THE CENTRAL COLLECTION

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DO YOU KNOW THE STORY BEHIND ART ON CAMPUS?

60-YEAR FRIENDSHIPS PROVE RESILIENT

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A Community Without Borders

by Mark Putnam, Central College president

New graduates exchange alumni pins during 2017 commencement.

Commencement ceremonies are replete with symbols and traditions. The academic regalia we wear can be traced back to the 12th and 13th centuries. The “Hymn to Central Youth,” composed by Joyce Hubrigte Kuyper ’39, is performed by members of the historic A Cappella Choir. We process into the H.S. Kuyper Fieldhouse as the Symphonic Wind Ensemble performs “Pomp and Circumstance.”

Newer traditions emerge as well. Our graduates now receive an alumni pin from their class dean, which is then pinned to their graduation gowns during the ceremony. The consistency of ceremony extends well beyond the campus and across many years. During the various social events surrounding commencement I have many opportunities to ask our graduates, “What’s next?” I marvel as I hear about plans for interesting professional opportunities or admission to graduate or professional schools. For some, a meaningful volunteer experience with the Peace Corps or AmeriCorps is a next step.

Often in these conversations, the story includes alumni connections that were instrumental in guiding the next step. Even more, I hear stories about how a transition to a new city or a new part of the country has or will involve local assistance from our alumni.

At the end of the commencement ceremony as I charge our new graduates, I remind them of their alma mater located throughout the world are ready to welcome them with open arms. I say this with confidence since I have heard so often of kind gestures extended to a recent graduate. Perhaps it’s an invitation to dinner. Maybe it’s an introduction to a business associate. If nothing more than a word of encouragement or an offer to serve as a point of contact, the extension of our network of caring relationships means simply that the campus has no borders.

I invite you to extend the borders of civitas. We celebrate 2017 recipients for their contributions.

ON THE COVER

“The Quest,” which immortalizes Harold Geisler, is one of Central’s most iconic sculptures. Learn the story behind this piece and more in this issue.

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We celebrate 2017 recipients for their contributions.
Prominent Des Moines entrepreneur and business innovator Tej Dhawan has been named vice chair/Chair-elect of the Central College Board of Trustees. Dhawan will succeed current board chair Lanny Little July 1, 2018. Over the next year, he’ll work closely with Little and with Central president Mark Putnam in leading the board.

A 1991 Central graduate, Dhawan was student body president as an undergrad and joined the trustees in 2002 after six years of service on the college’s National Advisory Council. Dhawan served as the board’s Finance Committee chair from 2009-12 and has served on board committees for student life, student development, executive compensation, investment and trusteeship, as well as the executive committee. He was also a board representative on the presidential search committee that brought Putnam to Central in 2010.

“...the amount of service to the college and number of leadership roles Tej has already filled is really impressive for a young alumnus,” Putnam says. “He has a deep, abiding commitment to Central and carries the right mindset to fulfill the role of the chair which is really impressive for a young alumnus,” Putnam says. “He has a deep, abiding commitment to Central and carries the right mindset to fulfill the role of the chair, cherishing the proud traditions of our past while reaching for innovations that will help the college thrive in the future.”

Little has served as chair since 2011 and the amount of leadership roles Tej has already filled is really impressive for a young alumnus,” Putnam says. “He has a deep, abiding commitment to Central and carries the right mindset to fulfill the role of the chair, cherishing the proud traditions of our past while reaching for innovations that will help the college thrive in the future.”

Central hosted two sustainability day camps this summer for students ages 8-12. Kids throughout central Iowa were invited to join Central professors and students and explore “Positive Energy” and “Fun with Food.” Campers visited a wind turbine and hydroelectric dam while learning about biofuels, electric cars and more with assistant professor of physics Liz Gidovatski. And a week of healthy cooking, eating and gardening concluded with an exciting competition led by assistant professor of exercise science Sara Shuger Fox.

The pair led seven students in a five-week excursion this summer, the first cohort in a new undergraduate research program. Shuger Fox, assistant professor of exercise science, and Reynaga, lecturer of Spanish, plan to lead the trip each summer, maintaining partnerships that offer unique, cross-cultural opportunities for research.

This year, students pursued research in environmental law, nutrition and health, family cultures, bee diversity and Geographic Information Systems (GIS).

Many different majors will find diverse possibilities for research in Costa Rica — Shuger Fox and Reynaga say the program is a great fit for anyone interested in studying community development, nutrition and public health, exercise science and wellness, biology and environmental science, oral histories and literary journalism.

Shuger Fox recently presented her work toward developing the program at the First Annual World Congress on Undergraduate Research in Doha, Qatar. She and Reynaga now plan to present their experiences leading the program at an international conference in Paris next spring.

Four students traveled to Costa Rica as part of Central’s newest research program. Back row: Ryan Kruse ’18, Macin Harvey ’19, Caitlyn Champ ’19, Huma Liptak ’17, assistant professor of exercise science Sara Shuger Fox, lecturer of Spanish Oscar Reynaga. Front row: Lauren Vahlcamp ’19, Lauren Moll ’20 and a local student.

