

# Civitas

Central College



## ON THE JOB

Four alums dreaming big

## DUTCH SPIRIT

Homecoming past and present

2013 CENTRAL HOMECOMING  
& family weekend  
BROCHURE INSIDE



# The Power of Experience

by Mark Putnam, Central College president



Photo by Paul O'Mara

President Mark Putnam encourages students and alumni to engage and learn by experience.

Part of the richness of human experience is we all seem to order the world in different ways. I suppose for some this is a great source of frustration, particularly those who have strong views about what is important and how important things should be accomplished. For me, the ambiguity of society is a great source of fascination as I observe others in thought and action as we participate in the shared experience of work and play.

The texture of learning also varies a great deal. While there are some patterns to what constitutes effective teaching and learning environments, many of us find we learn best in certain settings and under certain conditions. Early in life we tend to be highly dependent learners, relying on the instructional designs of parents and teachers. Gradually through

the course of life we become increasingly independent in our learning, though we accomplish this at different levels and at different rates. The challenge for educators, therefore, is providing a system of learning opportunities that are sturdy and durable, yet flexible and adaptable. Some of us bristle at the rigidities of settings that are more about containment and conformity. Others rely on those structures as a sure platform for success. A few could be turned loose in the world and would naturally absorb all there is to learn organically, while others find interpretive frameworks, categories and theories to be essential.

One of the learning environments we all seem to find beneficial, however, is a setting in which we practice what we are learning. Experiential learning is not new. In fact, it is really the oldest

form of formalized instruction most often expressed in apprenticeships, internships, residencies and practica. In the literature of teaching and learning, these are most commonly referred to as communities of practice. Learning in a practice setting animates the process of knowledge acquisition through demonstration and application. Sometimes we think of this as “hands-on” learning, real-world experience or professional skill development. Whatever form it takes, experiential learning is incredibly powerful and ideally it should be present through the whole of life.

For students at Central, there is a rich heritage of experiential learning manifested in longstanding commitments to internships, service learning, study abroad, undergraduate research, athletics, music ensembles, theater productions and work in professional settings. If we step back and think of ourselves as lifelong learners on a journey from more heavily dependent learning to highly independent learning, we see we need to embrace learning in all its forms. Each of us can craft our own learning in a customized way that best fits our needs. In this way, we learn how to learn.

The power of the Central College experience for current students and for our alumni is rooted in the desire to always learn by accumulating knowledge, skill and experience in a never-ending journey of discovery about ourselves and the world. Our invitation is to be an engaged learner wherever you are and stretch in new ways through the power of experience.

Read more of Mark Putnam's writings in President's Corner at [civitas.central.edu](http://civitas.central.edu).



## EDITORS

Chelsea Toppin '12

Rachel Vogel Quinn

## SPORTS EDITOR/DIRECTOR OF CENTRAL COMMUNICATIONS

Larry Happel '81

## GRAPHIC DESIGNER

Amanda Godwin

## STUDENT DESIGNER

Bre Reisburg

## EDITORIAL ASSISTANTS

Mary Benedict

Lisa Thurman Fyfe '87

Connie Aalbers Marlow '76

Lynne Petty

Peggy Johnson Van Den Berg '83

## DIRECTOR OF ALUMNI RELATIONS

Kathy Cashen Thompson '89

## COMMUNICATIONS BRAND AND PROJECT MANAGER

Steffanie Bonnstetter

Civitas is published quarterly by the Central communications office for alumni, parents and friends of Central College. For information on the Civitas mission, visit [civitas.central.edu](http://civitas.central.edu).

Civitas (USPS 096-840) is published by Central College, 812 University, Pella, IA 50219-1999. Periodicals postage paid at Pella, Iowa, and additional offices.

Postmaster: send address changes (PS 3579) to Civitas, 812 University, Pella, IA 50219-1999. Address changes also may be sent to [alumni@central.edu](mailto:alumni@central.edu).



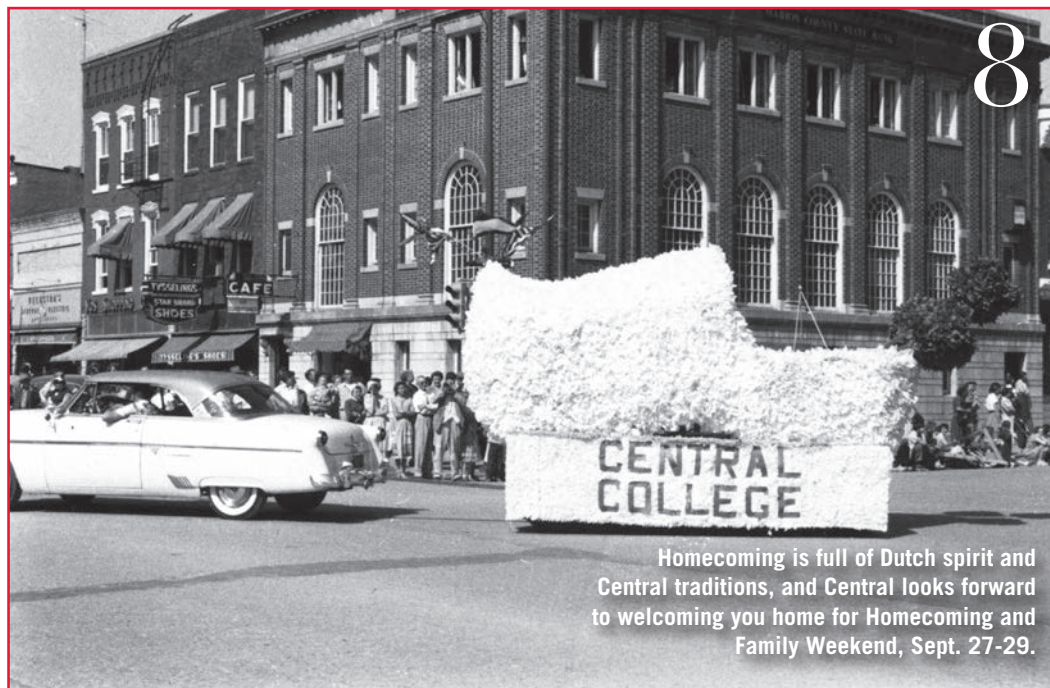
Production notes:

Corniche is elemental chlorine free (EFC).

Civitas is printed with a soybean-based ink by Town Crier, Pella, Iowa.

CIVITAS.CENTRAL.EDU

641.628.9000



Homecoming is full of Dutch spirit and Central traditions, and Central looks forward to welcoming you home for Homecoming and Family Weekend, Sept. 27-29.

# summer 2013 contents

## • on the cover •

CENTRAL LEMMING RACE 2012

## • features •

### 6 BOARD OF TRUSTEE TRANSITIONS

Central welcomes five new board members

### 8 TALE OF HOMECOMINGS PAST

Show off your Dutch pride

### 12 THE CENTRAL FAMILY THAT READS TOGETHER

Learn about Central's common reading book

### 16 HIGH ACHIEVERS OF GENERATION X

Four alums soaring high

### 20 HOMECOMING AND FAMILY WEEKEND

Join us Sept. 27-29

## • departments •

### 2 Around the Pond

### 4 Athletics Updates

### 21 Alumni Newsnotes

### 29 Parting Shot



One book changed the course of Josh Dolezal's career.





# Generous Donors

*In honor of alumni and friends of Central College, three gathering spaces on campus have been officially dedicated to celebrate significant contributions to the college.*



Photo by Linda Stelter

Melinda Vermeer Papadeas, Nancy Vermeer, Michael Vermeer and Luann Vermeer De Haan stand with their mother Bernice '50 at the dedication ceremony.

## VERMEER BANQUET HALL

The newly renovated Graham Conference Center has been the center of community events, hosting countless dinners, conferences, speakers and weddings. The banquet hall is now named the Harry and Bernice '50 Vermeer Banquet Hall.

Bernice attended Calvin College for one year before coming to Central to finish her two-year teaching degree. She taught for two years and then joined her husband at his military base in Alabama.

Harry served in the Army for two years during the Korean War, then returned to Pella to join his brother Gary at Vermeer Manufacturing, which Gary founded in 1948. Harry was part-owner of the internationally successful company until he passed away in 2006.

Harry and Bernice contributed a significant gift to Central toward the banquet hall renovation. Bernice continues to cherish her family, which consists of her four children and their spouses, her nine grandchildren and their

spouses, and her six great-grandchildren. Bernice enjoys concerts, plays and other community activities.

## SUTPHEN COMMON ROOM

The Dave '61 and Ardie Pals '64 Sutphen Common Room, the meeting room in the Graham Annex, was named in May. Ardie served the college as the assistant to the president for the majority of her 33 years at Central, retiring last August. Dave began working at Central in 2000 and retired as the vice president



of advancement in April, but continues as an advisor to the president/fundraising initiatives.

With support from the numerous faculty and staff present for the surprise announcement, President Mark Putnam thanked the Sutphens for their dedication to the college.

“What we are celebrating is an important legacy,” Putnam said. “Dave and Ardie are people who define an era and they are people who are uniquely Central College.”

## **BRUNSTING FIRESIDE LOUNGE**

In honor of long-time communication faculty member Bette Brunsting '56 the Graham Hall fireside lounge has been named the Brunsting Fireside Lounge.

Brunsting followed two sisters to Central, Evelyn Kuyk '47 and Joyce Vander Well '50. She graduated with a degree in speech theatre and later earned a master's degree from Northwestern University (Ill.) before returning to Central as the dean of women in 1964. Three years later, Brunsting joined the communication department and worked at Central for 34 years.

“With this naming, we celebrate a very special Central alumna and Brunsting family member,” said Central president Mark Putnam. “Central was fortunate to have Bette continue the Brunsting family tradition of attending Central College. Much like she was an inspiration to her students, she is one to the Central family. Central is a special place and it's alumni and faculty like Bette who make it great.”

## **CENTRAL COLLEGE CHOSEN AS A TOP GREEN COLLEGE**

Central College has been chosen as one of the most “green” colleges in the nation by The Princeton Review. The publication, “The Princeton Review's Guide to 322 Green Colleges: 2013 Edition,” named Central as one of only six Iowa institutions on the list.

The guide is published in partnership with the U.S. Green Building Council's

Center for Green Schools and focuses solely on colleges that have demonstrated a strong commitment to the environment and sustainability.

“This national recognition—which takes into account many aspects of our commitment to campus sustainability, but even more importantly, cites our national leadership in incorporating sustainability education across our curriculum as a graduation core requirement and in the form of our new interdisciplinary minor in global sustainability—is a strong vote of confidence in a key aspect of our institutional mission and goals,” said Jim Zaffiro, professor of political science.

