

Civitas

CENTRAL COLLEGE ALUMNI MAGAZINE

30 YEARS OF MOCK TRIAL

Current and former students
celebrate a Central tradition

BRIDGE TO THE
COMMUNITY

Service-learning changes
lives, enriches students

» **BON APPÉTIT!**

SERVING UP INNOVATIVE,
SUSTAINABLE FARE ON CAMPUS



Asking Better Questions

by Mark Putnam, Central College president



The task of education is not fundamentally about finding answers. Our most meaningful work is about asking questions. Great questions yield answers that in turn help us ask even better questions. When we are very young, questions dominate our interaction with the world. The extent of our curiosity, at first charming to our parents, gradually becomes annoying. Too early in life we receive the social signal that questions frustrate others, dampening our natural instinct to explore our surroundings through our questions. By the time we reach grade school, we grow anxious when our genuine interest in learning about something might cause us to ask a “dumb question.” The result is intellectual retreat, rather than the aggressive pursuit of new information.

As students arrive on a college campus, they are often preoccupied with obtaining the right answer by the most efficient means possible. The focus is on information gathering, memorization and reporting. The faculty plays the principal role in enabling students to elevate the discourse above the adolescent tendency toward simple answers. They are aided by academic deans, student development staff, coaches and community partners, among many others.

The most rewarding experience for an educator is to hear a student ask a better question. It signals a change in appetite from simple information to the complexities of knowledge and understanding. Here we begin to see the emergence of opinion, ideas,

discernment and judgment. I have often thought this process is restorative by nature as we find ways of gradually educating students back to the innate tendency to learn by asking questions. Our greatest success as educators may be found in this one task alone. If our students graduate with the courage to ask better questions, there is a greater possibility we can set them on an even more important path – the pursuit of wisdom.

It sounds overly ambitious. Pursuing wisdom seems like a lofty idea reserved for the few contemplative souls in our society. I would argue, however, that wisdom is the eventual goal for any learning community. It is not something that can be achieved solely in a college setting with those experiencing late-adolescence and early adulthood. Yet we must do our task well at this stage to make a journey toward wisdom more likely. It begins with modeling the hard work of asking better questions.

The experience of learning is a lifelong pursuit. Many of us who are more senior realize that as the years of life pass we know less and less. The body of knowledge is expanding at an exponential rate. Even apprehending, much less comprehending, the information and knowledge of a single academic discipline is well beyond our reach. Wisdom becomes a far more worthwhile pursuit. For in the absence of wisdom we form rigid ideologies rooted in limited information and inadequate knowledge.

Read more of Mark Putnam's writings in President's Corner at civitas.central.edu.



Civitas

EDITOR
 Laura Billingsley '04

COPY EDITOR
 Jenni Hodges

SPORTS EDITOR/DIRECTOR OF CENTRAL COMMUNICATIONS
 Larry Happel '81

GRAPHIC DESIGNER
 Amanda Godwin

EDITORIAL ASSISTANTS
 Mary Benedict
 Lisa Thurman Fyfe '87
 Connie Aalbers Marlow '76
 Lynne Petty
 Peggy Johnson Van Den Berg '83

DIRECTOR OF ALUMNI RELATIONS
 Kathy Cashen Thompson '87

COMMUNICATIONS BRAND AND PROJECT MANAGER
 Steffanie Bonnstetter

Civitas is published quarterly by the Central communications office for alumni, parents and friends of Central College. For information on the Civitas mission, visit civitas.central.edu.

Civitas (USPS 096-840) is published by Central College, 812 University, Pella, IA 50219-1999. Periodicals postage paid at Pella, Iowa, and additional offices.

Postmaster: send address changes (PS 3579) to Civitas, 812 University, Pella, IA 50219-1999. Address changes also may be sent to alumni@central.edu.



Production notes:

Corniche is elemental chlorine free (EFC). Civitas is printed with a soybean-based ink by Town Crier, Pella, Iowa.

CIVITAS.CENTRAL.EDU
 641.628.9000



10 spring 2015 contents

• on the cover •

COOKING FOR A COLLEGE
 Care goes into every aspect of food at Central, including its visual appeal.

• features •

6 **30 YEARS OF MOCK TRIAL**
 Mock trial at Central celebrates three decades of witnesses, arguments and friendship.

10 **FOOD FOR THOUGHT**
 Dining services strives to keep food sustainable and healthy, while never forgetting flavor.

16 **LEARNING FROM THE COMMUNITY**
 Service-learning provides real-world experiences for students, and perhaps a changed mindset.

• departments •

- 2 Around the Pond
- 4 Athletics Updates
- 21 Alumni Newsnotes
- 28 Homecoming Schedule
- 29 Parting Shot



CENTRAL'S HARRY SMITH INTERVIEWS HAROLD HAMM ON CAMPUS



Photo by Dan Vanderbeek

Central College graduate Harry Smith '73 held an interview with Harold Hamm, CEO of Continental Resources, Feb. 26, National Entrepreneurship Day. Smith staged the hour-long interview with Hamm as students submitted questions.

Smith is an Emmy award-winning journalist whose resume includes interviews with Richard Nixon and Margaret Thatcher. Smith, now an NBC News correspondent, previously hosted "The Early Show on CBS," A&E's "Biography" and The History Channel's "Modern Marvels."

Hamm was invited to tell his rags-to-riches story as one of 13 children born to Oklahoma cotton sharecroppers. He founded Continental Resources when he was only 21 and it is now one of the world's most successful energy companies.

Taking advantage of the appearance, many classes planned activities to build understanding and discuss political, social, scientific, economic, environmental and ethical issues related to entrepreneurship and oil production.

"That is the biggest win in hosting this type of event," said Wade Steenhoek,

director of Central's Martin Heerema entrepreneurship program. The program allows students from all academic fields to develop an entrepreneurial mindset. "It spurs a deeper level of critical thought in how to process, deliberate and understand complex issues and their layered impacts."

This event was planned with the help of Jacob Tune '15, a business management major from Mesa, Ariz. "It's great to hear about where he started — and what he's had to do and sacrifice to get where he is," Tune said.

TOM JOHNSON NAMED VPFA/TREASURER

Tom Johnson has been appointed as vice president for finance and administration/treasurer (VPFA). Johnson served as the vice president of finance and operations/chief financial officer at Iowa Western Community College (IWCC) in Council Bluffs since 1995. He began his duties at Central in mid-April.

"Tom brings a depth and breadth of experience, along with a creative entrepreneurial spirit, that will strengthen our capacity for sound financial decision making," said Central College President Mark Putnam. "He's a person deeply committed to a rich student experience and he will be very engaged in the life of the campus and the Pella community."

In his role at Iowa Western, Johnson had executive responsibility for accounting, auditing, legal issues and regulatory compliance, auxiliary business operations, master facilities planning and physical plant, risk management, data processing and computing, human resources and general administration. Johnson was also treasurer for the board of trustees and director and treasurer of the Iowa Western Community College Foundation.

Earlier, Johnson was controller/treasurer at Phaeton Corporation/Unicorn Laboratories in St. Petersburg, Fla., and accounting manager at The Isaly Klondike Company, in Clearwater, Fla.

WORLD-RENOWNED CONDUCTOR LEADS ENSEMBLE

Wind ensemble conductor and music educator Frank L. Battisti was in residence at Central from Feb. 23 – March 1. On his last day, Battisti conducted Central's Symphonic Wind Ensemble in a collaborative concert with the Central Iowa Wind Ensemble.

Battisti is the director and founder of the New England Conservatory Wind Ensemble. Battisti has also conducted bands all over the world for more than 60

Photo by Dan Vanderbeek



years. He has also presented at clinics and lectures, and served as an adjudicator in all-state festivals throughout the U.S. He served as the president of the College Band Directors National Association from 1979 –1981, and was presented the association's Lifetime Achievement Award.

Mitchell Lutch, associate professor of music and director of bands, said Battisti's visit inspired students and faculty alike. "Coming into the week, we were well aware of his legendary status," Lutch said. "When he rehearsed with Central's wind ensemble, there was no doubt to everyone in the group that he is an expert conductor."

During his stay, Battisti also spent an evening at Grinnell College and Feb. 24 led a question-and-answer session for music educators and students in Des Moines.

CELEBRATING MARTIN LUTHER KING JR. DAY

In celebration of Martin Luther King Jr. Day, Central held service projects and discussions during the week of January 19. Events included a professor-led discussion panel with Cynthia Mahmood, Frank Moore Chair of Anthropology, and Michael Harris, professor of English, called "Social Change: A Bias toward Peaceful Action." Students and staff were invited to attend.

An event sponsored by the Center for Community-Based Learning and Campus Ministries allowed students to make fleece blankets for the Care Bags Foundation, founded by Central alum Annie Wignall Foskett '10. Once finished, the blankets were delivered to displaced, abused and disadvantaged children.

Campus ministries sponsored an event in which Central students helped turn old T-shirts into diapers for children in Haiti. The diapers will provide better sanitation and help prevent disease. Central's own computer science club members also helped local students learn about computer science in an event hosted by the Center for Community-Based Learning.

Campus Ministries and Students Concerned About The Environment (SCATE) sponsored an event in which students made blankets from blue jeans to give to the homeless.

-Sara Rodriguez '18

HAUSTEIN PUBLISHES NOVEL

Cathy Haustein '76, professor of chemistry and department chair, has written her first science-romance novel, "Natural Attraction." The book was published in May.

In the novel, Clementine, the main character, dreams of a career as a naturalist — but she must create and use a mysterious tonic to disguise herself as a man to participate in an adventurous prospecting expedition. Masquerading as Calvin, she must wade through the journey with the team's attractive and gentle preacher, Wesley, and struggle between telling him the truth or keeping her secret.

