CRYSTAL BALL
a look into Central’s future

WHAT’S UP, DOC?
the alumni keeping us healthy
The Art of Relational Learning
by Mark Putnam, Central College president

Education is fundamentally a relationship between student and teacher, athlete and coach, master and apprentice. When I spend time talking to our students, parents and alumni, they make clear what they value by describing what is or was important to them. The stories are varied and nuanced, but they bear a remarkable resemblance and portray familiar patterns. They remind me that relationships are Central.

First, the stories are invariably about people. They are often tales about the role a faculty mentor played in unleashing people. They are often tales about the relationship between student and teacher, athlete and coach, master and apprentice. When I spend time talking to our students, parents and alumni, they make clear what they value by describing what is or was important to them. The stories are varied and nuanced, but they bear a remarkable resemblance and portray familiar patterns. They remind me that relationships are Central.

Second, learning relationships push back the borders that limit us. As I wander through the reception following commencement each year, I am amazed by a particular phrase surfacing in one conversation after another: “I can’t believe I got to do so many things.” An academic community devoted to relational learning stretches everyone. Those advising students introduce new possibilities that encourage them to take risks and find the rewards of pursuing a new challenge. That may be found in the selection of a course, participation in a new activity or pursuing membership on a team. Likewise, faculty members grow through their own interactions about teaching methods and scholarship that deepen the well of academic resources. By pushing back the borders, we push deep the well of academic resources. By pushing back the borders, we push new things.

Third, relational learning draws us into active engagement. As we place students into settings where teamwork is essential, we provide a context for learning that closely mirrors the world they will encounter over the course of a lifetime. Relational learning takes place in many settings—classrooms, labs, studios, the Internet, global sites, athletic fields, concert halls, churches, internship sites, community-based programs and workplaces. It also involves many partners who work with our students beyond our walls. Learning-through-experience in a variety of settings extends the reach of the curriculum and amplifies the work of the faculty as students apply their learning and return with insights gained through experience.

Central College has long been dedicated to creating an environment for learning rich in relationship, active in engagement and increasingly without borders. Our task is to facilitate learning by providing a setting suitable to enabling that which matters most—learning through relationship.
For Whom the Bell Tolls

The year was 1861. The old bell tower rang fiercely—loud and strong. Everyone at Central knew the meaning behind the ominous tolling. It was a call to arms.

Just over 150 years ago, the first shots of the Civil War were fired at the Battle of Fort Sumter on April 12. Central University of Iowa was a fledgling school—established less than 10 years before. Immediately, 45 students and one professor enlisted. The college was left with two men unable to fight, two administrators and professors, and 40 female students.

“Central College struggled to remain open during the Civil War. The school refused to turn away anyone who wanted an education, regardless of their ability to pay,” says Mark Barloon, senior lecturer of history. Faculty went months without being paid, and some offered classes from their homes to keep costs low.

“Many soldiers in both the North and South believed that they were fighting for a great and noble cause,” says Barloon. “They did not hesitate when their country called them.”

These Central boys risked everything in order to protect their cause—and some never made it home.

### Albert Hobbs

Born in New Hampshire, Hobbs enlisted in the 3rd regiment, Co. B of the Iowa Volunteer Infantry and was mustered on June 10, 1861 as a second lieutenant. Just three months later, he was injured and promoted to colonel. After less than a year in service, Hobbs was mortally wounded at the Battle of Shiloh. In his memory, a statue of his likeness stands in Pella’s Central Park, dedicated in 1911.

### The Ruckman Brothers

John and Joseph Ruckman served in the 3rd Iowa Infantry as captain and lieutenant, respectively. The brothers died together in a futile frontal assault on Jackson, Miss., on July 12, 1863. “They left behind a devoted family,” says Barloon. “Their mother struggled to keep their farm, and one of the brother's girlfriends reportedly went insane.”

### The Earp Brothers

Although Pella’s famous gun-slinging law man, Wyatt Earp, was too young to fight in the war, his three older brothers all served. Newton and Virgil were Central students.

Newton enlisted in the Co. F, 4th Iowa Cavalry. He was eventually promoted to sergeant. After the war he applied for disability due to a hernia. Newton became a carpenter and farmer after being discharged.

