado Denver. “We’re very fortunate to have attracted someone with Corey’s talent and considerable experience in higher education development,” says Sunny Gonzales Eighmy ’99, Central’s vice president of advancement. “We know the college’s alumni, friends and our colleagues across campus will enjoy working with him as much as our team does.”

Nicholas J. Norman (B.B.A, finance, Colorado State University) is Central’s new major gift officer. Recently an executive with the Boy Scouts of America, he previously worked in positions ranging from advertising executive to chief revenue officer in the newspaper business. He is an active member of the Rotary Club, the Association of Fundraising Professionals and the ILLOWA Partnership for Philanthropic Planning. “Nick brings a tremendous amount of professional experience and expertise to our team along with the unique perspective of a parent of a Central College graduate,” Eighmy says.

Sean Wiseman (B.S., education, Northland College; M.A., education, Arizona State University) is Central’s new director of student involvement. Wiseman was recently director of student engagement at Arizona State University-West; earlier he was coordinator of senior engagement and academic success at Arizona State University’s W.P. Carey School of Business. “We’re delighted that Sean will bring his talent and experience into play at Central. He is an enthusiastic and student-focused professional who will immediately impact Central’s campus life experience for students,” says Carol Williamson, Central’s vice president for enrollment and student development.
**LIVING IN COMMUNITY FACULTY LECTURE SERIES**

Central College faculty presenters explore the concept of community this fall in a lecture series open to all. Join them from 7-8 p.m. in the Boat and Moore rooms in Maytag Student Center.

**Monday, Nov. 12, 2018**

**Data Builds a Tapestry: Defining and Understanding Our Community Via the Census**

Anya Butt, professor of biology, delves into the upcoming 2020 census, explores lessons learned from previous censuses and reflects on the American Tapestry, a detailed demographic description of America’s neighborhoods.

**Tuesday, Feb. 19, 2019**

**Mr. Pynchon Goes to Iowa: Thomas Pynchon’s Search for Community**

Michael Harris, professor of English, examines Thomas Pynchon’s portrayal of the Midwest and Iowa. Pynchon initially avoided setting his novels in the Midwest and called the region a cultural wasteland. Later, aversion gave way to recognition.

**Tuesday, March 26, 2019**

**Do Immigrants Lower Wages for Native Workers? Evidence from the Mariel Boatlift**

Tuan Nguyen, assistant professor of economics, investigates whether an increase in Cuban immigrants following the 1980 Mariel boatlift caused the wages of native workers in Miami to change. Come find out.

**Tuesday, April 16, 2019**

**Would You Be My Neighbor? Ancient Cosmopolitanism as an Aid to Community**

Anna Christensen, lecturer in philosophy, examines how the concept of cosmopolitanism in Cynic and Stoic philosophy—which declares all human beings citizens of a single community—can help us address current political and social concerns.

**JUVENILE JUSTICE MATURES**

What does a child do with her life after her friends are killed in the 1963 Sunday School bombing in Birmingham, Alabama? If her name is Fania Davis, above, she becomes one of the country’s foremost social activists, restorative justice scholars and civil rights attorneys. The multiple-award-winning co-founder of Restorative Justice for Oakland Youth shared her insights into justice and community during a week-long residency as a Woodrow Wilson Visiting Scholar in October.

During her Intersections Convocation address to first-year students, Davis described how her focus has evolved. “I spent three decades being angry,” she said, “and it was burning me out.” Now she works to promote restorative justice, “justice that heals rather than does further damage” and community building, “creating spaces where people can feel connected” and stop injustice before it happens.

She said she felt a connection to her audience, noting that Pella, Central College and Iowa have a proud history of redressing inequality and creating community: Martin Luther King Jr. spoke by invitation at Central in 1968; “Pella” means “city of refuge,” and Iowa has led the country in civil rights legislation since 1839, when the state declared slaves who reached Iowa soil were free.

“We’re all related, we’re all one,” Davis said. “Because we are related, we have the responsibility to take care of one another.”

**SCARED SOBER**

Derek Jorden, a former college swimmer, presented “The Light was Green When I Last Looked: Warning Signs on the Road of High-Risk Choices” in the H.S. Kuyper Fieldhouse in September. “I grew up in a loving family. I was in scouts and went to church every Sunday,” Jorden says. “I was 20 years old when I woke up in a hospital bed with a sheriff’s deputy looming over me.” The sheriff told Jorden he had killed another driver in a car crash that Jorden had been in a few hours before when his blood alcohol level was twice the legal limit. After a six-year jail sentence, he now warns others about the dangers of high-risk choices. He appeared at Central with the support of an NCAA Choices Grant to integrate athletics into campus-wide efforts to reduce alcohol abuse.
NEW HALL-OF-FAMERS

BY: LARRY HAPPEL ’81

Three former all-America student-athletes who are making an impact in their postgraduate careers are the newest members of the Central College Athletics Hall of Honor. They were inducted during the college’s Homecoming in September.

TONY BROWNLEE ’02
All-American track and field sprinter Brownlee was a two-time NCAA Division III 4x400-meter relay champion (2001, 2002) and a six-time all-America honoree in the 4x100 and 4x400-meter relays and long jump. He was a 20-time Iowa Conference place winner and three-time champ, 2002 team MVP and team co-captain. The Dutch captured two league outdoor titles with Brownlee, with three top-10 national team finishes, taking third in 2000. He was also a two-time letter winner for the Dutch in football as running back and wide receiver.

A Villisca, Iowa, native, Brownlee served as student senate president and as a student representative to the college’s board of trustees. An NCAA postgraduate scholar, Brownlee earned a master’s in business arts degree at Iowa State University. Brownlee is executive vice president and chief strategy officer at Kingland Companies in Clear Lake, Iowa, and also serves with numerous nonprofit boards and local community organizations, including the Clear Lake School Board.

FOR MORE CENTRAL ATHLETICS UPDATES, VISIT OUR WEBSITE: ATHLETICS.CENTRAL.EDU.

Tony Brownlee ’02

Libby Hysell Carlton ’03, Tony Brownlee ’02 and Andrew Paulson ’98 were inducted into the Central College Athletics Hall of Honor at Homecoming in September.
LIBBY HYSSELL CARLTON ’03
Softball pitcher and Central’s only Honda Division III Female Athlete of the Year Carlton led the Dutch to the 2003 NCAA Division III softball championship. A three-time all-America honoree and 2003 team and Iowa Conference MVP, Carlton was the NFCA Division III player of the year after posting a 17-0 record with 10 shutouts and a stingy 0.41 earned run average with 148 strikeouts. She received the 2003 Honda Award as the nation’s top Division III female student-athlete.

A three-time first-team all-conference pick and three-time all-America honoree, she was a four-time NCAA tournament participant, twice reaching the national finals. Central won three league titles with Carlton.

She posted a career 70-16 mark with a school-record 0.70 ERA, a record 33 shutouts and four no-hitters. A Colfax, Iowa, native now living in Grimes, Carlton was inducted into the Iowa Girls High School Athletics Union Softball Hall of Fame in 2013.

ANDREW PAULSEN ’98
Two-sport all-American as a football defensive back and track and field sprinter, a football team freshman MVP, Vermeer Loyalty Award winner and two-year co-captain, Paulsen ranks among Central’s all-time leaders in season and career interceptions and punt return yards (631). He was a two-time league champion and NCAA playoff participant.

The 1996 track and field team freshman MVP and 1998 co-captain, the Waverly-Shell Rock grad helped the Dutch finish fourth in the 1998 Division III 4x400-meter relay. He also was a 4x100 NCAA qualifier and a nine-time conference place winner in the relays, sprints and long jump. Central won three league team titles with Paulsen, placing eighth nationally in 1998.

Paulsen played semipro football in Germany, then received master’s of public health and doctor of pharmacy degrees from the University of Iowa. He’s a nuclear pharmacist at Mayo Clinic in Rochester, Minnesota.

Established in 2002, Central’s Hall of Honor recognizes exceptional student-athletes, coaches or administrators who have also distinguished themselves in life after graduation through service and leadership. Nominees must have graduated or served as a Central coach/administrator at least 15 years earlier.
Relatively warm weather encouraged participation in the Lemming Race. Soggy but exuberant participants packed the island before heading back to the mainland.
We talked to eight Central alumni doing graduate study in a physician assistant program as well as medicine, dentistry and occupational therapy. Each described a unique inspiration and path to studying health care. They sound like a well-orchestrated chorus when it comes to how Central prepared them. The harmonics vary, but the themes that inspired and nurtured them come through loud and clear, including:

+ **A well-rounded, interdisciplinary liberal arts education** that develops flexibility and creative problem solving.
+ **Personal attention**, support and mentoring from professors.
+ **Research opportunities**.
+ **Experiential learning** via community service, internships and job shadowing.
+ **Teamwork and leadership** experience in both academic and co-curricular activities.