All Central students must complete a global sustainability core curriculum requirement, and a global sustainability minor was recently added. Central is also home to Iowa's first Leadership in Energy and Environmental Design (LEED) silver building, the Vermeer Science Center, and added a gold-certified residence hall. In 2009, the Roe Center received a platinum LEED rating.

“Sustainability remains a core value of the college and a signature initiative for our future,” said president Mark Putnam. “This recognition reinforces the importance of our commitments and keeping our promises for the future.”

## **GABRIEL ESPINOSA '79 PRESENTS CELEBRANDO AT LINCOLN CENTER**

On July 15, Gabriel Espinosa '79, associate professor of music, performed with Hendrik Meurkens at Dizzy's Coca-Cola in Lincoln Center in New York City. They performed music from their 2012 CD “Celebrando,” a tribute to Brazilian music. As bassist and vocalist, Espinosa has been looking forward to playing the New York release of *Celebrando* since last year. “We didn't want to perform at just any place in New York,” Espinosa says. “We wanted to perform in Lincoln Center, so we have been waiting to get into Dizzy's Coca-Cola since it is the jazz club.” Espinosa and Meurkens were joined by the rest of the recording band for the evening: Meurkens, harmonica; Misha Tsiganov, piano; Alison Wedding, vocals and Adriano Santos, drums.

“It's always exciting to play in New York,” says Espinosa. “And being able to perform at Lincoln Center is a highlight of my career. It closes the circle of my music life—I love to teach, but I also love to perform, especially my own music. It was a great opportunity.”



Gabriel Espinosa '79 (center) performs at Dizzy's Coca-Cola Jazz Club in Lincoln Center in New York City.



## Central returns to NCAA softball finals



Pitcher Mallory Schulenberg and catcher Caitlyn Meyer (left) lead the celebration following a tense 2-1 Central softball triumph over top-seeded St. Thomas (Minn.) that gave the Dutch the NCAA Division III Pella Regional title and a berth in the eight-team national finals at Eau Claire, Wis.

Photo by Katie Jo Kuhens

The Central softball team was back on familiar ground, making its 25th NCAA Division III softball tourney appearance, then advancing to the national finals for the 13th time and the first time since winning it all in 2003.

Winners of a share of their 12th Iowa Conference title, the Dutch tied for seventh at the NCAA finals in Eau Claire, Wis.

All this despite absorbing more than their share of misfortune. Senior Rhianna Fleetwood, a first-team all-conference pitcher, was sidelined much of the year by injury and junior Brie Haycraft was slowed as well. Sophomore second baseman

Abbey Strajack, a returning all-America honoree, and junior left fielder Jordan Overland, missed nearly the entire league season.

Yet Central also had some pleasant surprises. Sophomore pitcher Mallory Schulenberg rolled up a 16-4 mark with a 1.51 earned run average and received third-team all-America honors. Freshman Kelsey Stender was 10-4 with a 1.31 ERA. Senior catcher Caitlyn Meyer, recovering from two off-season surgeries, surged to a .381 batting mark with eight homers and 29 RBIs and was named the league position player of the year. Sophomore third baseman Whitney Sowers hit .344

with 13 doubles and 27 RBIs while senior right fielder Emily Te Brink hit .332 with 41 runs and 19 stolen bases. And sophomore Katie Canney, who wasn't even on the team until transferring to Central in January, won the first base job and hit .314 with five homers and 24 RBIs.

Schulenberg and sophomore designated player Karlee Rock were first-team all-conference picks while Stender, Canney, Sowers and junior shortstop Annie Sarcone were named to the second team. Joining Schulenberg on the all-region squad were Meyer on the first team and Te Brink on the third team.

The Dutch hosted an eight-team



NCAA regional tournament in Pella, and advanced in thrilling fashion with a 4-0 mark, including a tense 2-1 triumph over top-seeded St. Thomas (Minn.) in the title game to secure a berth in the eight-team NCAA finals.

At the national tourney, Overland won the NCAA's Elite 89 Award for having the highest grade point average of any athlete in the national finals. She carries a 3.96 GPA with a major in exercise science.

## LARSON WINS DECATHLON FOR NATIONAL TITLE SWEEP

Adding his name to Central's illustrious roster of multi-event phenoms, sophomore Eric Larson of Waverly raced to the decathlon title at the NCAA Division III track and field championships.

It's the third straight year that a Dutch athlete has captured the national decathlon crown and the fifth time since 2001. Larson, who competed in his first decathlon just a year earlier, completed a 2013 sweep, also winning the NCAA indoor heptathlon championship. He was fifth in the outdoor decathlon as a freshman. It's the 19th time that a Central athlete has earned all-America distinction in the decathlon. The Dutch have claimed eight men's and women's outdoor multi-event titles and 31 individual NCAA championships in all sports.

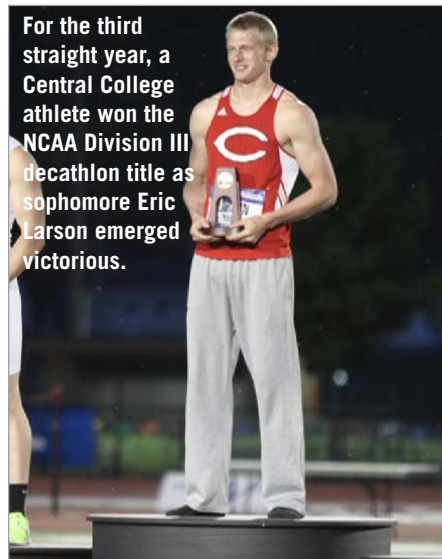
Larson, an economics major, later earned second-team CoSIDA Academic All-America honors as well.

A young Central men's squad tied for 22nd in the Division III team standings. After four straight Iowa Conference championships, the Dutch were second this year. The Central women were third and the teams combined to win 10 individual league titles. Sophomore Eli Horton swept the 1,500 and 5,000 meters.

Senior Felicia Coleman capped an outstanding career with an appearance at the NCAA women's meet, but was slowed by injury. Earlier, she claimed the 100- and 200-meter dash titles at the conference meet while also helping the 4x100- and 4x400-meter relay units place. Coleman

was a two-time team MVP. She was named league women's track performer of the week eight times in her Central career.

For the third straight year, a Central College athlete won the NCAA Division III decathlon title as sophomore Eric Larson emerged victorious.



## CENTRAL REACHES NCAA MEN'S GOLF FINALS

Making its 32nd NCAA Division III tournament appearance, the Central men's golf team survived the national tourney cut and placed 12th in an original 41-team elite field, the program's highest finish since 2004.

The squad's 306-300-303-300—1209 total at the Sandestin Golf and Beach resort in Destin, Fla. was the program's lowest total ever in NCAA tourney play. Justin Livingston, the only senior on Central's varsity squad, tied for 27th individually at 77-72-74-76—299. Sophomore Adam Squires tied for 39th at 79-77-72-75—303.

"I'm really proud of how we played, especially since we improved every day," said coach Chad Green, who has piloted his squad to titles in each of his three seasons with the Dutch.

Central also claimed its 31st Iowa Conference title and fifth in a row. The Dutch shot 327-299-291-298—1215 to post a 28-shot win over Luther. Livingston was second, earning all-conference honors for the third straight year. Sophomore Desmond Stoll was third and sophomore David Watson was sixth, also gaining all-league recognition. Freshman Jared Nepomuceno was 13th.

## CENTRAL PUTS FIVE ON ALL-LEAGUE BASEBALL SQUAD

Five Central baseball players, including three underclassmen, received all-Iowa Conference recognition.

Junior Robbie Rushing was named to the first team as a designated hitter. Senior center fielder Sam Stetzel, senior pitcher Ryan Goetzinger, junior third baseman Adam Ariola and junior pitcher Judson McKown were second-team picks. It was the third straight year that Stetzel was honored. McKown was also tabbed as a third-team D3baseball.com all-Central Region selection.

After capturing the 2012 league championship, Central was 22-19 overall, giving the squad more than 100 victories over the past four years, the most in the program's history. It's the eighth 20-win season in the past 10 years and the fourth in a row.

Ariola hit a team-high .333 with 33 runs batted in. Goetzinger posted a 3-2 record with a 3.26 earned run average. McKown threw a team-high 60.1 innings with a 3.73 ERA.

## FRESHMAN ADELMAN ON ALL-CONFERENCE MEN'S TENNIS SQUAD

Freshman West Adelman of Geneva, Ill. received all-Iowa Conference men's tennis honors.

Adelman was 10-5 at No. 2 singles and 13-9 overall. He also posted a 14-10 doubles record, including a 13-6 mark when teamed with junior Kyle Freischlag at No. 1.

Central was 13-8 overall and placed fourth in the six-team league finals. It was the program's 23rd top-four finish in the past 24 years.

Meanwhile sophomore Tim Kahl and junior John Seier were named to the CoSIDA Academic All-District team for men's at-large sports. Kahl carries a 3.98 grade point average with a math/computer science major and Seier's GPA is 3.93 with an accounting major.



# Board of trustee transitions

Donald Vogel '61



Sue Brandl '65



Dave Wesselink '61



Bernadette Allen '78



On July 1, five new members of the board of trustees were chosen to help oversee the activities of the college—including creating and directing policy, strategic planning, fundraising and engaging with alumni, faculty, staff and students. As Central welcomes its newest members, the college also says goodbye to three long-time trustees.

## Thanks to

### Donald Vogel '61

Originally from New Jersey, Vogel came to Central in 1957. He met his wife Diana Starr Vogel '63 and they married two days before his graduation. He began work as an office clerk for a firm on Wall Street and later moved to the trading floor of the New York Stock Exchange. Vogel worked for the Exchange for 37 years. After being asked to become a trustee, Vogel served on the board for 22 years.

"Over the years I saw a number of people come and go from the board, yet it always remained a cohesive group of interesting, dedicated people who would apply themselves to the work of the college during the day and then truly enjoy each other's company in the evening," he says. "I am grateful for the opportunity I was given to serve as a Central College trustee, and I hope the incoming members of the board find the experience as enjoyable and rewarding as I have."

### Dave Wesselink '64

Wesselink, former chairman of the board, joined the board of trustees in 1991. He earned an M.B.A. degree from Michigan State University. Wesselink is the retired chairman and CEO of Metris Companies, a consumer financial services company acquired by HSBC. He joined Metris as

chief financial officer in 1998, was then promoted to vice chairman and later was appointed CEO. Before Metris, he was with Advanta Corp., as senior vice president and chief financial officer. Prior to Advanta, he spent 23 years at Household International.

"The members of Central's board are uniquely focused on the mission and students of Central College and contribute greatly in many behind the scenes efforts," he says. "The board operates in a very collegial and respectful manner, and it was a great honor to be part of such a distinguished group."

