



SPRING 2017

# CIVITAS

CENTRAL COLLEGE 1853 ALUMNI MAGAZINE

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# Adding Light

by Mark Putnam, Central College president



During the March 22 commemoration of Martin Luther King Jr.'s visit to campus, president Mark Putnam spoke on the legacy of open inquiry.

I am among the most fortunate of college presidents. Having face-to-face access to my four immediate predecessors, whose collective service dates back to 1960, is a remarkable gift. They include Arend "Don" Lubbers (1960-1970), Ken Weller (1970-1990), Bill Wiebenga (1990-1997) and David Roe (1998-2010). Adding my seven years of service thus far, we have provided leadership to the college for 57 years, fully one-third of Central's entire history.

A college presidency is a privileged inheritance. As beneficiary, I now work for my successors. Each of us in this chain of leadership has faced opportunities and challenges unique to the times, but we also have encountered circumstances that affirmed our common purpose through the years.

I was reminded of this when in March we commemorated the visit of Martin Luther King, Jr. to Central College in 1967. In preparation for that event I read through

the archived materials surrounding the visit. I also spent some time on the phone with Don Lubbers to hear his reflections on the significance of the occasion.

Included in the archives were a series of letters Don received from individuals expressing concerns about Dr. King's visit. They included representatives of churches, alumni and concerned citizens. As I reflected on the content of these letters in their historic setting, I was impressed by the responses Don sent to each one.

In one letter he wrote ...

*As a college we stand in the Reformed Church tradition. As an educational institution we feel obligated to bring people with differing viewpoints to the campus. We do not feel we are doing our job if we keep students from hearing conflicting opinions. We would not be preparing them for the real world. (Feb. 16, 1967)*

In a more pointed response he wrote ...

*Your letter obviously shows that you do not understand what a college really is. You ask us what we are trying to do to the youth: we are trying to educate them to live in a real world. As we do this we want to have them live and learn in a Christian environment so that they may develop in Christian truth and wisdom. At the same time, we do not wish to protect them from ideas that may not always coincide with our philosophy. ... It is our hope to bring people of many opinions and views to the campus so our students may know what is going on. (March 21, 1967)*

My predecessors have taught me that our task as educators is to add light, not heat. Differences of opinion and philosophy abound in a college, just as they do in a democracy. My job is to ensure the legacy of open inquiry flourishes and in turn to pass that on to my successors.

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## AROUND THE POND



Left to right: Doyle Monsma, Michelle Wilkie, Sunny Eighmy and Kevin Stittsworth.

### SUNNY GONZALES EIGHMY '99 NAMED VICE PRESIDENT; DOYLE MONSMA '83, KEVIN STITTSWORTH '95 AND MICHELLE WILKIE JOIN ADVANCEMENT TEAM

Interim Vice President for Advancement Sunny Eighmy has been named vice president for advancement. Eighmy has more than 13 years of professional experience at the college.

Michelle Wilkie and Kevin Stittsworth joined Central's advancement team in December and January, respectively. Wilkie, originally from Hawaii, most recently worked in fundraising and corporate relations for the American

Cancer Society in Seattle, Wash. She now serves as a major gifts officer with emphasis in corporations, foundations and grant writing.

Stittsworth, now director of alumni relations, has held communications positions with DuPont Pioneer, Iowa Telecom, Amerus Group and Mercy Medical Center. He most recently served as a consultant for Change and Innovation Agency, an organization that helps health

and human services offices improve processes to provide same-day service to clients.

Doyle Monsma joined Central in April as a major gifts officer with emphasis in planned giving. He most recently worked in fundraising as the director of planned giving and development at Des Moines University. Monsma has extensive non-profit fundraising experience with more than 20 years in the industry.



Harry Smith interviewed Jaime Miranda on campus. Visit [civitas.central.edu](http://civitas.central.edu) for links to more coverage.

### WRESTLER MIRANDA IN NATIONAL SPOTLIGHT

January 22 Jaime Miranda '17 was featured on national news following the breakout publishing of his personal story of overcoming homelessness and achieving academic and athletics success.

Central trustee Harry Smith '73 produced two nationally televised profiles of Miranda: an "Inspiring America" segment which appeared on the NBC Nightly News and a more extensive feature which aired on NBC's "Sunday Today with Willie Geist." Miranda was also interviewed for a front-page article with the Des Moines Register and a feature on the KCCI-TV (Des Moines) newscast.

Thanks to a scholarship from the National Association for the Education of Homeless Children and Youth (NAEHYC) and a paid trip to Washington, D.C., Miranda was able to share his story with then-U.S. Secretary of Education John B. King Jr. and provide a voice to thousands of homeless youth nationwide.

### HOO-RAH! DAY

FRIDAY, APRIL 7



Hoo-rah! Day celebrated Central spirit on campus and around the world. Alumni, students, faculty, staff and friends all showed their school pride and shared it with the world on social media. On campus, staff surprised students with VIP golf cart rides to class. The campus community enjoyed a picnic festival by the pond, and students participated in a scavenger hunt. Planned as an annual event, Hoo-rah! Day will continue to develop new ways to celebrate Central.



Bridget Penick  
@PenickBridget

Follow

#HoorahDay @CentralCollege! May your glory never die!

### PRINS FAMILY FUNDS ENDOWED SCHOLARSHIP

Central alumni Dr. David and Gloria Prins and Joyce Prins Schneider have established an endowed scholarship in honor of their parents, Tunis and Harriet Prins. The Prins Endowed Scholarship will be awarded to students who excel academically and demonstrate Tunis' and Harriet's ideals of sportsmanship and leadership.

Tunis and Harriet Prins together served Central and Pella for 24 years. Tunis was director of athletics and professor of physical education from 1938 until his death in 1949. In the same year, Harriet became residence director of Graham Hall and later dean of women until 1962. David '52 and Gloria '53 of Bellevue, Wash., and Schneider '48 of Sarasota, Fla., provided the funds to fully endow the new scholarship.

### THREE FACULTY MEMBERS RETIRE

This spring, three longtime Central faculty members retired. Retirees are Glenn Barnett, associate professor of biochemistry; Anne Petrie, professor of music, and Chad Ray, Dr. Jacob and Gela Schnucker Sessler Chair in Philosophy and Religion and professor of philosophy.



Glenn Barnett completed a Master of Science and Ph.D. in nutritional biochemistry at Cornell University, and a post-doctoral fellowship in genetics at the University of California at Irvine. He arrived at Central in 1993. Barnett was impressed by Central's study abroad programs and spent two semesters teaching in Merida. He has served as chair of the biology and chemistry departments and as an adviser to many pre-health programs.



Anne Petrie has shared her love of music and languages with Central students for more than 30 years. The self-described "language geek" was determined to "be comfortable in the Big 4 languages" by the time she completed her doctorate at the University of Oklahoma, and today her CV lists competency in Italian and Russian and proficiency in German and French as a native English speaker. At Central, she has taught music fundamentals and appreciation to majors and non-majors; coached musical theater students; stage-directed opera workshops; and performed frequent recitals.



Alan Chadwick "Chad" Ray wrote his dissertation on Plato's metaphysics and earned a Ph.D. at Northwestern University in 1976. Since 2002, Ray has held the endowed Dr. Jacob and Gela Schnucker Sessler Chair in Philosophy and Religion, which especially honors teaching. Throughout his 41-year academic career, Ray has published in journals of thought, presented at regional conferences of the American Philosophical Association and served as president of the Iowa Philosophical Society. One of his biggest achievements came through institutional service when Ray chaired the self-study committee during the last North Central Association of Colleges and Schools reaccreditation process.



President Mark Putnam (left) and Graham Lemke.

### GRAHAM LEMKE INSTALLED AS BUTLER CHAIR

Professor of finance Graham Lemke was installed as the Donald T. Butler Endowed Chair Feb. 20 and presented his lecture, "Soul Searching: A Journey in Financial Economics."

Lemke, who began teaching at Central last August, holds a Ph.D. in economics from Binghamton University. He also completed a master's degree from Cornell University and

Master of Business Administration and Bachelor of Science in Electrical Engineering degrees from the University of Alberta. Lemke previously taught at Binghamton University and Northwestern College, and he received Binghamton's Award for Excellence in Teaching.





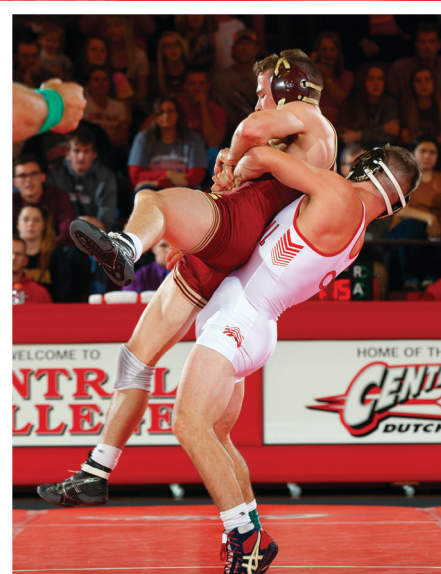
## ATHLETICS UPDATES

BY LARRY HAPPEL '81

# WRESTLERS 18TH AT NATIONAL MEET



Junior C.J. Pestano took fourth at 125 pounds at the Division III wrestling championships, earning all-America honors for the second straight year.



Sophomore Cam Timok was fifth at 133 pounds in his first NCAA appearance.

It was another step forward for the Central wrestling team, which climbed to third place in the rugged Iowa Conference race and placed 18th at the NCAA Division III national meet, its best showing in 24 years.

The Dutch posted a 10-2 dual mark for its highest winning percentage since 1991-92. Central had five national meet qualifiers, its most in more than 20 years, and two top-five finishes. Junior C.J. Pestano, second nationally a year ago, was

fourth at 125 pounds while sophomore Cam Timok took fifth at 133.

Four Central wrestlers were recognized as Scholar All-Americans by the NWCA. Pestano and seniors A.J. McBroom, Zach Moss and Matt Seabold were cited. All carry grade point averages above 3.20 and excelled on the mat.

Central's Eric Van Kley received the Division III Central Region Coach of the Year Award.

FOR MORE UPDATES ON CENTRAL ATHLETICS, VISIT OUR NEW WEBSITE:  
[ATHLETICS.CENTRAL.EDU](http://ATHLETICS.CENTRAL.EDU)



Colby Taylor became Central's all-time leading men's basketball scorer with 1,856 points breaking Jeff Verhoef's '80 record. Taylor was an all-region selection.

### CENTRAL'S TAYLOR SETS DUTCH SCORING MARK

Central's new men's basketball all-time scoring leader, Colby Taylor, helped the Dutch nearly pull off another successful run to the NCAA Division III tourney.

After becoming the first team in Iowa Conference history to win three straight road games in taking the league tournament title last year, the Dutch entered the six-team tourney as the No. 5 seed this year. They again pulled off two upset wins on the road but tumbled at home in the finale to No. 6 seed Wartburg, 89-85.

Taylor moved ahead of Jeff Verhoef (1976-80) on the Central scoring list with 1,856 points, leading the league with a 20.7-point average. He was an all-region honoree and was also a third-team CoSIDA Academic All-America selection with his 3.41 grade point average while majoring in actuarial science.

