40 YEARS OF LEMMINGS

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THE SKILL OF ADAPTATION
BY MARK PUTNAM, CENTRAL COLLEGE PRESIDENT

From time to time I find myself in conversation with students (sometimes parents) who are eager to identify the one academic major that will lead directly to a job upon graduation. I think they would find it easier if one could just major in a job title. I understand the impulse. Financial security has become an overriding concern through a period of increasing economic and political volatility. They can just select the right career path, then job security and financial prosperity. It did indeed work for some, though many either found it to be a poor fit for them personally or were disrupted in career by economic cycles, regulatory changes and acquisitions.

In the end, we all realize there are no guarantees. There are many life-defining and life-changing factors that cause us to adjust course. We have seen profound changes in many professions and industries that have in turn redefined career pathways. Ready examples include healthcare, technology and manufacturing.

Oddly, the approach too many take in advising students about future careers is to concentrate risk by attempting to help them pick the one thing, rather than diversifying opportunities in the face of risk. What I tell students (and parents) is that the most important skill our future graduates will need is adaptability. Life and career pathways today are far less predictable than in previous generations. What I find most interesting is the kinds of adaptation skills our graduates need to be successful are the very same ones desired by organizational leaders from a wide array of professions and industries. They want individuals who can work in teams, understand human difference, navigate through cultural and linguistic barriers, communicate effectively in oral and written form, think critically and creatively and have a solid work ethic.

The best advice I can give students is to get into a financial firm that would diversify opportunities in the face of risk. I tell students (and parents) to be confident it will serve them well. I believe I got to do so many things.” I am confident it will serve them well.

Central College
Civitas, 812 University St., Pella, IA 50219-1999.

Directed to create.

How do you choose a Grand Lemming? On the 40th anniversary of the race, we look for the answer.

The 2017 Lemming Race brought together current students with Grand Lemmings of the past as the event celebrated its 40th anniversary. Parts of the race have changed, but the mad dash to the pond remains the same.

Careers in the future will require flexibility, something Central students learn through experience.
Aaron Thomas is the son of Ed Thomas, the highly successful Aplington-Parkersburg High School football coach whose story is told in "The Sacred Acre." Ed Thomas helped his community rebuild after the 2008 tornado—then was murdered by a former player.

Kristi Leonard ’97, assistant dean of students, said the book was perfect for community discussion because it fosters thought around wellness, community, character and faith.


"The Sacred Acre," by Mark Talb, with the Ed Thomas Family.

CENTRAL HOSTS COMMUNITY READING EXPERIENCE

Central and Pella community members were invited to read "The Sacred Acre" and hear guest speaker Aaron Thomas—all part of a community reading experience sponsored by Central College and the Pella Wellness Consortium.

Aaron Thomas is the son of Ed Thomas, the highly successful Aplington-Parkersburg High School football coach whose story is told in "The Sacred Acre." Ed Thomas helped his community rebuild after the 2008 tornado—then was murdered by a former player.

"The Sacred Acre" by Mark Talb, with the Ed Thomas Family.

Central joined with the Pella community in reading "The Sacred Acre."

Central College, Pella Corporation, Pella Regional Health Center, Precision Pulley & Idler and Vermeer Corporation. The group collaborates to implement strategies for the health and well-being of each person in the Pella community. The consortium recently received a Marion County Foundation Grant, which helped support this event series.
Three female all-America honorees who shined on the national tournament stage are the newest additions to the Central College Athletics Hall of Honor.

Donell Hotze Kvaal ’00, the 2000 NFCA Division III softball player of the year, was inducted at homecoming festivities Sept. 23, along with Molly Parrott ’02, an all-America pick in both women’s basketball and softball, and Angie Nielsen Sears ’02, a three-time all-America volleyball setter and three-time NCAA Division III team champion.

It marks the first time in the hall’s 16-year history that there are three women in the same induction class.

Kvaal, a hard-hitting third baseman, was a four-time first-team all-Iowa Conference performer. In addition to the 2000 NFCA award, she received the Honda Award as Division III’s top player. The 2000 team co-captain led the squad to a 40-20 record and was a four-time NCAA Division III tourney participant, reaching the national finals in 1997. She held Central’s career records for hits, RBIs and doubles.

Following graduation, Kvaal returned to her hometown of Carson, Iowa, where she lives with her family and is a community volunteer.

Parrott was the first Central all-America honoree in both women’s basketball and softball. A two-time team MVP and four-time All-conference pick, Parrott was a three-time All-conference selection during her career, ranking second in school history in career scoring and setting career records for assists, steals and 3-point goals.

