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PROFESSORS FROM VARIED BACKGROUNDS INVESTIGATE THE CURRENCY
We want it right now. At least that’s how we sometimes act. The tyranny of the urgent overtakes our commitment to the important. In the end, we sacrifice sustained value for immediate convenience. In our effort to achieve something demanding our attention, we fail to protect that which matters most.

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Seen through arcs of time, our great institutions gradually have evolved for a very good reason—in higher education we tend to protect that which matters most. Pedagogical innovation has been part of our collective higher-learning history for centuries. Such innovations will continue to be tried and tested, yielding a change process that preserves our very best qualities while embracing revised platforms for learning. This is a great strength that is expressed through time.

We live at a moment in human history when the rush to judgment and action is becoming more normative. Yet the fits and starts associated with this approach erode our capacity to manage change properly and we see the negative collateral effects at all levels of our society.

Continued failure eventually will lead us back to our intellectual roots. The best lessons we learn in a liberal-arts education is that we do big things a little at a time.
A grant from the Wellmark Foundation will allow for a kitchen and classroom to be added to the Central garden.

Central received a $25,000 small Matching Assets to Community Health (MATCH) grant from The Wellmark Foundation to expand its sustainability education program. The grant is awarded to projects demonstrating a commitment to long-term sustainability through one of two goals: increased access to and consumption of nutritious foods or the promotion of safe and healthy environments that encourage physical activity. The grant will assist the renovation of space for a garden classroom and kitchen, an extension of the college’s community garden.

The Wellmark Foundation grant will supplement funds already raised for the project, including a generous $50,000 leadership gift from Michael ’89 and Amy Dietrich Eilers ’88.

Aimed at furthering sustainability education, the renovated building will feature amenities to serve the campus and the community, including an ADA accessible bathroom, a full kitchen and flexible space for classes, events and meals.

Starring off as a few small garden beds, Central’s garden was founded in 2000 and is now more than half an acre. The garden produces more than 1,500 pounds of produce annually, plus honey from the college bee hives. The bulk of the harvest goes to the college’s dining hall, and more than 10 percent is donated to the Fellis Food Shelf.

Brian Campbell, director of sustainability education, said the garden is an important part of Central’s focus on sustainability.

“When thinking about food, we look at how it can be part of students’ learning experiences,” he said. “Food is integrated into many aspects of sustainability, and the enhanced work space at the garden will allow us to offer even more educational opportunities for students and the community.”

The renovation should be complete by July 2018. People interested in supporting or learning more about the garden classroom may contact Michelle Wilkie, major gifts officer, at wilkiem@central.edu.

DOUWSTRA AUDITORIUM RENOVATIONS UNDERWAY

A renovation of historic Douwstra Auditorium began in December 2017, transforming the local landmark into a regional concert hall. Private donors have provided $2.2 million in gifts toward constructing the first-class space, including a $1.2 million lead gift from the James ’86 and Beatrice Minium Hoekstra ’84 estate. Updates to the space include a visually striking interior, professional acoustic design and state-of-the-art sound, lighting and multimedia systems. Donor support can enable a second project phase addressing further needed updates, such as a custom-designed pipe organ and new air-handling and mechanical equipment.

Follow the renovation progress, including photo updates, at blogs.central.edu/douwstra, and learn more at www.central.edu/austr/priority/douwstrauditorium.

NEW LOOK FOR ALUMNI WEBSITE

The “Alumni and Friends” section on www.central.edu/alumni has been refreshed with a new look and improved features to keep users better informed about Central news, upcoming events and funding initiatives.

HIGHLIGHTS INCLUDE:

• mobile-friendly design
• dedicated page to easily submit updates about careers, life events and contact information
• redesigned navigation to locate information more efficiently
• information about supporting the college through planned giving, endowed support and current funding initiatives, including the Journey Scholarship Fund, Forever Dutch, Douwstra Auditorium renovation and Mock Trial endowed

STUDENTS RECORD MUSIC VIDEOS

Students who are part of ALMA (formerly vocal and instrumental combos) had the chance to immortalize their talents this summer when they recorded professional music videos.

Director Gabriel Espinosa ’79 wanted to push his students to write original songs, “2016 was my 20th year doing combos, and I thought maybe it’s time for us to try writing our own material,” he said. In 2016, a number of students focused on writing original works, which they polished and performed throughout the year.

Espinosa decided they merited recording.

To make it happen, he partnered with Molly Lehr ’88, a musician and former combos member who now owns Red Cloud Studio in Logan Square, Chicago, where she teaches voice and piano lessons.

With funding provided by the Central music department, and logistics help from Lehr, Espinosa arranged for four students plus Lehr to record their original songs at a studio in Chicago in July with professional musicians. The music videos, along with artist profiles, debuted on the Central website during fall 2017.

View the videos and read the stories at https://news.central.edu/category/music-video.

HOLZWORTH RECOGNIZED FOR FOREVER DUTCH GIFT

Sheila Holzworth ’85 was formally recognized for her support of the newly expanded P.H. Kuyper Gymnasium. The Dutch women’s varsity locker room was named in her honor during a ceremony Nov. 11. She left the college a major estate gift that was part of the $12 million Forever Dutch initiative that included the recently completed gymnasium expansion.

One of the most accomplished athletes in Central history despite never earning a varsity letter, the late Holzworth, who died in 2013, was sightless, yet competed around the world, winning a downhill skiing gold medal in the 1984 Blind Olympics and was the first sightless woman ever to scale Mount Rainier in Washington. She graduated from Dowling Catholic High School in West Des Moines. At Central, Holzworth competed for one season as a sprinter on the indoor women’s track and field squad.

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MCKINNEY GAINS NATIONAL WOMEN’S CROSS COUNTRY BERTH
Senior Holly McKinney became Central’s first representative at the NCAA Division III women’s cross country national meet since 2009. Competing in Elah, Ill., McKinney was 131st after earning the spot with a 15th-place showing at the Central Regional in Northfield, Minn. The Dutch were 15th in the 12-team regional field after placing fifth in the Iowa Conference meet.

FAIRLEY EARS MEN’S CROSS COUNTRY ALL-AMERICA STATUS
Senior Mark Fairley raced to 26th place at the NCAA Division III Men’s Cross Country Championships in Elah, Ill., becoming the sixth Central runner to gain all-America distinction and the fourth since 2011. He finished the 8,000-meter race in 24:48.87. Fairley, who earlier captured the NCAA Central Region title at Northfield, Minn., was joined by senior Tanner Rathje at the national meet. Central was ninth in the 29-team regional but a disappointing sixth at the Iowa Conference meet.

DUTCH SECOND IN LEAGUE WOMEN’S GOLF
The Central women’s golf team claimed a pair of tournament titles but came up short in its bid to defend its Iowa Conference title, finishing second in the 72-hole league meet. That’s despite a late surge by junior Brexten Cogges, who placed second in the conference at 85-76-80-77—318. Senior Cierra Pulse also gained all-league distinction with a sixth-place effort. Central earlier won the six-team Mount Mercy Early Bird Classic and the 11-team Simpson Fall Invitational.