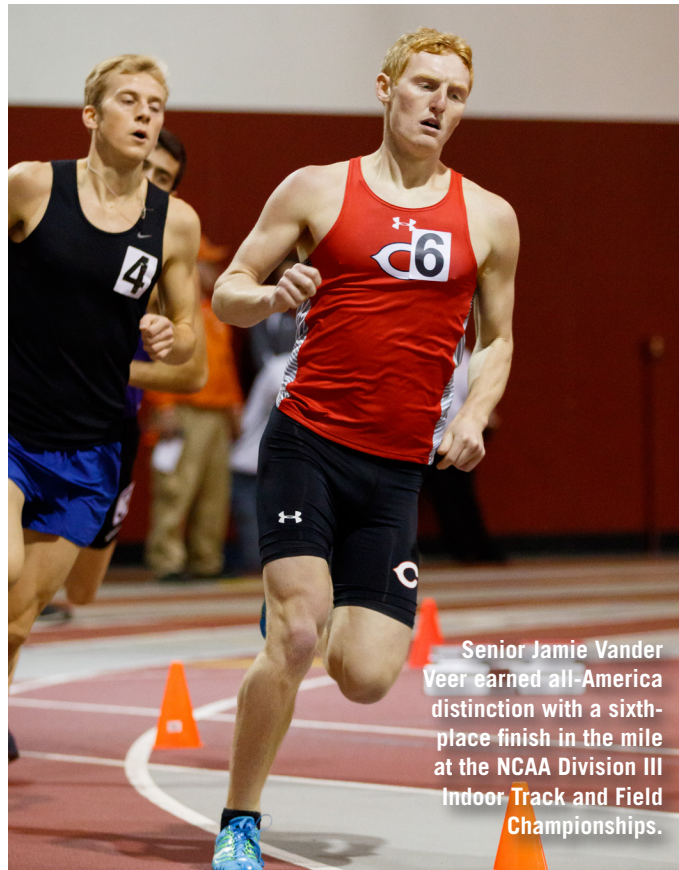
Some may raise their eyebrows at a chemistry professor publishing a fiction romance novel, but Haustein also has a MFA in creative writing from the University of Iowa. And good writers need the eye for detail that science demands, she says. "An experiment and a story both bring things together to create a narrative," Haustein says. "Both are used to understand a chaotic world."

"Natural Attraction" will be released as a paperback and e-book, available through Penner Publishing and Amazon.

-Makaye Smith '16

by Larry Happel '81

DUTCH MEN TIE FOR LEAGUE TRACK CROWN; WOMEN 13TH IN U.S.



Senior Jamie Vander Veer earned all-America distinction with a sixth-place finish in the mile at the NCAA Division III Indoor Track and Field Championships.



Senior Camie Kibee and her teammates pulled a surprise in the 4x400-meter relay, taking fourth at the national meet and helping the Dutch score a 13th-place team finish, the program's best since 2002.

Photos by Dan Vander Beek

Central captured a share of its fourth Iowa Conference men's indoor track crown in the past six years, while the Dutch women's program rose to new heights.

At the league meet, Central and Wartburg each scored 176 points as the Dutch snared three individual titles. Multi-eventer Eric Larson shined, winning the 60-meter hurdles and long jump, took second in the high jump and

fifth in the pole vault.

The Central women were a surprising second, claiming four individual titles after finishing fifth in the league a year ago.

The roll continued at the NCAA Division III meet in Winston-Salem, N.C., tying for 13th. It's Central's highest women's national finish since 2002 and the program's second-highest indoor finish ever. Junior sprinter Abi

Davis raced to fourth in the 60-meter dash (7.67 seconds) and fifth in the 200 (25.27 seconds). She earned all-America distinction in a third event, leading off the 4x400-meter relay unit of freshman Kate Patton, senior Camie Kibbee and senior Allie McBroom. They shaved four seconds off their previous best, finishing in 3:51.34 to take fourth place.

Meanwhile senior Jamie Vander Veer also pulled a surprise, taking sixth in the mile (4:13.89).

TWO ALL-AMERICA AWARDS FOR DUTCH WRESTLING TEAM

It was another big step forward for the Central wrestling team under coach Eric Van Kley.

This year's milestone was earning a national individual place finish and the Dutch came away with two from the NCAA Division III meet in Hershey, Pa. Senior Daniel Page, making his third national tournament appearance, finally found his way to the awards stand, placing seventh at 125 pounds. Flashing great promise for the future, sophomore Matt Seabold also earned all-America distinction by taking eighth at 197 pounds.

Those finishes gave Central 12 team points, good for 29th in the nation. It's the first time Central has cracked the top 30 since tying for 28th in 2003.

Page closed his Central career with a 103-40 record, ranking 11th on Central's career wins list.

Central was 8-4 in dual action and tied for fourth in the Iowa Conference, the school's best finish since 1995.

TAYLOR AN ALL-REGION MEN'S BASKETBALL PICK

Opponents are learning not to underestimate the Central men's basketball team under coach Craig Douma.

Last year's club was picked for last in the Iowa Conference. Instead, the Dutch roared to the league championship and reached the second round of the NCAA Division III tournament. As Douma entered his third season facing heavy graduation losses, little was expected once again. But Central scrapped its way to fourth place in the league standings and was 15-10 overall. The Dutch pulled another stunner when they knocked off No. 1-ranked Augustana (Ill.) 89-78 at home Dec. 3.

Sophomore forward Colby Taylor was a third-team all-West Region pick by D3hoops.com after averaging 16.4 points and 9.6 rebounds, notching nine double-doubles.

Senior guard Nile Eckermann was



Photo by Dan Vanderbeek

Senior Daniel Page, in his third appearance at the NCAA Division III Wrestling Championships, earned a seventh-place national finish at 125 pounds. Page and 197-pound sophomore Matt Seabold became Central's first all-America honorees in 12 years.

a first-team all-league honoree after averaging 15.3 points with a school-record 74 3-pointers. He was the league's athlete of the week after pouring in 35 points at Loras Jan. 17. Taylor was a second-team selection.

WOMEN'S BASKETBALL RISE SLOWED BY INJURY

Second-year coach Chelsea Petersen has assembled a promising core of young talent in attempting to return the Central women's basketball program to contender status.

That was hard to discern, however, amidst an unbelievable injury barrage that left the young Dutch staggered. Eight players with starting experience were lost for extended periods, including several who were sidelined for the year.

That resulted in a 10-15 season and a 1-13 Iowa Conference mark. Senior Rachel Evans, among those who missed extensive time, broke the school career steals record (205).

ATHLETIC TRAINING HONOR TO CENTRAL'S ROSLIEN

John Roslien, Central College's athletic training education director and the architect of Central's highly regarded

athletic training program, was inducted into the Mid-America Athletic Trainers Association (MAATA) Hall of Fame in March.

Roslien joined the Central staff as the college's first athletic trainer in 1986 and helped build a successful curricular program which was granted accreditation in 2004 from the Commission on Accreditation of Athletic Training Education (CAATE) and was reaccredited in 2010. The Central staff has grown to include four other certified athletic trainers and during his tenure, 121 program graduates have earned BOC certification as athletic trainers.

In 2007, Roslien was inducted into the Iowa Athletic Trainers Society (IATS) Hall of Honor in 2007 and is a past president of the organization. In 2012, he received the NATA Service Award recognizing his contributions to the profession as a volunteer at the local, state and district levels. Roslien served as the NATA district treasurer, vice president and public relations chair and as IATS public relations director.

30 years of MOCK TRIAL

By Jenni Hodges

Don Racheter was fed up with debate, and he wasn't alone. In 1984, dean of Drake University Law School Richard Calkins invited representatives from seven colleges to discuss an activity that could replace debate. Racheter, then a professor of political science, hit the road to Des Moines.

"My opinion, which is shared by many," Racheter says, "is that debate degenerated into a motormouth competition." Racheter, now President of the Public Interest Institute, says debate members spoke too quickly for anyone to understand, and they talked past each other rather than engaging opponents.

Calkins seemed to offer a better alternative. "We talked about this newfangled forensics activity called mock trial," Racheter says. "It sounded to me like students could develop good skills — not only for law school, but for any study or career."

The American Mock Trial Association hosted its first competition in February 1985, and Central College was runner-up among 12 teams. Central's team, coached by Racheter, continued to reach the national tournament every year for 20 years. Central students are now among more than 5,300 undergraduates who compete each year — and they are still building valuable skills to use their entire lives.

One of the **first** colleges to compete in mock trial, Central now boasts three decades of inspiring performance.



Alison Ranniger '15 and Molly Ward '15 won Outstanding Witness and Outstanding Attorney Awards at Central's mock trial invitational this year.



Students prepare for a scrimmage with Creighton University at Guthrie County Courthouse.



Faculty coach Andrew Green, Alison Ranniger '15, Jordan Rouse '16, Molly Ward '15, Rachel Pearson '15, Skylar McCombs '18, Michaela Van Dusseldorp '18, Katelyn Gatzke '17, Dan Dankert '16 and attorney coach Steve Cooper '06.

Irresistible Challenge

Mock trial isn't just for recovering motormouths. Biology, English, business and education majors — and anyone who likes a challenge — find their place on Central's ambitious team. Andrew Green, professor of political science and mock trial coach, says many students are attracted to mock trial because they enjoyed debate, while others are interested in law school or simply love to compete.

Whatever the reason, "mockers" have to be all in. The team practices five hours a week (more before competitions) and travels across Iowa and as far as California. With full class loads, too, students learn time management in a hurry. "It's a lot of work but a lot of fun," Dan Dankert '16 says. "You get out what you put in."

What is Mock Trial?

In mock trial competitions, students perform a simulated trial against teams from other schools. As attorneys and witnesses, they strategically apply legal principles to a fictitious case. Competitions are designed to reenact what takes place in a trial court, and students are evaluated by professional lawyers and judges.

Six to 10 students can compete on a mock trial team, and each round calls for three attorneys and three witnesses. There is no script, and participants must adjust their strategy as the trial unfolds. The facts come from detailed documents that each team receives near the beginning of the school year. These case materials include hypothetical charges or claims, witness statements, official exhibits and other resources. Each team prepares both sides of the case.