### Sue Spaans Brandl '65

Brandl, after graduating from Central and marrying Jim Brandl '65, taught for four years and then returned to Central in 1969 as an administrator. While her husband worked at Central, Brandl served as Central's alumni president and joined the board. During her 24-year tenure, she sat on the Enrollment, Student Life and Advancement Committees as well as the Governance and the Executive Committee. Sue and Jim live in Pella.

"I have learned so much in the past 24 years about the strength of this institution and the dedication of all those who work to keep Central's mission alive," she says. "The board is strong and committed to its work. It has been an honor and a blessing to serve, and my support for Central and its future continues."

## Welcome to

### Bernadette Allen '78

Allen, the 2013 commencement speaker and retired U.S. Ambassador to the Republic of Niger, served in the

**Jeff Oliver '79**



**Kathy Sikkema '84**



**Steve Sikkink '83**



**Clay Thompson '90**



Foreign Service for 31 years. She majored in French and linguistics at Central before obtaining a master's degree at George Washington University in human resources management in 1989. She is honored by the new position and is eagerly anticipating working with the college in her new capacity.

"I'm excited about giving back to Central College after having been on the receiving end of Central's gifts some 35 years ago," she says. "I look forward to working with such a talented, giving group of board members, as well as engaging with the outstanding faculty and amazing students."

#### **Jeff Oliver '79**

Oliver is a pathologist at Pathology Associates, Ltd. in Phoenix, Ariz. He majored in pre-health science and later earned a medical degree at the University of Iowa. He completed a subspecialty fellowship in hematopathology as an American Cancer Society Fellow at the University of Utah.

"My college years were terrific," he says. "Central not only provided me with the skills and opportunities to succeed in my career choice, it also kindled many lifelong friendships that I have only grown to appreciate more and more as the years have passed. I look forward to working with the board to preserve and expand that very special residential, liberal arts experience that I so greatly enjoyed."

#### **Steve Sikkink '83**

President and co-founder of Alliance Technologies in Des Moines, Sikkink brings a wealth of experience to the board. At Central, he was a business management/

systems major. He is a current member of the National Advisory Council, the Cornerstone Society and the Central Club.

"Central College and the Pella community played a critical role in my development over the years," he says. "I'm so grateful to the college and all of the connections that impacted my life in such a positive way."

#### **Kathy Sikkema '84**

A clinical psychologist with emphases in health and community psychology and professor of psychology and global health at Duke University in North Carolina, Sikkema was a psychology major at Central. She earned a master's degree at Illinois State University and a doctoral degree at Virginia Tech.

"I am looking forward to contributing to the Central College community from the big picture perspective," she says, "to thinking about the development and continued success of our unique institution, of which I am proud to be an alum!"

#### **Clay Thompson '90**

Thompson is the president of Caterpillar Financial Insurance Services in Nashville, Tenn. He majored in English at Central and went on to earn an M.B.A. at the University of Chicago and a law degree at the University of Iowa. Thompson is a former member of the National Advisory Council and the Schipper Fund Steering Committee.

"I owe a lot to Central College," he says. "I am excited about having this opportunity to contribute back."





## Tale of Homecomings Past

and present all filled with Dutch pride

CUI—rah—rah!  
CUI—rah—rah!  
Hoo—rah, hoo—rah,  
Central! Central! Rah! Rah!

Join us for a blast from your Dutch past! We've got all the old traditions—everything from the lemming race to the homecoming football game—and even a few new ones.



It's time to **party on the plaza!** After the football game, we invite all alumni to the Bornt Plaza adjacent to the Graham Conference Center for a festive party to celebrate Central. Visit with classmates, talk about that last touchdown and enjoy the food and entertainment.



Before the game, showcase your Dutch pride at the **tailgate**—hamburgers, hotdogs and Central spirit provided!





Get your Dutch on! **The Street Festival:** Alumni and Family Barbecue, Pep Rally and coronation is an exciting homecoming activity that takes alums to the streets. On the Graham Hall lawn by Broadway Street, enjoy family dining and connecting with classmates.

An alumni staple, George's Pizza and Steakhouse, has moved to a new location. Since 1974, students and alums have been devouring the restaurant's pizza. Check it out at 626 Franklin Street.





the family that reads together

# The Family that Reads Together



Photos by Linda Stelter





There is an office brimming with books, stacked haphazardly on one another, in the back corner of second-floor Jordan Hall, which should come as no surprise since it is home to the Central English department. The room is dimly lit with small lamps, creating a cozy library-ish feel.

In the center sits associate professor of English Josh Dolezal. He looks content and at home in the office working on his most recent research project on cognitive science and creativity. He recently gave a plenary address at the 2013 International Cather Seminar in Flagstaff, Ariz., applying blending theory to depictions of artistic awakening in Willa Cather's novel "The Song of the Lark." And judging by his book-filled office, most would never know that his journey to academia and the literature world wasn't something that he had originally planned.

Dolezal hails from Troy, a small Montana logging and mining town west of Glacier National Park about an hour south of the Canadian border and just 15 minutes from Idaho. He grew up gardening with his parents, cutting firewood with his father and hunting elk. With no television, Dolezal spent his time reading and listening to music. During his summer breaks in college and graduate school, Dolezal would return home to work as a firefighter with the forest service and, later, as a wilderness ranger.

When he went to King University in Tennessee as a first-generation college student, he was expected to study a field that was "prestigious and lucrative," something practical—so he chose pre-law. But during his sophomore year, a book would alter the course of his career.

"People talk about books changing your life and Willa Cather's novel, 'My Ántonia,' really did change my future path as I switched to English," he says. "What I found—and this is often what I tell undecided majors at Central—when I was in literature classes I felt most fully myself, just very comfortable interpreting texts, making connections, expressing what I knew in narrative form."

This new direction led Dolezal to the University of Nebraska for master's and doctoral degrees. He specialized in Cather, and before going back for a doctorate, he spent seven months teaching in Uruguay. He thought he would end up in journalism, so deciding to pursue his doctorate was a turning point for his career.





“When I was going to college, it was a time when students weren’t really encouraged to go to grad school because the job prospects were so daunting,” he explains. “So I had many people tell me not to get a Ph.D. I consider myself really lucky to be here and to be teaching the senior seminar in Cather this year. It’s a dream story.”

Along with Cather, Dolezal teaches many authors and subjects in his classes. He is particularly interested in American literature, creative non-fiction, ecocriticism and medical humanities. And his memoir titled “Down from the Mountaintop,” is set to be published in the spring 2014. Dolezal also has a passion for sustainability thanks to organic gardening as a child and his work as a firefighter.

“The idea of being connected with the earth is very important to me,” says Dolezal. “I’ve seen a lot of evidence of destructive forestry practices—what irresponsible logging looks like—and my experiences have driven my interest.”

Since being at Central, his driving interest is food culture and how to eat and grow locally to reduce his carbon footprint. He even brings it to the classroom, working with Paul Weihe, associate professor of biology, to show students how to make homemade salsa and that it is easier (and a lot more fun) than it seems.

“There’s this misconception that students have with local food that it’s more time intensive and it’s just not practical,” he says. “It’s fun to have a hands-on connection, and it’s not all about the books we read. It’s fun to cook with other people. It goes back to relationships. If you shop at a grocery store, you have far fewer conversations than you do if you go to a farmer’s market.”

Those connections show up in his classroom. Dolezal was the Intersections director from spring 2008-fall 2010, where he built relationships with faculty and students to help deeply impact three first-year classes. In Intersections, a required class for all freshmen, incoming students are challenged with critical thinking, research and writing that is typical of the liberal arts at Central.

And the classes are an experience for the entire Central community—faculty, staff and upperclassmen are invited to read the common reading book and join in campus-wide conversations in the fall. This year’s common read is “The Other Wes Moore: One Name, Two Fates,” a book about two men with the same name, and their different life journeys. No matter the chosen book, Dolezal firmly believes that the common read binds the class together.

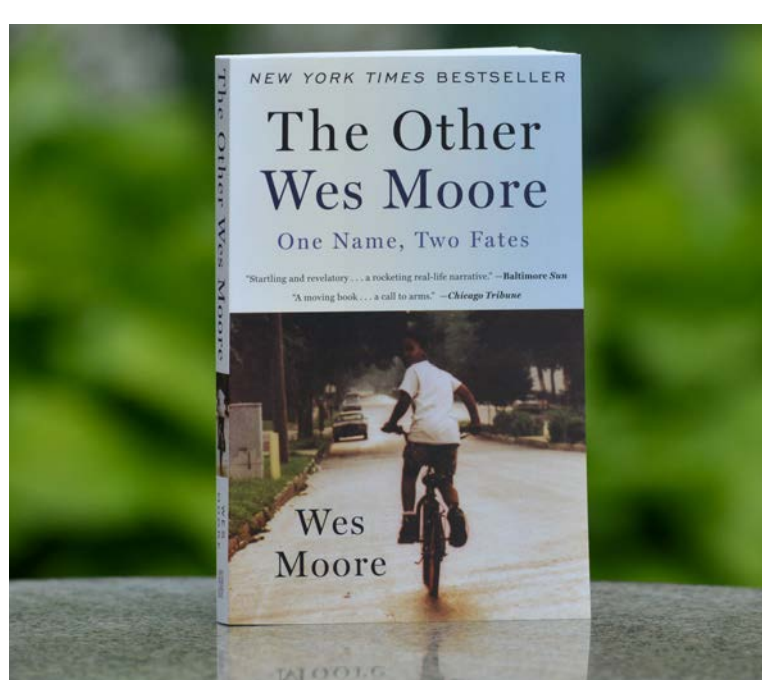
“I think literature, especially a rich text that you can come at from lots of different angles, is a great way to kick off a liberal arts experience,” he says. “The common reading helps crystallize a class identity for the incoming students. It’s a shared experience which is very much what Central is about. It invites all these conversations that we extend throughout the semester. It makes Intersections not just a first year student experience, but a community experience.”

Dolezal enjoys the Central community, from students to faculty. He says he is grateful for the encouragement of faculty development, but also for the chance to teach and change a student’s life—whether it’s through a book or a conversation. Central is “rich in relationships,” he says, and that’s what keeps him focused on his colleagues and students.

“Helping students discover themselves and come into their own potential is the best part of teaching,” says Dolezal. “The way your mind works is an incredibly personal thing. In a semester when I read four papers by one student, I know that student, in some ways, more personally than friends and family might, and I feel really privileged to have that kind of input and trust. I know I’m making an impact on students here and I feel really lucky about that.”



*"The common reading helps crystallize a class identity for the incoming students. It's a shared experience which is very much what Central is about."*



## *The Other Wes Moore: One Name, Two Fates*

Before freshman students ever step on campus for the fall semester, they are given their first homework assignment: finish the common reading book.

It's an experience that allows an entire class to **reflect, discuss and grow** together. Each year a book is chosen based on how well it applies to the themes presented in Intersections—a required first-year class.