BEST WOMEN’S SOCCER MARK EVER FOR DUTCH
The ascent continues for Central women’s soccer as the Dutch rolled up a 14-2-3 record for a best-ever .606 winning percentage. The Dutch debuted in the NCAA Division III North Region rankings, finishing at No. 9, and completed their second straight unbeaten home season. They tied for second in the Iowa Conference at 5-1-2.

SCHILLING Secures All-League Recognition
Senior Jeanne Czipri and the Central volleyball team were on the recruiting trail at a furious pace seeking to replace seven graduating seniors.

FOOTBALL TEAM RALLIES FOR SECOND-PLACE FINISH
BY LARRY HAPPEL ’81

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THREE GAIN ALL-CONFERENCE WOMEN’S TENNIS HONORS
Seniors Kari Grindberg and Ashley Maley and freshman Karleigh Schilling secured all-Iowa Conference women’s tennis recognition for Central. Central posted an 8-2 mark, its highest winning percentage since 2003, and finished third in the league at 6-2. Grindberg and Schilling were cited in both singles and doubles while Maley was honored in singles. Schilling led the Dutch with a 10-3 mark, primarily at the No. 4 spot. Maley was 5-4 at No. 1. Grindberg and Schilling were 4-1 at No. 1 doubles.

SCHILLING Secures All-League Recognition
Senior Jeanne Czipri and the Central volleyball team were on the recruiting trail at a furious pace seeking to replace seven graduating seniors.
CENTRAL SCENE

Winter on campus is a magical time. Returning from winter break, students may encounter a snow-covered landscape that was all browns and greys when they left for the holidays. It’s a time of new things—new classes, new thoughts about summer internships or travel and perhaps even a new experience—ice skating on the Central pond for the first time.

Visit civitas.central.edu/central-scene to view video of winter scenes on campus.

Photo: Joshua Edmonds
Kathleen Sikkema ’84 leads the way in global mental-health research.

BY LAURA BILLINGSLEY ’04

Kathleen Sikkema ’84 is at the top of her field. A renowned clinical psychologist, Duke University professor, international researcher and scholar, she’s also a pioneer in global health. Her work today focuses on conducting HIV prevention and mental health intervention trials among various groups of people in the United States and South Africa.

Growing up on a dairy farm in Illinois, Sikkema didn’t have a lot of exposure to diversity, let alone the types of issues that shape her work today: HIV and AIDS, violence, sexual trauma and the lack of resources in developing low- and middle-income countries. But while attending Central, Sikkema says her world broadened. Though still the Midwest, an area not known for diversity in the ’80s, Central afforded Sikkema a number of experiences that helped her understand more of the complexity of the world and how her work could make it a better place.

The Central experience that most stands out for her is serving as a counselor for Upward Bound for two summers. Upward Bound, funded by the U.S. Department of Education, provides support for college preparation to students who are low-income or first-generation college students.

Sikkema became a counselor "thanks to Ed Willis (professor emeritus of psychology) thinking ‘I’d be good at it’,” she says. The experience “really solidified my interest in being some kind of psychologist, counselor or teacher. It also was some of my first exposure to diversity because we had such a range of kids that came in the summer for that program.”

A psychology major, Sikkema knew she wanted to pursue some combination of teaching and counseling. At the time, she was somewhat “cautious and uncertain, trying to figure out how to speak more and feel more confident.” Being at a smaller college with close relationships to her professors provided her opportunities to grow her confidence and explore her abilities.

Willis remembers Sikkema as a talented student “who was an intellectual leader in the classroom and a social leader in the department. I knew I could count on her to help move the discussion forward.” Sikkema’s positive attitude was valued by other professors and students. “She always had a smile on her face,” Willis says, “even if she was puzzled or perplexed.”

The summers with Upward Bound encouraged Sikkema to gain more experience working with diverse populations. “Between junior and senior year, I did an internship at a domestic violence shelter, and I was really impacted by the families I worked with there,” she says. The woman who ran the program had a master’s in social work, and Sikkema decided she wanted to go to graduate school.

COMING INTO FOCUS
She headed to Illinois State University, where she became interested in health psychology. She intended to work in cancer research, but it was the 1980s. AIDS was a threat that couldn’t be ignored.

“It was ’87 when I saw my first patient who had AIDS,” she says. “And at that time, we knew so little about the medical side.” Treatment did not exist. Thus, efforts focused on mental health issues related to death and bereavement.

“I can remember very vividly sitting in the library reading journals, spread over the floor—paper journals which nobody does anymore—but realizing how AIDS really crossed areas of psychology, medicine, public health and policy,” Sikkema says. Eventually Sikkema started researching sexual trauma and violence among people with HIV infections. She earned another master’s degree at Virginia Polytechnic Institute and State University and completed a Ph.D. degree in 1991. At first, her research focused on how mental health could impact preventing AIDS. Today, with treatments available, her work looks at how mental health is related to getting HIV-infected persons into treatment and staying in treatment.

She says, “We have effective methods for prevention, medical treatment and mental health treatment, so the biggest challenge in HIV and AIDS is figuring out how to get those treatments adapted and implemented.”

Kathleen Sikkema ’84

"WE HAVE EFFECTIVE METHODS FOR PREVENTION, MEDICAL TREATMENT AND MENTAL HEALTH TREATMENT, SO THE BIGGEST CHALLENGE IN HIV AND AIDS IS FIGURING OUT HOW TO GET THOSE TREATMENTS ADAPTED AND IMPLEMENTED …"

In 2017 Sikkema was selected as the first Gosnell Family Professor of Global Health at Duke University. It’s an acknowledgment of the caliber and importance of her work, as well as her commitment to teaching and mentoring along with research. She brings together graduate students from various disciplines to work on issues with a global impact. A professor in Duke’s Trinity College of Arts & Sciences, she is also the director of the Global Mental Health Initiative and doctoral studies at the Duke Global Health Institute, and director of social and behavioral sciences in Duke’s Center for AIDS Research.

Her work underscores the importance of mental health for global health initiatives of all kinds. “We have a phrase in the field, which is ‘No health without mental health,’” she says. “We often think of mental health as secondary to physical health problems and diseases, when in fact mental health should be a key part of health and not thought of separately.”

Sikkema is a member of the Central Board of Trustees, and considers it an honor to come back and contribute as an alumna. As more Central students focus their studies on global health, Sikkema feels they are part of a movement looking at issues on a global scale. “Really, we live in an interconnected world, and students should have opportunities to understand and experience this while they are in college,” she says.

Especially in the field of mental health, the whole world is learning together. “When it comes to mental health, all countries are equal,” Sikkema says.
CENTRAL SNAPSHOT

322
NEW FIRST-YEAR STUDENTS

11%
OF STUDENTS ARE CHILDREN OF ALUMNI

39.4%
OF NEW FIRST-YEAR STUDENTS ARE FROM OUT-OF-STATE.
25 STATES REPRESENTED

50%
FEMALE

50%
MALE

12%
OF STUDENTS ARE MINORITY STUDENTS

90%
OF CENTRAL STUDENTS WERE ADMITTED INTO THEIR FIRST- OR SECOND-CHOICE GRADUATE SCHOOL.