### NCAA TOURNEY VET CZIPRI IS NEW CENTRAL VOLLEYBALL COACH

Jeanne Czipri, who piloted Dominican University (Ill.) to a pair of NCAA Division III tournament berths, is the new volleyball coach at Central College.

Czipri (ZIP-ree) spent three seasons at Dominican, compiling a 61-43 mark with two Northern Athletics Collegiate Conference tournament titles. The Stars advanced to NCAA tourney play in 2014 and 2015 before finishing third in their league last fall. Her squad was 29-4 in conference play over three seasons. Dominican players earned 15 all-conference awards, including 10 first-team selections.

Czipri replaces Kent Clayberg '90, who left the highly regarded Dutch program in January after 19 seasons, including 15 as head coach.

"Jeanne has a very impressive background," athletics director Eric Van Kley said. "She has playing experience at the Division I level, tremendous knowledge of the game, is high energy and very relationship-oriented."

Leaving Dominican was a difficult decision, Czipri said.

"But the second I stepped foot on Central's campus, I was so impressed," she said. "I love the family atmosphere and the culture. The school really believes in its athletics program and it has great resources to help the program be successful. I'm excited to get started."



For the second time, senior Logan Mulford took national runner-up honors in the men's indoor high jump at the Division III meet.

### MULFORD ALL-AMERICAN IN HIGH JUMP

For the second straight year, senior Logan Mulford took second place in the high jump at the NCAA Division III men's indoor track and field meet.

He tied the winner at the national meet in Naperville, Ill. March 11 with a leap of 6 feet, 9 inches, but lost the title based on number of misses.

Mulford was also the NCAA runner-up at the outdoor meet last spring.

The Dutch tied for 37th in the team standings. They also took second at the Iowa Conference indoor meet Feb. 24-25 in Dubuque.

The Central women were fifth in the conference but failed to score at the national meet. Senior Lorell Stuht, an all-America honoree a year ago, was 14th in the NCAA weight throw.

### PETERSEN LEAVES WOMEN'S BASKETBALL PROGRAM

Chelsea Petersen left her position as Central's women's basketball coach after five years on the staff, including four as head coach.

Petersen resigned following Central's 9-16 campaign. Sophomore forward Claire Marburger led the league in scoring with 18.3 points a game and was a first-team all-conference pick. Meanwhile, junior guard Emily Dine received honorable mention. She shattered school marks for 3-point goals in a game (8), season (82) and career (143). Junior forward Jackie Kriegel averaged 7.0 points and 6.2 rebounds and will anchor the interior for next year's squad.



CENTRAL SCENE

## MARTIN LUTHER KING JR. AT CENTRAL COLLEGE

March 22, 1967

Just over a year before his assassination, Martin Luther King Jr. accepted an invitation to speak at Central College. A capacity crowd of 1,300 students, faculty, staff and community members gathered to listen as King declared that positive social change is possible through collective action. It's a treasured moment for generations of Central friends and family who strive to make a difference in their communities.



To commemorate King's 1967 visit, Central dedicated a new display in Maytag Student Center. Guests included Charles Pearson (far left), project manager and historical researcher for the Iowa Civil Rights Trails Project; Mary Lubbers Montgomery '81, daughter of Central president Arend Lubbers who invited King to speak; Bruce Anderson '70, a student in 1967; and president Mark Putnam.







# SUPER FANS!

SCHOOL SPIRIT IS FRONT AND CENTER FOR THESE CENTRAL SUPPORTERS.

By Laura Billingsley '04



## KRIS BRANDT VAUGHN '90



Service to Central is just part of life for Kris Brandt Vaughn '90 of Flower Mound, Texas. Ever since graduation, she's been giving back to the school that she says gave her so much.

"Whenever someone seems surprised that I figured out a problem or I came up with a great idea, I say, 'that's because I have a liberal arts education!'"

Vaughn, along with husband Trent '90, has served in nearly every role as an alumni supporter of Central. She's been chair of the Alumni Advisory Council, a member of the National Advisory Council, organized alumni events in Dallas, served as reunion chair multiple times, is a member of the Heritage Roll of Honor and was an Omaha area alumni rep.

Today, Vaughn's daughter Grace is a first-year student at Central, and frequent visits to the Spirit Shoppe have made Vaughn known to the staff as the "lady from Texas who likes long-sleeved T-shirts." Vaughn's closet is brimming with Central apparel so "everyone in Texas knows I went to Central College."

Perhaps the most sensational moment of Central super-fandom for Vaughn came when she, Trent, Grace and son Grant delivered Jaarsma Bakery treats to Harry Smith '73 on air during the CBS This Morning show in New York City in the late 2000s. She had them shipped to their hotel while on vacation. Vaughn says, "All the news anchors were eating Dutch letters and we were wearing Central shirts, so we got in a plug for Central."

Grace Vaughn (left) continues the Central legacy of mom Kris (right).



The Vaughn family sport Central shirts while visiting Harry Smith.







## LORI HUMPHREY FEGLEY '80

“CENTRAL HELPED MOLD US INTO THE PEOPLE WE ARE TODAY,” SAYS LORI FEGLEY.

Her family is full of Central connections, including husband Brian '80, children Allison '08 and Peter '11, her sister and brother, and her father, who worked at Central as assistant vice president of business.

Fegley, who lives in Cedar Falls and teaches kindergarten, has loved Central since her family moved to Pella when she was eight, when her dad took a job on campus. She and her siblings had fun riding their bikes over the old bridge—“the one with no steps” she says—and she “always knew I was going to Central.”

Today, Fegley’s home is something of a shrine to the college. Central memorabilia can be found in every room, from the custom lamp in the kitchen to the basement “Champion Room” to the garage holding two cars with Central license plates. The Champion Room displays everything from a framed Central basketball jersey to pennants and Central-themed artworks. In summer months, passersby

can even spot a Central C mowed into the Fegley’s lawn.

Fegley’s kindergarten class is in no doubt of which school she supports. “At school, I have a cupboard door devoted to Central posters, etc. It has been a long tradition that before the Central-Wartburg football game, my students sign a banner or make individual GO DUTCH signs for one of my bulletin boards,” she says.

But it’s not just “stuff” that ties Fegley to Central. She cherishes the “lifelong relationships” she’s built with friends and community members. In January she took part in the alumni trip to Merida, the Yucatan, and says the sense of Central community in Mexico was powerful. She attended a jazz combos concert, and the first four rows were filled with Central supporters—current students, faculty, staff and alumni. “We were all there because of Central,” Fegley says. “It brought tears to my eyes.”



## JIM DANKS '64

Jim Danks '64 has spent much of his life thinking about how to help Central and its students. He’s filled about every role available for a Central supporter: student, faculty member, coach, committee member and volunteer. But he’s also there behind the scenes, offering an encouraging word to a student or sitting in his seat at football games—he’s had season tickets for more than 30 years.

After graduating with a physical education degree, Danks worked at a high school for two years before teaching and coaching at Central until 1974, when he went to work for Pella Corp. After retirement, Danks returned to Central to serve as director of development for three years. Today, you’ll often find him on campus, attending events, volunteering or just saying a friendly hello.

“I ENJOY MEETING YOUNG PEOPLE,” HE SAYS. “I’M A BIG FAN OF CENTRAL BECAUSE OF THE SUCCESSES I SEE, WHETHER THEY ARE IN ATHLETICS, MUSIC OR ANY OTHER AREA.” DANKS SAYS CENTRAL PROVIDED HIM WITH “A GREAT EDUCATION AND A NUMBER OF OPPORTUNITIES, AND I LEARNED TO CONVEY MY IDEAS AND THOUGHTS TO PEOPLE ANYWHERE IN THE WORLD.”



Personalized license plates are one way Fegley shows spirit.



Fegley’s Champion Room is a pro-Central zone.



A custom lamp has a place of honor in the kitchen.





## FANS FOR LIFE

Alumni have experiences in college that stay with them for life as cherished memories. But for several Central cross country and track runners, that wasn't enough. They wanted to mark their Central spirit permanently on their bodies. In a tradition that dates from the early 2000s, some of the runners on Central's

men's cross country and track teams have gotten tattoos that show their Central spirit. It's a tradition that isn't officially handed down, but sort of organically continues as newer generations of runners see the tattoos of older teammates. From 2001 to 2014, runners share what the tattoos mean to them.



Central tattoos have taken various forms, such as Brent Ewing's '13 (left) and Eli Horton's '15 designs (right).

### TJ WEILER '06

Clive

"When I was a freshman I knew there were some upperclassmen/alumni that had similar tattoos. I had wanted one and thought it was a cool idea. ... I loved my time at Central and I met some great people and we had some amazing times. When I see my tattoo it reminds me of those people and those times and makes me grateful for all of them."

### BRENT EWING '13

Ottumwa

"We developed a VERY close-knit team during my years at Central. We were teammates and best friends that had shared a similar dream, to elevate the Central College cross country program to a place where it had never been before. Before long, several of us began talking about getting tattoos. It was almost like a commitment or an act of brotherhood. It was something that we all wanted to do so we all got tattoos on our shoulders so you would be able to see them when we raced with our jerseys on."

### CODY DOUGHAN '14

West Des Moines

"Only a select few have the tattoo really, so that makes it special. It shows we are a part of a family ... Running is our family and the tattoo is a permanent representation of that."

### ELI HORTON '15

Runnells

"My tattoo is a constant reminder of my time at Central and all the hard work I put into running and competing for Central cross country and track. From time to time I will look at my tattoo and remember the great moments I had with my teammates and my coach."

### MORGAN PARKER '00

Pella

"We thought it was fitting to get (a tattoo of) the running man with a Central 'C'. There were four of us (that year) who decided to get a lasting mark ... I got it to mark that I was part of something special, something I was proud to be identified with."

### CHRIS LAUMAN '01

Pella

"This is something that will always be with me. It represents running, which I still love to do when I have time; it represents Central, which gave me many opportunities and experiences that I'll never forget, and it represents a great group of guys that I had a chance to be a part of and will never forget."

### SETH COMFORT '03

Johnston

"I made lifelong friends through running. Running thousands of miles with these guys creates a bond like nothing else. I am proud to have attended Central College and be a Dutchman! That is something I will have with me throughout my life; this tattoo was a small way to show that."

## BUSKER FAMILY



The Busker family shows Central spirit. Above, left to right: Noah, Nathan and Kara. Top right, counterclockwise from bottom left: Matthew, Mary, Noah, Kara and Nathan. Bottom right: Noah.

Nathan Busker '89 jokes that some of his friends claim they have never not seen him wearing Central apparel. But the joke is close to the truth. Busker owns so much Central-branded gear he could go for weeks wearing a different item each day.

Living in Oakland, N.J., where he is pastor of Ponds Reformed Church, Busker sees wearing Central apparel as a way to be an ambassador for the college, as well as showcase his Central pride. "It provides an opportunity to share," he says. "People may see a shirt and ask 'Where is Central?' and it gives me a chance to tell them about it."