KIDS’ CAMPS EXPLORE SUSTAINABLE FOOD, ENERGY

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Professor's Launch Costa Rica Research Program

There’s no end to the academic research opportunities for students in Costa Rica, say Sara Shuger Fox and Oscar Reynaga. The pair led seven students in a five-week excursion this summer, the first cohort in a new undergraduate research program. Shuger Fox, assistant professor of exercise science, and Reynaga, lecturer of Spanish, plan to lead the trip each summer, maintaining partnerships that offer unique, cross-cultural opportunities for research.

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GEISLER LIBRARY RENOVATION

Central just completed renovations to Geisler Library, transforming the Center for Global Experiential Learning into an integrated commons for study-abroad, sustainability education, career and professional development and international student support.

It’s part of Central’s commitment to being a model of community scholarship, teaching and learning, says vice president of academic affairs and dean of the faculty Mary Strey.

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DON MORRISON RETIRES AFTER 24 YEARS

Don Morrison, senior director of development and planned giving, retired June 30. Morrison served Central for 24 years in a variety of advancement office leadership roles raising millions of dollars of support for Central over his career. His legacy at the college includes the establishment of 30 endowed scholarships and the reunion gift program for 50-year classes. Morrison also served as planning leader for three RCA General Synod meetings on campus, developed a church advisory network and created an RCA newsletter. He helped form the Alumni Advisory Council and an online alumni community. In his roles in planned giving, he documented nearly 50 bequest gifts and raised more than $550,000 for the Arthur J. Bosch Endowment for Student Research, among other major gifts.

CENTRAL GIVES BACK ON SERVICE DAY

Students, faculty and staff participated in more than 20 local service projects during Service Day this spring. The college organized half- and full-day projects for more than 700 volunteers in Pella, Knoxville, OsKalosa, Greater Des Moines, Ottumwa, Newton and Otley. Volunteers helped remove debris from Lake Red Rock, build a gazebo at Little's Agricultural Science Center, create hats for newborns at Pella Regional Health Center and much more.

Many students and faculty members also participated in projects specific to various fields of study. Al Habib, professor of mathematics and computer science, led a digital service project to make Marion County genealogy research possible. Associate professor of biology Paulina Mené led bilingual volunteers in creating Spanish translations for Heart of Iowa Regional Transit Agency. Also, volunteers interested in sustainability helped prepare Faith and Grace Garden in West Des Moines, which provides 10,000 pounds of organic produce to local food pantries each year.

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DUTCH RETURN TO NCAA SOFTBALL TOURNEY

The Central softball team was in a familiar spot this spring, making a record-tying 28th NCAA Division III tournament appearance.

The Dutch (32-10) played host to the four-team Pella, Iowa, Regional May 12-14 after finishing second in the Iowa Conference. Senior Karly Olson was voted the league’s pitcher of the year and was a first-team all-region honoree. Center fielder Sara Tallman broke the school freshman hits record with 58, hitting a team-high .408, and was a second-team all-region pick while sophomore transfer shortstop Emily Wilson and junior second baseman Paige Dickel were third-team selections.

Meanwhile the Dutch men were fourth in the Iowa Conference in coach Jon Olson’s first campaign. Freshman Koby Rhodes was 11th at 81-77-80—238 and sophomore Spencer Welch was 18th at 83-79-78—240.

FAIRLEY A SURPRISE AT NCAA TRACK MEET

After barely making the NCAA Division III field as the 19th qualifier in the men’s 3,000-meter steeplechase, junior Mark Fairley surged to the finals, then finished as runner-up in the national meet at Geneva, Ohio, May 25-27.

Fairley set a new school mark in the finals at 9:06.33. Meanwhile, senior Logan Mulford earned his fourth all-America award in the NCAA high jump, placing seventh at 6 feet, 8.25 inches. Freshman Will Daniels cleared the same height but finished 10th. Junior Ryan Kruse was 13th in the decathlon. In the women’s competition, sophomore Hope Heitman was 12th in the 400 meters, narrowly missing a finals berth.

CENTRAL RALLIES FOR THIRD PLACE IN MEN’S TENNIS

A late surge let Central take a third-place Iowa Conference men’s tennis finish. The Dutch were 10-15 in dual action, rallying for a 6-2 close after enduring a demanding non-conference slate. Juniors Garrett Taylor and CJ Cliff and freshman Danny Anderson received all-Iowa Conference honorable mention.

FOR MORE UPDATES ON CENTRAL ATHLETICS, VISIT OUR NEW WEBSITE: ATHLETICS.CENTRAL.EDU
Central’s Carlson-Kuyper Field Station exploded with blooms in June. Along with professor of biology Russ Benedict, students help conduct the ongoing Prairies for Agriculture project, investigating what mixture of native plants is most beneficial for farmers and the environment.

Central student Jack Sytsma ’20.
President Putnam was on hand to conduct special, late-evening commencement ceremonies for the softball and men’s track teams Saturday at 9:30 p.m. and 10:30 p.m., respectively, after they returned from competing.