Many of those we talked to said they found graduate study in health care much like their Central education: challenging, immersive, multi-disciplinary, interactive and rewarding, with academic, real-world and people-to-people aspects. Many felt better-prepared than their grad school classmates who had a lecture-based university education.

Their advice to current Central undergraduates? Take advantage of all that Central has to offer rather than concentrate on only prerequisites to graduate study.

“Focus on the journey,” says Riley Gray ’17, who is studying dentistry at the University of Iowa. “I see people in professional school who focused on the grindstone but weren’t experiencing anything else. At Central, I got it all—athletics, academics, pre-professional advising—and I am very grateful.”

Nick Lind ’06, a medical student at the University of Iowa, goes even further. Well-rounded undergraduate experiences not only result in a richer life, he believes, but also a better chance at gaining entrance to a graduate program. “Enjoy life!” he advises undergraduates. “Study abroad, do service work. Those experiences can help you get in.”
**WHAT MAJORS GO WHERE?**

This diagram tracks Central alumni whose majors led them to pursue health care graduate programs. The thickness of the connecting lines correspond to the relative number of students.

**HEALTH CARE**

- Chiropractic
- Dental
- Medicine
- Nursing
- Occupational Therapy
- Pharmacy
- Physical Therapy
- Physician Assistant
- Public Health

**MAJOR**

- Athletic Training
- Biology
- Exercise Science
- Biochemistry
- Anthropology
- Psychology
- Sociology

**PROFESSIONAL SCHOOL**

**CENTRAL’S RECIPE FOR SUCCESS**

Katelin (Gannon) Valster, lecturer in exercise science and Central’s pre-health adviser, cites these reasons for Central’s track record in placing graduates in professional health care programs:

**AFFILIATE RELATIONSHIPS WITH HEALTH CARE GRADUATE PROGRAMS** at Allen College of Nursing, Palmer College of Chiropractic and Washington University in St. Louis give Central students a leg-up into programs at those institutions.

**HIGH ACCEPTANCE RATE AT THE UNIVERSITY OF IOWA’S TOP-RATED HEALTH PROGRAMS.**

**SAVVY STUDENTS.** “Students understand the potential for health care career opportunities and are gaining experience in various settings earlier in their career,” Valster says. They’re also aware of the growing demand for health care workers, which is expected to climb 18 percent over the next 10 years due to demographic changes.

**A LIBERAL ARTS EDUCATION.** “The liberal arts open up possibilities to study anything that sparks a passion,” Valster says. “We challenge our students to think broadly and critically. Central students’ communication and interpersonal skills and extracurriculars stand out. We believe a pre-health student can major in anything and be a successful applicant to professional school.”

**FACULTY MENTORING.** “Our students have the opportunity to complete honors projects or research in one-on-one collaborations with professors,” Valster says. “That enables faculty to really get to know students and provide them with hands-on experiences that they might not get at larger institutions. These faculty-student mentorships allow faculty to write strong recommendation letters for our students.”

**STRONG PREPROFESSIONAL ADVISING.** “In this role, I work with everyone from first-year students curricular mapping to seniors who are completing applications and setting up interviews with professional schools,” Valster says. “I also work closely with faculty and I’m in continuous contact with graduate schools about admission requirements and bringing counselors to campus.”

**REAL-WORLD EXPERIENCES.** The Center for Community-Based Learning helps arrange service learning opportunities where students can test their interest in health care and other careers. The Center for Career and Professional Development helps students prepare résumés or hone interview skills for graduate programs as well.

**THE HEALTH PROFESSIONS CLUB.** This club matches underclassmen to upperclassmen with similar interests and connects students to professional schools and practitioners. Nicole Palenske, associate professor of biology and one of the club’s two faculty advisors, says many first-year students arrive fixed on entering medical school. But through their exposure to alumni and other practitioners “find that other options such as physician assistant or nurse practitioner may offer a better fit.” She says no matter what professional program they end up applying to, “these experiences make for more well-rounded students, which is attractive to graduate programs.”
MEET THE FUTURE OF HEALTH CARE

Here’s what eight recent Central graduates have to say about why they’re interested in the health care field and how Central prepared them for graduate study.

ANDIE ARTHOFER ’17

Hometown: Dubuque, Iowa
Central Major: Exercise Science
Now Studying: Medicine with Global Health Distinction
Institution: University of Iowa Carver College of Medicine
Why Health Care: “I always wanted to be in the field, but my classes in exercise science with Sara Shuger Fox, assistant professor of exercise science, piqued my interest in preventative, lifestyle-focused medicine.”
How Central Prepared Me: “My service-learning experience with the wellness coordinator at Pella Manor while in Professor of Psychology Keith Jones’ adult development class led to an internship the following year. Then I helped provide Spanish-language health care to immigrant farmworkers. My favorite research projects included the cognitive neuroscience research I did with Ashley Scolaro, associate professor of psychology, about prospective memory and co-authoring a presentation with Sara Shuger Fox on how vitamin D affects muscle in athletes.”

RACHAEL BARNETTE ’18

Hometown: McHenry, Illinois
Central Major: Psychology
Now Studying: Occupational Therapy
Institution: Creighton University School of Health Professions
Why Health Care: “I fell in love with the profession when I got a chance to shadow an occupational therapist in Pella. I’ve always loved helping others and working closely with other people. I plan to specialize in neonatal intensive care or in sensory processing and eventually work in a hospital or outpatient pediatric clinic.”
How Central Prepared Me: “Central did a great job of helping me find relevant classes and taught me professional communication and teamwork skills that are already helping me tremendously. By providing me with diverse internship and volunteer experiences, my knowledge-base coming into an occupational therapy program is much wider than many of my peers.”

ELIZABETH “LIZ” DANIELS ’15

Hometown: Oconomowoc, Wisconsin
Central Major: Biochemistry
Now Studying: Physician Assistant specializing in either Emergency Medicine, Surgery or Cardiology
Institution: Nova Southeastern University, Fort Myers, Florida
Why Health Care: “A high school classmate died due to a congenital heart defect. As I watched his family and the entire community struggle to understand what could take the life of such a young person, I became determined to understand the medical aspect of what had happened. I chose a career in health care because I knew I could play an integral part in an educational team-based approach to patient care, and help those in situations similar to what my community went through.”
How Central Prepared Me: “My four years on the women’s soccer team instilled the values and skills of self-discipline and time management that are essential to any professional path. Also, the majority of my colleagues here went to large schools where class sizes were often over 300 students. At Central, I knew my classmates and my professors individually, and I was not afraid to ask for help, which is necessary when working on a team.”
Hometown: Pella, Iowa  
Central Major: Biochemistry  
Now Studying: Medicine  
Institution: University of Iowa Carver College of Medicine  
Why Health Care: At first I thought I wanted to do medical research. But after shadowing physicians and doing research at Central, I realized my heart was in patient care. And as an M.D., I can still do research. My end goal is to work in an academic medical center neonatal or pediatric intensive care unit in the United States and to travel abroad to help start ICUs in developing nations.

How Central Prepared Me: “Doing research at Central and the competitive internships I was able to get because of the research were the biggest things that prepared me for medical school. Organic chemistry research with Associate Professor of Chemistry Jay Wackerly helped develop my critical thinking skills as well as the ability to remain positive despite a lack of obvious results.”

Hometown: Waukee, Iowa  
Central Major: Physics  
Now Studying: Dentistry  
Institution: University of Iowa College of Dentistry  
Why Health Care: “Anyone who goes into health care wants to help people. I chose dentistry so I could have a lasting impact on the physical, social and emotional health of my patients.”

How Central Prepared Me: “Liberal arts provides a different outlook on problem solving, which is something you do every day in dental school. As I talk with my peers here, I also appreciate how blessed I was at Central to have small classes and professors who wanted to see me succeed. Pella as a community is great, too. The health professionals allow you to shadow. I felt like the community backed me.”