99%
OF CENTRAL STUDENTS COMPLETE AN INTERNSHIP, STUDY ABROAD, RESEARCH OR COMMUNITY-BASED LEARNING EXPERIENCE.

MOR Than 99% of CENTRAL STUDENTS RECEIVE FINANCIAL AID.

100+
MORE THAN 100 STUDENT ORGANIZATIONS

76%
OF CENTRAL STUDENTS COMPLETE AT LEAST ONE INTERNSHIP OR PRE-PROFESSIONAL EXPERIENCE.

92%
OF CENTRAL COLLEGE STUDENTS WHO GRADUATE DO SO IN 4 YEARS OR FEWER.
Associate professor of exercise science Pam Richards will say she has two generations of students: those who return to the idyllic, tree-lined Central College campus 20 years after graduation, enthusiastically greeting her with a hearty, “Coach!” and those who sit in her classroom today, calling her Dr. Richards. It’s a distinction so small, so casual, that most might not make anything of it, but at its core, it’s representative of the varied and rich career Richards has forged in the exercise science department at Central for 35 years.

After an academic career that started in her home state of Pennsylvania and culminated in the completion of her Ed.D. at the University of Northern Colorado, Richards found her way to Pella in 1984. “To be perfectly honest, it wasn’t anything specific about Central, it was about the professional opportunity,” she offers, citing the chance to be both a professor and a coach as the main motivation for taking the position. She had no idea how special her new workplace was—or the fact that it would end up being the place where she fulfilled her career goals while leading a new generation to follow their aspirations.

Richards maintained her position as the women’s cross country and track coach for 10 years before deciding to focus solely on teaching. She still passionately champions the intersection of both exercise and science. Currently a high-demand staple at college campuses across the United States, the growth of exercise science programs coincidentally lined up alongside the flourishing of Richards’ own career. She credits the opportunity to watch Central’s exercise science program transition from applied teaching and recreation to specific sub-disciplines that didn’t exist when she was starting her career to the luck of the universe.

“I’ve been really, really lucky in that my life was timed along with the growth of the science of exercise,” she says, mentioning the beauty of multitudes of specialties that now exist within the subject, like exercise physiology, sports nutrition and biomechanics.

The profound impact of Richards’ intellectual passions also made way for sincere human connection with her students. While the small-school environment was something she knew little about when starting her tenure at Central, it provided her with a level of colleague and student engagement that was unavailable to her in her own college years. When asked what the most rewarding aspect of her career has been, she says being an educator at a small institution allows her to watch her students be successful.

In just one instance of many, a young and exuberant student named Jeff McMartin ‘90 came into Richards’ office years ago and explained he wanted to become a college football coach, asking what he needed to do to accomplish his goal. Under the tutelage of Richards and her colleagues, he grew his skillset, went out into the world to gain experience and, come 2004, stepped foot again on Central’s campus as Coach McMartin, Central’s head football coach, a position he still maintains.

“That’s just one example of watching people share their dreams,” Richards says. “You help figure out how to develop an academic program, support them, watch them go out and come back to be a part of this community. I don’t know very many jobs where you have those kinds of opportunities.”

“I’VE BEEN REALLY, REALLY LUCKY IN THAT MY LIFE WAS TIMED ALONG WITH THE GROWTH OF THE SCIENCE OF EXERCISE.”

— PAM RICHARDS

EXERCISE SCIENCE AT CENTRAL

- Majors can study health promotion, health and exercise science, physical education or strength and conditioning
- Nine faculty members focused on exercise science
- More than 30 percent of majors attend graduate school immediately following graduation
Homegrown BREWERS

By Chelsea Toppin ’12


No, we aren’t describing a masterpiece on display in a museum or a plate of expensive food. Rather, it’s the science—and art—of beer. The beverage has been around for more than 7,000 years and appears in nearly every culture in the world. Central alumni are taking beer to the next level.

Back when Jeff Bruning ’92 graduated from Central, he probably couldn’t have told you where he saw himself in 25 years, but he definitely didn’t imagine he would be part owner of 10 bars in Des Moines and owner of a newly opened brewery in Carroll, Iowa.

“I was a general studies major with six minors—I wasn’t really sure what I wanted to do, but I loved that Central offered me freedom to choose how to structure my time in college,” he says. “After being part of a downsizing at an insurance company, I started looking for employment while I figured out what I wanted to do with my life.”

Bruning turned to waiting tables in 1999 at Buzzard Billy’s in Des Moines, where he met the owners and brothers, Dan and Andy Massoth. Just a year and a half later, he was the general manager—and not too long after, partner. He and his business partners are now owners of Full Court Press Corporation, which owns many Des Moines hotspots, including El Bait Shop, The Royal Mile, Fonj’s Pizza and, most recently, The Iowa Taproom, an all-lows beer taproom.

With the running of numerous restaurants and bars in the up-and-coming city comes a lot of responsibility. Full Court Press has about 750 employees—and just as many taps across all their locations—and Bruning oversees the staff beer-training.

“A lot of my focus is on how well the staff is executing their jobs to get the most out of what they do for us, and so they are motivated to make our places a success,” he explains. “I am constantly reading about flavors of beer, the economics of beer or about people in the beer industry to make sure I am up-to-date, but also to educate others on beer.”

Bruning declares himself “kind of a savant” when it comes to beers around the Midwest, always knowing where the best beers are located and pointing others in their direction. He even hosts a segment on KIXO-AM, a Des Moines sports-talk radio station, dedicated to all things beer. Bruning takes personal pride in knowing about the trends within the industry and then sharing them with others. He sees a very clear divide in the future.

“There has been a boom in craft brewing—it happened in the ’70s and ’80s and busted in the ’90s,” he explains. “But it has come back with a vengeance, and it is very much in tune with the natural and local movements. People are interested in what they are drinking. We are going the way of small is better, local is even better, I think we are just getting over factory beer—which hasn’t been around that long considering the extensive history of beer. It’s a lot more fun to buy something from someone you know than a convenience store.”

Bruning often doesn’t get to sit and drink a full beer, but he is on the front lines of the company. He tastes a number of beers, adding to Full Court Press’ ever-growing tap list. And with the numerous beers Bruning tries on a consistent basis, he can make two gallons of ale at a time, all you need are standard kitchen utensils.

Mr. Beer Judge

It all started with a trip to England, and Loren Blom ’87 and his wife, Linda, were hooked. In 1997, Loren’s and Linda’s son went to England for the summer, and while traveling, they enjoyed experiencing local food and brews.

“We tried English ales for the 10 days we were there. At the time, we didn’t think we liked them but, when we returned home, we found that we didn’t like the beer that was in the fridge,” Blom says. “When we told our son that he ruined our taste for U.S. beers, and we were having difficulties finding good ales, he responded by giving me a beer-making kit for my birthday.”