“CENTRAL’S BEEN A HOME FOR THE LAST FOUR YEARS. DURING BACCALAUREATE, CLASS DEAN LESLIE DUININK ‘90 SAID COLLEGE CAN BE LIKE A ROLLER COASTER WITH UPS AND DOWNS. THE PEOPLE HERE STICK WITH YOU THROUGH ALL OF THAT.”
—Geoff Sellers ’17

“The connections you make at Central, not only through friends but also through professors, are what’s special about Central—they want to help you succeed and take that next step in life to get you where you want to be. I don’t think a lot of places are like that.”
—Sam Markham ’17

“It’s been awesome being at Central. It’s taught me so many real-world experiences. I want to thank my professors for the time and commitment that they put in, for being wonderful and dedicating their time to the students.”
—Maggie Meloy ’17

“Central is where I met my best friends. It’s where I found who I was, and it developed me into the leader I always knew I could be.”
—Taylor Sanders ’17

“It’s a bittersweet moment. It’s hard to move on, that’s for sure. This is home now, but I’m excited to put my education to work.”
—Matthew Keppen ’17

“Growing up, I never really knew much about going to college. Four years went by really fast and now I’m graduating and my family is here to support me. Central’s been a family atmosphere too, with teammates, coaches and community members supporting me.”
—Edwin Etienne ’17

“What will you miss about Central?

+ Class only being five minutes from my dorm
+ My friends
+ Central Market’s chicken enchiladas
+ The beautiful campus
+ Tulip Time and the poffertjes
+ Camaraderie and family
+ Teammates

“Central’s been a home for the last four years. During baccalaureate, class dean Leslie Duinink ‘90 said college can be like a roller coaster with ups and downs. The people here stick with you through all of that.”
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It’s no surprise college leads to lifelong friendships. But the strength and longevity of some Central alumni bonds are truly amazing. For a group of 1956 alumnae, it’s been more than 60 years since they lived together in the same wing of Graham Hall, but their relationships remain intact.

Starting shortly after graduation, the group of 15 women began exchanging round robin letters. Each month, one or two of them sent the entire group a letter, then the next month another member would respond. They have kept the letters circulating ever since, bringing them into email format in recent years.

The original group members were Jan (Vermeer) Beals, Lorraine (Wubbena) Butler, Doris (Meerdink) Carlson, Barbara (Ebbers) Demanston, Marlys (Korver) De Wild, Leone (Berkenpas) Eidsmoe, Nella (De Jong) Elliott, Ruth (Howard) Howard, Delores (Wassink) Lundy, Peggy (Kuyper) Pierson, Vera (Gosselink) Refnes, Elaine (Buteyn) Tanis, Arlys (Van Zee) Verdoorn, Carolin (Missall) Vermeer and Darlene (Van Zomeren) Wallinga. Spouses have become unofficial “robins” over the years, especially since eight of the group married Central grads. Delores Lundy and Jan Beals have passed away, as have a number of spouses.

After many members of the group retired, they decided to start hosting in-person reunions as well. The first took place in 1992, and groups of “robins” have been meeting consistently since then, traveling the United States and jumping back into the friendships formed so many years ago.

The letters have kept them up to date on each other’s lives, chronicling new jobs, the births of children, moves across the country and holiday travels. They also shared one another’s trials and sorrows, documenting illness and loss while offering prayers and support as only old friends could. Their bond is something special and they’ve lived out the ideal of friendship over 60 years. A lot may have changed in that time, but they’re still the girls from second-floor Graham.

The familiar “Welcome Robins!” sign was unfurled in Lake Tahoe at the Refnes’ lake house.
Ten years after their first reunion, the robins journeyed to New York. A Reformed Church in America camp provided accommodations, and Barb Denniston hosted. An unforgettable bus trip into the city included touring Ground Zero, dinner on the wharf and seeing “The Lion King” on Broadway.

Many of the robins were choir members in college, and they have incorporated music into the reunions whenever possible. Gatherings usually include a singalong and a worship service. They’ve even had an impromptu hand-bell concert. “Several of us were music majors or had musical talents, so not only did we live together, but we participated in band and A Cappella Choir together,” says Vera Refnes.

“The best part of exchanging letters is maintaining friendships and staying in touch for so many years. Also, learning about everyone’s families, jobs, sharing successes, sadness, hardships, etc. My advice to recent grads would be to get a group of friends together who are interested in a round robin letter, appoint one to be in charge of organizing and starting the letter. Set a time of year to meet for a reunion. Persevere through the years to keep it going. You will have a lifetime of rewards!”

— Vera (Gosselink) Refnes

“The letters have been a constant means of contact with my very best life-long friends. Ours was a bond of friendship created on the second floor of Graham Hall. Our rooms were right above the apartment of our house mother, Harriet Prins, which proved to be an occasional problem. We often gathered to celebrate each other’s birthdays after curfew and the noise level invariably traveled down. During one such celebration, Mrs. Prins came up to remind us of the rules and when told we were celebrating a birthday, she asked, ‘Whose birthday?’ Well, the birthday girl was hiding under the desk, so as not to get into trouble!”

— Arlys (Van Zee) Verdoorn
Over the last few decades, new works of art have become a quintessential part of the Central landscape. Some are campus landmarks; others hold important memories. Come revisit some of these works by local and nationally known artists, and discover the stories behind them.