Central pride runs deep in the Busker family. In addition to Nathan, his wife Kara '89, children Noah '16 and Mary '20, his two sisters and father all attended Central. On Kara's side the Central graduates include her sisters and brother, her parents (one of whom, Richard Glendening '62, taught economics at Central for many years), her grandmother, two aunts and one uncle.

Busker says the family promotes Central because they value the foundation they received. "I love going back because there's something that helps to re-center us when we're back on campus," he says. "You're reminded of those values you learned of constant growth, critical thinking and analysis and the love of learning."

The Buskers also learned to be global citizens at Central. "My family travels all the time and we blame Central for that," Busker says.

Showcasing their Central pride has become something of an obsession. In addition to license plates, bumper stickers, coffee mugs and apparel, the family often chooses to wear Central gear for any family photos. The first outfit Busker's son Noah wore was a Central bodysuit, and no matter the weather, Busker has a Central coat and matching hat ready to go. "We may be the biggest fans east of the Mississippi River," he says. "But the family looks good in red, so how can we lose?"





# GOING BEYOND

A STUDENT-FACULTY RESEARCH TRIP TO SCOTLAND OPENS DOORS AND EXPANDS HORIZONS.

By Paula Reece '95

It was Central's study abroad program that sealed the deal for Emma Simmons when she was choosing a college. "I always knew I wanted to study abroad," says Simmons. "Many of the schools I was looking at ran their programs through Central, so I decided to come here rather than go somewhere that was just going to use this program."

Simmons, a senior from Davenport, graduated this spring with a double major in anthropology and Spanish and a double minor in French and theatre. While still an undergraduate, Simmons was able to experience opportunities typically only available to grad students, thanks in part to a tenacious drive, a supportive professor and an accommodating educational institution.

The British Isles have fascinated Simmons since she can remember. While in high school, Simmons started

paying attention to news of Scotland's independence movement, following it all the way through the fall of 2014, when Scottish citizens voted down a national referendum to make theirs an independent country, by a narrow margin of 55 to 45 percent.

Cynthia Mahmood, Frank Moore Endowed Chair of Anthropology and professor of anthropology at Central, recalls learning of Simmons' draw to Scottish independence during Intro to Cultural Anthropology, the first of many courses Simmons took with her. It was a topic with which the professor wasn't extremely familiar. "I had studied nationalist and separatist movements in other parts of the world, so I was immediately interested when Emma mentioned it," she says.

Knowing Simmons' desire to learn more about Scotland, Mahmood last year

suggested she apply for a Central College Sustainability Summer Undergraduate Research Fellowship supported by the Margaret A. Cargill Foundation to complete a summer research internship there.

"I don't think I would have had the idea to travel to Scotland if she hadn't told me about this opportunity," says Simmons. Although usually done at the graduate level, Mahmood has taken other undergraduates in the field before, believing that fieldwork is the best indicator of whether a person is really cut out for a career in anthropology. However, not all students are ready for the challenge this early. "Emma is a particularly mature and independent person with an extensive travel background and a strong motivation for anthropology, so I knew she'd do well," Mahmood says.

## RESEARCH PARTNERSHIP

As evidenced by the interest she took in Simmons, dedication to student learning has marked Mahmood's career. During her first stint teaching at Central in 1989, she received the Outstanding Performance Award for Teaching. At the University of Maine, she was inducted into Phi Kappa Phi as Outstanding Faculty Member, and she received the Edmund P. Joyce, C.S.C. Award for Excellence in Undergraduate Teaching while at the University of Notre Dame.

After introducing her to the grant, Mahmood helped Simmons write a proposal and focus her research. Mahmood herself applied for and received funding from the Moore Family Foundation. Since it was a faculty development grant particularly focused on teaching and faculty/student collaboration, Mahmood was able to travel and work with Simmons throughout the trip. Funding also came from the Central College Office of Academic Affairs.

For five weeks, the teacher/professor pair traveled throughout Scotland carrying out their ethnographic research in Edinburgh, Inverness, Aberdeen and Glasgow. Anthropologists conduct research differently than other social sciences, adopting an on-the-ground approach, in which they engage in participant-observation. The method

involves talking face-to-face to a large number of people instead of doing surveys or formal interviews. This allows the researchers to uncover realities that wouldn't otherwise be apparent from other forms of social science studies. "For example," says Mahmood, "we hung out with folks in pubs or cafes. We talked to people on trains. We talked to political figures at the Highlands Council in Inverness. And so on. Anyone, anywhere."

Simmons discovered an encampment of independence-minded people that turned out to be informative outside the Scottish Parliament at Holyrood. In an article they wrote, Mahmood and Simmons described, "Residents are determined to stay here until Scotland attains independence, despite threats of eviction from the grounds."

It turns out Simmons and Mahmood probably couldn't have chosen a more relevant time to conduct their research abroad, considering the implications the Brexit referendum in the United Kingdom will likely have for Scottish independence. Mahmood says that since the Brexit vote, Scottish nationalists are again gearing up for a referendum, since many Scots want to stay with the European Union even though Britain voted to leave.



Emma Simmons

## NEXT STEPS

When they returned from Scotland, their work continued. Mahmood and Simmons coauthored an op-ed that was published in The Des Moines Register, followed by a longer article for Anthropology News, the most widely read publication in the anthropology field. They continue to work on a longer academic piece that they will also publish. "It is still strange for me to think that I have already been published," says Simmons. The duo has also given several talks about their experience to Central faculty, staff and donors.

Simmons recognizes that opportunities such as she's had at Central wouldn't likely be offered to students at larger universities until graduate school. "I know I wouldn't have had the same individualized attention that I had here," she says. One advantage of attending a school the size of Central is the ability to develop relationships early on in students' academic careers. "At Central, students have the opportunity to get to know faculty and develop initiatives like this," says Mahmood. "This is also possible at large universities, but less likely." She also credits Central administration with trusting its faculty with projects such as this. "Unique to a small liberal arts college like Central was the institution's willingness to back me up in turning to a new topic I had not studied before in my research career — I really appreciate that."

Simmons says the venture helped her make decisions about life after Central. "After I graduate, I plan to spend a year with the AmeriCorps Vista program," she says. "This experience has given me the courage I needed to take a leap of faith."

"THIS EXPERIENCE HAS GIVEN ME THE  
COURAGE I NEEDED TO TAKE A LEAP OF FAITH."

EMMA SIMMONS

20

Approx. 20 students conduct research with Central professors each summer.

100+

Each semester more than 100 students present at Central's Undergraduate Research Symposium.





## ALUMNI THRIVE IN HEALTHCARE CAREERS.

By Jenni Hodges

SCORES OF CENTRAL GRADUATES HAVE LAUNCHED CAREERS IN HEALTHCARE, BECOMING DOCTORS, NURSES AND SURGEONS – EVEN TRAINING THE NEXT GENERATION OF HEALTH PROFESSIONALS. WITH HUNDREDS OF CURRENT STUDENTS ENROLLED IN PRE-PROFESSIONAL HEALTH FIELDS, CENTRAL'S NETWORK IS BOUND TO KEEP GROWING.

# 100%

100 percent of recent chemistry graduates are employed in their areas of interest or attending grad schools.

Central is one of only seven Iowa private colleges or universities with a chemistry program approved by the American Chemical Society.



Central grads' acceptance rate into medical school is **1.6 times greater** than the national average.

Nursing students can major in biology, psychology, sociology, exercise science, communication studies, integrated studies or anthropology.

# 201

201 students are currently enrolled in pre-professional health fields.

**100 percent** of graduates are accepted into their first- or second-choice graduate program in these fields: pre-dentistry, nursing, optometry, pharmacy, chiropractic.

Central's largest pre-professional health programs are: physician assistant, pre-med, physical therapy and nursing.

Get to know these grads working in physical therapy, emergency care, healthcare administration and more.





#### STEVE PERKINS '01

Family physician, Franciscan Skemp Mayo Health System Waukon, Iowa  
Undergraduate major: Biology  
Doctor of Osteopathic Medicine, Des Moines University

“Serving as a rural family physician, I am able to care for those from conception until natural death, and it is amazing to be delivering a baby one minute and then running to the ER for a trauma victim and then back to the clinic or nursing home to provide preventative services. It’s a challenge and one that grows harder by the day. There are only 200 graduates per year nationwide that want to practice in a full-spectrum rural manner, so there is a tremendous shortage of physicians and an incredible need for those who live in the country.

“Every moment at Central helped me on my journey. From courses in the humanities, my experiences as an RA, my time in the weight room, my time on the football practice and the game field, to the service requirements, to meeting my wife, Stefanie Bresnahan '02 in calculus class (where all true love should be found), I wouldn’t be where I am today if not for Central College! I have been able to use something from each course to help me when it comes to serving my patients. Those who think the liberal arts are dead are sorely mistaken!”



#### GINA KOLK '84

Physical therapist, NovaCare Rehabilitation Oak Park, Ill.  
Undergraduate major: Biology  
Physical therapy, Northwestern University

“I credit my mother for influencing my career. I was a nurse’s aide in high school, and I loved interacting with the residents. My mother researched careers in healthcare and thought physical therapy would be an up-and-coming profession. She turned out to be right. I have been working full-time since 1984. I enjoy the problem solving the job requires. If you have good listening skills, the patient will tell you what is wrong, and it becomes my job to determine how I will assist them to feel better. We use the term, differential diagnosis, and I am very good at putting all the pieces together.”

#### HIGHLIGHTS AT CENTRAL:

- Late nights in the science lab counting fruit flies and writing lab reports
- Studying abroad in Merida
- I credit Dr. Art Bosch for writing my letter of recommendation



#### BRENT DUNLAP '96

Optometrist, Dunlap Vision Bourbonnais, Ill.  
Undergraduate major: Interdisciplinary studies  
Optometry, Illinois College of Optometry

“The greatest enjoyment comes from helping others. Something as simple as changing a glasses prescription or as complex as diagnosing an ocular condition with unfortunate systemic complications can be very fulfilling. I shadowed an optometrist in my hometown and applied for a part-time job at Eye Care Partners in Pella. While working there, I discovered this is what I would do.

“My experience on the Central College wrestling team has been especially important in my life. The relationships I developed with the coaches, staff and teammates are strong still today. I cherish the memories of our time training together, suffering together and celebrating together.”



#### KELLY BRAASCH PUSTER '87

Chairman, Medical Staff Quality Improvement Committee, Elkhart General Hospital Elkhart, Ind.  
Undergraduate major: Chemistry  
Doctor of Medicine, University of Iowa College of Medicine

“I had teaching or research in mind and spent many hours in Vermeer Science Center taking classes with the illustrious Dr. Bosch, who was also my advisor. After a dull summer research experience in Ames, working in a window-less lab, left me somewhat disenchanted just prior to my senior year, I went to him for advice about what path to take. He simply and wisely said, ‘Why don’t you try medicine?’ I took his advice and was accepted to the University of Iowa College of Medicine.

“Choosing to pursue a career in general surgery was not my original goal. Due to my love of kids, I presumed OB/GYN or pediatrics would interest me, but that was definitely not the case! Being in the operating room ‘fixing things’ and making bad situations better while using my hands made the most sense to me. There is immediate gratification in removing a part of the colon with cancer in it, patching a hernia, taking out an inflamed appendix or a parathyroid tumor. There is so much variety in general surgery work that I am never bored.”