Virgil returned to his hometown, Monmouth, Ill., and served in the Co. C, 83rd Illinois Infantry. He was discharged honorably and became a Deputy U.S. Marshal after the war.

### Health Care in Yucatan

Starting in fall 2013, the Studies in Global Health program, located in Merida, will prepare students for an increasingly diverse medical field.

“Latinas are the largest minority group in the United States,” says Valerie Grimsley, Merida program director. “The reality is that most health professionals will have a sizable number of Latinas as a part of their patient or case load. What better way to serve the Latino community than a semester in Yucatan dedicated to putting health care in a cultural context, improving Spanish language skills and gaining invaluable internship experience?”

Students will also take in Yucatecan culture through field trips to a flamingo reserve and archeological sites.

Central College students have been studying abroad in Merida since 1968. In addition to the new Studies in Global Health program in the fall, Central College Abroad will host a Language and Culture program during the spring semester.
Four alumni inducted into Athletics Hall of Honor

JACK WALVOORD ’54

Walvoord coached men’s basketball for 29 seasons (1966-95), piloting the Dutch to 10 Iowa Conference championships while earning eight NCAA Division III tournament berths. From 1975-95, Walvoord’s clubs won more conference titles and made more NCAA tournament appearances than any other league team. He was named the conference coach of the year five times. Walvoord posted a 373-317 record, with more than twice as many wins as any other Central coach.

A standout guard and team captain for the Dutch, Walvoord was first a high school coach, and his Valley Christian (Calif.) teams qualified for the CIF tournament six times, winning the 1965 southern section championship. He also served as Central’s head baseball coach (1966-67) and head men’s cross country coach (1966-73) and was an associate professor of physical education.

EMILY ROTTINGHAUS ’94

With a sparkling 64-14 record, Rottinghaus has the highest career winning percentage (.820) in Central softball history. A four-time NCAA Division III tournament participant, she was instrumental in Central’s 1991 and 1993 national championship runs. Rottinghaus was a two-time first-team all-conference and all-America honoree (1992, 1993) and was the 1993 league MVP.

Rottinghaus was Central’s MVP in 1994, leading the Dutch to a fourth-place national finish and posting a flashy 0.87 career earned run average.

An assistant coach at Central in 1995, Rottinghaus was head coach at Pella Christian High School in 1995 and at Grand View University from 1996-98. She was an assistant at Drake University from 1998-99 before serving as head coach from 2000-03. She was also the head volleyball coach at Grand View from 1999-2000.

JON MCGOVERN ’92

McGovern won back-to-back NCAA Division III wrestling championships (1991, 1992) at 167 pounds, after placing fourth at 158 pounds in 1990, and claimed conference titles all three years. He’s tied for first at Central in career wins and his 123-17-1 record gave him the school winning percentage record (.858). His 46-2 record (with 24 falls) in 1991-92 is Central’s best ever.

McGovern was Central’s 1991-92 MVP. He was captain of the 1991-92 squad that won the conference team championship.


He served as an assistant at the universities of Chicago, Virginia and Pennsylvania and became head coach at the University of Dubuque in 2002, where he’s coached two national champs.

EMILY ROTTINGHAUS ’94

Three NCAA Division III national champions and the college’s winningest men’s basketball coach were inducted into the Central College Athletics Hall of Honor as part of Homecoming and Family Weekend activities Sept. 28-30.

Central’s Hall of Honor is intended to recognize those who were exceptional performers in the athletics arena as a student-athlete, coach or administrator and who have distinguished themselves in life after graduation through service and leadership. To be eligible for consideration, a nominee must have graduated or served as a Central coach/administrator at least 15 years earlier.

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From left to right: Emily Rottinghaus ’94, Jon McGovern ’92, Jack Walvoord ’54 and Tim Hackel ’87 were inducted into the Hall of Honor.

TIM HACKEL ’87

Hackel was Central’s first wrestler to claim an NCAA Division III title, taking the 126-pound crown in 1986-87. He was the national runner-up in 1985-86 and was also a two-time Iowa Conference champ. Hackel posted a combined 72-11 record over two seasons, including a 37-4 mark in 1986-87 and set a school season mark with 57 reversals. A three-time letterwinner, Hackel was Central’s 1986-87 MVP. The Dutch finished eighth in the NCAA Division III team standings in the years of Hackel’s two national appearances.