Within a month, Blom made his first English Brown Ale—and while it wasn’t his best beer, it gave him “the bug.” With a basic Mr. Beer homebrew kit, anyone interested in expanding their education on a number of subjects. The duo frequently gives presentations about home brewing as well as how to identify the characteristics of different types of beer, which they can do with ease as Recognized Beer Judges. Some people may fancy themselves top-notch beer connoisseurs, but Blom paints it as quite the challenge to be recognized on a competitive scale.

TASTY TAPS

Loren Blom ’87 and wife Linda presented the characteristics of beer for Central RED.
"The test was a three-hour blue book essay that included completing the competition forms on four different beers. We also took a 12-week online course that included the effects of water, malt, yeast and brewing processes on beer," he says. After completing that course, the rules were changed. "They now have an online qualifying test of 200 questions to be completed in one hour. If you pass that test, you qualify for the tasting test, which consists of judging six different beers in 90 minutes."

In the end, all test takers must score 70 percent or higher to pass. Now with extensive judging knowledge, the Bloms travel throughout the Midwest to beer competitions, including the Amana Colonies, the Iowa State Fair and the first round of the National Homebrew Competition in Minneapolis.

With craft brewing lighting up across the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation, Blom’s home-brewing 20 years ago was ahead of the times—and the nation.

Tell us about Dovetail Brewery.

In 2012, I was taking a master brewing course that was half in Chicago and half in Munich, Germany, at the Doemens Institute. That’s when I met the other half of Dovetail, Hagen Dost. We hit it off and liked hanging out, researching, studying and eating weird things. We decided to open a brewery together.

We specialize in continental European-style ales and lagers. Our methodology is that we brew in a very traditional way. It’s not a short brew-day for us. We use a lot of quality materials to produce the best quality beer we can make because that’s the kind of beer we like to drink.

(The duo decided to stick mostly with what they like best—lagers. The craft-beer resurgence around the country often focuses on ales, a short-production beer, clocking in around two to three weeks. But Dovetail’s beers, all made by Wesselink and Dost, take anywhere from six weeks to six months to produce.)

How would you describe the craft beer movement and where do you see it going?

Lager is 90 percent of the beer that people drink. You can’t really hide flaws in a lager. If a brewer makes a mistake with an ale, you can add more hops to hide the flaw. The lagers are an easy drinking, lower alcohol content beer that pairs well with good food. If a brewer makes a mistake with a lager, you can’t add more hops to hide the flaw. For a lager, we hope and believe is that the market of the craft drinker will move more to the lagers like we make.

What is your day-to-day job for the brewery?

Hagen and I are the co-owners and only two brewers. All the beer that we produce, one of both of us makes. Beyond that, I do what every business owner loves to do: paper work and payroll. Right now, I try to stay on top of new accounts so we can continue to grow in the area.
A PHILOSOPHER, A COMPUTER SCIENTIST AND AN ECONOMIST TACKLE BITCOIN

Looking at the cryptocurrency from various angles yields insights.

BY BROOKE JANSEN '18

Bitcoin has been making headlines during the past year. A digital, person-to-person currency without a central bank, Bitcoin was established in 2009 by Satoshi Nakamoto. At the beginning of 2017, one bitcoin had an exchange rate of $1,000. As of press time, one bitcoin is worth about $10,800. That’s an increase of 980 percent. Graham Lemke, the Donald T. Butler endowed chair and professor of finance, points out this phenomenal increase of value. The financial community continues to keep its eye on Bitcoin.

$975.21
BITCOIN PRICE
JANUARY 1, 2017

$10,801
BITCOIN PRICE
AS OF JANUARY 26, 2018
What exactly is Bitcoin? “It’s a cryptocurrency, a digital currency, but that’s not what’s really distinctive about it. What’s distinctive is there’s no central control,” explains Mark Thomas, assistant professor of philosophy. Bitcoin has no central bank, so when someone makes a transaction, they do not have to go through a third party. Lemke adds, “It’s really difficult to explain. To me, it’s a pseudocurrency. You could use this currency to buy things and you could also use it as a speculative asset.”

The complexity and technological aspects of Bitcoin are what initially interested Lemke. Thomas and Mark Johnson, the Ruth & Marvin Denekas endowed chair in science and humanities professor of mathematics/computer science, to take on research into the ideas and technology behind Bitcoin.

Lemke, Johnson and Thomas thought it would be interesting to explore this concept on several dimensions. From a philosophy perspective, they wanted to look at the political philosophy of how it got started and what sort of people were initially involved in it. On the computer science side, they wanted to look at what was actually going on technically: How did Bitcoin work, what was the blockchain doing? (Blockchain is a digital ledger in which transactions made in bitcoin are recorded.) As for the financial and economic side, they looked at the characteristics of bitcoin as a currency. Lemke was interested in looking at the volatility of bitcoin.

**DIFFERENT VIEWPOINTS**

The three professors enjoyed many good conversations. Coming from three different disciplines, they were able to share their insights and piecemeal what they thought Bitcoin was and what it meant for the financial community as well as economics. Thomas, Lemke pointed out that people who are interested in libertarianism in particular were drawn to the idea of Bitcoin, as it would be a way to push back on government control since it’s not controlled by a central bank.

Lemke mentions the area of economics called Austrian school economists. Thomas argues that people who are interested in libertarian philosophy are also interested in Bitcoin as well as economics.

Johnson explains some of the differences in how Bitcoin is perceived, making the distinction between anonymity and pseudo-anonymity. “Some of the initial interest in Bitcoin has to do with the fact you are perceived as transacting without anybody knowing what transaction is taking place, so there is some degree of anonymity. I think through the discussions we had, we learned this is not necessarily a completely anonymous transaction,” Lemke says.

For Thomas, an interesting part of Bitcoin was how altruistic the developers were. A lot of them had a libertarian philosophy people often think of as self-centered. Thomas saw that actually those people were willing to spend hours and hours of their time developing Bitcoin and the institutions that support it without compensation.

**“IN A WORLD THAT IS VERY DARK TODAY, AND WE THINK OF ALL THESE THINGS GOING WRONG WITH THE WORLD, IT GIVES ME A LITTLE BIT OF HOPE THAT THERE ARE PEOPLE OUT THERE WHO ARE JUST INTERESTED IN DOING THINGS THEY THINK WILL MAKE THE WORLD A BETTER PLACE.”**

— MARK THOMAS

The most fun part for Lemke was spending time with his colleagues and listening to what they had to share. “It was interesting hearing Mark [Thomas] talk about philosophical issues and Mark [Johnson] talking about the details of the blockchain. They challenged me to think more carefully about some of the economics.” Lemke also enjoyed looking at the data and analyzing Bitcoin as an economist. He says, “What, in general, makes financial and economics interesting is dealing with uncertainty even if we sometimes fail miserably. When trying to value something, you’re asking questions about events in the future and those are interesting but difficult.”