#### HIGHLIGHTS AT CENTRAL:

“I remember the feelings of disbelief and alarm to learn that Coca-Cola would clean our ground glass containers in the chemistry lab!”



#### ERIC '99 AND ANGIE IRELAN FORSBERG '00

Owners and dentists, Pleasant Dental PC and Altoona Smiles PC Altoona, Iowa  
Majors: Biology  
Doctor of Dental Surgery, University of Iowa College of Dentistry

**ANGIE:** “It all started at Central. We met each other in Vermeer Science Center and started dating in 1997. Central was a good core for studies. Biology and chemistry were challenging. The family at Central, in hindsight (after studying at a large university), was irreplaceable.”

**ERIC:** “I chose Central because of Coach Ron Schipper. Not knowing what I wanted out of college, I instinctively knew he was invested in me as a student and citizen. It was a unique vibe I didn’t feel anywhere else. Playing football for him (along with Coaches Rich Kacmarynski and Eric Jones) was the best introduction anyone could have had to team building. Trust, respect, care, have a plan for your time... there likely wouldn’t have been a career in dentistry if it wasn’t for his commitments.

“It was my student adviser, Dr. Barbara Liedl, who introduced me to the idea of becoming a dentist, handing me a business card from Dr. David Barnes in Pella and stating something along the lines of, ‘I think this could be a good fit for you.’ I started shadowing at Dr. Dave’s office the next week and never thought twice about anything else.”

**ANGIE:** “I wanted to be a pharmacist but had a change of heart. My husband, Eric, was in dental school and was stressed out. He said I should join him so he was not “miserable” by himself. I had a mentor in high school who was my softball coach and a dentist. I wanted to be just like him but never thought I would have a chance to make it into dental school and actually have a career in dentistry. I can thank my husband for re-igniting the idea.”



#### HEATHER BORGMAN REINKE '11

Emergency department registered nurse, UnityPoint Health, Iowa Methodist Medical Center Des Moines, Iowa  
Undergraduate major: Biology  
Bachelor of Science in Nursing, Mercy College of Health Sciences

“I have been around medical professionals my entire life. I had many tests for an unexplained pain in my foot when I was in second grade. And when I was in fourth grade, my mom was diagnosed with breast cancer. While I don’t remember every detail about these experiences, I do remember people who were kind and reassuring. That’s what I strive to do in my daily work.

“While at Central, I learned through a friend of an EMT course happening. Knowing my love of adrenaline rushes, I took this course after my senior year and started with the Pella Community Ambulance as a volunteer EMT.”

#### HIGHLIGHTS AT CENTRAL:

“Studying abroad was the best thing I’ve ever done — now second only to getting married and having a child. I grew up and matured a lot during my time in London. Learning to live on my own, managing time and money, and making friends with people I had never met made me step out of my comfort zone. While I was in London, I also got to do my internship at West Middlesex University Hospital. During my time there, I was able to observe in many different wards to get a feel for how medical care is there and how different wards function.”

# “EVERY MOMENT AT CENTRAL HELPED ME ON MY JOURNEY.”

-STEVE PERKINS '01





## *Journey* SCHOLARSHIP FUND

**JOURNEY SCHOLARSHIPS MAKE  
CENTRAL POSSIBLE FOR HUNDREDS OF  
STUDENTS EACH YEAR.**

April 20, we celebrated donors to endowed scholarships and Journey Scholarships at the annual Scholarship Celebration Dinner. It's a chance for students to meet and thank donors in person for their life-changing generosity. In attendance were 629 donors, students and family members.

All Journey Scholarships support first-year and returning students. Join with other Central alumni, parents and friends by making your gift today:

**WWW.CENTRAL.EDU/GIVE**

**800-447-0287**

**MAIL THE ENCLOSED ENVELOPE**

# FOREVER DUTCH

**YOUR TEAM. YOUR TIME.**

### PLANNED RENOVATION HIGHLIGHTS INCLUDE:

- ☐ Athletic training room
- ☐ Team space
- ☐ Welcome center
- ☐ Conference room/suite
- ☐ Offices
- ☐ Locker rooms



**APRIL 20, 2017**

As momentum for the renovation of the existing P.H. Kuyper Gymnasium continues to build, the Central College family paused to celebrate the \$12 million expansion to the facility April 20. The expansion includes a new lobby, locker room, wrestling room, Athletics Hall of Honor and All-America Corridor. The event included the naming of the M. Joan Kuyper Farver Atrium, a tribute to the late trustee emerita and the Kuyper, Farver and Griffith families' century-old legacy of generosity.

But work is far from complete. Much remains to be done to renovate the original building, which is nearly 50 years old, and work cannot resume without your support. Will you help us better serve our students? These game-changing facilities will be a legacy that will endure for years to come.

**Give now at  
forever.central.edu.**

## USE YOUR IRA TO MAKE YOUR JOURNEY SCHOLARSHIP FUND AND FOREVER DUTCH CHARITABLE GIFTS.

### SEE YOUR GENEROSITY IN ACTION

If you are 70½ years old or older, you can take advantage of a simple way to benefit Central College and receive tax benefits in return. You can give up to \$100,000 from your IRA directly to Central without having to pay income taxes on the money.

#### Why Consider This Gift?

- Your gift will be put to use today, allowing you to see the difference your donation is making.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions.
- If you have not yet taken your required minimum distribution for the year, your IRA charitable rollover gift can satisfy all or part of that requirement.

It is wise to consult with your tax professionals if you are contemplating a charitable gift under the extended law.

Please feel free to contact Don Morrison at 641-628-5280 or [morrisond@central.edu](mailto:morrisond@central.edu) with any questions you may have.



## ALUMNI

### NEWSNOTES



▲ **Gary Cutler '75** enjoyed a fishing trip late this past summer with a group of Central alums to Lac Seul, Ontario, in remembrance of their coach, Ron Schipper. During Gary's senior year, **Al Dorenkamp '75** and **Randy Busscher '75** asked the coach if they could go fishing prior to a football scrimmage. They did not go fishing that day; however, coach did take the seniors fishing in the spring after their senior season and a tradition was born. This year the crew included **Denny Brass '68**, **Bob Graefe '69**, **Al Dorenkamp '75**, **Randy Busscher '75**, **Gary Cutler '75**, **Al Paris '77**, **Steve Rohach '77**, **Jim Boeke '77** and **Dave Mick '78**. Gary and wife Beth live in Verona, Wis.

#### '60s

**Lesley Diehl '65** of Morris, N.Y., has authored the fourth book in the Eve Apple Mystery Series entitled "Mud Bog Murder." Leslie's books are available on Amazon.

#### '70s

For information about **George Wares '76**, see the '10s.

**Ricky Johnson '71** retired after 35 years as a United Methodist minister at St. Paul's United Methodist Church in Elgin. Ricky and wife **Paula Paschal Johnson '71** live in Waverly.

**Gerald Piester '73** teaches at Harmony High School in St. Cloud, Fla., where he lives with wife Pamm.

**Mike Moore '75** of Pella retired after 40 years in the IT industry – the last 17 at Pella Corp. In retirement, Mike is getting caught up on the honey-do list wife **Kathy Maher Moore '77** has compiled over the last 30 years.

**Hildy Bowbeer '76** is magistrate judge in the U.S. District Court in St. Paul, Minn. After losing her husband of 28 years to cancer, Hildy reconnected in 2015 with law school classmate Bill Klein, and they were married in January. Hildy and Bill live in Minneapolis.

**Jeff Lovell '76** and **Robbi Deits** of Sturgeon Bay, Wis., were married Oct. 7.

**Jeff Anderson '77** of Sunrise Beach, Mo., retired after 25 years as accounting office manager of Lisle Corp. in Clarinda, Iowa. Jeff and wife Donna co-own 6 Star Management, a vacation condo rental company at the Lake of the Ozarks.

**Debra Baker Arett '77** is a sales consultant for RCI. Debra and husband Kyle live in McDonough, Ga.

**Lisa Shaffer Migl '77** is the tendering manager at Cameron International Corp. in Houston, Texas, where she lives with husband Timothy.

#### '80s

For information about **Tony Braid '89**, **Heidi Hanssen Hoffman '89**, **Rita Bushbaum Taylor-Stewart '89** and **Taunya Van Surksun Westhoff '89**, see the '90s.

For information about **Dennis Schrodt '80**, **Karen Valentine Thuerlauf '84** and **Matt Diehl '87**, see the '10s.

**James Lee '81** of St. Louis, Mo., is the coordinator of international scholars at Washington University, in association with St. Louis Children's Hospital and Barnes Jewish Hospital.

**Raymond Beattie '82** teaches social studies in the San Diego Unified School District, where he lives with wife Linda. Ray holds a B.A. and teaching certificate in physical education and social studies from Point Loma Nazarene University.

**Curtis Gunnink '84** is a residential mortgage officer at Avenue Mortgage in St. Charles, Ill., where he lives with wife Abbe and their two daughters.

**Nancy Cisar Wright '84** and **Eric Brown** of Pella were married June 19, 2015. Nancy is the director of the Educational Opportunity Center at Indian Hills Community College in Ottumwa.

**Peggy Foster-Torrance '85** is the human resource director at Concordia College in Moorhead, Minn. Peggy and husband Alan live in Wahpeton, N.D.

**Marty Langel '85** is human resources manager at Zero Energy Systems in Cedar Rapids, where he lives with wife Jan.

**Lance Newbold '85** of Edmond, Okla., is vice president for student affairs at Rose State College in Oklahoma City. Lance and wife Margell are the parents of two sons.

**Darren Huinker '86** is sales manager at HEM Paving in Grundy Center. Darren and wife Janel live in Altoona. They are the parents of three children.

**Ken Crawford '87** is superintendent for the Lone Tree Community School District. Ken and wife Dawn live in Wilton.

**Bill Spurbeck '87** is pediatric surgeon at Texas Tech University in El Paso, where he lives with wife Victoria.

**Christie Brandenburg '89** and **Roberto Coral** of Fort Atkinson were married June 17, 2016. Christie and Roberto met when she was attending the study abroad program in Merida during her senior year.

**Lisa Beaman Harsh '89** is academic coordinator for the outreach program at the University of Wyoming. Lisa and husband Doug live in Powell.

#### '90s

For information about **Darin Grice '90**, **Sharon Thuerlauf Grice '90**, **Todd Christensen '92**, **Trudy Norman Neff '95** and **Kerry Neff '95**, see the '10s.

**Todd Borger '90** owns and operates TJB Consulting Group, LLC in Longmont, Colo. Todd and wife Marianne are the parents of 10 children.

**Lori Schaefer Rempe '90** was promoted to director of corporate treasury at FBL Financial Group, Inc. in West Des Moines. Lori and husband Mark live in Ankeny.