During the trial, student attorneys present opening statements, examine and cross-examine witnesses, and present closing arguments. Witnesses give expert testimony or portray characters in the case. Whether they're entering exhibits, arguing objections, impeaching witnesses or displaying emotion, students continually sharpen their thinking, speaking and knowledge of legal procedures.

So, how do you win? Judges score each student based on his or her role in the trial. The team with the most points wins — even if that team might not win the verdict. College competitions are governed by the American Mock Trial Association (AMTA), and more than 600 teams, representing over 350 colleges and universities, compete in AMTA tournaments each year. The top teams from each regional tournament compete in a semifinal round to determine who participates in the national championship tournament in April.

If a team is successful, mock trial often stretches to a nine-month season. Central competed in the national series every year that Ryan Stensland '00 participated, and that requires near-constant travel. "It was a grueling schedule," Stensland says, "but I don't think I'd trade the experience for anything."

Mock trial coaches also dedicate their nights and weekends. Central's two coaches — Green, who focuses on speech skills, and Steve Cooper '06, a professional attorney who provides legal expertise — both travel with the team. It's a demanding job, Green says, but not a thankless one. "The students are eager to learn, and they want to win. They're a fun group," Green says. "They are going to do well when they graduate."

"You have to advocate for yourself, your ideas and your business in a lot of forums, even if you're not a lawyer."

Stacey Stater '90, assistant general counsel for regulatory law and policy for Monsanto Company

Many on Central’s team start with no mock trial experience. Molly Ward ’15 is an exception — she has competed for nine years, starting in eighth grade. Ward says she can’t resist team friendships and the satisfaction of victory. “The perfect moment, when you say, ‘I nailed it’ — that can be very addicting,” she says. This year, Ward’s shining moments came with winning Outstanding Attorney Awards at five competitions.

Dankert, a political science major from Davenport, Iowa, says each triumph helps make up for months of dedicated practice. “When it goes almost perfectly and you really take it to the other team — there’s no better feeling than that,” he says.

One of Central’s original team members, John Fisher ’87 says he was an athlete with no legal aspirations, but he loved to compete in mock trial. Fisher, now CEO and president of First American Bank, says the intense personal challenge makes mock trial unique from other activities. “You’re part of a team, and you don’t want to let your team down,” Fisher says, “but there’s also an individual aspect. If you don’t prepare, everyone knows it — and they know it immediately.”

Each student plays a different role in the trial. The opening attorney must be a good storyteller, Ward says. And good actors make great witnesses. “If you can make yourself cry on the spot, you’re almost always the victim,” she says. Ward admits her own role, closing attorney, usually gets the glory.

Rachel Pearson ’15, the team’s expert witness, says she loves mock trial because it combines

legal and theatrical challenges. Pearson won an Outstanding Witness Award at the Loras College National Invitational in January. “I get to play doctors and psychiatrists and use lots of big words,” she says.

Skylar McCombs ’18, an actuarial science major from Prairie City, Iowa, plays crying character witnesses and won the Outstanding Witness Award at two invitationals and the AMTA Cedar Rapids Regional Tournament this year. McCombs says mock trial is more fun than theatre because the story is different every time, and she enjoys filling in the details.

Mock trial often helps students who struggle with public speaking, too. One student, Racheter remembers, had recently emigrated from Southeast Asia and could hardly form coherent sentences at first. By the time of competition, however, he was a polished speaker. “This happened time and time again,” Racheter says. “As a professor, it warmed my heart that they were doing so well from this activity.”

Competitive Advantage

For pre-law students, competition doesn’t end after mock trial. However, the activity can help them prove essential abilities for the next step.

Stacey Stater ’90 says mock trial helped her prepare for law school, then to compete when she arrived. Stater received a scholarship to Washington University School of Law, and she represented the university at a national moot court competition.

Green says Central’s mock trial alumni excel in law school, and they often receive full tuition scholarships. Tyler Ernst ’13 studies at Drake University Law School on a full tuition award, and Karleigh Miller ’13 studies on a full tuition award at Creighton University School of Law. Miller coached the Creighton undergraduate mock trial team in the national tournament series this year.

Even current students find opportunities to shape legal careers through mock trial. Pearson, an English major from Guthrie Center, Iowa, says she often talks with judges after competitions, and hearing about their different spheres helps her discover exciting possibilities. Among mock trial alumni who don’t practice

law, there are also abundant opportunities to demonstrate skills learned in mock trial. Stater worked as a litigation attorney for several years but says mock trial experience is equally useful in her role providing in-house counsel for Monsanto Company. “The advocacy piece remains, even though the format is different,” she says. “You have to advocate for yourself, your ideas and your business in a lot of forums, even if you’re not a lawyer.”

Fisher says mock trial taught him to sell an idea. “It was great training ground for me professionally,” he says. “I’m really convinced that I use the skills I developed there every day.” Stensland says mock trial helped him become a better listener — an important requirement for a good speaker. Stensland is senior communications project manager for Alliant Energy and says listening and observing nonverbal cues helps him understand customers, stakeholders and media representatives.

Stensland often acts as spokesman, and he says mock trial skills are never more relevant than when he answers questions from journalists. “Sometimes I feel like I’m on the witness stand with the media,” he says.

Pearson says she is better able to communicate professionally because of mock trial. “We don’t use notes — ever,” she says, “and we have to be completely polished.”

Ward, a business major from Johnston, Iowa, says mock trial forces students to adjust their communication instantly, facing unexpected demands. “You can’t memorize everything,” she says, “and you can’t prepare for every outcome.”

Some alumni form even closer connections through mock trial. Former teammates Ryan and Abbe (Brunink) Stensland will celebrate 12 years of marriage this year — and four children, too. Abbe ’02 joined mock trial as a freshman when Stensland was a junior on the team. “I can win an argument with almost anyone, but I couldn’t win an argument with her,” Stensland says, “so I thought I might have met my match.”

Abbe studied biochemistry on a pre-med track at Central, but mock trial changed her plans. “I was hooked,” she says. “It was the single greatest influence for me at Central.” Abbe discovered a talent for law, became Central’s only three-time all-American competitor and has since been recognized by both the American Board of Trial Advocates and the International Academy of Trial

Lawyers for excellence in trial advocacy. She is now an associate at Simmons Perrine Moyer Bergman in Cedar Rapids. “She definitely raised the bar,” Ryan says. “I was always glad she was on my team, and I didn’t have to compete against her.”

Abbe now coaches mock trial at Cornell College, and she has volunteered for both Central and Mount Mercy University. She coaches two teams that qualified for the national tournament series this year and loves teaching legal skills to students.

“Coaching is much more stressful for me than competing was,” Abbe says, “but I enjoy seeing the same kind of development that mock trial brought out in me. And obviously, I enjoy winning as well.”

Proud Tradition

This year, Central lacked only a few points for the win needed to compete in the national tournament series. Central lost to Cornell College — the team coached by Abbe Stensland — at a regional tournament in Cedar Rapids. “We got as close as we could have without actually making it,” Dankert says. “That was heartbreaking.” Dankert says he is proud Central can compete with the best, though, and coming so close to beating Cornell was a highlight of the year. With mostly first-year and sophomore students on the team, Green says Central has a good foundation on which to build.

Students also form friendships with teams from other colleges, since they have so many opportunities to meet at competitions. Dankert says he sees old and new friends throughout the year because of mock trial. “I don’t know if it’s like a family or a cult,” he says, “but once you’re in, you’re addicted forever.”

Maintaining a high-quality mock trial program requires significant financial resources. Central is in the early stages of creating a mock trial endowment, making it possible to have a permanent source of funds to support the program. For additional information contact Don Morrison in the Advancement Office at (800) 447-0287 or morrisond@central.edu.



An early mock trial team celebrates its victory. Back row (left to right) Coach Don Racheter, John Fisher ’87, Michael Main ’87, Brad Lippert ’87 and Spencer Sutton ’87. Front: Beth (Van Voorhis) Kuney ’87 and Leann (Lilly) Larsen ’88.



Left, upper right: Dining Services Director Richard Phillips prepares chicken in wine sauce and pasta with veggies. **Lower right:** Fred's is a newer dining option, offering burgers, sandwiches and more.



Food for thought

written by Cindy Deppe photos by Paul Gates

Remember when the college “dining experience” meant mystery meats, copious carbs, vague veggies and dubious desserts?

Director of Dining Services Richard Phillips is determined to change those memories and current students’ dining experiences.

Enter the Central Market any day and the cuisine – yes, cuisine – is all about local foods, nutrition and wellness, student input and even a bit of learning. On a recent wintry day with knockwurst on the menu, signs posted throughout the Market educated students about the meat’s German origins, bridging to Central’s emphasis on international study and the European marketplace.

Dining Services, which is led by Phillips and employs 200 students, supports three on-campus venues, plus a full-service catering operation:

- Central Market with stations for comfort foods, pasta, pizza, Mexican, Dutch or vegetarian, plus grilled foods, waffle bar and specialty items.
- Fred’s in the newly renovated Maytag Student Center for between-class or late-night snacks.
- The Café at Geisler Library, a busy venue for sandwiches, salads, scones and coffee.

STUDENTS AS CUSTOMERS

When plans for the Maytag Student Center renovation were underway last year, students asked for extended hours at Fred’s (the former Grand Central Station). Phillips researched what other colleges and universities offered and extended the hours to 11 p.m. daily. For his efforts, he received a personal thank you note from a student who said, “I go to work immediately after class to make money and when I return to campus, Central Market is closed. Now I can eat at Fred’s.”

"I listen to the students. They are our customers. It's their money we are using to offer the best product," Phillips says. "Close communication is so important. I try my best to keep students apprised of changes." He regularly sends emails to students, asking for feedback—"tell us what you like or don't like." A recent email from Phillips generated 200 responses, some from groups that had discussed solutions.

He also answers emails in the middle of the night, while the ideas are ripe. Well into the second semester, he had not yet received one negative comment. "With input, students don't feel they have anything to complain about," he says.