Hometown: Fort Dodge, Iowa  
Central Major: Cultural Anthropology and Religion  
Now Studying: Medicine  
Institution: University of Iowa Carver College of Medicine  
Why Health Care: “I tried other careers in youth ministry and personal finance, but neither felt like a calling. Medicine is the only place where I feel like I can combine my passion to help others, feed my intellectual curiosity, explore new scientific horizons, empower individuals to improve their lives, impact my community and literally save lives. What could be better?”

How Central Prepared Me: “I learned interpersonal skills and teamwork from Steve Ybarrola, former professor of anthropology. The religion department, specifically Thomas Kopecek, emeritus professor of religion, and Terence Kleven, professor of religion, did their best to make me a competent writer. James Shriver, professor of chemistry, helped me to understand the concepts of organic chemistry during his office hours. My success in that class helped me to realize I can overcome past failures and is part of the reason why I’m here now. Finally, Chaplain Joe Brummel and his wife, Diana, taught me about selfless leadership. That kind of one-on-one influence is something you rarely get at a large institution, where most science classes have 100 to 500 students.”

“THE SUMMER IN THE BIOMEDICAL SCIENCES PROGRAM AT THE UNIVERSITY OF ALABAMA BIRMINGHAM SCHOOL OF MEDICINE, WHERE I DID BASIC SCIENCE RESEARCH IN NEONATOLOGY, HELPED PREPARE ME FOR LIFE AT AN ACADEMIC MEDICAL INSTITUTION. MY STUDY ABROAD EXPERIENCE IN MERIDA, AS WELL AS THE RESEARCH EXPERIENCE, ARE LEADING ME TO CONSIDER A SPECIALTY IN NEONATOLOGY. MY GOAL IS TO WORK IN AN ACADMIC MEDICAL CENTER NEONATAL OR PEDIATRIC INTENSIVE CARE UNIT IN THE UNITED STATES AND TO TRAVEL ABROAD TO HELP START ICUS IN DEVELOPING NATIONS.”

- ABBY FYFE ’18
Many Central alumni are already health care professionals. They include senior living facility administrators, nurse case managers, palliative care physicians, nuclear pharmacists, family physicians, endodontists, cardiologists and more. Two of the latest to begin practicing:

MEGAN LEHR ‘10
Hometown: Indianola, Iowa
Central Major: Biology
Graduate School: Des Moines University
Now Practicing: Family Medicine
Location: Indianola, Iowa
Why Health Care: "In a story in the Des Moines Register, Lehr said her father was a doctor, but never really pushed her to enter medicine. "I kind of grew up in the clinic so it just felt like home," she said—and that it was her love of science and fixing things that drew her to medicine. Now, she and her father work together in the same clinic."

For the full story: dmreg.co/2wNhLtI

TYLER WALLINGFORD ‘11
Hometown: Atlantic, Iowa
Central Major: Athletic Training
Graduate School: Creighton University; University of Iowa College of Dentistry
Now Practicing: Dentistry
Location: Fort Dodge, Iowa
Why Health Care: "Central's athletic training program allowed me to explore other healthcare options. When I was on rotation in Pella, something caught my eye at the dental office."

How Central Prepared Me: "The athletic training program allowed me to interact with athletes in a clinical setting. Not many people get to do that before their professional training. The patient experience at Central allowed me to be more comfortable in interactions with patients during dental school and early in my career."

HOMETOWN: Pella, Iowa
CENTRAL MAJORS: Biology and Biochemistry
NOW STUDYING: Medicine
INSTITUTION: University of Iowa Carver College of Medicine
WHY HEALTH CARE: "My mother, uncle and grandfather were doctors. I saw that a career in health care could combine my passion for people and relationships and my passion for science. Medical school and medicine are interdisciplinary by nature."

HOW CENTRAL PREPARED ME: "My classes and independent research experiences encouraged self-directed, lifelong learning. I spent a semester abroad in Wales, sang in the A Cappella Choir, completed a cancer research internship with a Central alumna, conducted independent chemistry research and was a teaching assistant for introductory biology labs—all while completing a double major and minor. In the always-changing field of medicine, diverse experiences and self-directed, lifelong learning are vital for success."

"MY CENTRAL CLASSES IN EXERCISE SCIENCE, ESPECIALLY WITH DR. SHUGER FOX, HELPED ME DEVELOP A PASSION FOR PREVENTATIVE, LIFESTYLE-FOCUSED MEDICINE. BASED ON MY STUDY ABROAD EXPERIENCE IN MéRIDA, MEXICO, SEEING FIRST-HAND HOW PROFESSIONALS FROM ALL CULTURES AND SPECIALTIES CAN WORK TOGETHER, I PLAN TO PURSUE THE GLOBAL HEALTH DISTINCTION CERTIFICATE."

– ANDIE ARTHOVER ‘17

HOMETOWN: Wellman, Iowa
CENTRAL MAJORS: Psychology
NOW STUDYING: Occupational Therapy
INSTITUTION: Drake University
WHY HEALTH CARE: "I became interested in the field through family experiences and an interest in providing hands-on health care. Keith Jones, professor of psychology, and Ellie DuPre, professor of biology helped me find occupational therapy and my passion grew from there. I also got a hands-on glimpse of the field as a volunteer at Pella Regional Medical Center in oncology and obstetrics and at Hospice House."

HOW CENTRAL PREPARED ME: "I was a member of the health professions club. The club’s faculty advisor, Ellie DuPre, brought in professionals who knew what careers were out there for us. Keith Jones helped with every aspect of my success at Central. He pushed me in the classroom, in my research experiences and on the softball field. He went above and beyond to be sure I succeeded."

HOMETOWN: Pella, Iowa
CENTRAL MAJORS: Biology and Biochemistry
NOW STUDYING: Medicine
INSTITUTION: University of Iowa Carver College of Medicine
WHY HEALTH CARE: "My mother, uncle and grandfather were doctors. I saw that a career in health care could combine my passion for people and relationships and my passion for science. Medical school and medicine are interdisciplinary by nature."

HOW CENTRAL PREPARED ME: "My classes and independent research experiences encouraged self-directed, lifelong learning. I spent a semester abroad in Wales, sang in the A Cappella Choir, completed a cancer research internship with a Central alumna, conducted independent chemistry research and was a teaching assistant for introductory biology labs—all while completing a double major and minor. In the always-changing field of medicine, diverse experiences and self-directed, lifelong learning are vital for success."

"MY CENTRAL CLASSES IN EXERCISE SCIENCE, ESPECIALLY WITH DR. SHUGER FOX, HELPED ME DEVELOP A PASSION FOR PREVENTATIVE, LIFESTYLE-FOCUSED MEDICINE. BASED ON MY STUDY ABROAD EXPERIENCE IN MéRIDA, MEXICO, SEEING FIRST-HAND HOW PROFESSIONALS FROM ALL CULTURES AND SPECIALTIES CAN WORK TOGETHER, I PLAN TO PURSUE THE GLOBAL HEALTH DISTINCTION CERTIFICATE."

– ANDIE ARTHOVER ‘17
SUPERLATIVES FAIL

“It was awesome! It was sick! It was amazing!” he enthuses. “We all dreaded it, right up until the day it happened. But it was like prom, only 10 times better!”

He calms down a bit. “We actually did something really important. They announced to everyone, ‘We have a group of American students here!’ The entire audience was watching. We’d only had three sessions to learn the dances. None of us are dancers. And the class was in German.

“I was dancing with one of our instructors because there weren’t enough partners to go around. He seemed surprised I knew what I was doing.

“Do you speak German?” he asked. “I laughed and said, ‘Not enough! I learned this entire dance by watching you!’”

“We were doing the quadrille in full costume with two lines and six different dances to remember. There were so many people that we kept colliding. Someone knocked over a plant. We kept going until 2 a.m. I sweated more than in a football game.” He pauses. “But it was So! Much! Fun!”

Ryan Berg ’19, an exercise science major and football player from Aurora, Illinois, expected to have a little fun along with his studies during his semester abroad. Did he? He’s so laid back it can be hard to tell.

“I went to Paris and ate escargot,” he relates in a no-big-deal deadpan. “Brussels had great waffles,” he muses. “I spent a week in Rome. That was cool.”

But if you want to really light the guy up, ask him about the time he and his fellow Central program mates performed the opening quadrille at the ball at the Vienna City Hall.

HAVING A BALL IN VIENNA

When studying abroad, the semester you experience is often not the semester you planned. That’s kind of the point.