Hackel served as a Central assistant coach from 1987-91, helping the Dutch post three national top-10 team finishes with two individual NCAA titles.

He is a production planning logistics manager at Hormel Foods Corp in Austin, Minn., where he has also served as a youth coach and AWANA volunteer.

From left to right: Emily Rottinghaus ’94, Jon McGovern ’92, Jack Walvoord ’54 and Tim Hackel ’87 were inducted into the Hall of Honor.
The Greek term *logos* means “word” or “thought.” If a picture is worth 1,000 words, then a logo must be worth at least as many.

This fall, Central College encapsulated the words, thoughts and experiences of thousands of students and alumni into a new logo—a clean, simple look representing the college’s heritage, tradition and stability.

Founded in 1853, Central is one of the oldest colleges west of the Mississippi River. We were here 150 years ago and will be here 150 years from now. Our new logo reflects that old truth.

In an increasingly chaotic marketplace, the new look will help Central College stand out among competitors who don’t offer our transformational experience. Moving away from the sleek, corporate look of the last logo, Central’s new graphic identity emphasizes an education that reaches beyond the classroom into student’s personal development as human beings and global citizens.

In keeping with our commitment to the environment, the new logo is being implemented in a sustainable fashion, and no old materials are being wasted.

Central College
1853
GONE POSTAL

Faculty post the old-fashioned way—on bits of colored paper—answering the question “What have your students taught you?”

1. LESLIE DUININK
   Associate professor of exercise science/class dean
   Make time for FUN!
   Sometimes the best lessons are the hardest.
   Carpe Diem!

2. KEITH JONES
   Professor of psychology
   My students repeatedly teach me that they can and will exceed any goal I set for them.

3. JEN DIERKS
   Assistant professor of education
   Qualities I want (or maybe don’t want) my own children to exhibit in college! 😊

4. ESTHER STREED
   Professor of education
   My wisdom comes from listening especially to them—Dr. Erskine

5. RUSS GOODMAN
   Associate professor of mathematics
   My students have taught me the delight of discovery. The poetry of patience, and all about a doggie named Wishbone.
   —Walter Cannon

6. JIM ZAFFIRO
   Professor of political science
   By finding a voice for their dreams, they breathe life into mine.

7. WALTER CANNON
   Professor of English
   Be open. I know both more and less than I thought. So does everyone else. Saying things in the room.

8. AMY YOUNG
   Assistant professor of German
   Be authentic.
   Set auténtico.

9. OSCAR REYNAGA
   Instructor of Spanish lecturer
   It is never too late to learn from past mistakes—and to learn something new in the process.

10. BRIAN PETERSON
    Professor of economics/class dean
    Good grades are not enough. Maturity, perseverance, and independence are the keys to success.
    © Oscar
community went through the wormhole—imagining different versions of Central’s future. Their discussions and dreams resulted in a strategic platform and an implementation document recently approved by the Board of Trustees. Using our trusty crystal ball (and the strategic platform, of course) we shed some light on what Central College might look like in 3, 5 or 10 years.

Faculty will collide with one another.

In the academic realm, faculty often live within their own little worlds, focusing exclusively on their specialties. But at Central College, faculty collaboration across disciplines has always been present—as in the case of Intersections, the required first-year seminar. Now this collaboration will become even more institutionalized, with faculty merging disciplines to provide a fuller learning experience for students.

During the inaugural Chairs Conference held this fall, faculty shared their specialties with one another and gave multidisciplinary presentations, like the English, communications and anthropology professors who talked about their health-related courses. The next step is the creation of a pedagogical incubator. It’s a mouthful of a phrase meaning a digital and physical space where faculty can share, test and examine new teaching methods. Like the increasingly popular business incubators, the “fast-cooker” at Central will allow faculty to experiment with new ideas and techniques without going through the often lengthy process of curriculum change.

The Great Eight will rule campus with a silken hand.

The four class deans and four class directors are the talk of campus this year, the force of the distinctive Integrated Learning Program that blends classroom education with the lessons of the residence hall, athletics field, laboratory and stage.

Like tandem-bicycle riders, the class deans help students navigate and put their feet to the pedals during tough, uphill rides—forging a mentorship that will last all four years. The class directors, on the other hand, focus on each stage of the ride, perfecting the formula for student development during the four-year experience.