A four-year starting second baseman, Parrott received softball all-league and all-region honors twice. The 2002 team MVP and four-time NCAA tourney participant was a regional and national all-tournament team selection in 2001 when the Dutch finished second nationally. Parrott set records for career hits, season hits and career runs. Following graduation, Parrott taught English for a year in Japan, then taught for a year at Boone High School. She spent four years abroad while her husband played professional basketball in Kosovo, the Netherlands and Belgium. She now lives in Bellevue, Neb., where she is active in children’s ministry and homeschools her children.

Sears was a three-time AVCA Division III all-America pick as a setter and helped Central capture three straight NCAA national volleyball titles (1998, 1999, 2000). The 2001 team and Iowa Conference MVP, Sears was a four-time all-region and all-conference honoree and four-time league champ.

She was also a CoSIDA Academic All-America selection. Sears set school marks for season and career assists. Following graduation, Sears taught English for a year in Japan, then taught for a year at Boone High School. She spent four years abroad while her husband played professional basketball in Kosovo, the Netherlands and Belgium. She now lives in Bellevue, Neb., where she is active in children’s ministry and homeschools her children.
Boom, boom, pow! A new beat hit campus this fall as the Dutch Boom Drumline, led by senior lecturer of music Stan Dahl, started up. New instruments let students practice their percussive talents with snare drums, tenors, bass drums and cymbals. Scheduled performances include athletics events and the Pella Tulip Time parade.
Reynaga joined Central's department of modern languages in 2007, where he is lecturer of Spanish and class dean for Central's current juniors. Besides teaching language classes, capstones, and first-year seminars, Reynaga frequently leads Central students on new ventures to other parts of the world.

**LET’S GO**

In his most recent trip, Reynaga helped lead seven student researchers to Costa Rica for Central’s newest research program, developed with assistant professor of exercise science Sara Shuger Fox. During the five-week summer program, students created original research in environmental law, nutrition and health, family cultures, bee diversity and Geographic Information Systems (GIS).

Reynaga also led a Spanish immersion program for students in Merida last winter, and he’s created new on-campus courses with international components in Peru and Spain. With associate professor of biology Paulina Mena, Reynaga developed two capstone courses—“Pachamama Never Left: Nature and Culture of Peru” and “From Lady Bugs to Lady Gaga: The Evolution of Sex in Nature and Culture.”

Central’s close-knit community is perfect for collaborations like these, Reynaga says. He’s now leading the Costa Rica program with Shuger Fox every summer—and preventing the project at an international conference in Paris this spring. Not to mention, Reynaga says he still has plans for additional new courses. What’s next? Perhaps a trip that lets students explore European history while participating in part of the famous Camino de Santiago pilgrimage, says Reynaga, who’s participating in part of the famous Camino de Santiago pilgrimage, says Reynaga, who’s participating in part of the famous Camino de Santiago pilgrimage.

**WHAT’S NEXT?**

Perhaps a trip that lets students explore European history while participating in part of the famous Camino de Santiago pilgrimage, says Reynaga, who’s participating in part of the famous Camino de Santiago pilgrimage.

**IT’S GOING TO BE SO AMAZING TO SEE THIS OR THAT PLACE,** says Reynaga. “I told myself I would work as hard as I could, but I never really imagined I would be able to travel.”

After arriving at the University of California Berkeley, however, it didn’t take long for Reynaga to discover opportunities to study abroad. While completing degrees in psychology and Spanish, he studied in Chile, Argentina and Cuba, spending more than half of his undergraduate career outside the U.S.

Reynaga first pursued a path to social work or psychiatry—then fell in love with language and literature. Upon graduation, he was recruited for a master’s program in Spanish and Portuguese at the University of Iowa, where he also began teaching for the first time.

“It was like a spark went off, and I knew that was what I wanted to do,” says Reynaga. “I’m sure that first semester I was a nervous wreck. But I learned how to continuously improve, and I look fondly on all that work because by the end, I won Iowa’s graduate teaching award.”

**OPEN A NEW DOOR**

It’s important for students to learn opportunities are everywhere, Reynaga says. “It’s how I was recruited into so many great things—I learned to actively put myself in situations where opportunities can present themselves.”

Learning a new language holds many such opportunities, he says. Students must take a risk—and make many mistakes—to learn to speak freely. Part of Reynaga’s role at Central is creating a safe environment for Spanish students to ask any question and learn those lessons.

“I let them know, I have been that student afraid to speak or ask questions,” Reynaga says. “But everyone has something wonderful to share.”

Reynaga is an inspiring role model for students, says Paulina Mena, and he’s someone they can feel free to approach for support and empathy. “It shows especially when we go abroad with students—you can see his passion introducing them to new experiences out of your comfort zones,” she says. “He’s such an open and charismatic person, willing to listen and help.”