"I am always open to innovations, and most come at student request," Phillips says. He cites the example of a student request for a Kool-Aid machine at Fred's, but when students learned the demand would have to be 35 gallons per week to justify the cost, they agreed it wasn't worth pursuing. "Some suggestions just won't work out but we are always asking," Phillips says.

FAVORITES WITH FLAIR

The Central Market menu is on a four-week rotation so Phillips looks for ways to vary the standard offerings by retaining student favorites "with a twist." For example: Students love chicken and chicken strips so Phillips cooks up variations—sweet and sour chicken, bourbon chicken, honey barbecue chicken and chile chicken strips. Mashed potatoes and meatloaf are staples at the comfort foods station but here Phillips offers a remix of hummus/shitake mushroom mashed potatoes or Cajun meatloaf with red beans and rice. "Students are intrigued by these changes and often ask 'where did this come from?'" Phillips says. If students are curious about the nutritional content of specific items at Central Market, they can obtain an analysis at central.mynutritioncalculator.net.

Another of Phillips' goals is to be as sustainable as possible in all phases of the food delivery operation. In recent years, Dining Services has reduced food waste by 30 percent using a pulper and going trayless. To reduce paper product usage, Phillips has implemented biodegradables, including reusable cups and, eventually, to-go boxes. Local foods are used

as much as possible, when in season and readily available.

PLAY WITH YOUR FOOD

Phillips also encourages playing with food. Since becoming director in 2014, he has instituted several special food events such as:

- Halloween with special effects food—"snake eyes" in potatoes with spaghetti, barbecued ribs displayed in an open shirt, all surrounded by "smoke" from a smoke machine for ambience.
- Mardi Gras Day with jambalaya, gumbo, Cajun catfish and a boil of shrimp and potatoes.
- The Annual Bacon Fest, which last year served up 475 pounds of bacon-infused dishes.

The most popular of Phillips' special events is the All Iowa Foods Day, featuring dishes prepared from local foods grown within 250 miles of campus. Phillips researched the availability of local foods sources, starting with the campus beehive for 10 pounds of honey butter and including vegetables from Professors Jim and Louise Zaffiro's Prairie Roots Farm, as well as bakeries, meat markets and orchards from the surrounding area.

This year's spring All Iowa event coincided with Earth Day in late April, with the hope of favorable weather to host an outdoors Farmer's Market of vendors who can display their wares and talk to students about where their food comes from.

"We shouldn't go back. We should always be moving forward," Phillips says. Many of the vendors with whom he has developed relationships donate products and give up employee time to participate in these Central special events.

A CENTRAL START

Phillips came to Central in 1999 as an exchange student from Wales' Trinity College, where he majored in mass media with an emphasis in opera. His first week on campus, he met Kellie Steuhm '99, who would become his wife. Following graduation, he travelled to his native Canada where he performed in opera but



CHICKEN IN WINE SAUCE

INGREDIENTS:

(FOR 4 PEOPLE)

- 4 chicken breast
- 1 cup all purpose flour
- 1/2 cup white wine
- 1/2 cup mushrooms
- 1 cup cream
- 1 teaspoon chicken base
- 2 russet potatoes
- 1 tablespoon dry ranch mix
- 16 pieces of asparagus
- 4 pieces of bacon

1. Dredge the chicken in the flour. Heat some oil in a hot skillet. Cook the dredged chicken on each side for a couple of minutes until browned on both sides. Remove from skillet. Deglaze skillet with some butter and white wine. Add mushrooms and let sweat for a couple of minutes. Add the cream and a teaspoon of chicken base for taste. Let simmer.
2. Boil potatoes until soft, then mash potatoes and ranch dressing mix together. Pipe from a piping bag onto the plate. Wrap bacon around a bunch of asparagus and sauté on each side in a hot skillet until bacon is browned. Serve next to the piped mashed potatoes.
3. Put chicken in a preheated 350 degree oven for 8 minutes. When an internal temperature of 165 degrees is reached, transfer to serving plate. Carefully pour the mushroom wine sauce over the chicken.

« richard's recipes

Central's dining director shares some of his favorite recipes that are served in Central Market.





PASTA AND VEGGIES

INGREDIENTS:

(FOR 4 PEOPLE)

- 4 oz. fettuccine per person
- Assorted fresh vegetables julienne cut—as many as you want
- 2 cloves garlic, diced
- 2 oz. of butter
- Herb seasoning – just enough to add some color

1. Boil pasta for around 10 minutes or until cooked al dente.
2. In a hot skillet melt the butter and some chopped garlic. Add some white wine and turn the heat to medium. Add your vegetables and sauté for about 5 minutes. Don't overcook. You still want a little crunch left in them. Add your seasoning and reduce heat to a low flame and keep warm while you get the plate ready.
3. Drain the pasta very well. Pour the desired amount of pasta onto the plate. Spoon the sautéed veg mix over the pasta with some of the sauce. Garnish with fresh-cut green onions.

had, he says, “no delusions of grandeur.” By 2001, he was married and had the necessary employment documents to return to the U.S.

Although he enjoyed cooking while growing up, he had no interest in the occupation, having watched his mother work as a chef and restaurant manager.

When he and Kellie relocated to Pella, his first food industry job was at George’s washing dishes. George’s owners soon asked Phillips if he could make pizza, and when Phillips replied, “Sure, whatever you need,” they began teaching him the restaurant business. He later worked at Windmill Café where he learned to cook breakfast and lunch from 5 a.m. to 4 p.m., then returned to George’s to make pizzas.

While working this round-the-clock schedule, Phillips was approached by Don DeWaard ‘82, Central assistant football coach and an investor in Pella’s Molengracht. DeWaard asked if Phillips would like to run his own restaurant, and in January, 2006, he and Kellie began to manage Monarch’s in the Royal Amsterdam Hotel on the Molengracht.

“In the 2010 economic downturn, my wife said, ‘we don’t both need to be here all day, everyday.’ When a job came open at Central, I took the job as cook at Central Market. I then became kitchen manager in 2012 and the director in 2014. From the beginning, Central helped me to be the person I am today,” Phillips says.

He is reminded of his early Central days often because down the hall from his Market office is his good friend, fellow Welshman and Trinity College graduate Iwan Williams, who is associate director of catering, and one of the many hard-working staff members who Phillips credits with “delivering the best product everyday.”

“I learned as Central’s kitchen manager that buying the best ingredients doesn’t have to be at highest price,” he says. “I pride myself in getting the best price for the best product.”

He’s also here for alumni, whom he welcomes back with open arms. “Come back and tell us how we are doing. We want alumni to have a positive dining experience and send their kids here, too.”

central market fun facts



Approximately **1,400 cookies** are baked each Tuesday for fresh cookie day.

9 stations in the Market offer something different each day.

27 gallons of ice cream are used for a sundae bar each Wednesday.

Fridays feature the popular cook-to-order Mongolian station at lunch. The Market goes through almost **100 pounds of meat and seafood** and **30 pounds of vegetables** in two hours.

Breakfast of Champions—the night before finals, staff and faculty serve students a late-night feast. About **800 students** are served in **45 minutes**, consuming approximately **700 pounds** of food.

Learning from the Community

Service-learning at Central benefits both partners and students.

by Laura Billingsley '04



^ Service Day, held in April, is an opportunity for the entire Central community to participate in service projects.

< 40

Central College courses
have community-based
learning components

"There's something different about the way Central does it," says Cheri Doane '98. She's referring to service-learning at Central, and when you start talking to people about the concept, many will say something along those lines: When it comes to service-learning, Central is taking the road less traveled.

Doane is director of Community-Based Learning at Central, which encompasses service-learning. Through the program, students perform service for community organizations as part of classes. It's a mutually beneficial relationship for the community partners and the students, as students learn practical skills about how organizations work, and partners can have projects completed. In practice, it's more complicated than that. Students say what they learn goes far beyond basic skills, and some even hesitate to use the term "service," as that implies they are the ones giving up their time, when in fact the relationship is extremely cooperative.

"I like to call it a vulnerable situation," says Walter Cannon, professor of English. "We are vulnerable in the sense that we are willing to take in what they are saying and we can make changes. We can adapt and not impose our set of beliefs or desires on them. We try to respond to them."

Cannon has taught a class with a service-learning component for 20 years. Writing for Non-Profit Organizations allows students to practice their writing skills while working with organizations in the community. He says, "We discover real needs in the community. This course exists because partners in the community say that they need writers."

In 1994, Central received a grant from the Council of Independent Colleges (CIC) to initiate a variety of service-learning programs. The non-profit writing course was one of five original classes designed to pilot service-learning, and Cannon says a main goal is to "extend the notion of community," so students come to think of community not just in geographical terms, but as involving people in various spheres.

Cannon stresses the listening component of service-learning, saying, "Unless we listen to each other, we can't really progress."

Students agree. Dana Wolthuizen '15 says she benefitted at least as much from her service-learning placement as the organization did from her. She gained lifelong skills she hopes to put to use in a future career. Wolthuizen worked with New Hope Community, a community center in Oskaloosa that assists lower income families.

As an English major and not-for-profit management minor, Wolthuizen was excited to put her writing to work for a purpose. The course Writing for Non-Profit Organizations includes study of the process of grant writing, a task Wolthuizen focused on for New Hope. Grant writing is also a skillset that's in demand. "Grant writing has been very practical, and it's great working with an organization to put it into practice—I'm learning so much from them," she says.

Grant writing is a field Wolthuizen hopes to pursue after graduation, and she appreciates the opportunity to gain experience in the area. "It's something not a lot of people have," she says.

Hunter Thorpe '16 also completed Writing for Non-Profit Organizations, and he worked with Crossroads of Pella for his service-learning placement. The non-profit exists to provide a number of services to the Pella community, including after-school programs, counseling, ESL classes and support groups. Thorpe assisted Crossroads with press releases and grant research. The work was an opportunity to build on experiences he gained during a fall semester on Central's program in Washington, D.C., where he interned with Shared Hope International.

Thorpe says in addition to the expertise he acquired during his placement, he appreciated the class discussion that helped to put what he learned in context. "We talk a lot about social issues, and it's great to hear everyone's views," he says. "In class, Dr. Cannon talks about the importance of listening to what our community partners are saying."