BY: DAN WEEKS
“IT CHANGES YOUR LIFE”

That’s by design, says Ruth Verweijen, Central’s Vienna program site director for the past 18 years. It’s one thing to read about the place of formal dance in the culture of a city that produced some of the world’s greatest music. It’s something else to dress the part of Viennese elite and perform for them. For a magic moment, the students say, you become someone else entirely. And you never fully return to the person you were before.

“Having done this, I’m more likely to take a leap in the future,” Berg says.

Everyone nods. More than a dozen students are sitting in the lounge of Central’s offices at the Campus of the University of Vienna, eating take-out pizza and talking about what they’d learned while studying abroad.

The consensus: “Way more—about way more—than we ever expected.”


Erin Dilger ’20 from Tinley Park, Illinois, taught English to refugee children from Afghanistan and Syria in Vienna, working with other volunteers from all over the world. She was amazed and empowered to find that she could communicate, teach and support people with whom she initially thought she had nothing in common.

“Even though people come from really different places, there are more similarities than differences,” she says. “It sounds like a cliché until you experience it. Then it changes your life.”

For some, just learning they could navigate a foreign city was huge. “I’m from a town of 800 people,” says Hannah Miller ’18, a communications studies graduate from Newhall, Iowa, who is now an intern with an event and wedding planner. “I’ve never been on a train in my life. I got lost. I was freaking out. But I figured it out, and now I’m doing pretty well. I got to see myself change.”

Berg suddenly found himself more empathetic. “Going to the grocery store at home I’d see an immigrant struggling and think ‘Dude, just learn the language!’ Here, I am that guy. I understand more of what it is like for others now.”

“SELF-REFLECTION IS A CENTRAL PIECE OF THE RE-ENTRY COURSE STUDENTS TAKE WHEN THEY GET BACK TO CAMPUS. THIS IS THE TYPE OF CRITICAL THINKING WE WANT STUDENTS TO WALK AWAY WITH.”

— MATTHEW KAYE, ASSISTANT DEAN OF INTERNATIONAL EDUCATION
Central has been a study-abroad leader for decades. It has five well-established, director-led programs.

Central’s other study abroad experiences all have resident directors who are Central College employees. All mirror Central’s on-campus emphasis of rigorous academics, a supportive community and experiential learning, to which each location adds its own twist. Each requires a course about the location of the program and offers internships and other immersive experiences.

**Wales**
The program, headquartered at large, international Bangor University, is located in a region with more castles per square mile than anywhere else in the world. Wales is also a mecca for outdoor enthusiasts. Students enjoy exploring the region’s history, plus weekly trips to hike, climb, canoe, mountain bike and canyoneer.

**Granada**
Students with intermediate-to advanced-level Spanish language skills live in the city with host families and study at the University of Granada. Students cite the local cultural immersion and a four-day-trip to Morocco as favorite experiences.

**Mérida**
The only program taught by visiting Central faculty members, it doesn’t require students to speak Spanish when they arrive. They quickly come to understand Mexico from a Mexican perspective in a 4,000-year-old Mayan city in the Yucatán.

**London**
Students are based at the University of Roehampton, a modern liberal arts university 30 minutes from central London. It affords easy access to all that this world center of finance, theatre and trade has to offer.
“POSSIBILITIES THEY NEVER IMAGINED”

“They experience the world opening and see possibilities for themselves they never imagined,” Verweijen says. Seeing students become more confident, self-reliant and cosmopolitan is why she’s here. A Vienna native who earned a master’s degree in international intercultural management at the School for International Training in Vermont on a Fulbright scholarship, she’s ideally suited to the job of engineering transformational cultural experiences.

Central students take classes at the university (some in German, some in English; students need not speak German upon arrival).

“We have opportunities for most majors, because you can take any class at the university except those in the medical school,” Verweijen says.

She also co-teaches a course in Austrian history and culture that all program students take. She leads immersive field trips—to concerts, the ball, to the Wachau Valley to view castles, wineries and small villages along the Danube. And she helps facilitate internships with businesses and other organizations in Vienna.

“Seventeen out of 19 students in the program this spring did internships,” Verweijen says. “That’s very important. Doing an internship abroad shows real initiative, plus the skills you learn.”

Internships—including a couple with the hot new startup thinktank World Data Lab, a real coup to arrange—are set up by the Vienna program’s Associate Director Michaela Maschek. She also teaches a German idiomatics, stylistics and grammar course, tutors students in German and “just lends an ear whenever anyone needs one,” says Verweijen.

Alexander Eberhard, a Viennese violinist, composer and sound artist has taught music appreciation to Central students in Vienna for 17 years. He conducts much of the class from the piano, effortlessly demonstrating various styles and engaging students in a discussion of music and creativity, history and culture.

“The interesting thing about Central students is that they are coming from different places in the States, and they are studying completely different subjects: sociology, economics and creative writing,” he says. “European students would only be studying music.” The result, he says, is wide-ranging class discussion with an interdisciplinary perspective he enjoys—and that makes his course a perennial favorite with students.
LIVING IN A WORLD CAPITAL
Perhaps the program’s biggest draw is the city of Vienna itself. As seat of a once-vast empire, it accumulated knowledge and treasures from around the world—and preserved them in the form of the castles, gardens, museums and monuments that permeate the city. Just living in the midst of it all is an education.

Students say once you get your bearings, navigating Vienna is easy. Signage is excellent and often in English—a language everyone seems to speak fluently. From store clerks to public officials to people on the street, Viennese take care of visiting foreigners like it’s their job—and with sincerity and class.

Separate but parallel traffic systems for vehicles, streetcars, bicycles and pedestrians allow for wonderfully efficient transport (there are also buses and a subway system). But walking is a particular delight, with:

+ A music walk that celebrates classical composers as Hollywood does movie stars.
+ A 12th century cathedral.
+ Palaces surrounded by formal gardens and dripping with gold leaf, frescos and rococo details.
+ A natural history museum that takes up a virtual city block and allows you to navigate the world without leaving its walls.
+ An art museum that’s just as grand and wide-ranging.

In spite or because of it all, the pace seems more relaxed than in large U.S. cities, with world-famous street markets and cafés that implore you to plunk down for some famous Viennese meats, sweets or coffees.

It’s enough to make students think twice about where they want to live next.

Shannon James ‘19, a business major from tiny St. Charles, Iowa, interned at an international finance consulting company in Vienna that increased her excitement about starting a career.

“Here or in the States?” someone asks.

She pauses. “I’ll have to think about that,” she says.

NOT ONLY FOR A SEMESTER
For some students, a semester abroad isn’t the right fit, so Central offers other options.

Cheyanna Jennings ‘20 from Hermitage, Missouri, is an athletic training major, a softball player and serves in the National Guard.

Then Jennings heard about Philosophy 390: Memory and the Holocaust taught by Assistant Professor of Philosophy Mark Thomas. It included a 14-day trip to Germany and Poland during spring break 2018 that included visits to concentration camps, memorials, museums and synagogues.

The course and her travels were transformative. “Now,” she says. “I want to add a minor in philosophy.”

Thomas and Associate Professor of German Amy Young co-designed the trip. It was open to Thomas’ students and to students in Young’s course, The Holocaust. That class focused on German literature about the Holocaust and was taught largely in German.

The courses were designed to introduce students to the subject via readings and discussions on campus, then immerse them in it during the trip—all while giving them a chance to reflect on what they’d learned and how it affected their own sense of history and literature.

Kendra Schwery ‘18, a business management and communication studies double major from Harlan, Iowa, says that knowing the trip was coming made her more dedicated to the course material. “I wanted to be informed when I got there.”

Elizabeth Morey ‘20, a philosophy and religion double major from Altoona, Iowa, says nothing could have fully prepared her for what she saw. “The scale! Auschwitz is huge. 1.5 million people died there. I’ve never seen 1.5 million of anything.

The vastness of it…” her voice trails off.

The concentration camp visits made history real, Jennings says, but their study and experience of it as a class kept it from emotionally paralyzing them. “So many people going to the camps disassociate,” she adds. “You can see it on their faces. But because we were doing it together, we could talk through the horror and the sad feelings and stay present.”

“It gave us the opportunity to understand, not just react,” Morey says. “But everyone cried at the reflection sessions.”