**1 | SKIP’S LEGACY**
A 7-foot bronze of coach Ron Schipper is right at home inside Ron and Joyce Schipper Stadium, where the man himself served as head football coach from 1961-96. The sculpture is by Brian Hanlon of Toms River, N.J., who has created more than 200 pieces of public art, including statues of Dean Smith, Shaquille O’Neal, Yogi Berra and other sports legends.

The sculpture was installed last year after gifts from many Dutch made it possible. Based on a photograph from a game in 1993, the piece evokes Schipper’s devotion to coaching Central students in football and life.

**2 | THE STREET PIANO**
During the A Cappella Choir’s 2016 trip to Denver, students were inspired to create a street piano location for Central. Donated by sophomore Tyler Born’s family and decorated by music service society Mu Gamma Pi, it offers a place where anyone can play and fill the steps of Geisler Library with live music.

“We want the piano to be available to people of all skill levels,” says Wyatt Rath ’18, president of Mu Gamma Pi. “It’s the idea that music, beauty and art should be accessible to everyone.”

Mu Gamma Pi hopes the piano will become a landmark on campus where passersby can live out the quote by Robert Schumann that adorns the piano: “When you play, never mind who listens to you.”
3 | THE SCHULZE SPIRIT
When Jim Schulze retired, generations of alumni searched for a way to honor his legacy at Central. Former students contributed artifacts, memories and money to commission this Roe Center painting by Tilly Woodward, immortalizing vivid memories of “Schulze.” You’ll spot his favorite mug, best-loved books, flying pig, and Mayan hammock, bordered by Ralph Waldo Emerson’s creed, “This is to have succeeded.”

Professor emeritus of psychology, Schulze taught at Central from 1968-2007. He taught many semesters in the Yucatan and continued arranging student homestays in a Mayan village after retirement. Schulze and his wife, Lisa Rock ‘87, still spend winters in Yucatan, summers in Idaho, and spring and fall in Pella.

4 | THE GREAT CIRCLE
If you look carefully, this sculpture frames keys memorials of Central history. If you approach from Maytag Student Center, you’ll see it encircles the old bell, resting on foundation stones from Central’s long-lost, original building. The two pieces connect when viewed from second-floor Maytag. And you can’t reach the entire sculpture without crossing “Lubbers’ Lagoon,” as the pond was known when first created.

Added in 1990, this steel and redwood sculpture was funded by a grant from Maytag Company Foundation. The winning design by Carl Reed was chosen from among 160 competitors and provoked vehement debate among students who found it aesthetically lacking. Today, the sculpture still connects themes and histories — just like Central’s never-ending pursuit of the liberal arts.

5 | THE OTHER SIDE OF EDEN
Sculptor Andrew De Vries was inspired to create this dynamic piece when he watched a ballet dancer crash into a wall: De Vries, of Denver, had spent his first two years as an artist sketching dancers in motion before discovering his love for sculpture.

“The Other Side of Eden,” installed in 2002 near the Chapel, illustrates a powerful moment while expressing facets of the human condition — life and death, struggle and transformation, barriers and breakthrough. This sculpture was a gift from Jim and Marilyn Rietveld Ebbers.

6 | THE FOLDING CRANE
A young girl inspires a prayer for peace in the play “A Thousand Cranes,” based on the life of Sadako Sasaki. Born in Hiroshima during World War II, Sadako dies of “bomb disease,” or leukemia, while attempting to fold 1,000 paper cranes and receive her wish from the gods, as told in a Japanese legend.

Technical director Tom Thatcher created this award-winning sculpture for Central’s production of “A Thousand Cranes.” It now hangs inside the entrance of Vermeer Science Center. Thatcher’s professional set, lighting and sound designs have been seen in nearly 100 productions by schools, colleges, universities and professional dance and theatre companies. After its debut at Central, Thatcher’s “A Folding Crane” appeared in Theatre Design & Technology magazine and was exhibited at a national conference in Phoenix, Ariz.
7 | HAROLD AND MAVIS
Harold and Mavis Geisler met in tiny Mingo, Iowa, and attended the same high school, 10 years apart. Growing up during the Great Depression, neither was ever able to attend college. However, that didn’t prevent them from enjoying a lifelong devotion to books, learning and young people.

After the couple’s marriage in 1942, Harold was diagnosed with a serious lung disease. Mavis educated herself about the disease and became his caregiver, helping Harold outlive the illness by nearly 50 years. Harold died at age 83, after 56 years together. Mavis passed 10 years later in 2009.

After Harold’s death, Mavis commissioned this statue by Newton sculptor Nick Klepinger to celebrate Harold’s love for education and Central. Mavis loved seeing people interact with Harold’s likeness on his bench. So, when Central later commissioned another sculpture by Klepinger honoring Mavis, she requested the bench remain open for guests to sit with Harold.

The names of these sculptures, “The Quest” and “The Journey,” were winning student submissions by Steve Perkins ’01 and Joe Schwanebeck ’06, respectively.

8 | A REAL PIECE OF WORK
When Intersections students teamed up with Iowa artist David Williamson in 2008, they created this sculpture from Lake Red Rock’s trash. The scrap materials, gathered on Service Day, were reformed as the class of 2012 helped design, cast and weld a new masterpiece. “Personalize Your Masterpiece” is now displayed in Maytag Student Center.