[CULTIVATING COMMUNITY] Doane helps to match students with community partners, and she takes a proactive role. If she hears about a need in the community, she thinks about how it could be met via service-learning. She stresses that these partnerships are enduring, existing not just for the length of a project or a class, but for the long-term.

“We develop partnerships holistically,” Doane says. “Engaging in partnerships on an ongoing basis allows us to sustain a commitment to the community.”

This is part of the reason Central’s program differs from some other schools. And it’s caught the notice of major organizations. In December 2014, Central was named a finalist for the President’s Award for Community Service by the Corporation for National and Community Service (CNCS). Central was one of only 16 schools to receive the finalist designation, and one of four finalists in the category of General Community Service. This means Central is one of the top five programs in the country, out of almost 700 applicants, for that particular category. Central was also named to the 2014 Honor Roll with Distinction in a second category, education.

The President’s Award is the highest federal honor a higher education institution can receive for its commitment to community service. It’s not the first time Central has been recognized by the organization, having

been named as a finalist for the President’s Award in 2012, and appearing on the honor roll with distinction in 2006, 2007, 2008, 2009, 2010 and 2013.

In January, Central was again recognized for service when it received the Community Engagement Classification for 2015 from the Carnegie Foundation for the Advancement of Teaching. Central was one of six Iowa colleges and universities to receive the Community Engagement Classification for 2015.

In order to obtain this designation, Central submitted evidence that the campus mission, culture, leadership, resources and practices support contributions to important community agendas. The application is rigorous – more than 50 pages— and covers all aspects of community engagement. The Community Engagement Classification takes place on a five-year cycle. Central will be classified until 2025, after which the college will have to demonstrate further improvements from its civic commitment. Overall, more than 40 Central College courses have community-based learning components. Of course, service also takes place in other ways, such as on study abroad programs and during the college’s annual Service Day, when faculty, staff and students spend the day working with organizations around the area. They may cut brush at Lake Red Rock, paint classrooms at an elementary school or spend time with adults with disabilities.

[LEARNING TO LISTEN] While service occurs in many ways, classes with service-learning components are a vital part of the community-based learning catalog. Katelyn Watson ’17, a sociology major, recently completed a service-learning placement at Crisis Intervention Services in Oskaloosa as part of Intro to Social Work. The organization works with survivors of domestic abuse and sexual assault, and Watson says she has learned much that will be applicable in her chosen career field as a high-school guidance counselor.

Her work involved giving presentations to high-school students, as well as planning for fundraisers and other work — “whatever their needs were,” Watson says. “It was helpful to learn firsthand about social work and to get some background in the field.”

Watson became familiar with the difficult situations social workers often face. “I learned that as an advocate – they get calls in the middle of the night (to go meet with someone),” she says. At first, the thought of encountering someone in the middle of a crisis was overwhelming, but Watson says she learned that “it’s ok not to be perfect— you just need to be there for them.”

Cassie Cumings-Peterson, volunteer coordinator for Crisis Intervention Services, says the organization “values the work that service-learning students bring.” While each student’s experience is unique, Cumings-Peterson says she tries to match

student interests with duties. “Our goal is to infuse the service-learning experience with opportunities that are meaningful and memorable,” she says.

For Watson, the time spent working with Crisis Intervention Services has reinforced her decision to pursue a counseling career, and she says service-learning “is so important, because there’s only so much you can learn in a classroom.”

After teaching the Writing for Non-Profit Organizations class for 20 years, Cannon has a pretty good idea of what makes service-learning work. In fact, he and Doane recently teamed up to write a book chapter on the subject. “Service-Learning and Civic Engagement: A Sourcebook,” published this spring, includes Cannon and Doane’s chapter on the idea of holistic partnerships, and how service-learning can be situated as part of the larger community, not as an entity on the outside looking in.

Cannon says listening to community partners means understanding that, “We’re part of the community. We’re not just standing alongside of it or on top of it. The relationship is a dynamic one.”

While national honors are nice, that is the real goal – making connections between the college and the community, while helping to dissolve the boundaries between the two.

“Unless we listen to each other, we can’t really progress.”

WALTER CANNON, professor of English



^ Working in a community garden is just one of many service projects.



^ Katelyn Watson ’17 spoke to high-school students as part of her service-learning at Crisis Intervention Services.

The Journey Scholarship Fund

Make your gift today by using the envelope provided or online at www.central.edu/give.



The Journey Scholarship means a lot to me and I truly appreciate it. This contribution to my education provides me with further motivation to make the most out of my academic experience.

Brendon Boerm '15 Major: Biology
Minor: Chemistry Hometown: Traer, Iowa



Journey
SCHOLARSHIP FUND

CIVITAS.CENTRAL.EDU

ALUMNI NEWSNOTES



THE '50S

Jan DeBoer Thornton '52 retired from her work in financial development for Lillian Valley School, an Episcopal kindergarten-5th day school for children of the Shoshone-Bannock tribes living on Fort Hall Reservation in eastern Idaho. The school was founded by Jan and husband John in 1997.

THE '60S

Walter Argus '69 retired from Bright House Network and lives in Birmingham, Ala., with wife Barbara.

Robert "Robin" Thomas '69 retired after 43 years as a social worker in a variety of Iowa agencies, schools, health care and mental health settings. Robin and wife Kathryn live in Burlington.



Jack Beattie '68 and wife Pam celebrated 40 years of marriage in Paris, France, then traveled to Vienna, Italy, and were joined by **Greg Churchill '68** and wife Mary. Jack and Greg shared a study abroad experience 1967-1968 and revisited many familiar sites around Vienna. Jack noted the university has improved its formerly crazy elevator, the enlarged Europa Haus has been turned into a hotel and Tiroler Alm is still there! Onkel Paul's son Peter remembered them and overserved the pair schnapps as usual. They are pictured here, **Jack Beattie '68** and **Greg Churchill '68** in front of their old dorm.

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at civitas.central.edu or email alumni@central.edu. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University, Campus Box 5200, Pella, IA 50219.



THE '70S

Dan Lovett '70 retired in 2013 after 36 years at HR Green, a consulting engineering firm where Dan was operations director. Dan and wife Jan live in rural Granger.

James Coddington '71 retired from his position as senior internal auditor at the University of Chicago Medical Center. James and wife Ingrid live in Oak Lawn, Ill.

Gene Pals '72 owns and operates a farm outside of Belmond that was acknowledged as a Century Farm at the 2014 Iowa State Fair. The farm was purchased by Gene's great-grandfather and has been farmed by Gene's grandfather, father and Gene continuously since 1914.

Norm Frindt '75 retired in 2012 from North Ridgeville High School, where he taught American history and coached

softball and golf. He was head varsity coach for girls' softball for 33 years and head golf coach for six. Norm was elected to the Ohio High School Fast Pitch Softball Coaches Association Hall of Fame in the class of 2011 and was elected into the North Ridgeville High School Sports Hall of Fame in 2014. He continues as head girls' golf coach. Norm and wife Donna live in North Ridgeville, Ohio.

Mark Miller '75 of Hutchinson, Kan., is pastor at the First Presbyterian Church.

Judy Ruplinger Saluri '76 is assistant director of transfer evaluation at the University of Iowa. Judy and husband Thomas live in Marion.

Daryl Sherman '76 will retire in June after 39 years in education. Daryl retires from Lake Mills Community School, where he served as superintendent for the past

21 years. Daryl and wife **Joyce Heusinkveld Sherman '76** live in Lake Mills.

Mary Schewe Bossard '77 was promoted to principal fellow at Nektar Therapeutics in Huntsville, Ala. Mary and husband **Gerald Bossard '77** live in Madison, where Gerald is pastor of Faith Lutheran Church and circuit counselor in northern Alabama.

Marian Ann Matwiejczyk Montgomery '77 is a curator of clothing and textiles at the Museum of Texas Tech University in Lubbock, Texas. Marian Ann credits her home economics education degree for preparing her for museum work. At Central, she had the opportunity to study historic textiles and clothing and learned the techniques involved in creating the historical works of art she is caring for in her position. Marian Ann and husband Barry live in Dallas.



NOTICE ANYTHING DIFFERENT ABOUT THIS CENTRAL COLLEGE LETTER JACKET?

Look closely and you'll notice the leather peace sign roughly stitched inside the "C." The jacket belonged to Tom Garrick, Jr. '71. The peace movement was taking root while he was at Central during the late '60s and early '70s, and one morning he found his jacket had disappeared. It reappeared a day later, sporting the new decoration. Garrick came to see the peace sign as a meaningful complement to the Central logo.

The jacket represents an important part of Central's history and is now on display in Central Hall as part of the archives. Central College Archives is always looking for donations and will store and preserve Central memorabilia for future generations to enjoy. You can mail items to Central College Alumni Relations, Campus Box 5200, 812 University, Pella, Iowa 50219. Digital photographs can also be archived – please identify the people in the pictures and email them to alumni@central.edu.

SECURE YOUR FUTURE WITH A CHARITABLE GIFT ANNUITY FROM CENTRAL



Charitable gift annuities (or CGAs) allow you to support Central while guaranteeing yourself and loved ones a fixed income for life. A CGA is a contract which specifies that, in exchange for an irrevocable gift of cash or securities, the college pays you and/or another beneficiary a fixed income for life, with potentially favorable tax treatment, after which the remaining principal of the gift comes to Central to provide significant support for the things you most care about.

IF YOU ARE 65 OR YOUNGER you may want to consider a Deferred CGA. It has the same great benefits as an immediate CGA, but by making your gift now and deferring your payments for a number of years, you can potentially increase your annuity rate significantly. You may also be able to increase the charitable deduction you can take in the year of the gift.

Many donors find deferred CGAs very useful for retirement planning. By making a gift now, in income-earning years, and choosing to begin receiving payments closer to your projected retirement date, you can add a guaranteed income stream to your existing retirement plans such as IRAs or 401(k)s.