**SEE ME**

Central is a great place to teach students about powerful connections, Reynaga says, because professors and class members can get to know each other personally. “I get to see what makes each one unique,” he says. “That strength of relationships and community makes Central unique too—it’s something to cherish.”

Reynaga strives to help students see each other’s uniqueness too. This allows them to cultivate rich, respectful discussion of important issues, he says, which is more valuable than ever in an age of digital communication.

Oscar Reynaga frequently leads Central students in new international learning opportunities. Lecturer of Spanish since 2007, he is a recipient of Central’s Huffman Award for outstanding support of international education.

**IT’S IMPORTANT FOR STUDENTS TO LEARN OPPORTUNITIES ARE EVERYWHERE.**

- Oscar Reynaga
This is a story about chemistry. It’s about lab work, but also the chemistry of the soil, air and water at the heart of a successful farm. And it’s about the chemistry between two Central College students who met, married and started a life that would be full of adventure.

Jocelyn McCracken ’00 met Tim Engman ’98 in class when both were students majoring in chemistry at Central (Jocelyn was also an English major). They graduated, married and moved to Chicago, where both worked as chemists. Everything seemed to fall into place.

The couple could have built a nice life in Chicago, earning substantial salaries. But they wanted something more. “We’re entrepreneurs at heart,” Jocelyn says. “We didn’t enjoy the 9-to-5 part of working as chemists, and we wanted to run our own business.”

Jocelyn grew up on a farm in southeast Iowa, and her family had 13 acres of organic land that was available. She and Tim decided to take the plunge and become organic farmers. In 2004 they moved back to Brighton, Iowa, and began growing herbs.

“We started out as market gardeners,” Jocelyn says. They sold their produce at farmers’ markets around Iowa—herbs like basil, oregano, sage and rosemary. In 2006 they officially started Pickle Creek Herbs, making infused olive oils, and eventually expanding their line to include vinegars, soaps, lip balms and more.

Now Jocelyn focuses on running Pickle Creek’s kitchen, while Tim manages the farm. Her first creation was Greek basil and garlic olive oil, which is still the best seller. Jocelyn says her chemistry background is invaluable in producing her recipes. “I’ve developed a process to make sure what we do is safe. It’s also helpful on the bath and body products side, in learning what the herbs can do for the skin,” she says.

Today Pickle Creek Herbs products are available online and in about 30 retail stores, including the tasting room in Fairfield, Iowa. They also continue to sell at farmers’ markets. “The farm has got to be one of the hardest things,” Jocelyn says. “When you grow up on the land, it’s your heritage. We only have a 100-acre farm, so we have to be creative. And we want it to be sustainable.”

Meet the Makers

**TIM ’98 & JOCELYN McCracken Engman ’00**

**Organic Chemistry**

These six alumni are master makers, devoting themselves to painting, cooking, furniture design and more.

By Laura Billingsley ’04 and Jenni Hodges

You think. You imagine. You use creativity, passion and knowledge to make something that didn’t exist before. You’re a maker.

“WE’RE ENTREPRENEURS AT HEART.”

Jocelyn McCracken Engman ’00

Visit civitas.central.edu for a video of the Engmans in action.

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**Meet the Makers**

**The World is Richer Because of Their Contributions.**

By Laura Billingsley ’04 and Jenni Hodges

You think. You imagine. You use creativity, passion and knowledge to make something that didn’t exist before. You’re a maker.

These six alumni are master makers, devoting themselves to painting, cooking, furniture design and more.

---

**Pickle Creek’s “Company” Salad**

10 oz. or 1 large bunch fresh, clean greens
1 c. fresh berries
1/4 c. chopped nuts
1/2 c. crumbled soft cheese
1/4 c. Pickle Creek Herb-Infused Vinegar
1/2 c. Pickle Creek Herb-Infused Olive Oil (optional)
1 tbsp. honey (optional)
Sea salt and cracked black pepper

Whisk together vinegar and honey (if using) in a small bowl. Slowly drizzle in the olive oil (if using), whisking constantly. Season with salt and pepper. Combine greens, berries, cheese and nuts in a large bowl and toss gently. Add dressing just before eating. Enjoy!
SIMPLY FRENCH
In her first career, Mary O’Leary ’86 was an environmental consultant in Honolulu working for private and government clients.

After marrying her French sweetheart and moving to Paris in 2009, O’Leary completed a second education—her culinary diploma from Le Cordon Bleu Paris. Now she is private chef to four U.S. Embassy Defense Attachés, as well as a private instructor in French cooking.