**Mark Babcock '91** was elected by the American Choral Directors' Association to be president of the Iowa Choral Directors' Association (ICDA), which boasts a membership of nearly 1,000 choral directors/music teachers. Mark is the M. Joan Kuyper Farver Endowed Chair in



◀ **Kris Brandt Vaughn '90** enjoyed a reunion this winter with her former suitemates in Kansas City ending a 25-year drought since the last time they were all together. Pictured (left to right): **Heidi Hanssen Hoffman '89**, **Rita Bushbaum Taylor-Stewart '89**, **Taunya Van Surksun Westhoff '89** and **Kris Brandt Vaughn '90**. Kris and husband **Trent Vaughn '90** live in Dallas, Texas. They are the parents of two children.

Music at Central College. He lives in Des Moines with partner **Tony Braid '89**. Tony is vice president of international banking at Bankers Trust International in Des Moines.

**Donna Decker Hefner '91** of Park Forest, Ill., is a paraprofessional at Elim Christian Services in Palos Heights. Donna and husband Jeremy are the parents of three children.

**Kristin Schakel Gibbar '92** was promoted to managing director of global operations at Black & Veatch. Kristin and husband Scott live in Overland Park, Kan., with their two children.

**Laura Bach Olson '93** teaches life science at Maple River High School in Mapleton, Minn., where she lives with husband **Jeremy Olson '97**. Laura is serving a two-year term as president of the Minnesota Fastpitch Coaches Association. Jeremy has been promoted to shop production supervisor at Jones Metal, Inc. in Mankato. They are the parents of two current students who are the cause for frequent return visits to Central to watch their son play football and their daughter play softball for the Dutch.



▲ **Tim Hoekstra '95** of Ames enjoyed a reunion tour to Italy with his fellow A Cappella alumni last year. They are pictured (left to right): **Mark Babcock '91**, **Dani Law '13**, **Joel Maidens '10**, **Liza Calisesi Maidens '10**, **David Schildberg '09**, **Brianne Schumann Schildberg '09**, **Brandon Vogel '10**, **Torie Hollingsworth '15**, **Kevin Templeton '13**, **Lexus A Waymire '15**, **Tim Hoekstra '95**, **Carston Calderwood '14**, **Barb Mathes**, **Christopher Ellerston '12** and **Jared Fritz-McCarty '09**. Tim is a media specialist at the Mary Greeley Medical Center. He owns and operates Hoekstra Video Services.





**Curt Pakkebie** '95 teaches physical education at Kennedy High School in the Cedar Rapids Community School District, where he is head track coach. Curt and wife Lisa live in Cedar Rapids with their two sons.

**Mark Sabala** '95 guided the Hermitage High School boys cross country team to its third consecutive Class 1 State Championship in Jefferson City, Mo. in November. Mark was named Southwest Missouri Class 1 Boys Coach of the Year for the third consecutive year, and boys cross country Coach of the Year for Class 1 by the Missouri Track and Cross Country Coaches Association for the second year. He was also honored in August as the National Federation of High School Associations (NFHS) Missouri State Boys Cross Country Coach of the Year for the second consecutive year. Mark and wife **Stacy Duff Sabala** '95 live in Wheatland. They are the parents of three children. Stacy teaches math and Title 1 speech at Hermitage High School in Hermitage.

**John Vogelaar** '95 of Des Moines is vice president of finance and business operations at Aureon in West Des Moines.

**Sarah Ferguson** '96 and Russ Hobson of Lititz, Pa., were married in 2004. They are the parents of two children. Sarah is a preschool early intervention psychologist at Lancaster Lebanon IU13 in Lancaster.

**Robert Guritz** '96 is a desktop support technician at Peak Systems/Hewlett-Packard Enterprise. Robert and wife Rachel live in O'Fallon, Mo.

**Sarah Kuhn Henderson** '96 was appointed to serve on the City of Urbandale Parks and Recreation Commission. Sarah is director of managed print solutions for The Clover Imaging Group. She was the featured speaker at the Imaging Technology Exposition in Las Vegas in April. Sarah and husband Todd live in Urbandale with their two children.

**Shonda Miller Hershberger** '96 is executive director of market development at the March of Dimes in

West Des Moines. Shonda and husband Mike live in Ankeny with their two children.

**Carrie McNeese Valster** '96 is vice president of client services at ITA Group Inc. in West Des Moines. Carrie and husband **Michael Valster** '96 live with their two children in Pella, where Michael is president at MVAL FTC, Inc. in Pella.

**Holly Duncan Hunt** '98 is an occupational therapist at Kindred Healthcare at North Kansas City Hospital. Holly and husband **Chuck Hunt** '98 live in Kansas City, Mo., with their three children. Chuck is a technology architect at Cerner Corp.

**Annique Brown Kiel** '99 is executive director of the global engagement and

international programs at Drake University in Des Moines, where she lives with husband Adam and their two daughters.

**Stacey Buresh Mueggenberg** '99 is the recipient of the Professional Women's Network Woman of the Year Award. Stacey is a senior distribution consultant at Principal Financial Group. She and husband Chad live in Fairfax with their two children.

**Carrie Tibben** '99 and Michael Bauer were married Sept. 6, 2014. Carrie is a special education consultant for Heartland Area Education Agency. She and Michael live in Audubon with their daughter.



▲ **Angela Vander Werf** '03 and Adam Kruse of West Des Moines were married Nov. 7 in Kauai, Hawaii. Angela is the REO community outreach manager at Wells Fargo. They are pictured first row (left to right): **Stephanie Brown Gill** '03, **Chris Gill**, **Aaron DeKock** '03, **Angela Vander Werf Kruse** '03, **Adam Kruse**, **Jana Heiting-Doane** '03 and **Andy Heiting-Doane** '04. Second row: **Eric Ortegren**, **Shelly Johnson** and **Jay Johnson**. Third row: **Heidi Ortegren**, **Holly Bergman** and **Amy Kreamalmyer Van Maanen** '03. Fourth row: **Scott Bergman** and **Erin Ver Ploeg Jansen** '03. Fifth row: **Brian O'Neill**, **Katie O'Neill** and **Corey Jansen**. Sixth row: **Todd Pietig**, **Mandy Pietig**, **Austin Bonnema** '03 and **Michelle Bonnema**.



## '00s

For information about **Jared Fritz-McCarty** '09, **Brianne Schumann Schildberg** '09 and **David Schildberg** '09, see the '90s. For information about **Cara Scott Oldham** '03, **Kerri Salow Hays** '07, **Sarah Heaberlin Jurgens** '07, **Derek Klopfenstein** '07, **Chrissy Buitenwerf Clawson** '08, **Janna Hammes** '08, **Sara Wade Sump** '08, **Alex Billings** '09, **Marianne Coonan Davidson** '09 and **Greg Foote** '09, see the '10s.

**Kristina Oeth Stanger** '00 is an attorney at the law firm of Nyemaster Goode West Hansell & O'Brien in Des Moines. Previously she served as an executive officer with the United States Army. Kristina and husband Doug live in Urbandale.

**Curtis DePree** '02 and Laura Vander Wal were married Oct. 2015. Curtis is an administrator and teacher at Potter's House High School in Wyoming, Mich. Curt and Laura live in Jenison.

**Jason Lester** '02 of Cedar Rapids is an event production manager at VenuWorks of Cedar Rapids LLC.

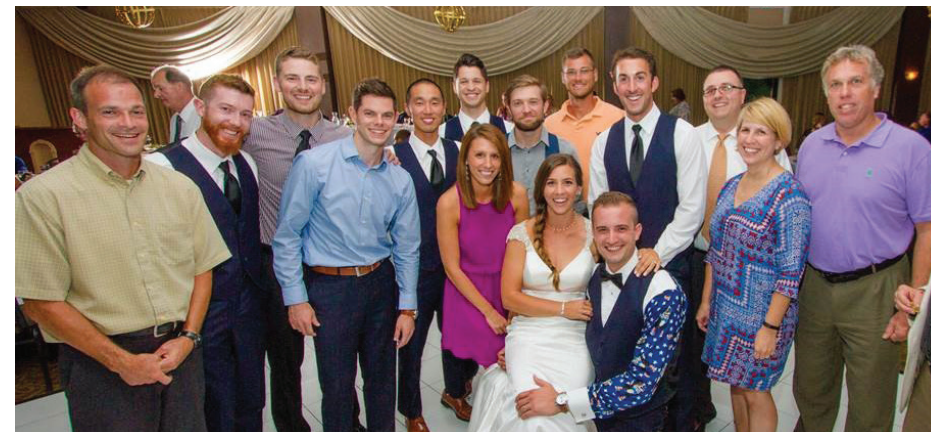
**Angela Van Riessen** '02 and Walt Lehmann were married June 17, 2016. Angela is a placement consultant at Holmes Murphy Financial Services in West Des Moines. Angela and Walt live in Des Moines with their son.

**Kristin Sullivan Intelisano** '03 of Mantua, N.J., is a trade sales representative with Gunton, an independent distributor of Pella Corp. in Philadelphia, Pa.

**Adam Swisher** '04 of Fort Dodge is a family medicine doctor in Gowrie affiliated with Stewart Memorial Community Hospital.

**Adam Jackson** '05 is regional sales manager at Power/mation in Rochester, Minn. Adam and wife **Trichelle Velky Jackson** '08 live in Forest City with their daughter. Trichelle is an optometrist at Family Eye Care Center in Forest City.

**Ali Schlappkohl** '05 and Blake Harms of Johnston were married April 5, 2014. Ali is an admission counselor at Drake University in Des Moines.



▲ **Kara Kommes** '10 and **Jordan Gegner** '10 of Vancouver, Wash., were married Sept. 24. Jordan is an F-15 fighter pilot in the Oregon Air National Guard and is stationed at PDX. Kara is a project coordinator for Wells Fargo and a yoga instructor at Flow Hot Yoga. They are pictured front row (left to right): **Kara Kommes Gegner** '10 and **Jordan Gegner** '10. Second Row: **Todd Christensen** '92, **Greg Foote** '09, **Alex Kleis Rosien** '12, **Noah Mortell** '12, **Alex Miller** '10 and **Trudy Norman Neff** '95. Back row: **Matt Patrick** '10, **Jameson Rosien** '11, **Dave Vonnahme** '10, **Breighen Powell** '12, **Kurtis Brondyke** '11, **Kerry Neff** '95 and **Dennis Schrodt** '80.

**Chris Borgman** '06 is a clinical instructor at Southern College of Optometry in Memphis, Tenn. Chris and wife **Becky Wells Borgman** '07 live in Collierville with their two daughters.

**Matt Lynch** '06 is deputy staff judge advocate with the United States Air Force at Little Rock Air Force Base in Little Rock, Ark.

**Nate Rasmussen** '06 is associate director of plant management at Merck in Ames. Nate and wife **Megan Shields Rasmussen** '07 live in Britt with their two children. Megan is an insurance agent at Central Financial Group.

**Cheri Kelleher Boat** '07 and Cody Boat of Gresham, Ore., were married Sept. 9, 2014. Cheri is a payroll and human resource specialist for McMenamins Pubs and Breweries in Portland.

**Randi Johnson Malone** '07 is associate director at Diversified Management Services in West Des Moines. Randi and husband Taylor live in Des Moines with their two daughters.