We would be happy to provide you with benefits comparisons for immediate gift annuities versus gift annuities with differing deferment periods. The longer you defer payments, the more you can increase your annuity rate.

To learn how an immediate or deferred CGA may work for you and to receive a free illustration, please contact Don Morrison at **(641)628-5280** or morrisond@central.edu. For additional information on CGAs go to our planned giving website <http://www.gftpln.org/Home.do?orgId=539>.

Charitable Gift Annuities through Central College are available in most states and require a minimum gift of \$10,000. The above information is not intended as legal or tax advice. For legal or tax advice, please consult an attorney.

Allan Paris '77 retired after more than 38 years at John Deere & Co. Since 2011, he served as global director, enterprise business process management. Al and wife Sandy live in Runnells.

Dana Baughman Chapman '78 is senior vice president, client advocate in Human Capital Practice at Willis in Cedar Rapids. Dana and husband Kyle live in Marion.

Mike Nieland '79 took early retirement three years ago to start Blue Marble Journeys, a faith-based travel ministry. Mike has led groups outside the country to Egypt, Jordan and Israel and mission trips to Utah and Oklahoma. Mike and wife Jane live in Ankeny.

THE '90S

For information about **Mark Babcock '91**, see the '10s.

Corey Kluesner '90 is pricing analyst at Ramco Innovations in West Des Moines. Corey and wife Stacy live in Des Moines.

Ann Sobiech Munson '91 is architect and specifier at Substance Architecture in Des Moines and co-founded Iowa Women in Architecture. Ann received the 2015 AIA Young Architects Award. The national award recognizes individuals who have shown

exceptional leadership and made significant contributions to their profession. Ann and husband **Kyle Munson '94** live in Slater with their son. Kyle is Iowa columnist for The Des Moines Register.

Kristie Pennington Gavin '93 teaches second grade at Dexter Elementary School in Dexter. Kristie and husband **Scott Gavin '91** live in Adel. Scott is employed by Wellmark Blue Cross Blue Shield in Des Moines.

Denise Hymer Hastings '94 is senior director of human resources at Mediacom Communications Corp. Denise and husband

THE '80S

For information about **Tony Braida '89**, see the '10s.

Gregory McCann '85 and Sherry McCann of Marion were married Aug. 30. Greg works in Student Support Services at Linn-Mar Community School District.

Darren Huinker '86 is the regional sales manager at DMB Supply Inc. Darren and wife Janel live in Altoona.

Mary O'Leary '86 has completed a two month intensive apprenticeship at Lazare, a bistro in Paris, and is beginning the next phase of her career in cuisine. Mary and husband Jean-Francois Barjou live in Osny, France.

Mitch Destigter '89 is the senior counsel at Dignity Health in Phoenix, Ariz. Mitch and wife Becky live in Scottsdale with their two children.



Lisa Furney '96 and Dave Inskeep of Ankeny were married Nov. 22. Lisa is a sign language interpreter at Des Moines Area Community College. They are pictured front row (left to right): **Nicole Hocamp '96**, **Julie Westby '96**, and **Sarah DeGraw Thao '96**. Second row: **Ann Heerde '95**, **Lisa Furney Inskeep '96** and **Mang Thao '96**. Back row: **Amy Martin Hachmann '95**.

Robert Lindley '95 of Chicago, Ill., is an actor and writer.

Mark Sabala '95 guided the Hermitage High School boys' cross country team to the school's first state championship. Mark was named Southwest Missouri Class 1 Boys Coach of the Year for the second time. His son placed 7th at the state championships with a time of 17:30. Mark and wife **Stacy Duff Sabala '95** live in Wheatland, Mo., with their three children.

Kevin Stittsworth '95 recorded his first album, "My Tribute," featuring piano arrangements of favorite hymns. The album also includes an original song sung by **Chandra Hackert Clark '92**.

Ryan Rader '96 is financial advisor with Edward Jones in Cedar Rapids, where he lives with wife Madelyn and their two children.

Jodi Svendsen Bosscher '97 owns and operates Pixie Dust Marketing in Pella, where she lives with husband **Mark Bosscher '98** and their three children. Mark is an attorney at the Peddicord Wharton Spencer & Hook law firm in West Des Moines.

Karrie Vander Sluis '99 of Des Moines practices chiropractic medicine at her clinic, Vander Sluis Chiropractic, in Urbandale.

THE '00S

Gretchen Lange Hoefling '00 teaches sixth-grade math in the East Sac County Community School District in Sac City.



CASTLE AND ZINKEL WED

Bree Castle '09 and **Brian Zinkel '08** of Wauconda, Ill., were married April 5. Bree is an administrative assistant at Mundelein Community Bank and Brian owns Athletic Revolution in Mundelein along with **Trevor Warnke '08** and **Nathan Johnson '08**. They are pictured (left to right): **Dannielle Lindsey '09**, **Brittany Whitsell '09**, **Eric Harris '08**, **David Schildberg '09**, **Bree Castle Zinkel '09**, **Brian Zinkel '08**, **Bekah MacKay '08**, **Trevor Warnke '08**, **Nathan Johnson '08**, **Colby Law '08** and **Brent Sorenson '09**.



DOUDNA AND MURPHY WED

Jon Doudna '06 and Jennifer Murphy of Waukee were married Oct. 18. Jon is investment operations leader at Principal Global Investors. Pictured first row (left to right): **Trent Powers '06**, Jennifer Doudna, **Jon Doudna '06**, **Justin Owens '08**, **Kevin Fridley '06**, **Lauren Weitzell Fridley '08** and **Amy Ugulini '06**. Second row: **Greg Lister '06**, **Josh Sandin '05**, **Cass Stubbs '06**, **Dana Wilkerson Sheehan '06**, **Tom Sheehan '07**, **Adam Duerfeldt '06**, **Maria Hickie Rohach '08**, **Matt Rohach '06** and **Brett Delaney '06**.

Gretchen and husband Mike live in Odebolt with their three children.

Brian Lillis '01 is national category sales manager at Hormel Foods Corp. in Austin, Minn., where he lives with wife **Monica Calvert Lillis '01** and their three children.

Brad Newcomb '02 is annuity business development director at Independent Planners Group in Scottsdale, Ariz. Brad and wife Tricia live in Phoenix.

Justin Van Wyk '02 is director of sales at

Reinhart Foodservice in Lee's Summit, Mo. Justin and wife Jolene live in Lee's Summit with their two children.

Michael Warden '03 is senior application developer at the University of Iowa Hospitals and Clinics in Iowa City. Michael and wife Olya live in Walford with their three children.

Amanda Larsen Wilds '03 is a special education associate at Mount Ayr Community High School in Mount Ayr, where she lives with her son.

Danny Beyer '04 is director of sales and marketing at Kabel Business Services in West Des Moines and author of "The Ties that Bind: Networking with Style." Danny and wife **Kacey Hays Beyer '06** live in West Des Moines with their two daughters. Kacey teaches kindergarten in the Waukee Community School District.

Rebecca Zemel Meisgeier '04 is a chiropractic assistant at Family Chiropractic in Stevensville, Mich. Rebecca and husband **Benjamin Meisgeier '04** live in Benton Harbor with their two sons. Benjamin works in the IT department at IBM in St. Joseph.

Veronika Blechova Zola-Deba '04 joined EDHEC Business School in Nice, France, last fall as the admissions and careers coordinator for the MBA program. Veronika and husband Eugene live in Nice with their daughter.

Daira Hoegh Driftmier '05 works in the sports marketing department of Hy-Vee. Daira and husband **Clint Driftmier '05** live in Norwalk.

Annie Thompson Bjstrom '06 is an

educational consultant at Usborne Books & More. Annie and husband Ryley live in Chicago with their two sons.

Kyle Fleener '06 is Purina cost accounting manager at Land O' Lakes in Shoreview, Minn., where he lives with wife Sarah.

Adam Gregg '06 was named Iowa state public defender by Gov. Terry Branstad in December. Adam and wife **Cari Rehder Gregg '07** live in Johnston with their two children. Cari is credit analyst in Iowa regional commercial banking office for Wells Fargo in Des Moines.

Emily Gruenwald '06 is senior analyst in the Government Accountability Office in Washington, D.C. Emily and husband Tim Kenyon live in Alexandria, Va.

Brian Klett '06 is IPRA coordinator at Kemin in Des Moines. Brian and wife Rachel live in West Des Moines.

Sarah Heaberlin Jurgens '07 is pharmacist at Walgreens. She and husband Kody live in Pleasantville with their daughter.

Nicholas Reed '07 teaches science in the Austin Independent School District. Nicholas lives in Austin, Texas, with wife **Lyndi Beeman Reed '08** and their daughter.

Vance Schuring '07 is doctor of chiropractic medicine at The Wellness Revolution Chiropractic and Nutrition Center in Evanston, Ill., where he lives with wife **Alysha Overturf Schuring '09**. Alysha is physical therapist at AthletiCo in Chicago.



AMMERMAN AND MOLLMAN WED

Molly Ammerman '14 and **Jacob Mollman '14** of Grimes, were married Oct. 18. Molly is scheduling administrator at HomeChoice Senior Care in West Des Moines and Jacob is regional wholesaler at VOYA Financial in Des Moines. They are pictured first row (left to right): **Morgan Remick Fry '13**, **Ben Fry '13**, **Tony Braida '89**, **Mark Babcock '91**, **Kelly Blair '13**, **Lindsay Hammes '13**, **Molly Ammerman Mollman '14**, **Jacob Mollman '14**, **Kaitlyn Connealy '14**, **Mitch Stearns '14**, **Leah Farrington Stearns '11**, **Matt Mueller '13**, **Chris Schissel '14**, **Laura Draheim '15**, **Sammy Quick '14** and **J.J. Kotz '14**. Second row: **Lucas Hamilton '16**, **Makaye Smith '15**, **Hannah Owens '14**, **Rachel Lehr '14**, **Alex Herington '14**, **Libby Elmitt '14**, **Meghan Freme '14**, **Brett Carroll '14**, **Darin Schultz '13**, **Adam Shell '14**, **Tim Wilson '14**, **Spencer Bakerink '14**, **Jesse Beringer '14** and **Cameron Macdonald '14**.