Cheyanna Jennings ‘20 views photographs of Holocaust victims at the Auschwitz Jewish Center, Oświęcim, Poland. Photo: Amy Young

Thomas and Young carefully designed the trip to introduce students to memorials of German-Jewish culture as they existed before the Holocaust so students could understand what was lost. Then came the camp visits, and finally, visits to synagogues to see how the culture had been changed. The 11 students and two professors also performed service, cleaning some of the artifacts in one camp’s historic collection.

“A tiny way to give back,” one student says.

Finally, the Central students met a Holocaust survivor. “We had just been in the camp where she’d been held for so long,” Schwery says. “She’s one of the few still alive. The way she held herself, the tone of her voice. She was at peace. Her only request of us was that we pass on her story, keep the memory, the history alive.”

Students believe the course’s experiential learning transformed them from students of history into historians of a sort with a personal obligation to preserve and pass on the lessons of the past.

“It made me want to keep reading and hearing all these stories and memories,” Jennings says.

The experience also enlarged their worlds.

“It taught me that there’s so much more out there, so many things to learn,” Schwery says.

“It put in perspective some things in my life that were overwhelming at the time but seem insignificant now,” Jennings adds.

“It was a way to learn about something bigger than yourself.”
Dear Members of the Central Community,

Thank you for your ongoing support of Central College and its student-centered mission. Your collective generosity makes a difference here.

During the 2017-18 fiscal year, generous alumni and friends contributed more than $5.5 million to the college. About $3.7 million of that came from alumni. These gifts allowed us to add nearly $1 million to our endowment and helped achieve many of the initiatives we share in this report.

You also are investing in scholarships and making college more accessible to students. Because of you, every Central student in the Class of 2022 received financial aid—and that is the best gift anyone could receive.

The impact of your generosity is immense. As we look back at the past year and look forward beyond the horizon, we celebrate the remarkable efforts your philanthropy has helped power.

+ Building on existing strengths and the energy created by the Mark and Kay De Cook Endowed Chair in Character and Leadership Development, Central is focusing on an initiative to become a model for leadership and character formation. The goal is to infuse the concept of developing character and leadership skills throughout campus, including teaching, learning, residential living, serving, research, working and athletics.

+ We graduated our first Bachelor of Science in engineering class. The program, which partners with Vermeer Corp., Pella Corp. and Precision Pulley & Idler (PPI), won rave reviews from students and a cover story in the *Des Moines Business Record*. The major is meeting the needs of students as well as employers in our region.

+ We completed the $2.2 million phase one of the renovation of Douwstra Auditorium. These changes in interior design, lighting, acoustics and more have transformed Douwstra into a top-notch regional concert hall worthy of our students, faculty and visiting performing artists and lecturers.

+ We’re encouraged by your support of the Forever Dutch initiative for our athletics complex. Philanthropic partnerships continue to help us change the game and develop this facility into one that optimizes the student-athlete experience and allows us to recruit superior talent for our 19 athletics teams.

+ We are starting to plan a renovation to Peace Mall. The renovation will upgrade a space at the heart of our campus and feature a new amphitheatre, an improved walkway around the chapel and a tour that will showcase moments in Central and American history.

+ We have recruited a talented first-year class. Made up from students from 14 states, it includes 28 children of alumni, 171 student-athletes and many other active and engaged students.

These accomplishments honor important legacies and point to an optimistic future for Central.
We’re held fast by the values and commitments in our mission statement. And we’re guided by our funding priorities and our history of innovation. We focus simultaneously on the long arc of time and on the needs of the present, balancing what is most important with what is most urgent.

With an eye toward the future, we look at what innovations can help us continue enhancing the student experience at Central. A new Strategic Plan for Student Success, completed this past year, lays out six strategic initiatives for the college’s future. Our focus forward is to:

+ Embody the values in Central’s Welcome Statement by creating the conditions for all students to be successful.
+ Invest in high-impact practices and associated frameworks that lead to high levels of student engagement and learning.
+ Prepare students for success after graduation and lifelong engaged citizenship.
+ Ensure a curriculum that embodies Central’s values.
+ Enhance the role of the residential learning community in fostering student success through Central’s Integrated Learning Model.
+ Communicate the value and affordability of a Central education as measured by student success.

Central’s implementation of these initiatives promises robust fulfillment of this plan between now and 2025.

We are an institution with a 165-year legacy and an immense opportunity. Previous generations at Central navigated periods of great change and preserved the institution for us today. Our stewardship moment is here, and our inheritance is rich. Our task now is to preserve and enhance that legacy for the future. Thank you for your ongoing partnership that is certain to expand Central’s impact for the next generation.

– Mark Putnam
Central College President

THE MUSIC OF PHILANTHROPY

ANNA SWANSON ’03
Hometown: Lakeville, Minnesota
Major: Economics
Student Activities: Student Senate; study abroad in Mérida, Mexico; choir; Chamber Singers; intramurals
Graduate Study: Master's degree in public policy, Hubert Humphry Institute for Public Affairs, University of Minnesota
Current Home: Chicago, Illinois

Anna Swanson’s ’03 goal is to use her education to do good in the world. She’s in tune for doing that both personally and professionally.

Swanson worked for Central following graduation, first in the admission office and then in the development office running the annual fund. Later, she went to graduate school and then worked as an analyst and consultant helping private colleges and universities set enrollment and financial aid policies. Today she is senior vice president of analytics at Grenzebach, Glier & Associates, a philanthropic consulting company.

“We partner with nonprofits to help them raise more money, more effectively—helping them fulfill their mission,” Swanson says.

When she’s not helping other nonprofits, she’s singing Central’s virtues.

“Central is a special place. It gave me a very beneficial scholarship. My parents couldn't have sent me here otherwise. I think it is important to support the place that supported me as a student and as a young professional. I observe carefully how Central is evolving and continually impress upon people around me the value of the time that I spent at Central,” she says.

The programs she supports at Central include scholarships and the Douwstra Auditorium renovation.

“The Douwstra renovation drew me because it involved choral music,” Swanson confesses. “I also support student scholarships because I know more than most people do about financial aid and the part that it plays at a place like Central. After my pledge to Douwstra is fulfilled, I’ll probably start endowing a scholarship.”

Swanson is making these things happen because she is grateful for her Central experience.
2017-2018

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$10,000 or more

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Sally Anderson ’69*
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* To give to Central College:
central.edu/give
* For a complete Honor Roll of Giving listing:
2017-2018 FINANCIAL REPORT

TOTAL GIVING

- Endowment $1,077,716
- Private Gifts & Grants $4,463,275
- Change in Contributions Receivable $30,032
- Endowment $1,077,716
- TOTAL $5,571,023

FISCAL YEAR of CONTRIBUTIONS

- 2008-2009 $4,465,899
- 2009-2010 $5,032,435
- 2010-2011 $5,526,410
- 2011-2012 $3,350,968
- 2012-2013 $4,171,613
- 2013-2014 $4,961,170
- 2014-2015 $11,789,090
- 2015-2016 $7,857,656
- 2016-2017 $5,980,889
- 2017-2018 $5,649,808

FINANCIAL AID by YEAR

- Financial Aid

JOURNEY SCHOLARSHIPS 611
ENDOWED SCHOLARSHIPS 262
ENDOWMENT MARKET VALUE

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<th>Year</th>
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<td>$70,278,775</td>
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INVESTMENT INCOME

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<td>($2,362,926)</td>
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<td>$7,947,853</td>
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<td>$7,120,777</td>
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AVERAGE GIVING BY CLASS YEARS

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ASSETS

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REVENUE

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EXPENSES

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<td>Other</td>
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TOTAL

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<tr>
<td>Expenses</td>
<td>$45,937,925</td>
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<tr>
<td>Net Income</td>
<td>$2,231,750</td>
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Marv Baker ’46 and Flo, his bride of 75 years, celebrated their diamond anniversary July 31. The couple met at Central in the early 1940s. Marv was enrolled as a student and taught flying to Navy students at the Pella airport with Ray Doorenbos ’56 and Keith Emmert ’49. Reverend Tunis Prins coordinated the ground school; Flo worked in his office. Prins married the couple at his Pella home. Later, Marv, Ray and Keith, who had been deferred to teach Navy Ensigns, joined the Air Force. All three returned to Central following World War II to complete their education. Before retirement, Marv was CPA and partner at McGladrey & Pullen in San Diego, California, where he and Flo live.