9 | WINGED VICTORY
It’s the elephant, the hatchet, the totem pole. When this 16-foot, 2,000-pound sculpture was installed on campus, its steel surface was painted black, gray, red, blue and yellow. Sculptor Tom Gibbs loved how Geisler Library rose dramatically behind the piece, saying it was one of the best environments he’d ever worked with.

Instantly an icon, the sculpture was commissioned in 1974 by a grant from the Iowa Arts Council with Paul and Joan Kuyper Farver. It was installed on Peace Mall in 1975.

10 | LARRY’S FROG
When Roe Center’s building site was chosen, professor of art Larry Mills’ former home was torn down. When facilities’ staff presented Mills with the wood salvaged from his old walnut tree, he created this mural to grace the new building — plus all its smaller, hidden frogs!

The point is not simply to confront viewers with a giant frog, Mills said upon installation, but to show something new each time they see it. To an imaginative viewer, the frog’s gold-leaf eye becomes the sun, along with a ceramic moon and a swath of the galaxy.
RICHARD ’62 AND MARY ROORDA GLENDENING ’62

Few people can say they graduated from eighth grade, high school and college with their spouse. But Rich and Mary Glendenning shared those milestone moments together and have since seen all four of their children graduate from Central as well. While Rich and Mary first came to Central with differing career aspirations, both pursued a similar path post-graduation—teaching.

The Glendenings are being recognized for their lifelong dedication to advancing Central’s mission in the classroom and within the Pella community. Rich is professor emeritus of economics with Central, and Mary is a retired elementary teacher for the Pella Community School District. They have influenced many generations of students through their passionate and compassionate teaching styles.

Mary had a childhood aspiration to be a creative teacher just like the one she had in the fourth grade. She has loved introducing first- and second-graders to the world of reading and creativity.

“It’s been the most fantastic career,” Mary says. “I really enjoy getting kids interested in the world around them. My students had contact with schools in Australia, Mexico, Wales … I could always do this through literature and include people from around the world!”

Rich, on the other hand, says he fell into the teaching career. As a business major who wanted to go into banking, Rich found that he loved studying. Longtime, late Central professor Don Butler suggested to Rich that he go to grad school, and he pursued a different career path in educating on economics.

“The interaction with the students was always invigorating,” Rich says. “I enjoyed the subject matter, my colleagues, the environment… In my years at Central, I think the level of faculty commitment and interest in the student body was very high. I liked the fact that I knew my students.”

The Glendenings spread the Central spirit not only in their professions as educators but through their volunteer work and philanthropy. The couple are members of the Central Red Society, Central Club, Heritage Club and Heritage Roll of Honor. They are active in their community, serving as Central class reunion chairs and in leadership roles on many boards including the Pella Historical Society and Pella Regional Health Center.

The college recognizes their 34 consecutive years of giving toward thebetterment of Central. For their influence in the classroom, selfless leadership and giving of their time, talent and treasures to the Central and Pella community, Central College presents Richard and Mary Glendenning with a 2017 Alumni Award.

34 consecutive years of giving toward the betterment of Central

Continual demonstration of the Central spirit of learning and leadership

AMMANUEL MEHRETEAB ’70

Ammanuel Mehreteab has always loved creating challenging goals for himself, which helped him achieve a long, successful career as a researcher and educator. With an engaging personality and a passion for science, Mehreteab was a chemistry major at Central.

A native of Ethiopia, in Africa, Mehreteab enrolled at Central at the suggestion of a beloved Peace Corps teacher who lived in the Des Moines area. After graduating, he went on to attend larger universities, but he says he gained confidence during his time in Iowa.

“Central was my home away from home,” Mehreteab says. “It was my first time away from my parents, and the friendly teachers were like family members. Iowa shaped my personality in a positive way.”

Although he focused on his studies and getting the most out of his education, his talents went beyond the classroom. Coach Ron Schipper recognized Mehreteab’s athletic abilities, and after many repeated urgings, Schipper convinced him to join the track and cross country teams. Mehreteab became one of the top runners in track and cross country.

After Central, Mehreteab continued his education in chemistry. He earned a master’s degree and Ph.D. in physical chemistry from Rutgers, the State University of New Jersey, and was awarded a post-doctoral fellow at the University of Pennsylvania. Afterward, he taught chemistry as a visiting professor at Florida Atlantic University and Haverford College.

Mehreteab says, although he enjoyed teaching, he decided to go to industry and work in a basic research setting and thus joined New York-based Colgate-Palmolive Company. Mehreteab served in various capacities within the research department. He has been granted 24 patents and has published 39 scientific articles. Mehreteab steadily rose through the ranks to recently retire as Worldwide Director of Scientific Capability Development/Global Technology.

“I always believed and worked as though the company belonged to me,” Mehreteab says. “Its growth is my growth. Its success is my success. Its failure is my failure. That’s what kept me going. I never entertained the idea of what’s in it for me.

“I created my work as a challenging game of solving problems,” Mehreteab says. “I like having a goal that’s hard to achieve, like creating or improving products, then making a strategy on how to achieve that goal. I like breaking it into smaller problems to solve.”

Now retired, Mehreteab says he still creates goals for himself.