This year's book, "The Other Wes Moore: One Name, Two Fates" by Wes Moore, tells the story of two young men with the same name who grew up in the same neighborhood. One went on to become a Rhodes Scholar and decorated veteran and the other is serving a life sentence for felony murder.

"The book, in true reflective nature, prompts its reader to consider what makes us who we are—how our family and social institutions, contribute to a sense of self and how one can create change," says Jeremy Siefken '08, director of student involvement and first-year class director.

Join the book discussion online  
at [civitas.central.edu!](http://civitas.central.edu!)





# HIGH ACHIEVERS OF Generation X

It's no surprise that among the thousands of Central alumni there are countless successful and inspiring individuals with compelling tales—after all, a Central education is a transformational experience that values involvement, education and relationships, inspiring alumni to tackle their biggest ambitions. But there are many who soar to great heights well before they approach their retirement years. Here's a look at four of those under age 40 who are living out their Central dreams.

## Heidi True '95

The first thing Heidi Chobar True wants understood is that “it’s not about me.” The international business and French graduate insists that her personal and professional successes to date—like joining Microsoft last year—are owed to her Central education and the ethics she learned from mentors like retired business management professor Jann Freed '75.

“Jann Freed changed my life,” True says. “She encouraged me to think about business in new ways and to customize my education to meet my goals. She also encouraged me to pursue education to achieve personal enrichment.”

“Lou Stark (former vice-president for student life) was also pivotal in my Central experience. He taught me to look at the balance between my professional goals and who I am. That has really stuck with me.”

True, a senior program manager at Microsoft in Redmond, Wash., has risen quickly in the highly competitive consumer packaged goods field of channel incentives and discounts. In corporate-speak,

that means helping companies analyze performance, benchmark competition, measure return on investment, develop online tools, and strategically manage incentives. In lay terms, that means motivating consumers to buy more products with Sunday paper coupons, QR codes and point-of-purchase e-discounts.

“My career path is not ‘where am I going?’ but ‘where am I growing?’” True explains philosophically. “I have been blessed. I have had three jobs since graduation and a very enriching career. I think in terms of ‘what am I giving?’ and ‘what am I getting?’ It’s a reality check to see from a personal growth perspective what you give to a business will get you in the long run.”



In her 20-year career, True has partnered with household name brands such as PepsiCo, Kraft, Tyson, Kellogg's, MillerCoors, Nestlé, Mars, and L'Oreal. A year ago, she added Microsoft to that brand portfolio, where she now oversees global operations in trade

**"I HAVE BEEN BLESSED. I HAVE HAD THREE JOBS SINCE GRADUATION AND A VERY ENRICHING CAREER."**  
promotion management.

When speaking of households, True repeats again and again that her work/life balance is only possible because of her Central best friend and husband, Kevin True '95. Their family lives in Sammamish, Wash.

"Kevin is my life partner who holds my hand through it all and helps me to see that the world can be whatever you want it to be. I focus and work hard because of my husband, my center. Nothing else matters."

Unless of course, it's the Trues' three young sons. "We didn't know there were twins in our family until we 'tried this kid thing,'" True tells with a laugh, describing their 5-year-old twins and 1-year-old toddler.

"I feel 100 percent supported in work/life at Microsoft. For me, it's a balance of all the right things for the right reasons. If you do the right thing, it will come full circle. Central teaches you that."

What frustrates True most about the business world is that the "easiest way to succeed is to step over your neighbor. I stood out by not doing that, by focusing on uncompromisingly 'doing the right thing.'"

The Trues intend to pass those Central-learned ethics along to the next generation. "In the next 20 years, I want my family to live abroad and to experience being a minority, to see the world is bigger than them, bigger than this moment. Wherever the Lord takes us, out of our comfort zone, I want them to embrace that experience and to live the plan."

"My Central friendships and relationships have shaped who I am. It embarrasses me to share all of this but I am grateful for every experience and all of the ups and downs. I do this for love of Central and for others who might be making choices. Without Central, I wouldn't have Kevin who is my life; Kyle, 5, who is my laughter; Corey, 5, who is my joy; and Brady, 1, who gives me hope. For every success I've had, I have Central to thank. You are encouraged to follow your dreams there, and you can."

## Jim White '02

Tim White '02 has not only seen the light, he's developing technical solutions with it and receiving professional recognition for his work. White is a civilian Department of Defense research scientist in the Air Force Research Laboratory at Wright-Patterson Air Force Base in Dayton, Ohio.

His field is photonics, which he describes briefly as the use of light to communicate and control information. White leads a team of post-doctoral researchers and staff contractors who are pursuing the development of liquid crystal and polymer materials for Air Force applications.

His ability to translate the highly scientific into the understood is a skill he attributes to Central.

"The foundation of my career was built in the Central chemistry department," White says. "Who I am today as an engineer and researcher is built from the basic skills that were taught to me in the classrooms and laboratory of the Vermeer Science Center. My Central education also facilitated the development of the 'softer' skills

**"THE FOUNDATION OF MY CAREER WAS BUILT IN THE CENTRAL CHEMISTRY DEPARTMENT."**

of writing and communicating—which engineers are notorious for not doing. My liberal arts background has enabled a lot for me."

Following graduation, White completed a doctoral degree program in chemical and biochemical engineering at the University of Iowa, where his research was funded by the Air Force. That was his first connection to the military and led to his current position, where he collaborates regularly with academic researchers, industrial partners and defense contractors. He also gives outreach tours to public groups to explain what they do.

White derives a great deal of personal and professional satisfaction from the work he calls "mission-driven."

"I've been given a lot of responsibility very quickly here and working on a wide range of topics with both short and long-term relevance," he says.

"We are given a mission to work on relevant





materials technologies to provide novel capabilities to enable servicemen and women to do their jobs. We work on everything from the basic to mature sciences.”

And his work is getting noticed. Within the last year, White has received three professional, peer-selected awards: the Air Force Early Career Award, the SPIE Early Career Award and the American Chemical Society’s Cooperative Research Award in Applied

## “THE SUCCESSSES FOR MYSELF AND MY CENTRAL FRIENDS PROVE THAT ANYTHING IS POSSIBLE.”

Polymer Science.

The SPIE Award, from the optical sciences and engineering community, is given annually to an early career professional in recognition of significant and innovative technical contributions. For White, the award cited his “innovative work in the development of light-responsive materials and their employment as smart, remotely cued optically and mechanically adaptive devices” for displays and other applications.

The American Chemical Society award recognized

White’s work with an industry partner “to address probably the toughest challenge facing the broader stimuli-responsive polymeric community – providing a commercially viable source of novel, highly tailorable stimuli response materials that are critical path enablers for commercial and militarily useful products.”

“I’ve been lucky to win and am humbled by the recognition by my peers,” White says. “I am fortunate to have a very hard-working and creative team of scientists to lead. I leverage my formative experience at Central in communicating a vision and direction to lead our research into the directions it needs to go.”

The native Iowan lives in the Dayton suburb of Centerville with spouse Jaymie Johnson White ’02 and their three young children. White, an all-America honoree in men’s golf and the 2002 Iowa Conference MVP, still finds time for golf, and the Whites are active in their church.

“The successes for myself and my Central friends prove that anything is possible,” White says. “Undergraduate education is the foundation. You get the requisite skills in your discipline to build and make your way.”

White adds with a laugh, “And there’s an element of luck and opportunity.”

## Kelly Vielmo '99

Kelly Vielmo’s LinkedIn profile reads like Who’s Who in the management consulting and international development industries. Yet, when he explains “It’s very rewarding . . . and very exhausting!,” he’s not commenting on his work as a senior associate at PwC (PriceWaterhouseCoopers LLP). He’s describing his first year as a spouse and parent of three.

Last summer Vielmo and Jack Montgomery, his partner of 12 years, adopted three siblings—a son and two daughters under five—on the same day that they married in Washington, D.C., where they live. “Five years ago we started to think about how to create a family in non-traditional ways. We looked into international adoption but those are few and far between for same-sex couples. Then we looked at the D.C. foster care system,” Vielmo explains.

“What better way to give back than in our home area? Initially we took in the brother-sister pair through

foster care and then their little sister. We didn't account for how to get it all done. Having kids and a family has changed my perspective.

"Career was my priority. Now it's family, which requires more flexibility and fortunately, my employer understands," Vielmo says, acknowledging that PwC was named the "Best Adoption-Friendly Workplace" in 2011 and ranks consistently among Fortune's "100 Best

## **"MY CENTRAL INTERNATIONAL EXPERIENCE IN VIENNA GAVE ME THE COURAGE TO BELIEVE I COULD MAKE IT WHEREVER I LIVED, CONVERSING IN THE LANGUAGE AND WORKING."**

Companies to Work For."

"My focus now is to be as good a parent as I can be. I walked into this deliberately and willingly. I could spend from 6 a.m. to 9 p.m. on the computer as everyone does in consulting, but now I have three young lives depending on me and my spouse, of course. We got married, not to make a political statement, but to make sure we were set for the kids, with benefits, life insurance, wills."

Although the couple did not seek the attention, The Washington Post featured the new family to encourage others to consider foster care, with adoption as an option.

Of his professional advancements, Vielmo says he didn't "expect the business world to be so competitive. When I moved to D.C., I realized that to advance I would have to step up my game. There are lots of highly motivated people here, so to set myself apart, in my case, I had to get an advanced degree."

"My Central international experience in Vienna gave me the courage to believe I could make it wherever I lived, conversing in the language and working," says the international business and German graduate. "When I left Central, my first job was using German every day at Prima Games, a California-based publishing company. What could be better than that?"

Of all of his positions to date, Vielmo says his favorite was at the World Bank, where he worked with Central alumna Laura Dillon-Binkley '96. "At

the World Bank, I was dealing with different cultures and languages every day in a nice melting pot in one building. That really helped prepare me for future experiences."

"I became very good at being a generalist because of my liberal arts education. But to advance in a career, you have to specialize and narrow down what you are known for. I thought for me that was going to be sustainability, and I got certification in that. But in the corporate world, you get assigned to new projects all the time, and I've become known for my organizational skills and attention to detail. In my current work at PwC, I'm on the consulting side, in the federal practice. We support federal clients to organize business processes, and for me specifically, that's Veterans Affairs."

Vielmo's advice to current students is to "try as many new things as possible. I was busy from morning to night with my campus involvement. And don't be concerned about the cost of study abroad. That extra \$4,000, \$6,000, \$10,000 to study abroad is soon forgotten but the experience lasts forever."

"As you approach 40, and I am, it's all about continuous improvement and fulfillment," concludes Vielmo, whose personal and professional plate seems abundant.







Adam Gregg, legislative liaison to Iowa Governor Terry Branstad, works as the governor's representative on the floor of the Iowa Senate and House.