They were joined by Jim’s sister, Jean Ellerston DeSmidt ’70, and her husband, Jim, from Divide, Colorado. The two couples performed “The Other Mountain Remnant” at the Beltrami County Fair in Bemidji, Minnesota. The DeSmidt grandsons, Jameson (son of Jamie Montoya-DeSmidt ’96) and Jacob (son of Joshua DeSmidt ’98 and Megan St. Clair DeSmidt ’98), are roadies for the band. Michael Schmidt ’74 retired after 36 years as a high school language arts teacher with Glenwood Community School in Glenwood, Iowa. Michael served as lay pastor with the United Methodist Church in southwest Iowa for 15 years, and as an adjunct instructor at Iowa Western Community College in Council Bluffs and Southwestern Community College in Red Oak, Iowa. He considers being called “Papa” by granddaughter, Maria, his greatest accomplishment. Michael and wife Debbie Doyle Schmidt ’75 retired to Altoona, Iowa, where they enjoy reconnecting with Central friends.

Lonnie Powers ’75 and wife, Jackie, are retired and living in Iowa City, Iowa. During a career that spanned 40 years, Lonnie taught and served as head football coach for Lone Tree, Waco and Knoxville high schools in Iowa. He is the newest inductee into the Iowa High School Football Coaches Hall of Fame.

Debra Lubbers Roggow ’77 retired in June from a 41-year teaching career, the last 19 of which were in the Cedar Rapids Community School District. Debra and husband, Dean, live in Cedar Rapids, Iowa.

Larry Honsinger ’71 of Washington, D.C., retired after nine years as an active duty naval officer, 11 in the navy reserve and 26 in private industry supporting the U.S. Navy. During most of his career, Larry worked in security assistance programs, interacting with many of our nation’s allies. He plans to retire to Fredericksburg, Virginia, and fish on Lake Gaston, North Carolina.

James Ellerston ’72 and wife, Shelley Best Ellerston ’72, enjoyed a musical family reunion this summer at the family cabin on Ten Mile Lake in Hackensack, Minnesota.

Doràn Simmons ’58 rode his bicycle 1,186 miles during Sacramento’s “May is Bike Month,” placing third in the Sacramento Wheelmen and 14th in the retired category. Doràn and wife, Bonnie Kuyper Simmons ’58, live in Sacramento, California. Despite a devastating bout with lymphoma in 2007 and being injured by distracted drivers, Doràn rides six days a week.

For information about Ray Doorenbos ’56, see the ’40s.

For information about Sheryl Meyer Kamerick ’80, Diane Cronin Brockway ’84, Bob Cronin ’85, Nan Funke Benson ’86 and Carolyn Cronin Vipond ’89, see the ’10s.
Enjoying the legacy of their friendship during their annual “spring break” at Lake of the Ozarks, Missouri, are, left to right: Larry Ravenhorst, Racine, Minnesota; Roger Stoll, Pella, Iowa; Tom Garrick, Grants Pass, Oregon; Jim Coddington, Oak Lawn, Illinois; and John Grieco, Rye Brook, New York, all class of ’71. The five formed lasting friendships their sophomore year as neighbors in the University Apartments.

Beake fraternity brothers convened for their seventh annual reunion in the mountains of Colorado for golfing and reminiscing. The gathering included, front row, left to right: Gale Zellweger ’74, Terry Garvin ’72, Peggy Veteto Waide ’73, Don Robinette ’74, Patty Robinette, Bill Rollison ’74 and Dave Gaulke ’74. (back row left to right) Warren Poldberg ’74, Kevin Waide ’74, Dave Long ’80 and Thom Summit ’74.

Kent Jager ’80 of Chicago, Illinois, is director of music at Queen of Angels Roman Catholic Parish in Chicago’s Lincoln Square neighborhood. In August, Kent returned to the console of the rare Roosevelt pipe organ for the Roosevelt Organ Recital Series, which features a different organist each week.

Edward Rund ’80 joined Optimae LifeServices Inc., in Des Moines, Iowa, to lead its behavioral health program. Previously, Edward was an advanced clinician and held various director and administrator roles in therapy programs. Ed and wife, Sandi Huisman Rund ’80, live in Huxley, Iowa.

Daniel Gomez ’82 of Glendale, Arizona, retired from the U.S. Navy.

Lynda Wittenburg Bateman ’83 is founder and chief executive officer of Gateway Event Planning. Lynda and husband, Ron, live in Kansas City, Missouri.

Kim Dykstra ’83 of Steamboat Springs, Colorado, is chief operating officer at Kim R. Dykstra Communications & Event Production, a public relations, communications, event production and management firm.

Louis Megaloudis ’85 is a business integration consultant and facilitator for USA/Mexico sea products at Louis Cristos Megaloudis Corp in Ensenada, Mexico. Louis and wife, Marcela, live in Mérida, Yucatán. Louis has many good memories of his time at Central and would love to hear from classmates who remember him at louis@lcmegaloudis.com.

Kim Huitink Hegedus ’86 of Urbandale, Iowa, is senior vice president at Community State Bank in Ankeny, Iowa.

Amy Coughenour Betancourt ’87 is chief executive officer at Cadasta Foundation. Amy and husband, Victor, live in Silver Spring, Maryland. They are the parents of two children.


Paul Tanis ’80 and wife, Maureen Friskey Tanis ’80, of Eden Prairie, Minnesota, enjoyed a reunion with their Central friends at the June wedding of their son, Phil. Paul is an attorney at Riley-Tanis and Associates and Maureen is a clinical social worker at ISJ Clinic Eastridge-Mayo Health System. They are front row, left to right: Ned Draheim ’80, Beth Verdoorn Draheim ’80, Maureen Friskey Tanis ’80 and Paul Tanis ’80. Second row: Ann Van Hemert Allen ’00, Martha Friskey Van Hemert ’72, Dave Long ’80, Ann Sammon Long ’80 and Jill Blasius Bast ’80. Third row: Ed Van Hemert ’70, Carrie Van Hemert ’98, BJ Pilling ’09 and Alysa Tanis Pilling ’08. Back row: Jim Tanis ’81 and Carol Vander Leest Tanis ’82.
Sue Osland Holst '88 and husband, Thomas, own and operate a dairy farm in Lanesboro, Minnesota. They enjoy running, biking and spending time with their two sons.

**THE '90s**

For information about Bill Cronin '90 and Mary Chamberlain Cronin '90, Carrie Van Hemert '98 see the ‘10s.

Kristy Reid Smith '92 teaches Spanish for Olathe Public Schools in Olathe, Kansas, where she lives with husband, Mark Smith '92, and their two sons. Mark is the school psychologist for Olathe Public Schools.

Kevin Sanger '93 of Mankato, Minnesota, is financial advisor with Minnesota Financial Services in North Mankato, Minnesota.

Bo White '93 is an author, educator and speaker living with wife, Tamara, and their two children in Woodway, Texas. His first book, “A Time to Question Everything: Embracing Good News and Bad Days,” was published by Wipf and Stock Publishers. He is currently the director of study abroad at the Center for Global Engagement at Baylor University.

Michael Frohling ’94 is the assistant professor of lighting and sound at Western Kentucky University in Bowling Green, Kentucky, where he lives with wife, Jessica Johnson, and their two children.

John Vogelaar ’95 of Des Moines, Iowa, is chief finance officer at Fremont Farms of Iowa in Malcom, Iowa.

Patrick Roland '97 of Glendale, Arizona, is a peer support specialist at Lifewell Behavioral Wellness in Phoenix, Arizona, where he models hope for those recovering from mental illness and addiction. He is the author of “Sparkle On,” a children’s book about a gecko who fights bullying with self-love, “Unpacked Sparkle,” a memoir and the upcoming “The Sparkle King,” which will be released in 2019. Patrick is working toward a master’s degree in addiction counseling at Grand Canyon University.

Trevor Richardson ’98 of Stillwater, Oklahoma, was named director of counseling and sport psychology at Oklahoma State University after more than 10 years in the university’s counseling services department.

Kaci Klenk VanDalen ‘98 is a biosurety specialist in Rockville, Maryland. Kaci and husband, Scott, live in Silver Spring, Maryland, with their two daughters.

CELEBRATE THE SEASON WITH CENTRAL

**“MERRY CHRISTMAS, STREGA NONA”**

A Children’s Story for the Ages

Based on the children’s book by Tomie dePaola

**Times:**
7 p.m. Nov. 29 and 30, and Dec. 1, 6, 7 and 8
2 p.m. December 2 and 9

**Where:**
Kruidenier Center at Central College

**Tickets:**
$12 for adults and $6 for children 12 and under. Each ticketed adult may bring one child age 12 and under free. Tickets are available from 641-628-9000.