O’Leary says French family cuisine is her new passion—especially cooking with her belle-mère or mother-in-law. She combines classic French techniques with her belle-mère’s wisdom to create her unique classes. And, of course, it’s a balance to catering formal VIP dinners and cocktail parties!

MARY O’LEARY’S BUSINESS NAME—SIMPLY FRENCH—IS ALSO THE HANDLE OF HER INSTAGRAM, WHERE SHE POSTS MOUTH-WATERING IMAGES OF LIFE IN PARIS AND FRENCH COOKING. HER TRAVELS TAKE HER AROUND FRANCE, SO YOU’LL FIND PHOTOS OF THE SEASIDE, GARDENS, ELEGANT BISTROS AND MORE.

MARY O’LEARY '86

FEATURING SIMPLY FRENCH COOKING CLASSES

SIMPLY FRENCH
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MEET THE MAKERS
CRAFTING A LEGACY
“I’ve done woodworking all my life, but I haven’t had much time to do it,” says Carl Vogelaar ’48. Born in Pella and educated at Central and New Brunswick Theological Seminary, Vogelaar has pursued various careers during his life.

His father owned a hardware store across from the present Vermeer Windmill, and Vogelaar worked there during high school, college and afterward as the owner. In between high school and college, during WWII, Vogelaar trained to become a B-17 combat pilot. He was discharged when the war ended in 1945, just as his training finished, and headed to Central College.

In 1960, at the age of 35, Vogelaar started a new path in answer to God’s call, attending seminary and becoming a pastor. He served in churches across the country and even on cruise ships after retirement, which included going around the world seven times. Throughout it all, woodworking was a passion.

Vogelaar first started making things from wood during a high school shop class. He crafted a solid walnut bedroom set that still graces his and wife Joan’s (Ver Meer Vogelaar ’48) bedroom. But his woodworking didn’t kick into high gear until Vogelaar retired from the ministry in 1988. “We were at a country fair and I saw a scroll saw being demonstrated,” he says. “I told my wife I saw my Christmas present.”

He bought the saw and started creating, focusing on intricate fret work. He made thousands of objects over the years, selling many at craft boutiques and giving many away. Vogelaar estimates he has created about $27,000 worth of wood carvings.

When he and Joan moved into a retirement home in Santa Rosa, Calif., Vogelaar’s son-in-law moved his scroll saw and tools along with his shed full of wood, allowing him to continue his hobby in their garage until age 92, when he recently sold his saw. “The last things I made were 36 small praying-hand magnetic figures to give away,” he says. Vogelaar remains active in many ways. This fall he returned to the San Jose Reformed church he pastored—Church of the Chimes—to help celebrate its 60th anniversary.
DESIGNING THE WORLD
Brian Franson ’07 doesn’t like to be bored. And there’s not much chance of that happening these days, as Franson is occupied with both his work as an industrial designer, as well as numerous creative side projects.

Even as a kid, Franson says he loved the visual arts. “In school, I always kept going back for more (art-related classes),” he says. “I love trying new mediums.” His dad was a carpenter, so Franson also gained experience making things with his hands out of wood. This 3D experience “helped me make the transition into sculpture and other three-dimensional art forms,” he says.

As an art major at Central, Franson knew he wanted to pursue art, but he wasn’t sure of the exact path. So he explored. “Central gave me a broad experience trying different avenues in the art world,” he says. “It was pivotal to me in finding out what I wanted to do.”

After graduation, Franson worked in the glass studio at Wheaton Arts and Cultural Center in New Jersey, then as an artist assistant to a professional artist, Kiara Felissius. “I was trying to find where I fit in professionally,” he says. “For me, every new craft is my favorite at that moment.” His work led him to an interest in industrial design, and he enrolled in a master’s program in industrial design at North Carolina State University.

Franson loves industrial design because of the many skills involved. Drawing, 3D modeling and prototyping all come into play. And he enjoys solving problems through his designs—creating things that help people in various ways.

In his current job as an industrial designer for KEM Studio in Kansas City, Franson has created designs for everything from interior home spaces to a giant slide for a playground. His side projects are equally impressive. Franson and a friend recently won a competition sponsored by Kansas City Power & Light to design a new façade and green space for an electrical substation. Their design is currently in production.

Brian Franson creates a variety of useful designs at KEM Studio.

Brian Franson says he is still exploring—and hopes he never will be. “I’m a pretty driven person,” he says. “I always want to evolve and get better.”

“CENTRAL GAVE ME A BROAD EXPERIENCE TRYING DIFFERENT AVENUES IN THE ART WORLD. IT WAS PIVOTAL TO ME IN FINDING OUT WHAT I WANTED TO DO.”