**Jessica Jensen Albers** '08 is a doctor of optometry at the Cheyenne and Laramie Vision Clinics. She was named

Wyoming Young Optometrist of the Year by the Wyoming Optometric Association at its winter convention in Cheyenne. Jessica was recognized for her work with the Wyoming Children's Vision Collaborative, Head Start and a medical mission to Kenya, Africa. Jessica and husband Cory live in Cheyenne.

**Benjamin Gander** '08 is vice president of treasury management at Dubuque Bank & Trust in Dubuque, where he lives with wife **Kyli Hake Gander** '07 and their two children.

**Lindee Russell Jeneary** '08 is bureau chief of Promise Jobs for Iowa Workforce Development in Des Moines. Lindee and husband **Phillip Jeneary** '07 live in Clive with their daughter. Phillip is director of government relations for the Iowa Association of School Boards.

**Christopher Gales** '09 is a business systems analyst at Supervalu Inc. in Eden Prairie, Minn. Chris and wife **Jennifer Flater Gales** '10 live in Hopkins. Jenny works in accounts receivable at Capernaum Pediatric Therapy in Edina.





► **Amanda Scott '10** and **Joe Drey** of Waukee were married July 23. Amanda is a marketing specialist at the IMT Group in West Des Moines. They are pictured in a photo taken by **Kerri Salow Hays '07** (left to right): **Sarah Heaberlin Jurgens '07**, **Stacey Kracht '10**, **Lindley Sharp '10**, **Scott Tryon '91**, **Sara Wade Sump '08**, **Joe Drey**, **Amanda Scott Drey '10**, **Janna Hammes '08**, **Chrissy Buitenwerf Clawson '08**, **Cara Scott Oldham '03**, **Derek Klopfenstein '07**.



► **Holly Von Fumetti '12** and **Curtis Hobbs '11** of Pella were married Aug. 6. Holly is associate product specialist at Pella Corp., where Curtis is a department manager. They are pictured front row (left to right): **Chelsea Greiner Kaller '14**, **Whitney Sowers '15**, **Ashley Holcombe '11**, **Jess Edler '12**, **Holly Von Fumetti Hobbs '12**, **Curtis Hobbs '11**, **Chris Kilgannon '13**, **Greg Barner '12**, **Matt Diehl '87**, **Trevor Hixon '11** and **Jared Hermann '12**. Second row: **Aimee Crooks '11**, **Rachel Whiteside '12**, **Angela Davis '12**, **Kallie Schive Judkins '15**, **Dana Van Renterghem '15**, **Karlee Rock '15**, **Abbey Strajack '15**, **Chris Wedemeyer '14**, **Sam Aplan '15** and **Nate Fell '11**. Third row: **Katie Tenboer '11**, **Laura Braun Kneib '10**, **Kiley Lythberg Liming '11**, **Jordan Judkins '14**, **Shannon Coulson '15**, **Jordan Overland Pritchard '14**, **Paige Heesch Schroeder '15**, **Melissa Dunlap '11**, **Josh Atwell '13**, **Joe Atwell '13**, **Eric Wilkerson '12** and **Ben Burzacott '12**. Fourth row: **George Wares '76**, **Alicia O'Brien**, **Natalie Deming Theroux '10**, **Corey McPherson '13**, **Loren Liming '10**, **Ashley Phipps '13**, **Caitlyn Meyer '13**, **Heidi Reburn Willis '13**, **Eric Van Kley**, **Tommy Van Renterghem '12**, **Treaver Willis '13**, **Theron Stewart '13**, **Sam Retz Smith '13**, **Andy Kneib '10** and **Travis Smith '11**.

### '10s

For information about **Joel Maidens '10**, **Liza Calisesi Maidens '10**, **Dani Law '13**, **Brandon Vogel '10**, **Torie Hollingsworth '15**, **Kevin Templeton '13**, **Lexus A Waymire '15**, **Carston Calderwood '14** and **Christopher Ellerston '12**, see the '90s. For information about **Jennifer Flater Gales '10**, see the '00s.

**Natalie Deming '10** and **Justin Theroux** of New Sharon were married Sept. 17. Natalie is a physical therapist at 21st Century Rehab in Indianola.

**Amanda Whittle Drost '10** is a payroll and employee leave specialist in the Human Resource Department at Pella Regional Health Center. Amanda and husband Jackson live in New Sharon with their son.

**James Edgeton '10** is an oracle configurator analyst with Pella Corp. James and wife **Adena Schnedler Edgeton '10** live in Pella with their two sons.

**Kyle Michel '10** was commissioned as a Second Lieutenant in the U.S. Army in May. He accepted a position with the City of Elkhart as the city manager/city clerk in December.

**Lindsay Sevde '10** and **Thomas Hegel** of Highlands Ranch, Colo., were married May 28. Lindsay is a customer advocate at Zen Planner in Littleton, Colo.



► **Rachel Thuerlauf '13** and **Taylor Gibbins '13** of Coralville were married June 4. Rachel is a surgical technician at the University of Iowa Hospital, and Taylor is a production manager at Citywide Cleaners in Cedar Rapids. They are pictured first row (left to right): **Steph Hasken '13**, **Allison Jensen '13**, **Taylor Gibbins '13**, **Rachel Thuerlauf Gibbins '13**, **Joanna Peters '13** and **Meghan Cain '13**. Back row: **Perry Harrah '13**, **Emily Thuerlauf '15**, **Karen Valentine Thuerlauf '84**, **Mary DeVries '13**, **Darin Grice '90**, **Joy McEachran Ott '13**, **Emily Miller '13** and **Sharon Thuerlauf Grice '90**.

**Kyle Bales '11** of Bellevue is a fisheries technician 2 with the Iowa Department of Natural Resources.

**Sarah Hugley '11** and **Tyler Rolffs** of West Des Moines were married Aug. 27. Sarah is a certified public accountant at McGowen Hurst Clark & Smith, where she is a supervisor in the audit department.

**Shane Nelson '11** is an athletic trainer with the Iowa Cubs in Des Moines. He began his career with the Cubs organization as an intern in 2010 before securing full-time employment the following season with Rookie-Mesa. He continued to work his way up through Single-A Peoria, Single-A Kane County and Tennessee before joining the Iowa Cubs last season.

**Preston Davidson '12** farms Davidson Farms outside of Northwood, where he lives with wife **Marianne Coonan Davidson '09** and their son. Marianne teaches in the Austin Public School District in Austin, Minn.

**Renae Mauk '12** of Windsor Heights is an awards strategist at ITA Group, Inc. in West Des Moines.

**Elizabeth Moore McOllough '12** is a grain merchandiser at North Central Cooperative in Clarion, where she lives with husband Nick and their daughter.

**Laura Burns '13** of Ames is a research associate II at NewLink Genetics.



► **Ian Michel '13** and **Kathryn Hoemann** of Madison were married Aug. 13 in Des Moines. Ian is an environmental medical services officer with the rank of Second Lieutenant with the Iowa National Guard. Ian will pursue his doctorate at the University of Wisconsin. They are pictured (left to right): **George Hoemann**, **Hannah Monier**, **Shay Foulk**, **Carolyn Hoemann**, **Kathryn Hoemann Michel**, **Ian Michel '13**, **Cody Michel '15**, **Taylor Troyer**, **Kevin Templeton '13** and **Drew Readell '13**.





**Lindsey Hillgartner '13** of Ankeny is a digital initiatives production coordinator at Iowa State University.

**Allison Jensen '13** of North Liberty is associate director of events at the University of Iowa Foundation.

**Nick Marinkovich '13** of Chicago passed the Illinois Bar Exam in July and joined the firm Leahy, Eisenberg & Fraenkel, Ltd. as an associate attorney. Previously, Nick served as judicial extern in the Circuit Court of Cook County.

**Amanda Meacham '13** and **Justin Livingston '14** of Des Moines were married Oct. 29. Amanda teaches kindergarten at Indianola Community Schools.

**Samuel Parker '13** of Baltimore, Md., is marketing manager of U.S. Aviation & Aftermarket with Smiths Detection in Edgewood.

**Ryan Dusil '14** of Fort Collins, Colo., is a transportation planner at North Front Range Metropolitan Planning Org.

**Christoffer Lobberecht '14** is an athletic trainer and fitness specialist at Great River Health Systems in West Burlington. Chris and wife **Kayley Hirschman Lobberecht '14** live in Fort Madison with their son.

**TJ Peretti '14** of Auburn, Wash., is a regional sales coordinator at Pape Machinery in Tacoma.

**Mitch Stearns '14** is an analyst in the office of institutional research and assessment at Drake University in Des Moines. Mitch and wife **Leah Farrington Stearns '11** live in Ames with their daughter. Leah teaches social studies at Ames High School.

**Timothy Gibson '15** of West Des Moines is a communications specialist and administrative assistant at Your Clear Next Step, LLC in Indianola.



▲ **Jodie Landt '14** and Seth Hedman of Pella were married Dec. 19, 2015. Jodie is a campus ministry intern with InterVarsity Christian Fellowship at Central College and William Penn University. They are pictured first row (left to right): Seth Hedman, Jodie Landt Hedman '14, Molly Hale '16 and Abby Fyfe '17. Second row: Kirsten Johnson '16, Claire Stewart Snead '15, Annette Dean '15, Jessica Mozga Finders '15, Morgan Ernst '17, Angie Allgood '16, Anna Bowser '16. Third row: Sam Palmer '17, Amanda Kuhn '16, Blair Berhow-Goll '14, Hillary Stintsman '14, Trevor Finders '16, Hannah Altheide '14, Betsy Van Haaften '17 and Patsy Snead '13. Fourth row: Garrett Southwick '17, Kari Schmidt '12, Amy Holcomb '13, Justine Jackovich '13, Ben Palmer '15, Caitlyn Conway '17, Tate Offenburger '14, Emily De Penning '10, Keegan Flaherty '18, Katie Zimmerman '18 and Mandy Trusty '12. Fifth row: Julia Mohr Flaherty '15, Sara Gregory '13, Kora Scotton '17 and Heidi Schulte '14. Sixth row: Alan Pfadenhauer '15, Austin Aldrich '14, Alex Billings '09, Ricky Boyle '14, Alan McCleary '14, Ryan Blumer '15, Nick Corbin '11, Jakob McDowell '14, Bryn Boswell '13, Trevor Koolmees '14, Spencer Boeyink '16, Matt Van Sant '16, Brandon Fritz '15 and Michael De Joode '15.

**Paige Heesch '15** and **Mitch Schroeder '15** of Pella were married Sept. 3. Paige is employed by PPI and Mitch is a herd manager at High Ridge Red Angus Ranch in Russell.

**Madison Gause '16** of Ankeny is a program associate with the ITA Group, Inc. in West Des Moines.

**Allyson Mann '16** of Waverly is the area coordinator at Wartburg College.

**Jay Pike '16** of Solon teaches third and fourth grade special education in the Fairfield Community School District.

**Melissa Smith '16** of West Des Moines is a programmer at Rain and Hail Agri General Insurance Company in Johnston.



#### ◀ ALUMNI TRIP TO MERIDA

In January, alumni traveled to the Yucatan peninsula to catch performances by the Central College Vocal Combos and tour the area. Highlights included trips to Chichen Itza and Uxmal, a 1,000-year-old World Heritage site. Pictured left to right: **Robin Thomas '69**, **Brian Fegley '80**, **Allison Fegley '08**, **Lori Humphrey Fegley '80**, **Kathy Thomas**, **Kathy Cashen Thompson '87**, **Molly Blythe '08**, **Lara Crow**, **Trent Johnson '07** (behind), **Peter Fegley '11**, **Robert Askren '16**, **Ali Harms '05** and **Zane Peters '16**.