Photo by Paul Gates

## Adam Gregg '06

Adam Gregg '06 spent much of his Central football career on the sidelines but he will never forget that day—the day in which he blocked a punt that was returned for a touchdown as the Dutch stunned Iowa Conference favorite Wartburg College 37-20 at Waverly.

“My favorite memory from Central,” he says with a laugh, “was blocking a punt that was picked up by another player (Colby Myers '07) and returned for a touchdown. I definitely wasn't the best player on the team, but I really enjoyed the camaraderie, getting to know the guys and having that sense of purpose.”

Since then, Gregg has had a lot of good days. As a policy advisor to Iowa Governor Terry Branstad, Gregg handles issues related to numerous state departments, including the Iowa Economic Development

Authority, the Iowa Workforce Development, Iowa Finance Authority, Iowa Utilities Board and the Iowa Communications Network. However, his primary role is serving as the governor's legislative liaison which means Gregg is the governor's face in the Iowa Legislature, and he is responsible for advocating for the governor's agenda.

Gregg has to be a people person. Getting to know all the legislators—from both parties—and fostering relationships with all of them is important to the job. During the legislative session, he meets with the governor nearly every day and then heads to the floor of the Senate and the House to log face time with legislators.

“I have near constant interaction with legislators of both chambers and both parties,” Gregg explains. “And

so, oftentimes, they will want to express their priorities and make sure that the governor hears about them. I am the person that is walking around on the floor that is able to deliver that message.”

Gregg has been preparing for years for this position—while at Central, he was a political science and history major, he studied abroad in London and worked for a Member of Parliament, then took part in the Washington Center program in D.C. where he worked at the Department of Defense. Gregg later interned for a congressman on Capitol Hill during the summer. Without Central and people like Jim Zaffiro, professor of political science, Michael Schrier, professor of history, Cheri Doane, director of community-based learning and David Roe, former Central president, Gregg says he wouldn’t be where he is today.

**“CENTRAL PROVIDES A LOT OF OPPORTUNITIES — I WOULD ENCOURAGE STUDENTS TO TAKE ADVANTAGE OF THEM. THEY SHOULD TAKE ADVANTAGE OF THE GREAT PROFESSORS THERE THAT CAN OPEN DOORS FOR THEM. I WOULD ENCOURAGE THEM TO USE COLLEGE NOT ONLY AS AN OPPORTUNITY TO MAKE FRIENDS AND MAKE LASTING MEMORIES, BUT ALSO TO GAIN EXPERIENCE FOR THEIR FUTURE CAREER.”**

“There were a lot of people who advocated for me at certain points in my career,” he says. “Jim, Mike, Cheri and David opened a lot of doors for me. At a small school, that’s what you can get—a personal connection. How many people can say that the president of a college knows their name, let alone getting to know them personally?”

Before working at the capitol, Gregg was employed for a prestigious law firm in Des Moines where he represented 25 clients in the halls of the state capitol. His current position is familiar, but this time he has just one client—the governor. Gregg loves getting up every day and making a difference by working with the governor and Lt. Governor Kim Reynolds. No matter the long hours, he is excited to influence the political climate.

“It is a very demanding job, a lot of long hours, and they aren’t always the easiest hours because we are in a political environment,” Gregg says. “Everyone has different priorities and I am tasked with being

on the front line of that—it puts me in a position of advocating all day, every day. That can be exhausting, but what keeps me going is that I know I am influencing the process. I know that I am making a difference.”

During the 2013 legislative session, Gregg says the governor’s top two priorities were enacted—the largest tax cut in Iowa history and transformational education reform. A compromise was also reached on reform of the Medicaid program. Branstad called the 2013 session his most successful of his last five years as governor. “I’m extremely proud to have been a part of such a successful legislative session,” says Gregg. “Leaders from all sides deserve credit for coming together and reaching a compromise and it was such an honor to have played a role in the process.”

Although Gregg devotes much of his time at the Capitol, he finds a way to balance his personal and professional life. He spends his time with his wife, Cari Rehder Gregg ’07 and their children Jackson, 2, and Lauren, five months. He also enjoys reading presidential biographies as well as cheering on the Boston Celtics, the Chicago Bears and the Central football team.

He knows the value of an education, particularly a Central education. And now that Gregg sits at a desk at the Iowa State Capitol, he has a few words of wisdom to pass down to the next generation of Central students.

“Central provides a lot of opportunities—I would encourage students to take advantage of them,” he says. “They should take advantage of the great professors there that can open doors for them. I would encourage them to use college not only as an opportunity to make friends and make lasting memories, but also to gain experience for their future career.”

*Want to tell us your story? Update us on your life  
at [civitas.central.edu](http://civitas.central.edu)!*





homecoming and family weekend



# 2013 CENTRAL HOMECOMING & family weekend SEPT. 27-29





# ALUMNI NEWSNOTES

## THE '30S

For information about **Josephine Rollins Zacheis '39**, see the '80s.

## THE '50S

For information about **Gene '52** and **Carol Wiess Klimstra '55**, see the '60s.

**Edward Ver Hoef '54** is retired and lives in Boonsboro, Md., with wife Yvonne. Before his retirement several years ago, he worked in custom computer software development with an emphasis in underwater acoustics (predicting-detection and counter-detection ranges) for the U.S. Navy. Ed and Yvonne have three children and four grandchildren.

**Doran Simmons '58** has been a bike commuter since 1968 and over time has honed the art of spotting discarded coins, which add up when you stop for each one and ride about 1,000 miles a month. Each year Doran donates his found funds to his church after matching his "find." This year he picked up an amazing \$330 worth



**Don Burns '50** and wife Linda celebrated the anniversary of their marriage in Dover, Del., fifty years ago with a trip to Disneyland. At the time their paths first crossed, Don was an organist in the church where Linda was a member of the choir. Now that Don has retired from Los Alamos National Lab, they have time for travel which includes visits to their three children and six grandchildren across the United States.

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, degrees, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at [civitas.central.edu](http://civitas.central.edu) or email [alumni@central.edu](mailto:alumni@central.edu). News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University, Campus Box 5200, Pella, IA 50219.



in pennies. Doran and wife **Bonnie Kuyper Simmons '58** live in Sacramento, Calif. and was on the staff of the National Security Council during the administrations of Bill Clinton and George W. Bush.

## THE '60S

For information about **Walter Hazzard '69**, see the '70s.

**Peter Schakel '63** of Holland, Mich., is the Peter C. and Emajean Cook Professor of English and chairperson of the department at Hope College, where he has been a member of the faculty since 1969 and has held his endowed professorship since 1984. In January, Peter was presented with the Provost's Award for Service to the Academic Program and in May, the graduating class presented him with the Hope Outstanding Professor Educator. He is an internationally respected scholar and has published several books on C.S. Lewis, Jonathan Swift and 18th century British literature.

**Walter Anthony '65** is a semi-retired associate professor in the Center for Leadership at Johnson and Wales University in Providence, R.I. Over the past several years, Walter has participated in the Senior Olympics in California and Houston. He has won several State of Rhode Island gold medals. At the age of 70 he is in training to compete in the 100/200 meter dashes, and the high and long jump at the World Master Track and Field Championships to be held in Torino, Italy in August.

**David Chown '69** was chief academic officer and senior vice president at Upper Iowa University before being named chancellor for Penn State York. David and wife Peggy live in York, Pa.

**Alana Hug-McAnnally '69** is an artist living in Punta Gorda, Fla., with husband Marvin. Her interest in oil painting began while she was recuperating from an illness and has grown to the point where she teaches and successfully competes in juried competitions. One of her paintings is in a museum, and Alana paints for members of the Royal Family of Saudi Arabia. This spring, her art was on display for a one-person art show at the Cultural Center of Charlotte County in Punta Gorda; only six artists a year are chosen for this honor.

**David Hupp '69** retired after 41 years with AIG and lives in Atlanta, Ga., with wife Nancy. Dave enjoys foundation work, golf, travel and family life especially the with his grandchildren.

**Ken Piazza '69** was inducted into the Kansas Wrestling Coaches Association Hall of Fame in October 2009. Prior to retirement, Ken was head wrestling coach



**Trudy Huizenga Feldt '65** and husband **Robert Feldt '65** live in Fulton, Ill. In March, they attended a cultural program at the Windmill Cultural Center in Fulton. The program was coordinated by **Heidi Kolk '90** and also attended by **Charlene Voss Johnson '64**, **Gene Klimstra '52** and **Carol Wiess Klimstra '55**. The guest speaker was **Mike Hoenig '84**, a grant director at the Center for Disabilities and Development in Iowa City. Mike, who has traveled the world, blended humorous anecdotes with candid conversation about challenges faced by a blind traveler. Pictured (left to right): **Charlene Voss Johnson '64**, **Mike Hoenig '84**, **Robert Feldt '65**, **Trudy Huizenga Feldt '65**, **Gene Klimstra '52** and **Carol Wiess Klimstra '55**.

at Beloit High School in Beloit, Kan. and Cody High School in Cody, Wyo. Beloit was considered a wrestling powerhouse during his tenure. During his 37-year career, he coached four state championship teams and six top-four state team finishes. Ken and wife Jean live in Cody, Wyo.

**Tim Seller '69** teaches at Central Square Schools in Central Square, N.Y.

## THE '70S

**Diane Staubus '71** of Woodstock, Ga., met **Kathryn Hamilton '71**, **Walter Hazzard '69**, **Allen Grooters '70**, **Walt Galloway '70** and **Nick Koldyk '70** for a reunion weekend in Lincoln Park, N.J., in April, where they recalled their trip to the Yucatán. Together they formed a plan to hold a larger reunion to include everyone during the weekend of July 18-21, 2014 in Minneapolis, Minn. If you were in the Yucatán with them and want to make sure you're included in this reunion, please contact the alumni office for more information.

**Terry Garvin '72** is serving a two-year term as president of the Circle of Honor Society. He is president of GFA Financial Group in Clearwater, Fla. Terry and wife **Emily Neal Garvin '72** live in Largo.

**Joseph Rankin '73** is interim associate provost and associate vice president for undergraduate affairs at Wayne State University in Detroit, Mich. Joseph and wife **Harriet Wolbrink '71** live in Ann Arbor. Harriet teaches English at Plymouth-Canton Community Schools in Plymouth.

**Hiram Evans '75** of Highland, Calif.,

visited Civil War battlefields around Vicksburg, Miss., and attended a lecture by the Park Service personnel on the sesquicentennial days for the Battles of Champion's Hill and Big Black River Bridge. The people of Mississippi treated him much nicer than his namesake, who was an officer in Co D of the 23rd Iowa Infantry!

**Allan Ramirez '76** is a reverent/consultant for the Brookville Reformed Church in Brookville, N.Y. Allan and wife Rosi live in Mexico City, Mexico.