SPRING 2015



CALISESI AND MAIDENS WED

Liza Calisesi '10 and **Joel Maidens '10** of Princeton, N.J., were married July 19. Liza is director of music at the Lamington Presbyterian Church and associate director of annual giving at Westminster Choir College. Joel is upper school Chinese teacher at Far Hills Country Day School. Pictured first row (left to right): **Liza Calisesi Maidens '10**, **Joel Maidens '10** and **Alex Shockley '12**. Second row: **Karen Walsh '77**, **Jill Plefka Scherer '77**, **Carolyn Schocker Zimmerman '77**, **Elisabeth Tucci Calisesi '77**, **Brianne Schumann Schildberg '09**, **Mark Babcock '91**, **Tony Braida '89**, **Carrie Jo Calisesi Pearson '06** and **Shannon Regan Hickman '07**. Last row: **Caitlin O'Connor '10**, **Jenna Hindman '10**, **David Schildberg**, **Jared McCarty '09**

Danielle Trammell '07 and Joshua Thompson of Davenport were married Sept. 20. Danielle is quality supervisor at Linwood Mining and Minerals.

Jared Greenfield '08 is fleet and operations manager at Enterprise Holdings, Inc. in Sioux Falls, S.D., where he lives with wife Micaela.

Jeremy Siefken '08 of Chicago, Ill., is director of student life for the Booth School of Business at University of Chicago.

Mindy Van Woerkom '08 and John Latini of Hyattsville, Md, were married March 22. Mindy is executive assistant at Legislative and Political Affairs Mortgage Bankers Association in Washington, D.C.

Sarah Frese '09 is executive director at U.S.-Kazakhstan Business Association in Washington, D.C. Sarah is working toward a master's degree in Russian and Eurasian Studies from Georgetown University.

Derek Knutson '09 of Benton City, Wash., is firefighter/EMT with the Hanford Fire Department.

Rebecca Skalsky '09 is graphic designer at de Novo Alternative Marketing in Cedar Rapids.

THE '10S

Jason Hassman '10 is administration manager at Insurance Trust Monitor, Inc. He lives in Waterloo with wife **Tayler Wessels Hassman '13**. Tayler is quality assurance analyst for InsuranceIQ, division of Informa Investment Solutions.

Brynn Phillips '10 and **Matt Daniels '12** of Forest City were married Aug. 2. Brynn is WIT club membership and marketing specialist at Winnebago Industries, Inc. in Forest City and Matt is middle school social studies teacher and coach at Lake Mills Community School District in Lake Mills.

Community School District in Lake Mills.

David Baker '10 is support specialist at John Deere Financial in Johnston. Dave and wife **Danielle Larimer Baker '10** live in Des Moines.

Justin Saxfield '10 of Westminster, Colo., is recruiter for TransFirst in Broomfield.

Katie Huff '11 of Des Moines is credit analyst at John Deere Financial in Johnston.

Kathryn White '11 of Mount Vernon is speech language pathologist through Independence Rehab.

Christopher Ellerston '12 of Pella is 7th-12th grade director of choral activities in Eddyville-Blakesburg-Fremont Community School District.

Rodney Huggins '12 and Brenna Bush of Altoona were married Sept. 13. Rod is the sales manager at Des Moines Bolt.

Abby Lukensmeyer '12 of Hampton is substitute teacher in the Hampton-Dumont Community School District.

Kayla Swartzendruber '12 and **Colin Tadlock '12** of Altoona were married Dec. 27. Kayla is resource teacher at Colfax-Mingo Junior and Senior High School. Colin is research analyst for the Iowa House of Representatives.

David Bouska '13 teaches high school Spanish at Keota Community Schools. David and wife **Megan Overton Bouska '13** live in Oskaloosa. Megan is employed at Tassel Ridge Winery in Leighton.

Adam Ledvina '13 is restoration technician at Shelterbelt Builders Company in the San Francisco Bay area.

Kristin Look '13 is assistant director for financial planning at Loras College in Dubuque.

Taryn Pennington '13 of Athens, Ohio, formerly head athletic trainer at Federal Hocking High School in Stewart, will become an assistant athletic trainer at Central, June 22.

Cameron Van Kooten '13 of Schenectady, N.Y., is community coordinator with Room for All in Albany, N.Y. Room for All supports education and advocating for full affirmation of people of all sexual genders and identities within the Reformed Church in America.

Kate Ricke '14 of Des Moines is technical specialist at OutcomesMTM.

ADVANCED DEGREES

Mary O'Leary '86, diplôme de cuisine with honors, Le Cordon Bleu, Nov. 2014

Ryan Rader '96, master's degree, education, University of Iowa, May 2001

Karrie Vander Sluis '99, doctor of chiropractic, Palmer College of Chiropractic, 2011

Nick Kuennen '03, master's degree, business administration, University of Northern Iowa, 2003

Sarah Heaberlin Jurgens '07, Pharm.D., Drake University, 2013

Kyle Fuerstenberg '08, MBA, University of Iowa Tippie College of Business, Dec. 2014

Jeremy Siefken '08, master's degree, education, Loyola University Chicago, 2012

Kathryn White '11, master's degree, speech-language pathology, University of Northern Iowa, Dec. 2014

ARRIVALS

Steve Stankavage and **Kimberly Willis '93**, daughter Lucy Erin, Oct. 6

Erica and **Brandon Holton '95**, son Marshall Garrick, Oct. 21

Heather and **Ben Aalbers '96**, son Nicholas Harmon, Oct. 17

Eric and **Erin Perry Andersland '98**, son Leo, Nov. 10

Kristian Pettersen and **Amy Brunsvold '01**, son Oscar Allen, July 21

Jody and **John Brandt '02**, daughter Taryn Mila, Nov. 15

Olya and **Michael Warden '03**, daughter Maya Kathryn, Sept. 9

Ryley and **Annie Thompson Bjustrom '06**, son Benjamin James, July 11

Adam '06 and **Cari Rehder Gregg '07**, daughter Lauren Kay, March 21, 2013

Rodger '07 and **Chelsey Keller Blum '07**, son Sawyer Vincent, Nov. 17

Kody and **Sarah Heaberlin Jurgens '07**, son Paxton Jason, Aug. 25

Lance and **Elizabeth Davis Vedepo '08**, daughter MacKayla Allison, Nov. 4

Julie and **Dan Krull '09**, twin sons Quintin Ray and Kaden Daniel, Nov. 5

Jameson and **Nicole Ellingson Guthmiller '10**, twin sons Eli Martin and Hudson James, Dec. 23

IN MEMORIAM

Ruth Pietenpol Tervelt '34 of Austin, Texas, Feb. 21

Clarence DenAdel '40 of Pella, March 9

Willis Reynen '46 of Albert Lea, Minn., Jan. 10

Dorothy Bruhns Senne '47 of Davenport, Jan. 26

Jean Wilkins '49 of Woodbury, Minn., Jan. 19

Eldon Carns '50 of Clive, Jan. 9

Bernace Jaarsma Johnson '50 of Pella, Jan. 8

Edgar Krueger '50 of Baxter, Dec. 9

Alfred Liming '50 of Springfield, Ohio, Dec. 4

Greta Nelson Van Zee '51 of Knoxville, Dec. 14

Janice Vermeer Beals '56 of Henning, Minn., Dec. 24

Edwarda (Eddie) Grandia Dunkin '56 of Pella, March 9

Charlotte Heinen '58 of Juneau, Wis., Feb. 8

Ron Obenchain '58 of Shawnee, Kan., Sept. 26

Dean Sadler '58 of Pella, Feb. 21

Howard De Wild '63 of Coralville, Feb. 5

Ralph Hoagland '64 of Monroe, March 6

David Reynen '64 of Austin, Minn., Dec. 20

Lynn Toedt '67 of Hampstead, N.C., Dec. 13

William Krist '68 of Glendo, Wyo., April 1

Barbara Straks Kuyper '70 of Creston, Dec. 26

Margaret Roetman '70 of Ames, Dec. 28

William Dettner '73 of Fulton, Ill., Dec. 10

Nancy De Weerd Ondra '79 of Phoenix, Ariz., Dec. 18

Linda Messenbrink Steffen '91 of Bettendorf, Feb. 13

Steven Welcher '11 of Newton, Dec. 22

Dr. Sam Bedrosian, who served as Central's athletics director from 1994-97, died Feb. 2 in Holland, Mich. He had been living in South Haven, Mich. and was 82. A memorial service will be held later this year in South Haven. Prior to joining the Central staff, Bedrosian was the long-time athletics director and softball coach at Aurora University (Ill.).

IN MEMORIAM Don Huffman

Don Huffman, professor emeritus, died Dec. 16 at his home in Pella. Huffman, 85, taught biology for 39 years before retiring in 1996. He helped develop Central's pre-health major with professor emeritus Art Bosch, as well as study abroad programs in China and Mexico with his wife, Maxine. Preceded in death by Maxine, a retired English professor, Huffman is survived by his children, Kimberly and Jim, who both attended Central College.

Huffman's former students and colleagues praise his warm personality and willingness to help others. Penny Reynen '71, recently retired from a 41-year career in education, says Huffman was her inspiration. "He welcomed me into the Central family and always had time for me," she says. "That is one of the reasons that he was such an extraordinary educator and role model."

Huffman was born in 1929 in Pittsburg, Kansas. He completed a bachelor's degree in history and social sciences from Pittsburg State University, a master's in plant pathology from Kansas State University and a Ph.D. in plant pathology from Iowa State University. In 2008, Huffman also received an honorary degree from Central.

In 1957, Huffman came to Central, where Maxine was already employed. In fact, Maxine transferred to the English department so Huffman could take her position as assistant professor of biology. During his time at Central, Huffman helped design the Vermeer Science Center, secured continuous research grants from 1961-1996 and served as president of the Iowa Academy of Science and the Association of College Undergraduate Biological Educators. Huffman and Maxine supported Central's Visiting Chinese Scholar Program, and they jointly received the Asian Achievement Award in 2005 for being "Asian Ambassadors."