**CHRISTMAS CANDLELIGHT CONCERTS**

An Annual Central College Tradition

Featuring A Cappella Choir, Chamber Singers, Hand Bell Choir and College Community Orchestra

**Times:**
7:30 p.m. Thursday, Dec. 6, at Westminster Presbyterian Church, 4114 Allison Ave., Des Moines, Iowa
8 p.m. Friday, Dec. 7, and Saturday, Dec. 8, in Douwstra Auditorium, Central College

**Tickets:**
$12 adults, $10 seniors 65+, $10 students under age 22, free with a Central ID.

**COCKTAILS AND DINNER**

Join Us Before the Douwstra Concerts Dec. 7 and 8

**Time:**
6 p.m. open bar, 6:30 p.m. dinner

**Where:**
Graham Conference Center at Central College

**Tickets:**
$15 adult, $7.50 children under 10, free children under 4. Reservations required by Friday, Nov. 30.

Tickets for music events can be reserved at events.central.edu.
For information about Stephen Bandstra '08, see the '10s.

Lindsay Rowell-Boeke '01 is general manager for Life Time—Healthy Way of Life in Algonquin, Illinois. Lindsay and husband, Lucas Boeke '01, live in Huntley, Illinois, with their two daughters. Lucas is an accountant at Boeke and Associates, CPA, in Rockford, Illinois.

Phil Hemming '02 was named head men’s varsity basketball coach at Saydel High School in Des Moines, Iowa. Phil and wife, Katherine Hietbrink Hemming '04, live in Pella, Iowa, with their two sons. Katherine is the marketing communications manager at Pella Corp.

Matthew Petersen '02 is sales manager at Willis Auto Campus in Des Moines, Iowa. Matt and wife, Amanda, live in Grimes, Iowa, with their four children.

Karen Broman '03 of Prescott Valley, Nevada, is the AmeriCorps VISTA at Prescott College in Prescott, Arizona.

Amanda Salmond Chenoweth '04 is the outreach manager at The Crossing Church in St. Louis, Missouri. Amanda and husband, Steve, live in Manchester, Missouri, with their two sons.

Lori Durflinger-Feilmeier '04 is a compensation and benefits analyst for Blue Cross and Blue Shield of Nebraska. Lori and husband, Robert, live in Omaha, Nebraska, with their two sons.

Angela Lowenberg Jones '04 is the principal at Pence Elementary School in Fairfield, Iowa, where she and husband, Matthew Jones '01, live with their three children. Matthew is the associate principal at Fairfield Middle School.

Marqita Jones '04 of Aurora, Colorado, is the conference and event manager for the American Association of Post-Acute Care Nursing in Denver, Colorado.

Becki Zemel '04 is a licensed massage therapist and owner of Humble Heart Massage, LLC, in St. Joseph, Michigan. Becki lives in Benton Harbor, Michigan, with her two sons.

Jillian Osheim Jones '05 has released her first full-length album, “Perfectly Clear,” featuring an eclectic blend of piano-driven pop and acoustic singer-songwriter styles. Jillian leads worship music at Crossview Covenant Church in North Mankato, Minnesota, and her music is played frequently on Kinship Christian Radio. Jill and husband, Blake Jones '04, live in Mankato, Minnesota, with their two children. Blake is a sales representative at NewGenAerospace.

Jessica Klyn de Novelo '05 has been named director of career and professional development at Central College. Jessica and husband, Russel, live in New Sharon, Iowa, with their two children.

Lucas Meyer '06 of Bailey, Colorado, is an officer with the Department of Justice in Lakewood, Colorado.

Tim Bogaards '09 of Pella, Iowa, is an assembler and support group leader at Vermeer Corp.

Jared Fritz-McCarty '09 is director of communications for enrollment management at Roosevelt University in Chicago. He is also Midwest chapter president of NAGAP, the association for graduate enrollment management, serves on its membership committee and recently was nominated for the NAGAP Future Leader Award. Jared and husband, Chris, live in Chicago, Illinois.

THE '10s

Pady Fontana Bandstra '10 is director of human resources at Mahaska Bottling in Oskaloosa, Iowa. Pady and husband, Stephen Bandstra '08, live in Pella, Iowa, with their two children.

Liza Calisesi Maidens '10 is a member of the conducting faculty at Eastern Michigan University in Lansing, Michigan, where she directs the women’s choir and the ensemble, EMU Express. Liza and husband, Joel Maidens '10, live in Lansing. Joel is academic advisor at the University of Michigan-Flint.
Kyle Michel ’10 of Van Meter, Iowa, was named city manager for Van Meter. Kyle will continue as a medical services officer in the Army Reserves. He has served in various branches of the military for the past eight years.

Gidget Utterback ’10 is a music educator in the Pekin Community School District. Gidget and husband, Daniel, live in Sigourney, Iowa.

Justin Von Ahsen ’11 is the fifth and sixth grade band director for the Osvaloa Community School District in Osvaloa, Iowa. Justin and wife, Chrystal Belz Von Ahsen ’12, played trumpet in “Home Again” at the George Daily Auditorium. Chrystal teaches kindergarten through fifth grade general music at Osvaloa Elementary School.

Jessica Baker ’12 of Fort Collins, Colorado, is a graduate research teaching assistant at Colorado State University where she is pursuing a Ph.D. in civil engineering.

Matthew Golden ’12 and Samantha Wolfe of Davenport, Iowa, were married Nov. 11, 2017. Matthew is the in-game social media coordinator for Major League Baseball Advanced Media in support of the St. Louis Cardinals organization.

Stephanie Heiken ’12 of Washington, D.C., is senior analyst in the U.S. Government Accountability office.

Melanie Hopkins ’12 of Des Moines, Iowa, is a family and community specialist with Sequel Youth and Family Services at Monroe Elementary School in Des Moines.

Gregory Link ’12 of Collins, Iowa, is payroll director at Dewey Ford in Ankeny, Iowa.

Tyler Wentworth ’12 of San Diego, California, is director of social media at 85SIXTY.

Dani Aldridge Cole ’13 is a scheduler in the radiation oncology department at Mercy Medical Center in Des Moines, Iowa. Dani and husband, Zach, live in Woodward, Iowa, with their son.

Nancy Huddleston Van Wyk ’13 is the information management design instructor for the Ottumwa Community School District. Nancy and husband, Joshua Van Wyk ’13, live in Ottumwa, Iowa. Joshua is a senior account liaison at Cambridge Investments Research in Fairfield, Iowa.

Allison Redman ’13 and Nicholas Westfall of Evansdale, Iowa, married August 4, 2017. Allison is the special education teacher and instructional coach in the Dunkerton Community School District in Dunkerton, Iowa.

Katlyn Alves ’14 is a program associate and VISTA leader with Campus Compact of New York and Pennsylvania in Harrisburg, Pennsylvania.

Rachel Connelly Atherton ’14 has begun a three-year residency in family medicine with the Cedar Rapids Medical Education Foundation in Cedar Rapids, Iowa, where she lives with husband, Grant.

Matthew Barker ’14 of West Des Moines, Iowa, is a sports performance coach at Ignit Sports and Fitness in Grimes, Iowa.
Tia Dupont ’14 of Mankato, Minnesota, is an aquatics and wellness specialist for the Mankato Area Public Schools.

Jason Karstens ’14 of Mesa, Arizona, is a physical therapist at Encompass Health.

Keegan Overbey ’14 of Marion, Iowa, is an intensive care unit nurse at UnityPoint Health in Cedar Rapids, Iowa.

Alexis Folkerts Riley ’14 teaches English in the Kirksville R-III School District in Kirksville, Missouri, where she lives with husband, Austin, and their son.

Jordan Sump ’14 of Grimes, Iowa, was named head boys track and field coach at his alma mater, Dallas Center-Grimes High School, where he has been the assistant coach for the past two years. As a student, Jordan was a three-year letter winner and a five-time state qualifier for the Mustangs.

Jessica Chaney Verwers ’14 is an office administrator at Home Builders Association of Greater Des Moines. Jessica and husband, Ryan Verwers ’13, live in Des Moines, Iowa. Ryan is a quality assurance analyst at Wells Fargo.