—Brian Franson ’07

“BEING A WRITER, AN ARTIST, A TRAVELER, A MOTHER—ALL OF THOSE PURSUITS ARE ART FORMS.”

EMILY LUPITA ’00

ARTISTIC EXPRESSIONS
Emily Lupita Plum-Güçlü ’00 grew up in a trifecta of cultures—combining Mexican and rural Iowan heritage—and cultivated her artistic style while traveling the world. Now she owns Emily Lupita Studio in Marietta, Ga., and Emily Lupita Studio Press, where she creates jewelry, paintings and illustrated books.

“I’ve always been an artist,” she says. “When I look back, I’m not sure how I managed to keep painting, but it’s something that I love, and I somehow found a way to keep doing it.”

Emily Lupita (the name she uses professionally) started her first watercolor journal as a child—a gift from her mother. While spending four of her Central College semesters abroad, she continued to constantly paint her way through Mexico, Spain and Wales. During the next 15 years, Emily Lupita added new techniques to her art journals while teaching English in Japan and leading study abroad programs in Mexico, Ecuador, Spain and Turkey.

Now she has a new dream. With two children’s books already printed, Emily Lupita has journals full of stories and sketches—plus a new skill set in publishing, sales and distribution.

“This is a new and different challenge,” she says. “I’ve participated in many art festivals and gallery shows over the years—those were amazing experiences that led me to this new creative dream of writing, illustrating and publishing my story books.”

Emily Lupita decided it was time to slow her rigorous travel schedule when her son Charlie was born. “He has special needs, and I decided I would stay home full time and manage his professional care and therapies,” she says. “I just devote myself to Charlie and create my books and artwork in the morning before he wakes up.”

No matter the season, however, Emily Lupita says she is forever an artist. “Everything I learned at Central and since helps me create an artistic life,” she says. “Being a writer, an artist, a teacher, a traveler, a mother—all of those pursuits are art forms. It’s not always possible to sit and make art for hours at a time, so we have to sprinkle art and creativity wherever we can in our lives. Everything is part of the greater art—who we are.”

Emily Lupita designs in multiple mediums.

“EVERYTHING I LEARNED AT CENTRAL AND SINCE HELPS ME CREATE AN ARTFUL LIFE.”

—Emily Lupita ’00

Brian Franson
On the 40th anniversary of the Lemming Race, past Grand Lemmings look back on what was surely one of the greatest moments of their lives: leading a screaming horde toward the Central pond. Neglectful of their own safety, they thought only of the other runners and remained single-mindedly fixed on their task. No weather was too cold (or too hot). No water too brown or sludge-filled. And no costume was too outrageous to inhibit the Grand Lemmings in their quest. Looking back, their memories of the race are sometimes fuzzy, but always enlightening.

In the early days, Grand Lemmings were often guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted In the early days, Grand Lemmings were often guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV. My security detail and I were guests on the Floppy Show hosted by Duane Ellett, which was broadcast live on WHO TV...
2017 HOMECOMING


Row 3: Kailey Short, Jessica Row 4: Matt Diehl. Row 3: Kathy Cashen Thompson, Eric Jones, Gary Fischer, Brad Eggers, Jeff De Vries, Aaron Barrick.


The annual Legacy Luncheon took place during Welcome Week and celebrated students with family ties to Central.


Row 2: Tyler Coleman '10, Sheryl Vander Hart Dickinson '80, Chris May '92, Stephanie Yates Vittetoe '90, Annika Pingel, Katie Mitchell, Danielle Nuo, Lila Sebetka, Corey Finley Sebetka '96, Kyle Wright, Chaftaa Hamstra Wright '90.

Row 3: Dan Dickinson, Christopher Hensley, Holly Naumann Donmier '93, Cooper Vittetoe, Shelley Mc Donald Mitchell '83, Sophia Sebetka, Alex Weers and Janet Weers '14.

Row 4: Carol Grismore Hammond '81, Beth Hammond, Austin Vittetoe, Dana Mitchell, Shaun Clark, Lee Weers and Rebekkah Weers.

Row 5: Jeff Hammond, Sarah Hudson Sels '66, Jen Sels McCoy '93, Brenna McCoy, Casey Ragar '94, Andrew Patterson and Stephanie Ragar.

BLACK FRIDAY. CYBER MONDAY. GIVING TUESDAY.

Did you know Central College is a 501(c)(3) tax exempt organization? That means your charitable gifts to Central are tax deductible!

www.central.edu/give
Central believes every student should have access to an academically rigorous and life-changing educational experience. This belief is shared by donors, who supported more than 600 students with Journey Scholarships last year. Together, we helped set students on a pathway of possibilities to place them ahead of the crowd when they embark on their careers.