**Mark Baumann '79** returned to acting for the first time since college. He was cast in the role of Wilbur Turnblad for the summer 2012 production of Hairspray at Theatre Cedar Rapids. His former leading lady, **Diana Nollen '80**, attended one of the performances. Mark and wife **Marcia Edwards Baumann '82** live in Marion, Iowa, where Mark is a sales manager at American Specialties and Marcia is assistant vice president of consumer loans at Farmers State Bank.

**Mary Foster Delaney '79** is a counselor at Systems Unlimited and she is a direct care professional at The Arc of Southeast Iowa. Mary and husband Steve live in Washington, Iowa. Together they play music in many venues, including the Sound of Washington Special Needs Choir. They volunteer at PAWS & More Animal Shelter and have given a home to a house full of rescued pets.

## THE '80S

For information about **Michael Hoenig '84**, see the '60s.

**Ann Rowe '84** of Roebling, N.J., was



# Where are they now?



Ed and Mary Jane Banfield, former director and assistant director of the federally funded Upward Bound program, respectively, served Central for a combined 54 years before retiring to Sun City West, Ariz. in 1998. Ed started at Central in 1967, and Mary Jane joined the Central family in 1975. They fondly remember their time at Central.

"We all worked together, enjoyed each other and were proud of our achievements," says Mary Jane. "Upward Bound was a year-round job and the support staff was very important to us."

The Banfields spend their time reading and traveling—and in July they celebrated their 53rd wedding anniversary with a family cruise in the Caribbean. They love to visit family in Iowa and are blessed with four children and five grandchildren.

"Raising our children in Pella was a great experience, and they were lucky to have a Central education," Mary Jane says. "The beauty of Iowa remains with us, and we are always glad to visit."

Read the full Q & A with Ed and Mary Jane Banfield online at [civitas.central.edu](http://civitas.central.edu).



diagnosed with stage IV breast cancer in 2011. Four months after receiving treatments, she was considered to be in remission and able to complete her doctoral degree in May 2012. Today she continues her battle with cancer, but her faith remains strong.

**Thomas Koos '86** was named chief executive officer of Weber-Stephen Products LLC. in Palatine, Ill. Previously Thomas served as president and CEO at Jacuzzi Brands Corp., and held senior positions at Black & Decker and Newell Rubbermaid.

**Jon Phillips '86** is president at JP Global Inc. in Janesville, Wis.

**Sam Vande Weerd '86** joined Marion County Bank's Main Street Advisory Group as a senior financial advisor, where former classmate **Dawn DeBoer Kleis '86** was already on board as the registered client associate. Sam and wife **Jill Van Zee Vande Weerd '91** live in Pella with their three children. Jill is a realtor with Prudential Real Estate First.

Dawn and husband **Mike Kleis '86** live in Pella, where Mike is the principal consultant at Kleis Consulting Group. Dawn and Mike are the parents of two children, **Alex Kleis Rosien '12** and current Central student Andrew.

**Aaron Barrick '87**, the state judge advocate general for Colorado, retired from the Colorado Air National Guard and United States Air Force Reserves in Aug. 2012. He received the Legion of Merit for over 21 years of meritorious military service to his country; **Kirk Sadilek '87** and **Dave Gray '87** attended the awards ceremony. Aaron received congratulatory letters from President Obama and Colorado Governor Hickenlopper for his service. Aaron is a senior litigator, owner and managing director of Folkestad Fazekas Barrick & Patoile, P.C., in Castle Rock, where he lives with wife Jean and their two daughters.

**Kathy Cashen Thompson '87** was named director of alumni relations at Central College. Kathy and husband Mark live in

Pella with their three children.

**Lanny Brand '88** was honored as Iowa high school wrestling official of the year. Lanny has been a wrestling official for 12 years, nine of which he was selected to work the state tournament with seven wrestling finals and seven state dual tournaments under his belt. Lanny is a guidance counselor at S.E. Polk High School in Altoona, where he lives with wife **Mary Boyd Brand '88** and their son.

**Heidi Ehrenberger Haney '89** grew up hearing stories about Central College from an acquaintance of her family, **Josephine "Jo" Rollins Zacheis '39**. Jo along with husband Les managed the Cedar Rapids Municipal Band in Cedar Rapids, Iowa. Heidi's father ran sound for the band and Jo gave Heidi her first job handing out concert schedules before the concerts for 25 cents a week. Jo took delight in telling her young employee that in her CUI days, dancing was not allowed, and so her classmates arranged for a formal roller skating event. She was proud that they had found a loophole to the no dancing rule. Jo was the great-granddaughter of Chandler Jordan who donated the land used to build Jordan Hall and her maternal great-grandfather was John Dunn who donated Dunn Cottage, which housed several Presidents of Central College. Like Josephine before her, Heidi went on to major in music at Central College. Heidi joined the Cedar Rapids Municipal Band in 1986 playing bass clarinet and just like Jo, she is the band's personnel manager. Heidi and husband Scott live in Cedar Rapids.

## THE '90S

For information about **Jill Van Zee Vande Weerd '91**, see the '80s.

**Kris Brandt Vaughn '90** was elected to the Board of Trustees for Lewisville ISD in Texas, where she will be advocating on

behalf of the students in 13 communities. Kris and husband **Trent Vaughn '90** live in Flower Mound with their two children. Trent is an actuary at Republic Insurance in Dallas.

**Shane Mask '91** of North Liberty, Iowa, is a senior principle systems administrator at General Dynamics Information Technology in Coralville.

**Ronda Pruin Niehaus '91** was promoted to senior vice president of the trust department at First State Bank & Trust Company in Fremont, Neb., where she and husband **Todd Niehaus '91** live with their three children. Ronda is active in her community serving on the board of directors for the YMCA, Fremont Area Chamber of Commerce and Fremont Public Schools Foundation.

**Mike Furness '93** was named director of finances at Art's Way Manufacturing in Ames, Iowa. Mike and wife Karri live in Grinnell with their three children.

**Bo White '93** and wife Tamara relocated to Illinois with their two daughters after Bo joined the international education staff at the University of Illinois in Champaign. Bo was chief messaging officer for Food for the Hungry and most recently the acting executive director at Word Made Flesh.

**Jason Henderson '94** has been appointed associate dean of the Purdue University College of Agriculture and director of Purdue Extension. Jason earned his master's and doctorate degrees from Purdue University. Jason and wife **Angela Striegel Henderson '96** are the parents of three children.

**Pam Kuhnle Freeman '95** of Des Moines is behavioral health intervention therapist at Visiting Nurses Services of Iowa, where she completed her advanced practicum.

**Angela Sanger '95** is an IT consultant in project management at Accenture in Milan. Angela and husband Guido Rossi live in Marano d'Isera, Italy.

**Michelle Zinke '95** of Lincoln is the training and resource coordinator at Nebraska Domestic Violence Sexual Assault Coalition.

**Kristi Leonard '97** is a National Wellness Institute Certified Wellness Practitioner (CWP). She is the wellness department chair and associate professor of wellness at Waldorf College in Forest City, Iowa.

**Andrea Westra Roerdink '97** and husband **Aaron Roerdink '97** live in Tiffin, Ohio, with their three children. Aaron is an associate professor of chemistry at Heidelberg University in Tiffin. Andrea received a bachelor's degree in accounting from Heidelberg University and is the recipient of the Berg-Falcon Scholarship for graduate study in accountancy. This fall she will begin working toward a master's degree in accountancy at Bowling Green State University.

**Jason Metzger '98** of Woodbury, Conn., is vice president of agency distribution at Privilege Underwriters in White Plains, N.Y.

**Jennifer Hall '99** and Matt Henning were married June 30, 2012 at Lake Keomah in Oskaloosa. Jen and Matt live in Harvey with their son. Jen is a substitute teacher at Twin Cedars High School in Bussey.

## THE 'OOS

**Chad Van Hauen '00** is a human resources analyst for Polk County in Des Moines. Chad and wife **Angela Vander Werf Van Hauen '03** live in West Des Moines.

**Denise Barnard '02** is senior academic advisor in the College of Liberal Arts and Sciences at University of Iowa in Iowa City.

**Elizabeth DeVore '02** and Christopher Maquire of Hudson, Mass., were married Sept. 1, 2012. Elizabeth is a production manager at National Public Radio in Washington D.C.

**Ryan Fick '02** is a senior high yield analyst at Principal Financial Group in Des Moines. Ryan and wife **Amber Van Wyk Fick '02** live in West Des Moines with their son.

**Elisabeth Lewandowski '00** is a sergeant in the Army Reserve and full-time costume manager for Army Entertainment's Soldier Show while they are on tour across the country.

**Cheri Ranfeld '03** and Doug Hayes of Des Moines were married March 23. Cheri is a patient tech in the operating room at Mercy Medical Center.

**Sarah Licht '04** of New Sharon, Iowa, teaches special education at Lynnville-Sully Middle School in Sully.

**Katy Lein Long '04** is an online faculty member at Grand Canyon University in Phoenix, Ariz, where she lives with husband Jerrod.



**Kristina Gordy '05** and **Tyson Robinson '05** of Fountain Hills, Ariz., were married June 18, 2011. Kristina teaches chemistry for BASIS Peoria Schools in Peoria and Tyson is the historical unit coordinator at Mayo Clinic in Scottsdale. Pictured in the front row: **Grace Luder '05**. Second row: **Bethany Berkenbosch Thompson '05**, **Mandy Bahr Lauderbaugh '05**, **Tyson Robinson '05**, **Kristina Gordy Robinson '05**, **Sandra Rysdam Foster '05**, **Heather Rempp Ellis '05**, **Andrea Rich '05**, **Heather Hoffman Richeson '06**. Third row: **Ryan Thompson '03** holding Issac, **Jesse Linn '05**, **Angie Grey Klein '05**, **Allison Miller Schwanebeck '06**, **Luke Baehr '06**, **Ryan Ellis '05**, **Jeff Trevenen '05**, **Justin Richeson '05**. Fourth row: **Mitch Alford '05**, **Joe Schwanebeck '06**, **Brian Klett '06**, and **Chris Ballew '06**.

**Beth Peterson '04** and Bryan Phillips of Altoona were married Oct. 20. Beth is a public relations and marketing manager at Life Serve Blood Center of Iowa and Siouxland Community Blood Bank in Des Moines.

**Mandy Bahr '05** and Todd Lauderbaugh of Arcadia, Iowa, were married Feb. 23. Mandy directs the sixth through twelfth grade band and seventh through eighth grade choir in the Ar-We-Va Community School District in Westside.

**Beth Cunningham '05** of Davenport, Iowa, is an assistant track and field coach at St. Ambrose University.

**Jennifer Detwiler '05** and Steve Weeks were married Nov. 21. They live in Newton, Iowa, with their daughter. Jennifer is employed at Iowa Health Care in Urbandale.