**CURRENCY OF THE FUTURE?**

So, will Bitcoin be used widely in the future? Thomas says, “I think things like Bitcoin will continue to have some appeal based on the fact that many people do desire autonomy and to limit government intervention. However, Thomas points out that it’s not very easy to use: “One thing I discovered about Bitcoin, because I actually set up a Bitcoin account and purchased something, it’s very cumbersome.”

Lemke adds, “The other thing I would say about it, and this is significant, is that two of the major derivatives exchanges, the CBOE in Chicago and Chicago Mercantile Exchange, started trading Bitcoin contracts in December 2017, and that is important since it may lend a measure of credibility to the notion of Bitcoin as a currency.”

Lemke noted the price of Bitcoin has been extremely volatile in the past and has remained so, fluctuating with the $20,000 mark in late December before dramatically falling back. Lemke and a student doing an independent study spring semester are looking at the data and keeping an eye on this process.

Thomas, Lemke and Johnson presented their research at the Annual Chair’s Conference during the fall.

**BITCOIN BY THE NUMBERS**

<table>
<thead>
<tr>
<th><strong>$252K</strong></th>
<th><strong>DAILY TRANSACTIONS</strong></th>
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<tr>
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<td><strong>MONEY SUPPLY</strong></td>
</tr>
<tr>
<td><strong>$181.7B</strong></td>
<td><strong>MARKET CAP</strong></td>
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<tr>
<td><strong>$10,800</strong></td>
<td><strong>BITCOIN PRICE</strong></td>
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**BETTER PLACES TO SLEEP**

The ‘50s

Bruce Scholta **32** retired after a 42-year career in the business world. At the time of his retirement, Bruce was a salesperson at Anhong Marano Co., in Chicago. Bruce and wife Lori live in Evergreen Park, Ill.

David Eason Jr. **74** of Plano, Texas, celebrated the first day of his retirement from American Airlines Oct. 15, by running a half marathon in Des Moines. For 17 years he worked as a check-in agent before spending the next 22 years as captain, flying a variety of aircraft for the airline. Oct. 9 he completed his last assignment, piloting Flight 102 from Honolulu to Dallas/Fort Worth.

Mark Baumann **79** was the convention coordinator for North Central Regional Convention of the American Guild of Organists, held for the first time in Iowa City and Cedar Rapids in June. Central alumni Mark Koskamp ’80, Kent Jager ’80 and Bev Duffy ’82 attended. Mark and wife Marcia Edwards Baumann ’82 live in Marion. This summer Marcia celebrated 25 years at Farmers State Bank, where she is a mortgage and consumer lender.

David Merriman ’79 of Schuumburg, Ill., is a customer service manager at American Guardian Warranty Services Inc. in Worthington.

**THE ‘60s**

For information about Kent Jager ’80, Mark Koskamp ’80 and Marcia Edwards Baumann ’82, see the ‘80s. For information about Lori Humphrey Feegley ’80, Brian Feegley ’80, Paula Johnson Buerger ’85, Wendy Johnson Henrichs ’81, Larry Happe ’81, Al Walker ’80 and Mark Stauffer ’80, see the ‘80s.

Cathy Betterton Courtney ’80 of Knoxville retired at 3M. At the time of her retirement, Cathy held the position of senior accountant.

Susan Wallisop Johnson ’82 is chief financial and administrative officer for Youth Emergency Services and Shelter. Susan and husband Don live in Carlisle.

**THE ‘90s**

For information about Cherri Deane ’98 and Tim Timpe ’92, see the ’90s.
Jeff Sheffler ’90 is vice president of training and development at Wisconsin Business Development Finance Corp. Jeff and wife Lisa live in Appleton with their two children.

Scott Gavin ’91 is an IT service manager at Wellmark in Des Moines. Scott and wife Kristie Pennington Gavin ’93 live in Adel. Kristie teaches second grade at West Central Valley Community Schools in Stuart.

Joe Sample ’92 is executive director of the Iowa Association of Area Agencies on Aging in Des Moines. Joe and wife Nicole live in Pleasantville with their three children.

Mark Kacmarynski ’96 and Amanda Jorgenson of Waunakee were married Feb. 8, 2017. Mark is a systems engineer at Kedath Networking Solutions.

Julie Wiley Weinstein ’96 is an information systems security manager at Naval Facilities Engineering Command Pacific, where she lives with husband Brian.


Kristi Leonard ’97, an assistant dean of students at Central College, was named to the board of directors for the College, was named to the dean of students at Central, an assistant officer at Hills Bank in Marion.

Bryan Baldus ’98 of Columbus, Ohio, is a consulting database specialist at the Online Community Library Center in Dublin.

Rebecca Helland ’03, who teaches fifth grade at Jefferson Intermediate School in Pella, was named Iowa’s History Teacher of the Year by the Gilder Lehrman Institute of American History after being recommended by an Iowa Department of Education committee. Rebecca is also a mentor teacher for Pella Community Schools as part of Iowa’s teacher leadership system.

Anna Swanson ’03 of Chicago, Ill., is the analytics practice area leader and senior vice president at Greenbush Oiler and Associates. Previously Anna served as managing director of analytics, leading a team of more than 75 analytics professionals at Royall & Company in Minneapolis, Minn.

Melissa Eshelman ’04 was featured on a recent episode of FarmHer on RFD-TV. Melissa operates the Edelmann Farm in Altoona raising an assortment of animals including cows, pigs and chickens.

Becky Hedges Pospislí ’04 owns and operates The Knotty Naił, where she teaches string art workshops and designing kits and signs. She moved into Mainframe Studios in August, the largest nonprofit artist workspace in the country. Her features were featured in a recent issue of Country Sampler magazine. Becky and husband Andrew live in Clive.

Bev Doody ’05 is a public relations specialist at United Healthcare in Des Moines.

THE ’00s

For information about Bev Doody ’02, see the ’00s.

Mark Phillips ’00 is manager of cash management services with Bank Iowa in West Des Moines. Previously Mark was the executive director for the Polk County Continuum of Care Board in Des Moines and plans to remain active with the homeless initiatives in central Iowa. Mark and wife Jen Vogt Phillips ’01 live in Urbandale with their four children.

Jason Anderson ’01 was named education support specialist at Iowa State University in Ames. Jason and wife Melissa White Anderson ’01 live in Gilbert with their four children.

Ben Vanderbilt ’01 is district sales manager with Channel, a subsidiary of Monsanto Company in Des Moines. Ben and wife Shelley live in Okoboji.

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Ben Vanderbilt ’01 is district sales manager with Channel, a subsidiary of Monsanto Company in Des Moines. Ben and wife Shelley live in Okoboji.
Emily Miller ’10 and Miguel Mender ’10 were married Nov. 4. The couple met their freshmen year when they both lived in Scholtz and attended the same Spanish class. Miguel is the eligibility and enrollment services supervisor at Mercy Des Moines with Confor Health Solutions and Emily is the dental care coordinator at Dental Connections, a nonprofit dental clinic in Des Moines. Emily and Miguel live in Norwalk with their two daughters.

Kelliah Brown ’11 is the assistant band director at Newton High School.