“I don’t run out of things to do,” Mehreteab says. “I didn’t retire because I was tired. I loved my job but decided not to keep doing it forever so that I can pursue other interests and hobbies.”

Central recognizes Mehreteab with an Alumni Award for his contributions in his respected career field and his continual demonstration of the Central spirit of learning and leadership.
KELLIE GORSCHER MARKEY ’88

Kellie Markey pursued communications and international studies during her time at Central, which led to her career as a marketing professional and ultimately vice president at eBay. But after years of strenuous travel and long hours, Markey decided to reassess and move from San Francisco to her hometown of Des Moines.

“I had some of the most memorable times of my life at Central,” Markey says. “When I was younger I wasn’t philanthropic and I didn’t volunteer, but my experience there gave me so many opportunities. The international studies program and urban studies program really gave me the opportunity to succeed in the career I wanted.”

When she returned to Des Moines, Markey began volunteering as a way to connect with the community while she figured out her next career move. What she didn’t know was that her volunteerism would change her life and lead her down an entirely new path.

“I was working with teen girls and was shocked by the nature and severity of abuse I was seeing and it didn’t seem okay to me,” Markey says. “It led me to be a foster parent.”

Selfless compassion to help others who need rescued and her leadership in the community

As a foster parent, Markey realized that average people don’t have the resources necessary to affect change for kids who have undergone severe trauma experiences.

The homes accommodate up to eight women, and the program supports women over the age of 18 who have had similar trauma profiles. Markey says her big initiative for 2017 is to find the solution to care for girls under the age of 18. “The earlier we interrupt the cycle of abuse, the better chance they have for recovery and healing,” she says. Central College recognizes Kellie Gorsche Markey with an Alumni Award for her selfless compassion to help others who need rescued and her leadership in the community.

By supporting the Journey Scholarship Fund, you enable students to encounter a life-changing education at Central that allows them to make a difference.

Make your gift to students today using the enclosed envelope or online at www.central.edu/give
The ‘50s

Doran Simmons ’58 completed 4,418 miles of biking for the “Sacramento May is Bike Month Challenge.” He was ranked the top cyclist for week four for the Sacramento Wheelman and second overall in the club. Doran and wife Bonnie Kusper Simmons ’58 live in Sacramento, Calif.

The ‘60s

Andrea Navis Fiet ’61 of Greenwood, Ind., pursued her interest in oil painting in 2005 after she retired from social work. Her favorite subjects are landscapes, seascapes and flowers. Her paintings, which are done in a realistic/impressionistic style, have garnered her several awards, are in corporate and private collections and owned by individuals throughout the United States and Europe.

Arlo Stoltenberg ’67 was celebrated by Northern Iowa Area Community College in Mason City for the impact he has had on the lives of his students for the past 50 years. Arlo lives in Mason City with wife Diane.

The ‘70s

Robert O. Snyder ’73 retired after 36 years in the field of recreation and parks, the last 25 years as the superintendent of recreation and parks for the Town of New Castle. He previously held similar positions in DeRidder and Orleans. Bob and wife Sue live in Hawthorne, NY.

Guy Clark ’75 retired after 41 years in the Central Decatur School District, where he taught biology. During the last 30 years of his career, Guy took on an additional role as athletics director at the high school. This winter Guy was recognized by the Iowa High School Athletic Association with a school administrator award at the boys’ high school state basketball tournament and has been inducted into the Iowa High School Athletics Directors Hall of Fame. Guy and wife Bonnie live in Leon.

Linda Houston Fraser ’79 is a home stager and substitute teacher.

The ‘80s

Rita Gardner Heemskeren ’80 is an accountant for Des Moines Performing Arts. Rita and husband Michael Gardner ’75 live in West Des Moines. Michael is an IT manager at DuPont in Johnston.

Fred Kumi ’84 of Leander, Texas, is an associate professor at Austin Community College in Austin.

Nancy Clear Wright ’84 and Eric Nelson of Pella were married June 19, 2015. Nancy is the director of the Educational Opportunity Center at Indian Hills Community College in Ottumwa.

Lance Newbold ’85 was named vice president for student affairs at Rose State College in Midwest City, Okla. Lance and wife Mangell live in Edmond.

Brenda Hotze Sherman ’87 is an accountant at Grant North America in Omaha, Neb. Brenda and husband Kevin live in Springfield. They are the parents of four children.

Timothy Walker ’88 is pastor at Staves United Methodist Church in Des Moines, where he lives with wife Nancy Moore Walker ’91.

Kyle Eason ’89 of Denver, Colo., is a vice president and managing director at BYM Agency.

Bill Rude ’89 is a credit risk analystic consultant at Wells Fargo in West Des Moines. Bill and wife Jolene live in Grimes.

The ‘90s

Rita Gardner Heemskeren ’80 was named vice-chair/chair-elect of the Board of Directors of the Iowa High School Athletic Directors Association. The award was presented during a ceremony March 4 at the Honda Center in Anaheim, Calif. The award was presented during a ceremony March 4 at the Honda Center in Anaheim, Calif.