Student demographics continue to change. Central welcomes first-generation college students, students from many economic backgrounds, and students from all over the globe. The need for scholarship support will only increase. Maintaining—and growing—Central’s base of supporters is crucial to our shared commitment of providing life-changing educations to as many students as possible.

This fall, out-of-state students make up 40 percent of Central’s first-year class, a healthy trend of growth in recent years. Many Central alumni recall learning and enrichment thanks to interactions with students from locations across the United States and the world.

“SUPPORTING THE JOURNEY SCHOLARSHIP FUND MEANS DONORS CAN DIRECTLY IMPACT LIVES OF STUDENTS,” SAYS SUNNY GONZALES EIGHMY ’99, VICE PRESIDENT FOR ADVANCEMENT. “THE RELATIONSHIP AMONG STUDENTS, PARENTS AND CENTRAL DONORS IS HEARTWARMING, WHILE THE NEED FOR THIS SUPPORT CONTINUES TO GROW, WE ARE INCREDIBLY GRATEFUL TO THE CENTRAL FAMILY FOR STEPPING UP EACH YEAR.”
2016-2017 HONOR ROLL OF GIVING

POTIENEL’S CIRCLE

$5,000-$9,999

SCHOLAR’S CIRCLE

$10,000 OR MORE

PRESEIDENT’S CIRCLE

$1,000-$4,999

PRESIDENT’S PICTURE
ONE can make all the difference. The renovation of P.H. Kuyper Gymnasium will be a legacy that endures through the years, and you can play a role. An additional $2.5 million is needed to begin work on the lower level.

- Complete rebuild of existing main floor locker room space on the building’s west side
- Athletics equipment room renovation
- Expansion to the athletic training room
- New team meeting space, department reception area, offices and conference rooms and recreation space

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THE 90S

Michael Eilers ’89 was a member of the Grundy Center Spartans the year they won the Iowa 2A state football championship. Michael and his teammates were inducted into the Grundy Center Historical Society Hall of Fame during a ceremony July 7. The coach, Don Knock ’76, along with four members of the team, attended Central College and played for Coach Ron Schipper. They are pictured (left to right): Ron Saak ’91, Michael Eilers ’89, Don Knock ’76 and Gary Saak ’92. Michael Stilbsbery ’89 was not pictured. Michael and wife Amy Dietrich Eilers ’89 live in West Des Moines and are the parents of two sons including Central senior Joe Eilers.

Jennifer McClintock Canoel ’92 was promoted to senior vice president of Community State Bank in Ankeny. Jennifer and husband Paul live in Van Meter and are the parents of three children.

Erin Frazier ’92 is director of campus communications at the University of Colorado Boulder. Erin and husband David Rowan ’92 live in Lafayette with their daughter. David is a teacher and department chair at Westgate Community School in Thornton.

Jamie Montoya DeSmitz ’96 is a counselor and psychotherapist working with individuals ages six and older, and families at his private practice at Inward Growth Counseling Solutions in Old Colorado City, Colo. He has been working as an elementary school counselor for the past 12 years. Jamie and wife Dolores are the parents of three children and live in Colorado Springs.

Andrea Westra Roedlind ’97 passed her CPA exams and is an instructor of accounting at the University of Nebraska in Omaha, Neb., where she lives with husband Aaron Roedlind ’97 and their two children. Aaron is an associate professor of chemistry at the University of Nebraska.

Jamie Hiscox Cash ’99 is a senior business intelligence analyst at MediRevv in Coralville. Jamie and husband Rob live in Solon with their two sons.

eva croydt schultz ’99 received the Kansas City, Missouri, Health Commission’s Agitator award for leadership in advancing systemic change to increase life expectancy through community organizing.

THE 00S

Charles Du Mond ’81 is a senior vice president of biometrics at InSight, Inc. in San Mateo, Calif., where he lives with wife Barbara Haerther Du Mond ’82. Barbara is assistant designer at Bay Area Earcare Lending.

April Prune ’97 and Kay Sakho of Sugar Grove, Ill., were married July 15. April is an occupational therapist for the Wheaton-Warrenville School District. Pictured (left to right): Tracy Appenzeller Goesling ’97, April Prune Sakho ’97, Jennifer Schroering ’97 and Kevin Stittsworth ’95.

Jennifer McClintock Canoel ’92 was promoted to senior vice president of Community State Bank in Ankeny. Jennifer and husband Paul live in Van Meter and are the parents of three children.

Angie Lewis Hughes ’04 joined the Reynolds-Gregg team in the Governor’s Office for the State of Iowa as the finance director. Previously, she served as assistant to the Iowa House Majority Leader. Angie and husband Ryan live in West Des Moines with their daughter.