◀ **Maddie Weston '16** and **Blaine Widmer** of Washington were married June 25. Maddie is a financial representative at Thrivent Financial. They are pictured front row (left to right): **Elizabeth Carman '16**, **Ellen Murphy Balk '16**, **Makenzie Harris '17**, **Madelyn Westen Widmer '16**, **Blaine Widmer**, **Raegan Zetterlund '16** and **Jessica Butters '17**. Back row: **Mallory Widmer '14**, **Tim Kahl '15**, **Lauren James Kahl '16**, **Brett Schouten '15**, **Nick McVay '17**, **Tanner Rathjens '17** and **Ashley Radig '16**.



▲ **Makaye Smith '15** and **Lucas Hamilton '16** of Brunswick, Ohio, were married Oct. 15. Lucas is a graduate assistant at Cleveland State University in Cleveland working toward a doctorate in adult development and aging. Makaye is a communications assistant at The Reserves Network in Brunswick. They are pictured first row (left to right): **Joseph Flaherty '14**, **Julia Mohr Flaherty '15**, **Makaye Smith Hamilton '15** and **Lucas Hamilton '16**. Second row: **Jake Temple '15**, **Kathy Connolly '17**, **Geoff Sellers '17**, **Taylor Sanders '17**, **Stacy Mohr '19**, **Beth De Vries '18**, **Natalia Espinosa '18** and **Torie Hollingsworth '15**. Third row: **Melanie Breza '16**, **Michaela Schwenke '16**, **Brittany Carlson '16**, **Betsy Van Haaften '17**, **Brandon Mennenoh '15**, **Joshua Pierce '18**, **Evan Fischer '16**, **Jacob Anderson '16**, **Nelson Wiese '16**, **Madison Gause '16**, **Noel Murray '15** and **Sarah Rohde '15**. Back row: **Josh Prokupek '18**, **Keegan Flaherty '18**, **Tristan Miedema '17**, **Chris Askren '16**, **Wyatt Rath '17**, **Zane Peters '16**, **Mallory Sims '15**, **Rachel Frana Rozendaal '15**, **Nick Rozendaal '15**, **Eileen Westfall '16**, **Nathan Thiessen '15**, **Lexie Waymire '15** and **Daniel Kuttler '16**.



#### ▲ CENTRAL RED

Members of Central RED Society attended a talk by 9/11 survivor Brian Clark April 6 on campus. Clark worked for American international brokerage firm Euro Brokers, which lost 61 employees that day. Clark was one of only four people in the South Tower to escape from a floor above the plane's impact. He was later appointed president of the Euro Brokers Relief Fund, created to assist the families of those who were lost.

Central RED Society is a lifelong learning program that enriches members' lives through relevant, broad-based learning experiences.

Learn more and become a member:  
[www.central.edu/red](http://www.central.edu/red)





### M. JOAN KUYPER FARVER

M. Joan Kuyper Farver, Central trustee emerita and chair emerita of Pella Corporation, passed Feb. 27 at age 97.

Farver, like others in the Kuyper, Farver and Griffith families, was a long-time college friend and benefactor. The family members are descendants of Pella Corporation founder P.H. "Pete" Kuyper.

"Joan Farver was a woman of such grace and humility," said Central president Mark Putnam. "She steadfastly deflected any special attention or credit, but always looked for the good in others and ways she could serve them."

Born in Pella Nov. 17, 1919, Farver was the first child of E. Lucille Gaass Kuyper and Peter H. Kuyper. She had one brother, H. Stuart Kuyper. Farver studied music at Grinnell College and graduated in 1941. She married Paul Farver in 1945, and the couple lived in Pella where Paul worked at Rolscreen Company (now Pella Corporation), founded by Joan's father in 1925. Following the deaths of her brother in 1980, and her father in 1981, Farver became chair of the board of Rolscreen Company at age 61.

Farver was an active Central trustee from 1979-2002. She received an honorary degree from the college in 1988 and Central's Fellowship of Service Award in 1998. Her grandfather, A.N. Kuyper, was a Central trustee in the early 1900s and the first of eight family members to serve on Central's board, spanning five generations providing more than a combined 160 years of service, a legacy that continues.

"Leadership positions were never something she sought, but which she quietly fulfilled with great wisdom, energy and determination," said Putnam. "She provided thoughtful counsel to many Central trustees and presidents, always with the well-being of Central students foremost in her mind."

In 1942, the family established the Rolscreen Scholarships, which remain Central's top academic scholarships and played a fundamental role in establishing the college's academic strength. The family's benevolence also provided for the college's Chapel, constructed in 1982, representative of Central's spiritual undergirding.

The Kuyper name is prominent on campus, most notably at the A.N. Kuyper Athletics Complex, which includes P.H. Kuyper Gymnasium and H.S. Kuyper Fieldhouse. Last spring, led by Farver, the Kuyper, Farver and Griffith families and their foundations teamed for a \$4.2 million gift for the renewal of the complex, including the recent expansion of P.H. Kuyper Gymnasium. It's the largest gift in college history.

**"SHE TOOK GREAT PRIDE IN HER FAMILY'S ENDURING LEGACY OF COMMITMENT TO THE STUDENTS OF CENTRAL COLLEGE, WHICH IS FAR-REACHING AND UNPARALLELED. SHE WAS EXCEEDINGLY DEVOTED TO CENTRAL AND OUR STUDENTS ON A VERY PERSONAL LEVEL."**

**- MARK PUTNAM, PRESIDENT**

In 2012, in Farver's honor, Mark Babcock was named the M. Joan Kuyper Farver Endowed Chair in Music, a title he continues to hold. The chair represents Central's commitment to the arts and the belief that music is a vital part of the Central experience. It memorializes the contributions of Farver to the economic and cultural life of Central and the Pella community.

Central was among many of Farver's philanthropic interests and she was an arts enthusiast. But she never hid her passion for the Dutch athletics squads and in her later years, friends recall many fall Saturday afternoons she spent sharing a large bowl of popcorn as she listened intently to the Central football radio broadcast.

A memorial service for Farver was held April 22 at Second Reformed Church in Pella. The college paid special tribute to Farver during the April 20 expansion celebration of P.H. Kuyper Gymnasium. Putnam announced that the new M. Joan Kuyper Farver Atrium is named in Farver's honor, adding her name to those of other prominent family members at the complex.



### BRUCE HEEREMA

Bruce Heerema '63, Central trustee emeritus, passed away March 3 in Des Moines at age 76. Born in 1940 in Oskaloosa, Heerema maintained a life-long commitment to Central College and serving Central students.

A 1958 graduate of Pella Community High School, Heerema continued his education at Central where he majored in business and economics. He also achieved all-Iowa Conference status in football. Heerema went on to graduate school at the University of Iowa. In 1960, he married Sandra Ann Klein '62. The couple has three children, Julie '83, Martin Timothy '88 and Steven.

Heerema received a free agent contract with the Chicago Bears and played for two seasons with their farm team in Springfield, Massachusetts. He was then invited to rejoin the Bears but decided instead to return to Pella. Heerema was an owner of Boat Furniture, eventually becoming the principal owner. After 20 years, he started Heritage Imports and served as chairman and co-chief executive officer of Heritage, along with his business partner and friend Mark DeCook '64 until their retirements.

Heerema remained a committed supporter of Central College throughout his life. He was inducted into Central's Athletics Hall of Honor. He and Sandy received Central's Mr. and Mrs. Alumni

**"BRUCE EXEMPLIFIED THE IDEA OF A LIFE OF SERVICE. HE WAS A LONG-TIME PILLAR OF SUPPORT FOR CENTRAL COLLEGE AND THE PELLA COMMUNITY, AND WAS DEEPLY COMMITTED TO SERVING OTHERS THROUGH HIS CHRISTIAN FAITH AND THE WORK OF THE CHURCH."**

**- MARK PUTNAM, PRESIDENT**

Award in 1996 and he was a Central trustee from 1999-2008, serving the college in numerous other volunteer roles as well.

Heerema's father, Martin '34, was the long-time college treasurer and his mother, Elva May '34, managed the college's post office. His wife, Sandy, graduated from Central as well, as did their daughter, Julie, a former member of the college's National Advisory Council, and son Tim, who is a Central trustee.

He was equally committed to the Pella community and to Christian service. He served on the Tulip Festival steering committee and as a director of Technoserve, Inc., Pella Golf and Country Club, Marion County Bank and Pella Financial Group. He also served on many local civic, church and charitable boards.

Central paid tribute to the Heeremas and their partners, Mark and Kay Kuyper De Cook '63, in many ways, most recently with the 2015 naming of Heritage Plaza, the new entryway to Ron and Joyce Schipper Stadium. It's a most appropriate name for it speaks to not only the business enterprise Bruce helped create and foster, but also to the fervent commitment to Central students that was deeply embedded in the legacy he passes on.

Funeral services were held March 8 at Third Reformed Church in Pella.

### DECEASED

**Marge Veenman Van Zee '44** of Pella, Dec. 31

**LaVonne TerVeer Fesler '45** of Houston, Texas, Feb. 14

**Lee Kester '47** of Brunswick, Maine, Dec. 10

**John Boender '51** of Sheldon, Dec. 3

**William Jewett '51** of Brielle, N.J., Dec. 26

**Pat DeGraff Muilenburg '52** of Sibley, Feb. 5

**Esther Van Heukelom Van Rheenen '52** of Pella, Dec. 26

**Joan Wassenaar Walvoord '54** of Pella, Dec. 4

**Martha Hanson Zoutendam '54** of Sheldon, Jan. 4

**Fenita Harmelink King '55** of Omaha, Neb., Feb. 23

**Arvid "Shorty" Pierson '55** of Pella, Feb. 1

**Joan Schreiber Winterberg '55** of Aurora, Ill., Jan. 18

**Gene Loverink '60** of Sun City West, Ariz., Dec. 25

**Dallas Wassink '61** of Grants Pass, Ore., Oct. 19

**Paul Kolenbrander '64** of Vashon, Wash., Jan. 11

**Jerry Slykhuis '66** of Cedar Falls, Dec. 20

**Arnold Rosso '69** of Ridgewood, N.J., Feb. 24

**Frank Rothchild '70** of Pensacola, Fla., Jan. 13

**James Sankowski '72** of Ballston Lake, N.Y., Feb. 5

**Alan Primus '73** of Wellsburg, Feb. 2

**Derek Caskey '19** of Marengo, Ill., Jan. 17



2017  
HOMECOMING

JOIN US SEPT. 22-24

Join alumni, family and friends at homecoming to enjoy a variety of events for all ages.

For full schedule visit:  
[www.central.edu/homecoming](http://www.central.edu/homecoming)

Friday, Sept. 22

- 10 a.m. Heritage Day Reception, worship and luncheon (by invitation only).  
6 p.m. Lemming Race.  
6-7:30 p.m. Friday Night Barbecue: barbecue, pep rally, coronation and street party.  
8 p.m. Central College Vocal Combos directed by Gabriel Espinosa '79.