Danielle Miro ’11 of Kansas City, Mo., is a neuropsychologist and postdoctoral fellow at the University of Kansas Hospital in Kansas City.

Kassie Holcomb Munro ’11 owns and operates Perfectly Loved Photography in Des Moines, while attending nursing school at Des Moines Area Community College.

Nicki Lundt Ness ’11 is a physician assistant at UnityPoint Cardiology in West Des Moines. Nicki and husband Andrew Ness ’11 live in Waukee. Andrew is a health fitness specialist at MedFit Corporate Services.

Katie Huff Pech ’11 is a business analyst at John Deere in East Moline. She and husband Cody live in Davenport.

Jackie Boat-Wilson ’12 is the energy efficiency administrator for Weidt Group in Des Moines. Jackie and husband Jack Wilson ’13 live in Newton. Jack is the assistant brewer and bar specialist at Flix Brewhouse in Des Moines.

Jessica Edler ’12 of Marshalltown is an assistant professor of kinesthesiology and health promotion at Grand View University in Des Moines.

Brandon Greth ’12 is a director of state government affairs for Black Hills Energy in Grimes. Brandon and wife Chloe Gearhart ’14 live in Windsor Heights. Chloe is a fundraiser for the Fred Hubbell for Governor campaign.

Tori Paris ’12 of Runnells is the wellness coach at Vheda Health in Des Moines.

Collin Tadlock ’12 is the communications director for the Speaker of the Iowa House in Des Moines. Collin and wife Kayla Swartendruber Tadlock ’12 live in Altoona. Kaya is the at-risk reading and special education teacher in the Colfax-Mingo Community School District.

Hillary Loeschen Wilson ’12 and husband Brady Wilson ’12 own and operate Victory Chiropractic in Britt, where they live with their daughter.

Brandon Clough ’13 is a fish, wildlife and habitat project leader for Meskwaki Tribe in Tama. Brandon and wife Jessica Riehle Clough ’14 live in Newton. Jessica is a land project assistant at Iowa National Heritage Foundation in Des Moines.

Keenan Cool ’13 is a Missouri Highway Patrol trooper in Paton and Sullivan Counties. Keenan and wife Katrina are the parents of one son.

Greg Ellingson ’13 is a financial analyst at UnityPoint Health at Home in Des Moines, where he lives with wife Liz.

Emily Putnam ’13 of Cambridge, Mass., is a photography retoucher at Vistaprint and an independent photographer.

Emma Cracker ’14 and Christopher Griffiths were married June 4, 2016. Emily and Christopher enjoy the travel that they fooded them while Christopher is on active duty with the United States Navy.

Cook Ellingson ’12. Liz is an occupational therapist at UnityPoint Iowa Lutheran Hospital in Des Moines.

Samuel Parker ’13 of Baltimore, Md., is a marketing insights manager, infrastructure innovation at Stanley Black & Decker.

Emma Putnam ’13 of Cambridge, Mass., is a photography retoucher at Vistaprint and an independent photographer.

Megan Koolmees ’14 of Los Angeles, Calif., is a wine steward at the Water Grill and a sales representative for Anthus-Beach.

Morgan Gray Kreiser ’14 is an associate attorney at Baird Holm LLP in Omaha, Neb., where she lives with husband Robert Kreiser ’12. Robert is an audit supervisor at RSM US LLP.

Shelby Messerschmitt Coen ’15 is working toward a doctorate in counselor education from Ohio State University. Shelby and husband Sean Coen ’14 live in Columbus, Ohio, where Sean is the assistant manager at Enterprise Rent-a-Car.

Emily Saville Jackson ’15 is an early childhood school social worker at Heartland Area Education. Emily and husband Andrew Jackson ’15 live in Norwalk, where Andrew is a police officer.

Jason Karsten ’14 is a physical therapist at Advanced Neurologic Rehabilitation in Mason, Ark.

The 10’s

For information about Matthew James ’15, Brody Jansen ’15, and Tyler Fulkerts ’16, see Class of 2017, Where Are They Now! For information about Drew Buenger ’16, Ashley Lippincott Schueler ’10, Whitney Halder Wagner ’12, and Aimee Delpierre ’12, see the ’00’s.

Jason Hassman ’10 is a lead advisor at Sennett Wealth Management, and recently passed the Certified Financial Planner Exam in November. Jason and wife Taylor Wessels Hassman ’13 live in Cedar Falls with their daughters. Taylor is a quality assurance lead for ITM TwentyFirst.

Kalli Schamberger ’15 and Eric Ollenhauer were married Nov. 11. Kalli teaches fifth grade in the Bettendorf Community School District. They are pictured (left to right): Lucas Lazosky ’15, Jacob DeWaard ’17, Tim Timpe ’92, Kacie Carpenter Anderson ’15, Clara Kosyn ’15, Sarah Calderwood DeWeard ’15, Hayley Mullins ’15, Rachel Cassens ’16, Kalli Schamberger Ollenhauer ’15, Becca Wall ’15, Emily Benson ’15 and Jacob Edleman ’14.

Emily Miller ’10 and Miguel Mender ’10 were married Sept. 2 at Principal Park in Des Moines. Emily is an independent contract program manager for adults with intellectual disabilities at ELCA in the Mosaic at Home program. Picture (left to right): Whitney Halder Wagner ’12, Bryanne Hensley Lang ’09 and Aimee Delpierre ’12.

Bryanne Hensley ’09 and Robby Lang of Urbandale were married Sept. 2 at Principal Park in Des Moines. Bryanne is an independent contract program manager for adults with intellectual disabilities at ELCA in the Mosaic at Home program. Picture (left to right): Whitney Halder Wagner ’12, Bryanne Hensley Lang ’09 and Aimee Delpierre ’12.

grade in the Marshalltown Community School District in Marshalltown.

Erin Benson ’08 of Omaha, Neb., has been named yard manager at the Chicago Lumber Company of Omaha.

Austen Schueler ’08 is a talent acquisition specialist at Vermeer Corp. and assistant football coach at Central College. Austen and wife Ashley Lippincott Schueler ’10 live in Pella, where Ashley is a training and development specialist at Vermeer Corp.

Rachel Jones Kamplong ’09 teaches English at VIPKID in Clive.

Michelle Stewart ’13 and Zach Rubin of Wyomissing, Pa., were married Sept. 3 in Keene, N.H. Michelle is the community resources coordinator for East Pikeland Township in Phoenixville. Pictured (left to right): Cameron Van Kooten-Laughhead ’13, Cheri Doane ’98, Zach Rubin, Michelle Stewart Rubin ’13, Cara Soukup ’13, Mary De Vries ’13, and Shannon Schmidt ’13.

Tyler Lowy ’15 of Anceny is a senior account executive at Robert Half Technology in Des Moines.

Aimee Moberly ’15 and Jake Forgie ’15 of Williamsburg were married Oct. 14. Aimee teaches third grade in the South Tama County School District and Jake is a food safety specialist with the Iowa Department of Inspection and Appeals.