Susan Mathews ’07 and Daniel Greenwood of Ewell, Ill., were married Oct. 15 in Nebraska City, Neb. Susan is the administrative assistant at Village Manager at Flussmoor, Ill. Pictured first row (left to right): Brooke Nederhoff O’Kane ’07, Susan Mathews Greenwood ’07 and Emily Faidley Linacre ’07. Second row: Paul O’Kane ’10, Jill Linacre ’06 and David Patterson ’06.##THE 00S

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Alicia Cesimo ’08 of Des Moines teaches Spanish at Carlisle High School. During a recent trip to Spain with her students, Alicia was surprised to learn that the person in charge of their homestays was Roman Castillo-Martínez, a language assistant at Central during the 2013-14 school year.

Kyle ‘08 live in Grimes with their two children. Kyle is a commercial portfolio manager at Bankers Trust International in Des Moines.

Trevor Jones ’08 of Des Moines is a senior contract specialist at Bankers Trust International in Des Moines.

Jennifer Wooten Jensen ’10 is an academic SEEK student support coordinator at the University of Pittsburgh Medical Center in Pittsburgh, Pa. Rachel and husband Jonathan Lindstrom ’11 live in McDonald. John is a construction manager II at Williams Co.

Jacob Drever ’11 is the unit director at Boys and Girls Club of Rochester. Jacob and wife Rachel live in Rochester, Minn.

Jessica Williams ’11 and David Fisk of Carlisle were married July 8. Jessica is an adjunct instructor at Grand View University and Des Moines Area Community College.

Haley Brillhart ’12 and Blaine Dammann of Pella were married July 8. Haley teaches second grade in Pleasantville.

Allyssa Coble-Nuss ’12 is a kindergarten through 12th-grade counselor at Central Community Schools in Elkader.

Rachel Jordan Lindstrom ’10 of Iowa in Des Moines.

McComb were married June 4, 2016. Emily is a talent acquisition specialist working remotely for Cumming Corp., located in Washington, D.C.

J.J. Kots ’14 teaches fourth grade at Davis Elementary School in Grinnell, where he lives with wife Samantha Quick Kots ’14. Samantha is a physical therapist at Total Rehab and Sport Specialist in Grinnell.

Katherine Zellmer ’14 of Kimballton is a member of the RefugeeRISE AmeriCorps program at Ethnic Minorities of Burma Advocacy and Resource Center in Des Moines.

Emily Cracker Griffith ’14 and Christopher Griffith of Lexington, Md., were married June 4, 2016. Emily is a talent acquisition specialist working remotely for Cumming Corp., located in Washington, D.C.

Chris Weaver ’10 appeared on NBC’S “The Voice,” auditioning for the judges and receiving a created four-chair turn. A general studies major, Weaver participated in a Cappalla Choir, Chamber Singers and Vocal and Instrumental Combos, as well as Campus Ministries while at Central.

You can make a charitable bequest to Central by including language in your will or living trust leaving a portion of your estate to the college, or by designating Central as a beneficiary of your retirement account or life insurance policy.

Some of the advantages of creating a bequest include:

- A bequest costs nothing now, yet gives you the satisfaction of knowing you have provided for Central in the future.
- You retain control of and use of your assets during your lifetime.
- You may modify your bequest if your circumstances change.
- Gifts to Central from your estate are exempt from federal estate taxes.

READY TO START TODAY?

View and download your free copy of the Personal Estate Planning Kit at planneding_giftcentral.edu/personal-estate-planning-kit or contact Doyle Monsma ’83 at 800-477-0287, 641-628-5181 or monsmad@central.edu.
**NEW ARRIVALS**