Saturday, Sept. 23

- 8-10 a.m. Pancake Breakfast.  
10:30 a.m. Alumni Award Presentation and Lunch. Alumni and friends are invited to attend the 2017 Alumni Award presentations followed by luncheon. Reservations are required.  
11 a.m. Tailgate under the big tent.  
1 p.m. Football: Central vs. Nebraska Wesleyan.  
Post-game party and class pictures. Enjoy snacks and social time with your class.

Sunday, Sept. 24

- 9 a.m. A Cappella Choir assisting in worship. A Cappella Choir alumni are invited to sing with the choir at 9:45 a.m. worship at Second Reformed Church.  
11 a.m. Sunday brunch at Central Market.  
Noon 11th Annual Flying Pans Alumni Steel Band Concert. All past Pan members are invited to participate in the annual Homecoming alumni concert.

NEWSNOTES

ADVANCED DEGREES

**Curtis DeFree '02**, Master of Arts, English language learning, Western Governors University, 2015.

**Alicia Cosimo '08**, master's degree, educational leadership, Concordia University, 2008.

**Nick Marinkovich '13**, juris doctor, cum laude, The John Marshall Law School, May, 2016.

**Ian Michel '13**, master's degree, education, Drake University, Dec. 17.

**Kayley Hirschman Lobberecht '14**, master's degree, postsecondary education, student affairs, University of Northern Iowa, May 2016.

**Adam Shell '14**, master's degree, accounting, St. Ambrose University, Dec.

NEW ARRIVALS

Angi and **Jim Banfield '91**, son Cooper James, Aug. 16

Kristin and **Scott Sickle '95**, daughter Lorelei Evelyn, Feb. 9

Kayrin and **Troy Vincent '96**, daughter Caroline May, Dec. 1

Kelly and **Ryan Konrad '97**, adopted sons Griffin Jude, Oct. 2, 2015 and Malcolm Chance, Sept. 30

Michael and **Carrie Tibben Bauer '99**, daughter Ruthie Kay, Feb. 15, 2016

Crystal and **Andrew Olig '00**, daughter Morgan Grace, Feb. 14

Walt and **Angela Van Riessen Lehmann '02**, son Walter Wilson, Feb. 1, 2016

Matt Vess and **Rebecca Brooker '03**, son Aurie Randall, July 18

**Craig '03** and **Jessica McCurren Schuring '04**, daughter Sophia Pearl, Nov. 30

Justin and **Emily Ehlers Rethmeyer '05**, daughter Madelyn Pauline, Nov. 1

Carol and **Darin Van Wyk '05**, daughter Ashlyn MLee, Dec. 1, 2016

**Curtis '06** and **Alyssa Jones Hunt '08**, daughter Evelyn Renee, Nov. 25

Kim and **Trent Powers '06**, son Luuk Thomas, Nov. 20

**Nate '06** and **Megan Shields Rasmussen '07**, son Jude Paul, July 21, 2015

**Rob '08** and **Tammy Peter Simms '10**, daughter Berkley Marie, March 8

Chance and **Lori Redenius Wells '08**, son Caleb John, Dec. 14, 2015

**BJ '09** and **Alysa Tanis Pilling '08**, son Hudson John, Feb. 28

Drew and **Brittany Beck Rempp '09**, daughter Emma Lee, Feb. 2

**James '10** and **Adena Schnedler Edgeton '10**, son Kemry James, Aug. 20, 2015

William and **Anne Wignall Foskett '10**, son James Edward, Dec. 5

**Mark '10** and **Kelli Ziskovsky Holan '13**, son Silas Decker, Jan. 12

**Travis '11** and **Samantha Retz Smith '13**, son Theo Rand, Jan. 31

**Aaron '11** and **Cory Bacon Steenhoek '12**, son Rhett Alexander, Jan. 16

Nick and **Elizabeth Moore McOllough '12**, daughter Amelia Jane, Jan. 17

**Jack '13** and **Emily Huegel Flaherty '13**, daughter Adleigh Jo, Nov. 26

**Christoffer '14** and **Kayley Hirschman Lobberecht '14**, son Gabriel Christoffer, July 24

**Mitch '14** and **Leah Farrington Stearns '11**, daughter Norah Mae, Feb. 17

TELL US YOUR NEWS

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at [civitas.central.edu](http://civitas.central.edu) or email [alumni@central.edu](mailto:alumni@central.edu). News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University St., Campus Box 5200, Pella, IA 50219.

PARTING SHOT P/S

Standing Tall in Pella

*Katie Douglas '17 runs her own local yoga studio while completing her last year at Central.*

by Jenni Hodges

Whenever people try something new,

it creates an important moment in their lives, says Katie Douglas '17.

Douglas, an exercise science student, counts herself lucky to be introducing clients to something new every day. While still completing her degree at Central, Douglas has opened her own yoga studio, Sequoia, in Pella.

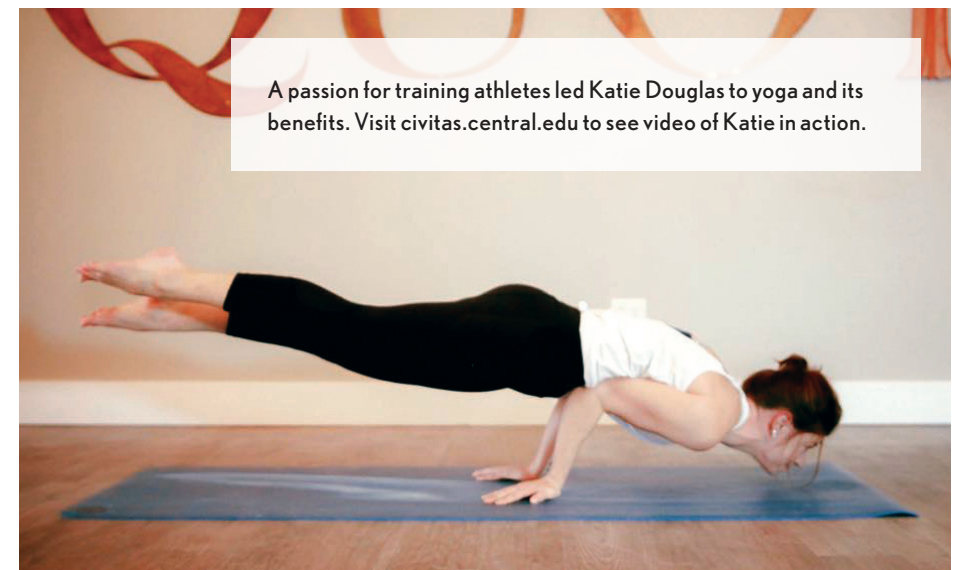
"Having someone walk into the studio for the first time ever is the biggest compliment that I could receive," Douglas says. "I get to show and teach people this beautiful practice that has truly changed my life. Then I get to see them grow in their journey and see how it will change their life as well. It takes courage to embark on a new journey and I'm just thankful I am along for the ride."

Getting Her Move On

Douglas knew she wanted to pursue exercise science after her first week at Central. She didn't waste a second — Douglas immediately began to help train athletes in Central's strength and conditioning room with associate professor of exercise science John Roslien. Over the next two years, she helped train eight different teams for Central athletics.

A short time later, associate professor of exercise science Leslie Duinink helped Douglas become a CrossFit coach in Pella — and stretch her abilities further by trying new things. "I thought it was really important for her to be exposed to all of the opportunities available to her," Duinink says, "and to connect her to even more good mentors."

Then, last fall, Douglas trained nearly 30 hours each week in Des Moines to become a certified yoga instructor. "It is incredible how the benefits of yoga can



A passion for training athletes led Katie Douglas to yoga and its benefits. Visit [civitas.central.edu](http://civitas.central.edu) to see video of Katie in action.



*"Yoga is for every age, gender, body type, fitness level and every unique blend you could think of. The practice of yoga is the practice of yourself. You would be surprised by all the things you discover along the way."*

impact all individuals in their own ways," she says. "It is physical and mental; it is challenging and relaxing. The beauty is, you can make it whatever you want to get whatever you may need."

Douglas opened her studio in December after a whirlwind two-week renovation. Located on Franklin Street behind Embellish, the space includes heat lamps for hot yoga, refurbished materials from an old family barn — and of course, Douglas' emblem, the sequoia.

"Sequoia is the emblem for long life," she says, "for attaining lofty dreams and

reaching to be the best you can be. That's what yoga is for me, and that's what I want people to understand and find within themselves, to have that strength and grace."

Douglas now teaches yoga classes each morning and evening in Pella. "My professors have been crazy supportive, which I'm incredibly thankful for," says Douglas. "Seeing those things from my classes, and then taking them right away into the studio and being able to apply them, that is incredible."



ALUMNI SPOTLIGHT

## *Finding His Voice*

by Cindy Deppe

For Frank Friers '71, attending Central proved life-changing.

The business administration major from New York came to Central in 1969 as a non-traditional student, following military service in the Vietnam War. Having grown up in an “old, old Dutch community where the Reformed Church dated to the 1650s,” Friers completed his first two years of college locally until his childhood stutter and a required public speaking course collided.

“Public speaking scared me to death,” Friers recalls, so he dropped out of college, joined the U.S. Army as an infantry medic and served in Vietnam for two years. After discharge, a friend encouraged him to resume his college education at Central. Again, a required public speaking course made Friers hesitate. “My friend said, ‘you’ve already been shot at, how bad can it be?’” he says.

When Friers arrived on campus he still had a slight stutter. After faculty member Stephen Hofer listened to Friers’ class presentation, Hofer suggested that Friers consider work at KCUI, the campus radio station. Friers remembers Hofer’s encouraging words: “the more public speaking you do, the better.”

So Friers dove in, doing play-by-play for football and basketball games, recalling



that his first broadcast was in then-new P.H. Kuyper Gymnasium and his last broadcast in the old gym near Gaass Hall.

At the radio station, Friers was aided by an instrument panel with a modulator, which measured the amplitude and frequency of the sound being transmitted.

“The modulator helped me lower my voice, lose my stutter and wipe out my fear,” Friers says. “Once I overcame my fear, half the fight was over. By conquering my fear, everything else dovetailed and I could focus on my presentation and delivery.”

His voice victory also led him to become a better student. “I went from being a C+ student to a B+ student, and it all started because of Stephen Hofer’s interest in me,” Friers says.

His personal experience also piqued his interest in teaching. After his Central

graduation, Friers worked for Boy Scouts of America, fundraising and gaining experience in youth programming while he completed his teaching certification. He taught in elementary schools in southern Iowa school districts for a few years before moving to Florida where he taught full-time until 2003.

Over a 30-year teaching career and now as a substitute teacher, Friers says he felt a common bond with students “to face their fears.”

“I’ve told many students my story of overcoming my stutter and fear of public speaking,” he says. “The worst thing was hiding my fear, until I found someone (Hofer) who took an interest in helping me. That’s the advice I give students today—find an adult who will help and be totally honest about your fears and needs.”