**Steve Havemann '05** of Des Moines is awaiting the publication of his first sales management training and development book in December by Wipf and Stock Publications.

**Ashley Wendt McFarland '05** is a UP research and extension center coordinator at Michigan State University in Chatham. Ashley and husband James live in Munising with their daughter.

**Darin Van Wyk '05** is a valuation manager at MPJ Valuations in San Antonio, Texas, where he lives with wife Carol Ann and their two daughters.

**Heather Hoffman-Richeson '06** is an annuity call center claims specialist at

Cognizant Technology Solutions. Heather and husband **Justin Richeson '05** live in Waukee with their son. Justin is a web technology specialist at Pioneer Hi-Bred International, Inc. in Johnston, Iowa.

**Michael McLoughlin '06** of Des Moines is a resident physician at Iowa Methodist Hospital.

**Keith Petersen '06** of West Des Moines is a software developer at DuPont Pioneer in Johnston.

**Jeremy Greiner '07** and Lyndsey Lyons were married June 4, 2011. Jeremy co-owns the MacDonald & Coon Rapids Insurance Agency in Coon Rapids, Iowa. Jeremy and Lindsey live in Fort Dodge with their daughter.

**Brooke Nederhoff O'Kane '07** was promoted to project manager of the service group call center technology team at Wells Fargo. Brooke and husband **Paul O'Kane '10** live in North Liberty, Iowa.

**Jeni Wailes Stanley '07** and husband James along with their two daughters have relocated to Santa Rita, Guam where James is stationed onboard a submarine with the United States Navy.

**Mike Tweeton '07** is the production manager at Stage West Theatre in Des Moines. Mike and wife **Sheila Beiermann Tweeton '06** live in Johnston. Sheila is a financial accountant II at American Enterprise Group, Inc.

**Guy Dierikx '08** of Port Byron, Ill., was named head varsity football coach at Davenport North High School in Davenport, Iowa.





## How do you get through the hardest job interview ever?

**Apurv Kumaria '07** is employed at ThoughtWorks, a software company in Chicago that is ranked as putting job candidates through one of the toughest interviews in the country. The interview process isn't just a brief 30-minute meeting to talk about credentials—it's a four-step process that can take days.

"At ThoughtWorks' office there were several interviews, tests and games," Kumaria says. "ThoughtWorks even has a culture interview to ensure that candidates are culturally a good fit."

Kumaria, a Lucknow, India native, went through the four phases of the interview process—a phone interview, a coding exercise, a technical phone interview and a day in the ThoughtWorks' office. He is now a lead consultant for the company. Kumaria oversees groups of 10-20 on various projects and does technical training, coaching and mentoring inside ThoughtWorks and around the world.

His best tip for preparing for any job interview? "Research the company you are applying to," he says. "This will give you a lot of information about what kind of company it is and what you can expect in the interview."

Read more about Apurv Kumaria's software adventures online at [civitas.central.edu](http://civitas.central.edu).



**Traci Dyer '08** and Brandon Townsend of Oak Park, Ill., were married Sept. 15.

**Charlie Eastlund '08** was named head baseball coach, assistant football coach and strength and conditioning coach at his alma mater, Boone High School in Boone, Iowa, where he teaches physical education. Charlie and wife Sarah live in Boone with their son.

**Jeremy Hinkel '08** is the hosting support person at GoDaddy.Com. Jeremy and wife **Danielle Newendorp Hinkel '09** live in Iowa City. Danielle is an ESL/ELL/Read 180 teacher at West Liberty Community School District.

**Trichelle Velky Jackson '08** is an optometrist at Family Eye Care Center with offices in Britt, Garner and Forest City, Iowa. Trichelle and husband **Adam Jackson '05** live in Forest City, where Adam is an engineer with Power/Mation a company headquartered in St. Paul, Minn.

**Allison Klett '08** of Sheldon, Iowa, was named chamber director for the Sheldon Chamber & Development Corp.

**Nicholas Rohner '08** and Kaela DeBruin of Pella were married June 30, 2012. Nicholas is the assistant men's and women's tennis coach at Central College.

**Drew Wilson '08** is a strategic account executive at Switchfast in Chicago, Ill.

**Josh Cobie '09** joined the law office of Brubaker, Flynn & Darland P.C. in Davenport, Iowa, where he lives with wife **Lindsey Epkes Cobie '09**.

**Erinn Lauterbach '09** is attending the University of California Riverside, where she is working toward a Ph.D. in political science studying American politics and mass political behavior.

## THE '10S

For information about **Alex Rosien Kleis '12**, see the '80s. For information about **Paul O'Kane '10**, see the '00s.

**Liza Calisesi '10** of Princeton, N.J., accepted a full-time position as associate director of annual giving at Westminster Choir College. Liza will continue as director of music at The Lamington Presbyterian Church, where she conducts the adult and children's choirs.

**Jordan Gegner '10** is participating

in pilots training with the 142nd fighter squadron in Portland, Ore. Jordan is training to fly F-15 fighter planes with the National Guard.

**Don Huffman '10**, professor emeritus and honorary alum of Pella, was notified by the Foreign Language Teaching and Research Press in Beijing, China, that the book U.S. Culture and Life by Maxine and Don Huffman has sold over 23,000 copies with good reviews.

**Melissa Mount '10** and **Derek McLaughlin '10** of Elkhorn, Neb., were married May 25.



**Maggie Paris '10** and **Jacob Viggers '11** of Des Moines were married Oct. 6. Maggie is a diet technician at Iowa Methodist Medical Center while pursuing a bachelor's degree in dietetics from Kansas State University. Jake works at Quality Traffic Control. Pictured first row (left to right): **Brett Wilkin '12**, **Shane Wong '11**, **Sean Rea '11** and **Nate Smith '11**. Row two: **Brittany Beck Rempp '09**, **Ashley Feldman '10**, **Ashley Wiederin '09**, and **Aaron Steenhoek '11**. Row three: **John Halma '77**, **Cory Bacon Steenhoek '12**, **Mick Wiederin '12**, **Amanda Scott '10**, **Tori Paris '12**, **Chandra Benes '10**, **Maggie Paris Viggers '10**, **Jake Viggers '11**, **Leslie Keuning Duinink '90**, **Justin Huber '11** and **Pam Trisler Wilkin '81** and **Nate Snead '12**. Back row: **Al Paris '77**, **Craig Wilkin '81**, **Mark Patterson '77**, **Tom Swanson '77**, **Jason Crall '10**, **Curt Mick '11**, **Kristin Wilson '11**, and **Ben Burzacott '12**.

**Sara Mouw '10** of Coralville, Iowa, is an eMarketing Specialist at HON in Muscatine.

**Stacey Whittle '10** and Josh Hogberg of Spring Valley, Minn., were married June 16, 2012. Stacey is working toward a master's degree in English.

**Jill Ziskovsky Halcomb '11** is an MTM performance associate at OutcomesMTM in West Des Moines, where she lives with husband **Clayton Halcomb '11**. Clayton is a personal trainer at Fitness Together in Clive.

Rabbi

**Lauren Iddings '11** and David Ernst of Melcher, Iowa, were married Sept. 15. Lauren teaches English at Oskaloosa High School in Oskaloosa.

**Amy Loftus '11** and Anthony Spike of Des Moines were married Oct. 6. Amy is a communications and programing coordinator for the American Institute of Architects, Iowa Chapter.

**Sarah Moglia '11** and Sean Higgins were married at their home in Columbus, Ohio, Feb. 2.

**Emily Thompson '11** and **Jacob Miltenberger '11** of Des Moines were married June 9, 2012. Emily is the breakfast club program coordinator at Children and Family Urban Ministries.

**Michele Wall Williams '11** and husband Mike of Newton, Iowa, were busy parents of four children before they adopted two babies in December of 2012. They own and operate an appliance and electronics recycling company and are set to open a used book store to house their vast collection of old books.

**Chelsea Grieger '12** and **Curt Toppin '11** of Pella were married April 13. Chelsea is a copywriter at Central College and Curt is a software analyst at Applied DEM in Pella.

**Emily Swartz '12** and **Daniel Bowser '11** of Des Moines were married Dec. 31, 2011. Daniel is a customer service representative at ING Annuity and Life Insurance Co.

**Colin Tadlock '12** of West Des Moines is a house republican caucus staff member for the State of Iowa at the capitol building in Des Moines.

## ADVANCED DEGREES

**Pam Kuhnle Freeman '95**, master's degree, social work, University of Iowa, Maytherapy, University of Iowa, Dec. 14

**Michelle Zinke '95**, master's degree, leadership, Bellevue University, 2010

**Gena Rath '97**, master's degree, postsecondary education and student affairs, University of Northern Iowa, 2006

**Kristi Leonard '97**, doctor of education, community health education, University of Northern Iowa, May

**Beth Cunningham '05**, master's degree,



**Michelle Ness '12** and **Tyler Kubik '13** of Johnston were married Aug. 4. Tyler graduated from Central in May with a degree in business management and Michelle is attending Des Moines University. Pictured (left to right) : **Kenny Kemp '12**, **Matt Ness '10**, **Katie Williamson Ness '11**, **Melanie Louis '12**, **Shantell Gish '15**, **Kelli Holan '13**, **Morgan Sharp '13**, **Blaine Forsythe '14**, **Kait Connealy '14**, **Jenna Broghamer '13**, **Keeley Orvis '14**, **Mel McDermott '13**, **Hanna Wilson '13**, **Hollie Heffelfinger '13**, **Jodie Landt '14**, **Ben Schornack '13**, **Rick Williamson '15**, **Tyler Kubik '13**, **Michelle Ness Kubik '12**, **Max Jensen '13**, **Hannah Worrall '12**, **Kris Muntz '13**, **Libby Herriot '13**, **Kayla Donner Ramirez '12**, **Krystal Lewis '13**, **Brandon Ramirez '09**, **Josh Pedersen** and **Kristy Pedersen Wallace '97**.

organizational leadership, St. Ambrose University, May

**Steve Havemann '05**, master's degree, business administration, Drake University, May

**Ashley McFarland '05**, master's degree, environmental science, Iowa State University, 2007

**Michael McLoughlin '06**, master's degree, medicine, University of Iowa, May

**Trichelle Velky Jackson '08**, doctor of optometry, magna cum laude, Illinois College of Optometry in Chicago, May 2012

**Nicholas Rohner '08**, master's degree, coaching education, Ohio University, Aug. 2012

**Jordan Vos '08**, master's degree, education, Southwest Minnesota State University, May 2010 and doctorate, physical therapy, University of Iowa, Dec. 2012

**Rachel Jordan Lindstrom '10**, master's degree, marriage and family therapy, Kansas State University, May

**Sara Mouw '10**, master's degree, marketing, University of Iowa, May

**Rachel Staman '11**, master's degree, educational studies, John's Hopkins University, May

## ARRIVALS

Steve and **Mary Ver Ploeg Hinderhofer '95**, son Daniel Abraham, Feb. 24

Richard and **Elisabeth Wiese Schmidt '96**, daughter Harper Elaine, Dec. 5, 2011