Hayley Mullins ’15 is a health and fitness specialist at EXOS and a wellness coach with the YMCA of Greater Des Moines.

Madison Gause ’16 of Anceny is a program associate with IAT Group, Inc. in West Des Moines.

Abby Stier ’16 started her own business, Double Nickel Photography, a few weeks before she graduated from Central College in her hometown of Avon. She is a full-time graduate student working toward a master's degree in counseling psychology at Western Illinois University. In her spare time, you can find Abby at her place of business in downtown Avon or spending time with her cat on the family farm.

Anthony Braaksma ‘70 of Mesa, Ariz., Sept. 22.

Jeffrey McClaran ‘90 of Waukee, Dec. 2.

Renee Art ‘13 of Kansas City, Mo., Nov. 1.

Katie Knaack Raska ‘14, doctorate, physical therapy, Des Moines University, May 2017.

NEW ARRIVALS

Brian and Josie Mahan Irlbeck ‘00, son Owen Randall, Oct. 17.

Matt and Stephanie Van Oomen Bosgraaf ‘06, daughter Juliana Joy, June 2.

Vance ‘07 and Alysha Overturf Schuring ‘09, son Ryker Allen, June 8.

Marla and Ramy Mosbah ‘09, daughter Bernice Kaye, Oct. 5.

Jason ‘10 and Taylor Wessels Hassman ‘11, daughter Evelyn Mae, July 8, 2016.

Brandon ‘12 and Whitney Halder Wagner ‘12, son Wyatt James, March 31.

Tiler ‘13 and Colette Kotz Schippers ‘13, daughter Kinsley Marie, Aug. 17.

DECEASED

Lillian Roskins Hubers ‘39 of Modesto, Calif., Nov. 1.

Clyde Evers ‘49 of Marshalltown, Dec. 7.

Oliver Mulford ‘49 of North Mankato, Minn., Aug. 12.

John Itzen ‘50 of Levittown, Pa., Sept. 29.

Hugh Faulkner ‘51 of Oskaloosa, Nov. 4.


ADVANCED DEGREES

Katie Loomans ‘05, master of science degree, University of Colorado Denver, May 2017.

Kyle Seuffer ‘06, juris doctorate, Drake University School of Law, 2011.

Aimee Schmidt Lane ‘07, master’s degree, communication and leadership, Drake University, May 2017.

Corey Westra ‘07, master of higher education, administration, Southern New Hampshire University, Nov. 2017.


Nicki Ness ‘11, master’s degree, physician assistant studies, Des Moines University- Osteopathic Medical Center, 2013.

Katie Hoff Pech ‘11, master’s degree, business administration, University of Iowa, May 2017.

Jessica Edler ‘12, doctorate, curriculum and instruction, concentration–athletic training education, Indiana State University, August 2017.


Michelle Stewart Rubin ‘13, master’s degree, environmental studies, environmental education, Antioch University New England, May 2016.

Morgan Gray Kreiser ‘14, juris doctorate, Creighton University, School of Law, May 2017.

Katie Knaack Raska ‘14, doctorate, physical therapy, Des Moines University, May 2017.


Merrill Williams ‘62 of Minburn, Oct. 29.

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IN MEMORIAM

Rev. Fran De Jong

The Rev. Fran De Jong ‘57 passed away Oct. 11, 2017, in Pella. Fran served as Central’s chaplain from 1977-97 and was one of the first women ever ordained by the Reformed Church in America. She received Central’s Alumni Stewardship and Service Award in 2004. Fran majored in physical education at Central, then attended McCormick Theological Seminary in Chicago, where she earned her master’s in Christian education in 1960. She was the first woman to graduate from McCormick. Memorials may be given to the Herman D. De Jong Scholarship Fund, Central College.

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Where are they now?

For information about Kaitlyn Damervall, see the ‘00s.

Mady Adamson teaches third grade in the Clarke Community School District in Osceola.

Joseph Ahrens of Newton is an application developer at Orchestrative Hospitality in Des Moines.

Andrea Arthofer is a health aide at Prestus Inc. in Des Moines.

Corbin Blythe and Lindsay Schlabaugh of Phoenix, Ariz., were married Jan. 14, 2017. Corbin is a commercial marketing director at Horizon Insurance Group.

Zachary Brown of Cedar Rapids is in the school of dentistry at the University of Iowa in Iowa City.

Andrew Carlson is in the school of dentistry at the University of Iowa in Iowa City.

Clayton Blythe is a machine learning/artificial intelligence scientist with Ford Motor Company in Dearborn, Mich.

Sarah Bowen teaches fifth grade at Rutland Elementary for the United States Peace Corp., Conakry, Guinea Africa, with the University of Iowa in Iowa City.

Sarah Davis is working toward a master’s degree in social sciences from Illinois State University in Normal, Ill.

Jessica DeNeui is a staff accountant at Terex in Waverly.

Alexis DesPlanque teaches first grade at Oviatt Elementary School in Norwalk.

Nikki Benson teaches third grade in the Clarke Community School District in Osceola.

Brett Boddicker is working toward a degree in health sciences at Indiana State University in Terre Haute.

Sarah Davis is working toward a master’s degree in social sciences from Illinois State University in Normal, Ill.

Alex Hocker of Bondurant is a product analyst at Nationwide Insurance in Des Moines.

Megan Gustafson is a seminary student at Trinity Lutheran Seminary in Columbus, Ohio.

Cade Harvey is working toward a degree in health sciences at Des Moines University.

Kajlyn Hufnagel teaches sixth grade language arts in the Algona Community School District.

Mikayla Heath teaches Spanish at Knoxville High School.

Megan Gustafson is currently on a waiting list for the dental hygiene program at Kirkwood Community College in Cedar Rapids. Corrin and husband Tyler Folkerts ’16 live in West Des Moines. Tyler is in his second year in the doctor of osteopathic medicine program at Des Moines University.

Kaitlyn Gatzke is a service-learning AmeriCorps VISTA at Central College.

Cassidy Gornick of Norwalk is a product analyst at Nationwide Insurance in Des Moines.

Riley Gray is in the school of dentistry at the University of Iowa in Iowa City.

Lindsey Greer is a patient registrar at Pella Regional Health Center.

Kjerstin Grindberg teaches sixth grade language arts in the Algona Community School District.

Megan Gustafson is a seminary student at Trinity Lutheran Seminary in Columbus, Ohio.

Cade Harvey is working toward a degree in health sciences at Des Moines University.

Mikayla Heath teaches Spanish at Knoxville High School.

Hannah Heinzelring is working toward a degree in medicine from Creighton University.

Alex Hocker of Bondurant is a product analyst at Nationwide Insurance in Des Moines.

Kelly Hughes of Sturgeon Bay, Wis., is a farm hand at Door Karma Farms.
Trevor Huizenga is an assistant athletic trainer at Central College.

Taylor Hull is working toward a degree in medicine from Des Moines University.

Rachel Jack is a family outreach specialist at HCI Care Services in Des Moines.