Hillary Hotz ’15 of Lincoln, Nebraska, is an assistant director in the office of admissions at the University of Nebraska.

Molly Neil ’15 of Grimes, Iowa, was promoted to residential property manager with Hubbell Realty.

Tyler Coleman ’16 served as composer, music director pianist and drummer for “Home Again,” at Oskaloosa, Iowa’s George Daily Auditorium. Tyler is a composer and teaches fifth through high school instrumental music in the in the BGM School District in Brooklyn, Iowa.

Anna Pierce ’16 of Denver, Colorado, teaches advanced placement and honors chemistry at Rangeview High School in Aurora, Colorado.

Abby Saladino ’16 and Patryk Cotti of Long Grove, Iowa, married July 21, 2018. Abby is a plans analyst at the Rock Island Arsenal.

Hannah Wallace Vander Veer ’16 is director of the Knoxville Chamber of Commerce. Hannah and husband, Jamie Vander Veer ’15, live in Harvey, Iowa. Jamie teaches seventh grade math at Knoxville Community Schools.

Nicole Benson ’17 of Dubuque, Iowa, is staff accountant II at Heartland Financial USA Inc.

Kelly Hughes ’17 of Sturgeon Bay, Wisconsin, is the customer care specialist at Lakeshore Veterinary Specialists in Glendale, Wisconsin.

Hanna Sampsel ’17 of Oskaloosa, Iowa, is an executive assistant at Kevin Van Wyk State Farm Insurance in Pella, Iowa.

Kari Grindberg ’18 spent her summer as a resident of Fair Haven East retirement community in Pella, Iowa. In exchange for free room, meals and use of the community amenities, she presented twice monthly to residents on topics of her choice.

**ADVANCE DEGREES**

Trevor Richardson ’98, master’s degree, counseling and student personnel, Oklahoma State University, 2001. Doctor of philosophy in educational psychology from Oklahoma State University, 2008.

Karen Broman ’03, master of public health, epidemiology, University of Minnesota, 2016.

Amanda Salmond Chenoweth ’04, master’s degree, education, Webster University, 2011.

Becki Zemel ’04, massage therapy licensure, massage therapy, institute for massage education, 2018.

Lucas Meyer ’06, master’s degree in business administration, Colorado Technical University, 2013.

Jessica Baker ’12, master’s degree, civil engineering, Colorado State University, 2018.

Stephanie Heiken ’12, master’s degree, international affairs, foreign policy, American University, 2014.

Allison Redman Westfall ’13, master’s degree, special education, University of Northern Iowa, 2018.

Rachel Connelly Atherton ’14, doctorate, Carver College of Medicine, University of Iowa, 2018.


Jessica Chaney Verwers ’14, master’s degree, public administration, Drake University, 2018.

Kaitlyn Gillett ’15, doctor of physical therapy, University of Nebraska Medical Center, 2018.

Anna Pierce ’16, master’s degree, chemistry education, University of Northern Colorado, 2018.

Megan Utterback ’16, master’s degree, publishing and writing, Emerson College, 2018.

Holly Von Fumetti Hobbs ’17, master’s degree, business administration, University of Iowa, Tippie College of Business, 2017.

NEW ARRIVALS

Nick ’05 and Nicole Beyer Rempe ’07, son Clark Nicholas, July 23, 2018.

Clint ’07 and Daira Hoehg Driftmier ’05, daughter Diem Lee, Oct. 21, 2016.


Chad and Carissa Kelly Pickar ’09, daughter Chloe Jean, Aug. 26, 2016.

Joe and Jen Schooley Ries ’09, daughter Tinlee Mary, July 14, 2018.


Thomas and Lindsay Sevde Hegel ’10, son Shepard Xavier, Jan. 30, 2018.

Joel and Heather Shives Schmidt ’10, son Ryder Jacob, Dec. 5, 2016.

Pierre ’10 and Amber Mayer Taylor ’10, daughter Autumn Rae, Nov. 19, 2016.


Cory and Jenny Owens Delavan ’12, daughter Paisley Owens, Aug. 29, 2017.

Zach and Dani Aldridge Cole ’13, son Myles Scott, July 28, 2018.


IN MEMORIAM


John Reynen ’59 of Sacramento, California, June 17, 2018.


Carolyn Vander Linden Murphy ’69 of Knoxville, Iowa, July 31, 2018.


Jeff Cheney ’96 of Victor, Iowa, June 12, 2018.


TELL US YOUR NEWS!

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at civitas.central.edu, central.edu/alumni-update or email alumni@central.edu. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University St., Campus Box 5200, Pella, IA 50219.

LAURIE KOLENBRANDER

Laurie Kolenbrander, wife of Harold Kolenbrander ’60, former assistant and associate professor and chair of the chemistry department, former provost and dean of the college and former college trustee, died July 30, 2018, at age 79. Born in Nebraska, she attended Grand Valley State University in Allendale, Michigan, and Central. She was a member of Central’s Cornerstone Society and Central’s Heritage Roll of Honor. She leaves behind her husband; daughter Kimberly Mauer ’81 of Cincinnati, Ohio; son Kirk Kolenbrander ’83 of Cincinnati, Ohio; and daughter Kerri Kolenbrander-Bickel ’86 of Cincinnati.


Row 1: Karen Bromen, Anna Swanson, Nick Kuennen and Jill Figgins-Burns.


Row 1: Juanita Wade Martinez, Dan Martinez, Bruce Scholtens, Ave Maria Staler Lachiewicz and Cindy Loomans. Row 2: Jerry Boelman, Wayne Stienstra, Byron Loomans, Norm Northup and Harry Smith. Row 3: Howard Downs, Pat Hahn, Gary Altman and Bob Snyder.


Row 1: Karen Bart Bartell, Marvin Van Donselaar, Kay Kyuper De Cook and Marilyn Wahraven Cummings.


Row 1: Ruth Jolly Knapman.
2018
HOMECOMING
CAMPUS EVENTS
In April 2017, I did something I found incredibly difficult: I walked around the block in Des Moines. It was difficult because I was part of the March for Science. Thousands of science-minded people walked around the State Capitol hoping to get the attention of legislators and our fellow citizens. We chanted and carried signs and gave speeches in an attempt to start an important conversation about the issues that we—all of us—face. It’s a conversation about our society, our planet and our future.

Unfortunately, leaders at all levels appear to need reminding that real progress toward a better future requires us to ask and answer questions using science. Until recently, a march for science would have seemed ridiculous. Who could deny science has contributed to our everyday quality of life? Who would question the use of scientific insight in decision-making?

But now, scientific societies are increasingly asking members to engage with politicians and the public. The memoranda and press releases, the podcasts and media interviews, the public outreach symposia and workshops are all efforts to get people like me to converse with fellow citizens.

It’s no longer enough for me to publish technical reports for other experts. I need to talk—and listen!—to non-scientists. I need to take part in a larger conversation about our shared future. We need to talk about food security, climate change, water quality, emerging diseases and other pressing issues.

This is not easy for someone of my age and training. I was educated in a culture of science that believed being objective (and being perceived as objective) was key to credibility. Science was supposed to be unbiased, to speak for itself. We even wrote in the stilted passive voice “experiments were initiated,” “observations were made,” “data were analyzed”—all presumably by some cold, logical science robot. Now, I teach students to own their work and to write in the first-person active voice: “I selected three sites,” “we listened for animal calls,” “I performed a statistical test.”

Of course, science has always been done by human beings, not nameless, faceless agents. And whether it is comfortable or not, we human beings who practice science need to speak up. I need to speak up. I need to fulfill my duty, to pay society back for its investment in me.

Why were all those classrooms and labs I studied in built? Why were all those books and films that educated me produced? Why did my teachers and mentors devote their time and hard work to train me? So that I could feel “smart?” So that I could enjoy fascinating myself with neat-o gadgets and scientific jargon? Hardly.

Society invested in me so that now, when we need science—and science education and public outreach—I can do the work. So, that is what I will do. I’m pleased to share my work with young people and colleagues. I’ll do radio interviews and blog posts. And if I even have to march—well, I suppose I’ll do that too. But I’d love a little company in all this.

Join me, won’t you?

This essay was adapted from a June 2017 post on the Sustainability at Central: blogs.central.edu/sustain. You can read more of Paul Weihe’s thoughts on science and sustainability at central.edu/99wetlands.
Central cheerleaders join mascot Big Red before the September 2018 Homecoming game.