Matt and Abbie Brown Sagard ’09, son Caleb Matthew, Aug. 7

Emilywyn and Angelique Roseman Jones ’01, daughter Evelyn Ann, April 7

Jody and John Brandt ’02, daughter Edyn Autumn, Nov. 1, 2016

Jesse and Carissa Rice Eret ’03, daughter Pienceloe Mae, June 10

Curtis and Megan Kruse Luckett ’04, son Anderson Glenn, Jan. 16

Todd ’04 and Amber Clubb Smith ’03, daughter Olivia Ruth, Oct. 29, 2016

Mike and Kelsey Gayman Gillespie ’05, son Nicholas Andrew, July 29

Rodger ’07 and Chelsey Kellar Blum ’07, daughter Pauley Diane, June 16

Erin and Andrew Cheens ’07, daughter Lucy Ann, April 9

Heather and Steven Dickey ’02, son Austin Thomas, Feb. 23

Chuts and Stephanie Turner Finnegan ’07, daughter Sylie Liv, July 13

Kody and Sarah Heaslirn Jorgens ’02, daughter Loreda Berlin, Aug. 1

Ryan ’07 and Sheri Hawker Petersen ’07, son Archer Louis, Sept. 8, 2015

Shawn ’08 and Jennifer Wooten Jensen ’09, son Jasper Allen, April 22

Jimmy ’08 and Morgan Reelitz Lumsley ’07, son Owen Lawrence, July 25, 2015

Aaron and Sarah Koebrock Nelson ’08, daughter Aubrey Elizabeth, June 1

Cody ’10 and Nichole McGrew Barchie ’11, son Aiden Larry, June 26

Lindley and Jory House ’10, son Kai Christian, Aug. 18, 2016

Adam and Laurel Sargent Olson ’10, son Breck Christopher, June 26

Matt ’12 and Brynn Phillips Daniels ’10, son Rowan Wallace, June 24

Landon and Shelby Damman Ebscott ’12, daughter Merechel, March 2

Mark ’15 and Bre Riesberg Hentschel ’15, son Cole Isaac, June 1

**DECEASED**

Carrie Van Wyck De Winter ’41 of Pella, July 21

Mary DuBois Wright ’41 of Wallkill, N.Y., April 27

James Roorda ’43 of Sheboygan, Wis., June 2

Ruth Klein Green ’47 of Des Moines, July 15

Kathryn Rus Kallemyn ’46 of Bonita Springs, Fla., Sept. 5

Barbara Williams Rankin ’47 of Bondurant, Aug. 21

Annette Yost Mullins ’88 of Henderson, Nev., April 23

Abrown Grandia ’92 of Edmondsville, Ill., June 25

Royce Pierson ’93 of Haines City, Fla., Aug. 25

Richard Schreiber ’56 of Montgomery, W. Va., July 28

Kathleen Cheney ’59 of Tolono, Ill., May 16

Carol Juttig De Young ’59 of Pella, June 20

Stephen Cronbaugh ’67 of Cedar Rapids, Oct. 8, 2016

Mary Vanden Berge ’67 of Wynnewood, Pa., Feb. 23

Gale Hoekstra Hagon ’60 of Seattle, Wash., Sept. 8

Kirk Kaalberg ’61 of Bonita Springs, Fla., Sept. 5

Barbara Williams Rankin ’47 of Bondurant, Aug. 21

Jory Houser ’10 of Bonita Springs, Fla., Sept. 5

**PARTING SHOT**

Del Miller ’72 recently retired after serving as offensive coordinator and quarterback coach at Kansas State University.

Miller’s career encompassed 38 years of coaching—38 years at the Division 1 level, including coaching in 20 bowl games and being a part of winning two Big 10 football championships and two Big 12 football championships.

A native of Marengo, Iowa, Miller played football at Central under Coach Ron Schipper, then began his coaching career in Iowa high schools. He coached at the University of Iowa and with Hayden Fry from 1978-88, then moved to Kansas State.

Q: How did your experience with Coach Schipper and Central football shape your coaching career?

Coach Schipper and Central College were highly successful in football and laid a good foundation for me to begin my career, which started at the high school level. Coach Schipper was a good mentor, instilling good coaching values to emulate as I got started. Coach Hayden Fry taught me if you want to be successful in whatever endeavor you attempt, duplicate what other successful people have done in your field. Coach Schipper was one of these guys.

Q: The relationship between coach and player is a defining part of Coach Schipper’s legacy. Is that something that impacted the way you interacted with your players?

He certainly had a positive impact on that aspect. Then as I was exposed to other coaches—such as Hayden Fry, Bill Snyder and many other head coaches and assistants—you begin to build your own identity working with young athletes. I always tried to conduct myself in the same manner I would if I were working with my own son.

Q: What are the significant differences in high school coaching since your days at Plainfield and Eagle Grove?

Being a high school coach is like being an extended father to a lot of young, impressionable athletes who have been entrusted to you by a parent or parents that in most cases love them very much. It is so important as a coach to be aware of what is happening with your players on and off the field and approach each athlete as an individual. We are not all the same. Be patient! And be a great listener! You are more to young athletes than Xs and Os!

**TELL US YOUR NEWS!**

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, recognitions, marriages and births to keep classmates and friends informed.

Update information online at civitas-central.edu or email alumni@central.edu.

News items also are welcome by phone, 800-447-0287 or 641-628-5154, or send a note to Central College Alumni Office, 812 University St., Campus Box 5200, Pella, IA 50219.
New student move-in day was, as always, a flurry of activity. The crew of students, faculty and staff helping to unload cars and set up student rooms made sure the new students at Central got off to a great start.