McKenzi Everts James teaches kindergarten through fifth grade special education in the Bondurant-Farrar Community School District. McKenzi and husband Matthew James ’15 live in Pella, where Matthew is an account specialist at Schuring & Uitermarkt, PC.

Dana Junk is an athletic trainer at the Center for Specialty Care in Fairmont, Minn.

Kameron Kahler of North Liberty is a rehab therapy technician at St. Luke’s Hospital in Cedar Rapids.

Matthew Keppen of West Des Moines is a pricing analyst at Nationwide Insurance in Des Moines.

Gretchen Kistenmacher is in the school of dentistry at the University of Iowa in Iowa City.

Casey Link is a lab technician at Red Star Yeast in Cedar Rapids.

Madison Liston is working toward a degree in social services from the University of Iowa in Iowa City.

Austen Little is a field sales representative for A Plus Medical Equipment Sales & Services in Des Moines.

Jan Lord is an animal technician at Brodie Animal Hospital in Austin, Texas.

Sydney Lunardi is working toward a degree in pharmacy from Drake University in Des Moines.

Mitch Knock is pursuing a master’s degree in exercise physiology at the College of St. Scholastica in Duluth, Minn.

Jeff Knouse is the director of Christian Education at First Reformed Church in Sully.

Morgan Koons is teaching third grade in the Grinnell Newburg Community School District.

Alexandra Koolmes is a certified nursing assistant at PIH Health Center in Whittier, Calif.

Joseph Kott is an admission representative at Central College.

Lydia Kreycik is working toward a degree in chiropractic medicine from Logan University in Chesterfield, Mo.

Callie Kuech is a care coordinator at Lutheran Services in Waterloo.

Nick Kuntz is a land management technician at The Nature Conservancy in Glyndon, Minn.

Casey Link is a lab technician at Red Star Yeast in Cedar Rapids.

Madison Liston is working toward a degree in social services from the University of Iowa in Iowa City.

Austen Little is a field sales representative for A Plus Medical Equipment Sales & Services in Des Moines.

Jan Lord is an animal technician at Brodie Animal Hospital in Austin, Texas.

Sydney Lunardi is working toward a degree in pharmacy from Drake University in Des Moines.

Zachary Matter is a contract underwriter with Merchants Bonding Company in West Des Moines.

Lauren Mazour is a special education teacher for Des Moines Public Schools.

Jude McIlwain is a tax intern at Eide Bailly LLP in Des Moines.

Dakota McNamar is working toward a degree in social science from Kansas City University of Medicine and Biosciences in Kansas City, Mo.

Jeremiah Megel is a web developer at Entrepreneurial Technologies in Urbandale.

Margaret Meloy is working toward a degree in social services from the University of Iowa in Iowa City.

Jesse Mek teaches eighth grade special education in the Fridley Community School District in Fridley, Minn.

Kristen Messerle teaches special education at Helen Lenme Elementary School in Iowa City.

Gunnar Methlie is an investment operations analyst at Principal Global Investors in Des Moines.

Emily Neff teaches sixth grade in the Hudson Community School District.

Sam Palmer is an emergency medical tech with the Pella Community Ambulance. Sam will be attending medical school in August.

Sebastian Peters is a claims specialist at Nationwide Insurance in Des Moines.

Mitchell Philips is a personal lines product analyst at Nationwide Insurance in Des Moines.

Kora Scotton is a tax intern at Eide Bailly LLP in Des Moines.

Kris Tarnowski is an account specialist at Terex Cranes in Cedar Rapids.

Emma Simmons is a volunteer coordinator at the U.S. Committee for Refugees and immigrants in Des Moines as an AmeriCorps Vista.

Taylor Sohn is working toward a degree in health sciences including physical, occupational and speech therapy from Des Moines University.

Megan Sole teaches middle school special education at Maryville H S R-II in Maryville, Mo.

Logan Muller ’17 and Ariissa Marine ’18 of Denver, were married May 20. They and their guests are pictured: Jess Klyn de Nevele ’05, Kyle Rusiniak, Sarah Davis, Cody Bock ’17, Carter Trager ’17, Nicole Benson ’17, Maddie Friedrich ’18, Alicia Ruzich ’18, Kirsten Johnson ’16, Blake Morgan ’18, Amanda Jensen ’18, Joe Eilss ’18, Lizzie Stock ’18, Carly Shelman ’18, Cole Silver ’18, Logan Mullord ’17, Patrick Dooley ’06, Ben Ewing ’17, Jeff Knouse ’17, Katie Douglas ’17, Jessica Butters ’17, McKenzi Everts James ’17, Felicia Roppo ’18, Ariissa Marine Muller ’18, Logan Muller ’17, Allison Muller McKibbin ’11, Matthew James ’15, Alex Matthews ’17, Josh Carpenter ’17, Beth Dillon ’17, Libbie Randall ’18, Katie Watson ’17, Elyse Lubbers ’18, Raechal Barnette ’18, Alex Koolmees ’17, Shannon Stuart ’17, Devin McCain ’19, Missy Charlton ’18, Tiffany Nyugen ’16, Jordan Langer ’15, Tim Trotman ’70, Nikola Moeller Eichberger ’14, Megan Trotman Eaton ’05, Karen FurdTrotman ’70, Clay Eaton ’06 and Cherri Doane ’98.
Colo.
Lorell Stuht is working toward a degree in nursing from the Conservation Board.

Erin Sprich is working toward a degree in health sciences including physical, occupational and speech therapy from Drake University in Des Moines.

Anissa Stanitzek is working toward a doctorate in physical therapy from Hampton University in Hampton, Va.

Isaac Steffenmeier is working toward a degree in Health Sciences including athletic training and sports fitness from the University of Iowa Law School in Mankato.

Katelyn Stevens is a teacher in the Leland School District in Leland, Miss.

Zachary Steward is a barista for Caribou Coffee in Des Moines.

Noah Stochl is working toward a juris doctorate from the University of Iowa in Des Moines.

Anissa Stanitzek is working toward a doctorate in physical therapy from Hampton University in Hampton, Va.

Katelyn Stevens is a teacher in the Leland School District in Leland, Miss.

If you're interested in attending graduate school and pursuing a career in public service, you may want to consider an internship in London.

An internship at the British Parliament, while studying abroad, gave Taylor Broshar '18 a good foundation for continued learning.

Taylor Broshar '18
An internship at the British Parliament while studying abroad gave Taylor Broshar '18 a good foundation for continued learning.

One of Broshar’s tasks as an intern was to research government legislation and policy across all 50 states to examine what other states are doing to combat the opioid epidemic. Her research helped her learn more about how the crisis originated, how widespread addiction is across the country and what options states have to deal with the problem.

Broshar says her internship has provided her with crucial insights and direction for her future career path.

Tell us your news!
Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life.

Update information online at civitas.central.edu, www.central.edu/alumni-update or email alumni@central.edu. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University St., Campus Box 5200, Pella, IA 50219.
SMOKEY ROW ALUMNI EVENT
Central alumni gathered at Smokey Row in Pella Nov. 20 to enjoy treats, coffee and conversation.