Brad Dunlap ’92 leads DuPont’s healthcare marketing division as vice president/managing director. The largest accounts are in Chicago, Ill., and Belgium. Brad and wife Stephanie Oswald Dunlap ’93 live in Coralville with their two daughters.

Amy Janssen Smith ’92, who is president and communications consultant at WoulSmith Communications in Waukee, has taken on the additional role of internal communications and culture strategist at Accenture in West Des Moines. Amy and husband Pat Smith ’92 live in Waukee with their three children. Pat is employed by MetLife in West Des Moines.

Chris Winslow ’92 is vice president of manufacturing at Gifford Brown Inc. in Des Moines. Chris and wife Andrea Clark-Winslow live in Des Moines with their two daughters.

Robert Glasgow ’93 was elected to a three-year term on the board of directors for the Oregon Education Association. He continues to teach Spanish for the Salem-Keizer School District in Salem, Ore.

Grant McMartin ’93, known professionally as Grant William Thye, is a prolific artist with studios in downtown Chicago and a converted barn in Iowa. The Dibueque Museum of Art chose Grant’s “Slow Moving Clouds” to be part of its biennial juried show, which ran May 27 – Aug. 20. Grant, of Grundy Center, recently celebrated his first decade as an artist.

Kurt Roberts ’93 of Boone is the recipient of the ISU Extension and Outreach Exceptional Volunteer Service Award. At a ceremony held this spring in Ames, Kurt was honored for the integral part he has played with the 4-H Youth Program for the past 20 years. Kurt is an assistant director at Iowa State University.

Jennifer Sels McCoy ’93 is a program coordinator at Tenco Industries in Ottumwa.

Bill Pook ’93 is principal and lead learner at Mid-Prairie West Elementary School and preschool director for the Mid-Prairie Community School District. Bill and wife Jill Pittman Pook ’94 live in Kalona with their three daughters. Jill teaches Title I reading in the Mid-Prairie Community School District.

VIENNA 50TH ANNIVERSARY

Central’s study abroad program in Vienna marked its 50th anniversary May 18 with a reception at the Schottentorff in Vienna. Central’s current program directors, as well as past program participants, current students and staff, and the Central A Cappella Choir, were on hand for the celebration.

The Vienna program began in the 1966-67 academic year, started by Central German professor Marianna Haydon. The first year, 11 students studied at nine schools in Germany and Austria for a full year. Today, resident director Ruth Verweijen oversees the program, and students take classes through Central College and the University of Vienna.
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Mercedes Rutherford ’14 of Atascadero, Calif., manages BlackHorse Espresso & Bakery in San Luis Obispo. Mercedes is pursuing a master’s degree in library and information science at San Jose State University.

Katie Tokle ’14 and Caleb Fox of New Sharon were married June 18, 2016. Katie teaches kindergarten at Oaklandia Elementary School.

Elizabeth Bauman ’15 of E Exchange is an event manager at Bessie’s Barn in Centerville.

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Matthew Schissel ’16 of Quincy, Ill., joined the coaching staff at Quincy University, where he helped lead the university’s baseball program to its first-ever appearance in the Division II World Series after claiming its first Midwest Regional championship.

ADVANCED DEGREES

Bill Posek ’93, doctorate of philosophy, teaching and learning in language, literacy and culture, University of Iowa, May.

Rachel Jordan Lindstrom ’10, doctorate in sociology and demography, Penn State University, May.

Jacquelyn Mauk ’11, doctorate of osteopathic medicine, Des Moines University, May.

David Bouska ’12, master’s degree, ESI, University of Findlay, 2015.


Alexandra Cosina ’14, master’s degree, physician assistant studies, St. Ambrose University, Dec. 2016.

Samantha Quick Kott ’14, Doctor of Physical Therapy, Des Moines University, May.

Mercedes Rutherford ’14, associate degree, library and information technology, Cuesta College, May.

Amanda Kohl ’15, master’s in public health, epidemiology, University of Iowa, May.

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Andrea Kleinhesselink ’12 was awarded a master’s degree in public health, epidemiology, University of Iowa, May.

Andrea Johnson ’12, master’s degree, physician assistant studies, Creighton University, Dec. 2016.

Kandis Klyn ’13, master’s degree, ESI, University of Findlay, 2015.

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HINGA WAS ‘ONE OF US’

H was the Vice President of Fun, according to the Central Bay. Bill Hinga, who died May 9 at age 88, spent 38 joyful years at Central, retiring as vice president of student affairs in 1993 but never losing the spirit of a 19-year-old sophomore. To Central students, he wasn’t an administrator, he was their friend. His smile and wisecracks were ever-present, as was his compassion.

“His a student at heart,” says Brad Depke ‘82 of Third Park, where he parked next to a 19-year-old sophomore.

“Which made it feel even more surreal the day Depke angrily slammed his hand furiously to nearby West Market Park, where he parked next to a bicycle and tumbled.

“Wow, now what’s he doing?” He got in his car and drove toward me. I thought, ‘I just heard the door close. And I looked up and here comes Hinga wheeling him around campus or through his family’s old neighborhood.

“I just fell in love with the guy,” Depke says.

Meanwhile, Williams is only now telling his story.

“Of course, I was still his classmate and made sure we did what we were supposed to do. My life was on the line and he gave me a second chance.”