Huffman's legacy includes the relationship he and Maxine developed with Zhejiang University in China. Chia Ning, professor of history and native of China, says that both Huffman and Maxine endeavored to promote understanding between America and China. "Don pointed out as early as 1990 that there is a lot of misunderstanding about China in the United States," says Ning. "He believed that a strong Chinese study abroad program in undergraduate education would benefit the United States in the 21st century because China would be such an important country in relation to the development of the nation's future."

By collaborating with Zhejiang University, Huffman helped build an exceptional study abroad program, including English teaching internships. Even retiring, both Huffman and Maxine continued to support Central's China exchange program. Their donations allowed Central to re-establish the visiting Chinese scholars program and bring professors from Zhejiang University to teach Chinese language and culture classes on campus.



"He welcomed me into the Central family and always had time for me, that is one of the reasons he was such an extraordinary educator and role model."

Penny Reynen '71

After retiring, Huffman collaborated with Zhejiang University colleagues to write and edit all editions of the textbook "New College English." A best-selling text in China, the book won national honors in "Best Academic Work of the Year." Huffman also authored more than 30 journal articles and seven books — including a mycology textbook on mushrooms and other fungi in the Midwest, published 12 years after he retired.

At Central, the Huffmans are also remembered in the Huffman Faculty Award for Outstanding Support of Education, the Maxine Huffman Scholarship for students studying abroad and the International Student Loan Program.

"Some part of Don lives on in his students," adds Reynen. "We learned from him either in the classroom or from observing his actions. That is a remarkable legacy."



Homecoming Schedule

OCT. 9-11, 2015

Join alumni, families and friends at homecoming to enjoy a variety of events for all ages. For a full schedule, visit www.central.edu/alumni/homecoming. Highlights include:

Friday, Oct. 9

10 a.m. HERITAGE DAY RECEPTION, worship and luncheon (by invitation only). Lower Chapel Courtyard.

6 p.m. LEMMING RACE. Peace Mall.

6 - 7:30 p.m. ALUMNI/STUDENT MIXER at the Friday Night Barbecue: barbecue, pep rally, coronation, street party. Graham Hall Lawn by Broadway St.

7:30 - 9 p.m. ALUMNI SOCIAL TIME. Maytag Student Center.

Saturday, Oct. 10

8 - 10 a.m. PANCAKE BREAKFAST. Maytag Patio.

10:30 a.m. ALUMNI AWARD PRESENTATION AND LUNCH. Maytag Student Center Boat, Moore, Weller Rooms. Alumni and friends are invited to attend the 2015 Alumni Award presentation followed by a luncheon. Reservations are required.

11 a.m. TAILGATE UNDER THE BIG TENT. Corner of Independence and W. 3rd.

1 p.m. FOOTBALL: CENTRAL VS. LUTHER. Schipper Stadium.

5 p.m. POST-GAME PARTY. Harry and Bernice Vermeer Banquet Hall, in Graham Conference Center.

7:30 p.m. CLASS GATHERINGS at The Pella Country Club. Cash bar and light snacks available.

Sunday, Oct. 11

9 a.m. A CAPPELLA CHOIR ASSISTING IN WORSHIP. A Cappella Choir alumni are invited to sing with the A Cappella Choir during 9:45 a.m. worship at Second Reformed Church, 612 Broadway. Rehearsal begins 9 a.m. at the church.

11 a.m. SUNDAY BRUNCH. Central Market.

12 p.m. 9TH ANNUAL FLYING PANS ALUMNI STEEL BAND CONCERT. Douwstra Auditorium. All past Pan members are invited to participate in the annual Homecoming alumni concert.

1:30 - 2:30 p.m. A CAPPELLA CHOIR/ SYMPHONIC WIND ENSEMBLE CONCERT. Douwstra Auditorium.



2015

Medicine Man

Love of organic chemistry leads to rewarding career.
by Cindy Deppe

Summer research opportunities, a faculty mentor and a Central family legacy all contributed to Joe Lubach's career choice as a scientist. Lubach '02 is a third-generation Central graduate, preceded by grandparents, aunts and his parents (Rose '72 and Bill '72).

Lubach entered Central with the sciences in mind but no set career path. When he couldn't decide between a biology or a chemistry major, he chose to double major (while also playing baseball), with the possibility of medical school or graduate school in his future.

Then came organic chemistry, which for many is a deterrent. Lubach, however, found that he enjoyed that subfield of chemistry as he studied the structure and reactions of organic compounds and materials.

With the help of Central adviser Dan Bruss, former chemistry professor, Lubach sought summer research opportunities to help him sort career options in STEM fields. Bruss connected Lubach with a fellow chemist and researcher at the University of Kansas, where Lubach spent a summer and determined he "preferred research and the interdisciplinary nature of lab work" to pursuing medical school.

"Dan Bruss was a big reason that I went to grad school," Lubach says. In 2007, he earned a doctorate in pharmaceutical chemistry at Kansas, and two weeks after defending his dissertation, Lubach began work at Genentech, one of the world's leading biotech companies, based in South San Francisco.

Self-described as a "plain old scientist," Lubach works in the Small Molecule Pharmaceutical Sciences department within Genentech Research & Early Development.

SPRING 2015

Joe Lubach '02 takes a break from his science career to hike in Yosemite.



"Essentially our department takes molecules and makes them into medicines," he says. "We formulate the raw active drug material into a safe and efficacious drug product, like a tablet or capsule. For instance, we determine how to get the drug to dissolve and get to where it needs to go in the body to hit its target. We also figure out what ingredients to put with it to help keep it stable throughout its shelf-life."

Lubach's research is focused mainly on oncology drugs, although he has also worked on drugs for immune system disorders and ocular diseases. He finds the work rewarding but points out that "you have to be able to accept failure," as "greater than 99 percent of molecules we work with won't make it to the market."

"You can't take it personally," he says. "While that specific molecule may not help someone, the work is not lost,

as the knowledge gained may help the next molecule succeed."

Knowing his work is helping people is why he got into the pharmaceutical field in the first place.

"This is a very patient-focused business. We're trying to do what is ultimately best for patients," Lubach says. "It's hard to see sometimes, when you are working with white powders in the lab, but there are pictures of actual patients hanging throughout our workplace to remind us of the importance of our work."

"I came into this field not knowing anything about it, so my advice to students would be, don't be afraid to explore a science career," he says. "I think you'll find it very rewarding, as I do."

Read more about Joe online at civitas.central.edu!





Alumni Spotlight

Life in the FBI

by Laura Billingsley '04

Working as an FBI special agent is an elite career. Most people are only familiar with the image of FBI agents as portrayed in popular media, but for Tim Bates '06 the job is a reality. Bates has worked for the FBI for six years. He spent five years in counter-terrorism and has worked on a gang and drug squad for the past 18 months, based in Indianapolis, Ind.

When considering a career, Bates wanted a job that would serve his country. He joined the military out of high school and deployed after 9/11. After the military, he attended Central where he says his ambition to serve grew stronger. As a political science major, Bates focused his studies on terrorism.

"Dr. (Jim) Zaffiro and Dr. (Keith) Yanner really allowed me to tailor my classes to focus on terrorism," Bates says. "Every class I took with them I was able to study the types of things that led me to where I am today. When I first started in counter-terrorism work it was very evident to me that the success I had was due to my education at Central and the political science department."

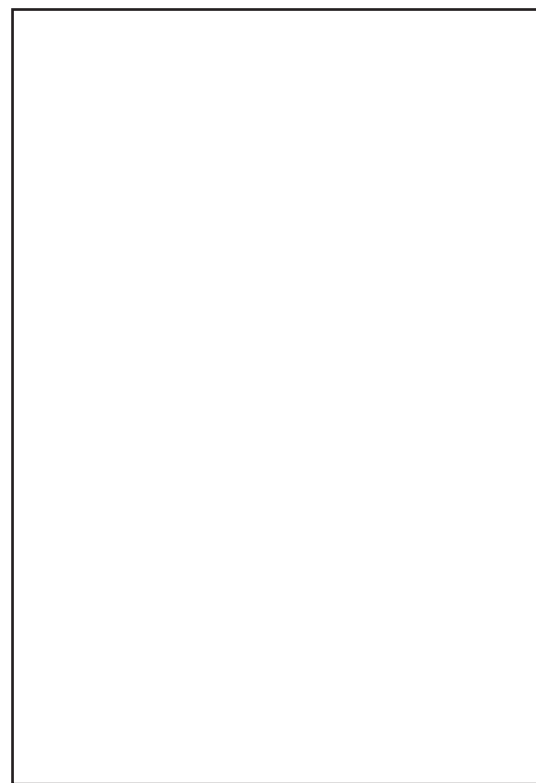
The FBI is choosy in who it hires.

"This organization is one that is full of very impressive people," Bates says. He believes the combination of his educational background at Central with his military service allowed him to stand out.

Today, Bates' work involves a variety of tasks, some straight out of an action film and some that are more routine. He functions as a SWAT team leader, a division fitness coordinator and a case agent. "Every day is different," Bates says. Some days he may be doing case work, while on others he gives PT (physical training) tests to agents.

"Some days are full of adrenaline and others are spent behind a computer writing massive amounts of reports to document everything," he says. Because the job can be something of a roller coaster ride, Bates says it's important to have a good team of coworkers. He counts the people he works with as his favorite part of the job. "There are a lot of very hardworking and motivated people," he says.

So what's the No.1 question people ask Bates about the FBI? "Is it like the



Tim Bates '06 says the FBI is only sometimes like it is in the movies.

movies?" he says. His answer is—sometimes. He says while there are action-packed events that take place, there is a lot of work behind the scenes to arrive at that point.

"There is so much work that goes into putting a case together, and so many layers of review prior to bringing that case to a conclusion. All those layers make the job very difficult," Bates says. "However, those layers also ensure that we get the right people."