Adam and **Gena Rath Gesing '97**, daughter Ainsley Anna, May 10

**Aaron '98** and **Teresa Collier Cretin '99**, son Evan Michael, May 5

Drew and **Elizabeth Perry Dickson '99**, daughter Harper Charlotte, Feb. 5

Matt and **Jennifer Hall Henning '99**, son Linus Laughlin, Dec. 10

Brian and **Sarah Pearson Fisher '00**, daughter Mackenzie Kate, May 6

Mike and **Gretchen Lange Hoefling '00**, son Toby Timothy, April 11

Bethany and **Brent Gaulke '02**, daughter Kate Elizabeth, Jan. 9

Ryan and **Angie Nielsen Sears '02**, daughter Tovia Joy, Nov. 18

**John '03** and **Anne Legg Brees '05**, son Adler John, May, 4, 2012

Chris and **Andrea Enyart Dana '03**, daughter Leilani Ann, April 10

**Ryan '03** and **Lindsay Schultz Janke '04**, daughter Lauren Emery, Nov. 16

**Jeff '03** and **Lindsay Korver Loomans '07**, daughter Evelyn Grace, Feb. 28

Christopher and **Jennifer Braafhart Williams '03**, son Patrick Marvin, May 16

Matt and **Raven Vos Cross '04**, son Jaxon Benjamin, Oct. 25, 2011

John and **Amy Adrian Green '04**, daughter Adrian Rae, April 14

**Sarah Licht '04**, son Gavin Parker, March 22, 2011

Jason and **Stefenie Miller Wright '04**, daughter Olive Debra, Oct. 11

Steve and **Melissa Miller Brock '05**, daughter Lydia Annelise, March 18





## COMMENCEMENT

On May 11, 348 seniors graduated from Central College. The graduates hailed from 15 different states and one foreign country. Bernadette M. Allen '78 spoke at the commencement ceremony held in the H.S. Kuyper Fieldhouse.



**Thank you to all donors for their generous support and for helping the Journey Scholarship Fund reach its goal of \$1.4 million!**

Special thanks to the two anonymous alums who provided the \$50,000 matching gift.

Support from alumni and friends is essential to providing access to a quality education for students who, without financial assistance, could not afford to attend Central. The Journey Scholarship Fund provides that opportunity.

Thank you, your support made this happen! As of July 1, 2013 we begin again to fundraise for the Journey Scholarship Fund to assist those who will fall in love with Central in hopes of joining us in 2014. No gift is too small for a world that needs more Central graduates.





Chris and **Nancy Redenius Bruscher '05**, son David Gerald, May 3  
 Brad and **Angela Grey Klein '05**, son Keegan James, Feb. 25  
 James and **Ashley Wendt McFarland '05**, daughter Leah Anne, April 6, 2012  
**Nicholas '05** and **Nicole Beyer Rempe '07**, daughter Elise Nicole, Feb. 2  
**Justin Richeson '05** and **Heather Hoffman-Richeson '06**, son Logan Xavier, May 9  
 Carol Ann and **Darin Van Wyk '05**, daughter Jady Kate, Nov. 3  
 Steve and **Jennifer Detwiler Weeks '05**, daughter Anna Eliese, Feb. 12  
 Cameron and **Sara Venables Berges '06**, daughter Emma Alexandra, April 7  
 Chris '06 and **Becky Wells Borgman '07**, daughter Lydia Jean, March 16  
 Dave and **Katie Boyington Green '06**, daughter Ava Grace, Jan. 17, 2012  
**Scott '07** and **Catherine Conway Sandberg '07**, son Arthur James, Dec. 17, 2011  
 Lyndsey and **Jeremy Greiner '07**, daughter Ava Marie, July 13, 2012

Sarah and **Charlie Eastlund '08**, son Thomas Charles, Jan. 24  
 Chance and **Lori Redenius Wells '08**, daughter Claire Marie, April 29  
**Jake Davis '13** and **Ali Dameron '13**, daughter Jali Mae, May 21

## IN MEMORIAM

**Margaretta Slobe Hockett '40** of West Des Moines, March 31  
**Dalton Smith '40** of Haworth, N.J., April 16  
**Gerald VandeBerg '40** of West Des Moines, March 6  
**Wayne Decker '43** of Columbia, Mo., March 19  
**Joyce Vander Kooi Isaacs '43** of Indianapolis, Ind., April 10  
**Etta Kallemyn Vermeer '44** of Pella, May 27  
**Marvin Van Cleave '46** of Madison, Wis., June 7

**James Kempkes '47** of Urbandale, Iowa, March 6  
**Colleen Bridges Pearson '47** of Knoxville, Iowa, Feb. 10  
**William Hugen '49** of Grand Rapids, Mich., June 1  
**Donald Walton '49** of Farmington, Iowa, March 21  
**Dorothy Schroeder Wickline '49** of Galesburg, Ill., May 16  
**Joyce Verhoef Boogerd '52** of Sheldon, Iowa, April 13  
**Mary Landaal Braun '52** of Moscow, Idaho, April 30  
**Karen Pryke '69** of Newton, Iowa, June 3  
**Julie Lynch Letkewicz '76** of Naperville, Ill., Feb. 9, 2011  
**James Borchers '77** of Grinnell, Iowa, May 24, 2012  
**Sheila Holzworth '85** of Des Moines, March 29  
**Douglas De Boer '90** of Waupun, Wis., April 9

## 401(K) OR IRA ASSETS SHOULD THEY BE LEFT TO YOUR LOVED ONES?



**MOST RETIREMENT PLANS, INCLUDING 401(K) S AND IRAS**, are income tax-deferred, meaning income tax is not paid until the funds are distributed to you in life, or upon your death. When adding possible estates taxes to the mix, this makes retirement assets among the most costly to leave to loved ones—as high as 39.6 percent! An IRA worth \$100,000 will be worth only \$60,400 by the time it reaches them.

**ON THE OTHER HAND**, naming Central College the beneficiary of retirement assets upon death generates no taxes because the college is tax-exempt. A \$100,000 gift through beneficiary designation means Central would receive the full \$100,000 to provide many opportunities to students including scholarships, undergraduate research and international study/internship experiences.

**MEANWHILE, YOU CAN LEAVE MORE TAX-FAVORED ASSETS TO LOVED ONES.** To learn more go to Central's planned giving website at [www.central.edu/go/plannedgiving](http://www.central.edu/go/plannedgiving) or call Don Morrison at (800) 447-0287 for a confidential conversation.

CONSULTING AN ESTATE PLANNING ATTORNEY IS A SMART INVESTMENT THAT CAN SAVE YOU AND YOUR FAMILY MONEY AND HEARTACHE IN THE LONG RUN. PLEASE SEEK LEGAL ADVICE BEFORE DECIDING WHO WILL GET WHAT IN YOUR ESTATE PLAN.



## Four Majors, More Fun

Sophomore Riley Burkart is making the most of his Central experience in and out of the classroom—with four majors and countless extracurricular pursuits, Burkart is charting a course for success.



Photo by Linda Stelter

Caption—Sophomore Riley Burkart is learning three languages in his spare time—Ancient Greek, Latin and Arabic.

Sophomore Riley Burkart is a modern renaissance man—he plays guitar, enjoys drawing, is learning three languages on his own, writes creative fiction and non-fiction and is in a community chorus. And those are just his extracurricular activities. Burkart has four majors at Central: mathematics, physics, history and German. The Monument, Colo. native is also involved with InterVarsity and chairs the College Republicans Club. That's a lengthy activities list for someone who never intended to come to Central.

"I had never heard of Central before," he says with a laugh. "I was applying to a bunch of out-of-state schools because I wanted to live

in a new place. When filling out applications, I looked over and saw the Central application and it was just filling in four bubbles—so I filled in the bubbles for fun. But, then I visited, and I was really impressed by the professors and the campus."

Not surprisingly, the four-major student has a lot of homework, but he manages to stay on top of things by doing it as soon as it is assigned—then he knows exactly how much free time he has to pursue his other interests. On the side, Burkart is learning ancient Greek, Latin and Arabic (and a little bit of Swedish). He loves to learn, and Central makes it easy for him to be involved and get a quality education.

"For my undergraduate career, I wanted to have fun and have an experience I could control," says Burkart. "I have decided to pursue a pretty intense schedule at Central, but I can still have fun hanging out with my friends."

This summer, Burkart has a research internship at Kent State University in Ohio, where he is studying with a team about toric codes and lattice point geometry. Thanks to his studies at Central, Burkart is learning more than he imagined.

"I just love to learn," he says. "My professors at Central are great, and they give me the tools to succeed in and out of the classroom."

Read more about Riley's pursuits online at [news.central.edu](http://news.central.edu)!





# Alumni Spotlight



Liberty Wickman '12 explores  
Chennai, India in her travels  
around the globe.

## Journey of a Nomad

Written by Cindy Deppe

Liberty Wickman '12 has been itching the travel bug bite since a high school graduation gift trip to Paris. Then came Central's study abroad programs, and she has visited at least three international countries every year since arriving on campus.

Wickman is a traveler, not a tourist, a distinction she illustrates critically and carefully in her new self-published book, "Feeding Elephants, Friends, and Parasites:

The Journey of a Nomad." Whenever and wherever possible, she volunteers on location, saying "Paying to work, volunteering, is the most worthy type of travel," and "Working travel is excellent experience to get to know people."

Wickman wrote the book for entertainment while living on remote Moreton Island, off the coast of Brisbane, Australia, where she was a lighthouse keeper—one of many nomadic adventures

she sought during her first post-Central year. Many of her volunteer stints involved helping children, experience she gained as the oldest of five siblings.

"My heart has led me out into this world and is only content when teaching children of all different backgrounds, volunteering, and doing conservation and humanitarian work," she writes.

Throughout her travel book, edited by Central's Tutoring and Writing Center, Wickman weaves many life lessons that most decades older have yet to seize, observing, for example, "When we all learn to live in awe of the beauties Earth and humanity have to offer, then maybe we'll all be a little more successful in loving and protecting the planet and our global community."

And she's not done yet—this fall, she plans to volunteer at a Catholic Worker House in Peru working with children with disabilities, then to Chile to teach English and possibly on to Brazil. All proceeds from her book, available from [amazon.com](http://amazon.com), will support her volunteer travel work in South America.

"I travel to travel, and in my travels I seek understanding, I hope to shed light on ignorance and injustice, and pursue a future of global equality," she writes. "My role models are the great travelers of the past and present."

Read more about Liberty online  
at [civitas.central.edu!](http://civitas.central.edu!)