The conversation proved more powerful than a jail sentence.

“He was a gifted clarinetist shared with Central students for 38 years.

Ray Martin served Central for 43 years.

RAY MARTIN PASSES AWAY AT AGE 77

Raymond Martin, professor of music, passed away May 26 in Pella at age 77.

Martin joined the Central faculty in 1965 as an instructor of music. He later held the position of M. Joan Kuyper Farver Endowed Chair in Music and professor of music until his retirement in 2005.

Martin’s wife Robin served for 20 years as director of Central’s Geider Library and associate professor of library science. The couple had two sons, Joseph and Philly, who are professional musicians in New York and Chicago, respectively.

Throughout his career, Martin studied with world-class musicians and conductors. He also served six years as chair of the Central music department. Friend and colleague Gabriel Espinosa ’79, associate professor of music at Central, said Martin was extremely passionate about world music, even traveling twice to the Yakutian to experience the music there and bringing home local instruments, such as the massive tubank. Martin also established a world music course at Central.

“He was a wonderful all-around musician,” said Espinosa. “He was deeply interested in world music, but also deeply interested in jazz. He had it all—knowledge, talent and passion.” Espinosa said Martin was incredibly humble and giving. He was always willing to help, always willing to make sure the faculty worked together.”

DECEASED

Eldert (Buck) Groenendyk ’42 of Des Moines, April 30

Robert Mortensen ’04 of Johnston, March 27

Dave Folkerts ’60, professor emeritus of music, said, “In all of Ray’s interactions—with students, faculty, administration and other musicians—he was always a sensitive, kind human being. He was committed to excellence and sought to bring out the best in his students.”

Folkerts also praised Martin’s ever-present sense of humor, which he described as “very subtle, never ever bordering on the coarse but always tremendously clever.”

In a letter announcing his retirement, Martin said he “enjoyed every year of preparing teachers and performers of music, conducting and growing the orchestra into a fine institution for 25 years, introducing and integrating the serious study of jazz and world music into the lives of students and my colleagues, performing with and mentoring clarinetists, flutists, oboists, bassoonists and saxophonists—all contributions that I will remember and cherish.”

A memorial service was held on campus in the Chapel Aug. 12.
Setting an Example
Heiting-Doane provides legal help to immigrants.
By Laura Billingsley '04

Andy Heiting-Doane ‘04 is putting his legal skills to work for people in need. An attorney with LaMarca Law Group, his volunteer work is a fairly new part of his life, spurred by childhood memories. “I thought a lot about all the times I saw my parents helping people in need,” he says. “I saw each of them give their time to people who needed help, even when the work was difficult; even when the time commitment was enormous; even when no one was looking, and they got no credit for it from anyone. I realized that I hadn’t given my own children very many memories like those.” So he made the commitment to start helping others. Heiting-Doane volunteers with Justice For Our Neighbors, an organization dedicated to helping immigrants through legal services, education, and advocacy, as well as the ACLU.

Q: How did you focus your volunteer work? I have always felt very strongly about making it easier for immigrants to come to America and stay here. Because my children were born in America, they have clean water, a free world-class education, clean air, a pure environment, and freedom from oppression. I want every parent to be able to give this life to their children.

Q: What type of work do you do? I am representing two immigrants who are seeking asylum. That means they can’t return to their home countries because they could be murdered if they do. One client brought her three-year-old daughter to a JFON clinic, I sat around a table with volunteers with Justice For Our Neighbors, started helping others. Heiting-Doane provides legal help to immigrants.

Q: Any stories you’d like to share? At a JFON clinic, I sat around a table with three generations of one family, none of whom had ever been taught how to read any language. They were up against government immigration lawyers trying to deport a family member to a country where he could be killed. Families like these need stability and safety through legal immigration status.

Q: As a professional with a young family, how do you find time to volunteer? I got to work with bilingual kids at the Hispanic Educational Resources Learning) is on faculty, and Jana’s mom, Ellen Heiting, retired in 2012 after 38 years working at Central. At Central, through service-learning, I got to work with bilingual kids at the Hispanic Educational Resources preschool. Service-learning at Central taught me the difference between ignoring a problem and helping.

Q: What advice would you give others who may want to volunteer but aren’t sure how to start? I made a deal with myself last year: If I start helping right now, I won’t let myself feel guilty for all the years that I didn’t help.

Q: How are your Central connections important to you? My family is a very Central family; my wife Jana and I met at Central and got married at the Central Chapel. My mom (Cheri Trout Doane ‘98, director of Community-Based Learning) is on faculty, and Jana’s mom, Ellen Heiting, retired in 2012 after 38 years working at Central. At Central, through service-learning, I got to work with bilingual kids at the Hispanic Educational Resources preschool. Service-learning at Central taught me the difference between ignoring a problem and helping.

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Heiting-Doane balances volunteering with his job and family time with wife Jana and their two children.
FUELING UP FOR FINALS
Grabbing a plate of late-night eggs and bacon is a tradition the night before finals. Faculty and staff such as George Clark ’91 (standing), assistant director of counseling, serve up the sustaining fare during Breakfast of Champions. The highly attended event has served 560 lbs. of food in 30 minutes.