With the Great Eight on their side, future students will have a built-in support system augmenting the deep connections they’ll make at Central.

Civic engagement will be our middle name.

Last year, the Dutch completed 60,598 hours of community service. But Central is always looking to do more for people who need help the most. The Center for Community-Based Learning (CCBL) will become a regional volunteer center that connects citizens from Pella and surrounding areas with nonprofits. The Iowa Commission on Volunteer Service will provide computer software that allows people to search keywords and available dates when looking for volunteer sites.

Why is Central connecting third-party organizations with community members? Because it will allow our students to network with professionals volunteering at nonprofit organizations. And because it’s the right thing to do. “Colleges and universities are uniquely positioned to make the world a better place,” says Cheri Doane, director of the CCBL. “We have the responsibility to play a role in the democracy.”

What will Central look like in 3 years?

Nurses will come at night for a four-year degree.

Today, many hospitals are requiring nurses to earn a B.S.N. degree from a four-year program, rather than the associate’s degree most currently hold. That means many working nurses have to go back to school. To meet the needs of southeast Iowa, Central is establishing an R.N.-to-B.S.N. bridge program, allowing working adults to set their schedule as they take the liberal arts and health classes they need. Faculty members are committed to integrating these nontraditional students with the rest of the population to enrich the experience for all.

Central is also considering other accredited health programs for medical technicians and professionals in nuclear medicine. Other possibilities include health technology, bioinformatics and health management.

Summer will be a season for sun tans and studying.

The Summer Scholars Program currently in the works devotes the seemingly endless hours of summer to faculty research and undergraduate scholarship. These experiences are needed more and more on resumes and grad school applications. “Doing serious scholarship takes incredible focus and commitment of thought, time and effort,” says Keith Jones, professor of psychology, who is heading up the program. “The summer is the time they can devote themselves to such work.”

Instead of taking on a summer internship, some students might choose to spend their sunny months sitting down with a professor to explore a topic more in-depth than is possible in the classroom. The result—publication or presentation at a conference—places them on the same level as students from the top schools in the nation.

The Dutch could study in Africa, South America, Asia and the Middle East.

In the past few months, Central has added study abroad partnerships in both Oman and Brazil. New locations on different continents might continue to crop up—either within Central College Abroad or in partnership with other schools.

But the real change will be the format of study abroad. Instead of choosing just one site, students could pick a theme, such as the arts, and spend a semester traveling between Paris, Vienna and London, learning about the artistic history of each culture. At the University of Leiden, with a world-renowned program in international law, students passionate about the topic could study in The Hague and Amsterdam, both less than an hour away. Bruges and Paris, just a few hours by train, are also centers for future lawyers looking to take on the world.

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What will Central look like in 5 years?
Q & A
with President Mark Putnam

Why did the Senior Leadership Team decide to create the strategic plan?

When I was recruited as president, the search committee presented to me the need for strategic renewal. It was one of those moments in the life of an organization where you hit the plateau you intended. The opportunity, which was quite appealing to me, was to work on the themes and ideas that would carry us forward.

It was an invitation by the campus for me to come and listen carefully and reflect back all that I heard. That’s where this grew from. It was very much a team effort.

Is there one aspect of the plan that’s most important?

They are all stars in a constellation. If you name the constellation, it’s the integration of the work of faculty and students. It runs through the whole of the experience—from civic engagement to sustainability to the global to how we connect faculty and students.

Why should alumni be engaged with the plan?

As I have talked to alumni about it, the plan has a strong resonance with them. The thing I hear most often is: “This is everything I think about Central.” Alumni should see the things they value most in Central now refreshed and expanded but authentic to the tradition that has been here for decades.

What will Central look like in 10 years?

First of all, some things will be the same. In 10 years, Central will be a liberal arts college that is intentionally residential and strongly connects faculty and students. Core values are the things that we’re simply not going to compromise on.

We will have an increasing blurring between the global and the local. Undergraduate research. It places students in a context where they have to be generative. They are going to be posing a problem or addressing an issue or taking on a task that will push them in that experiential space.

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LIKE YOU WANT TO BE treated

These three doctors are champions of the golden rule—caring for their patients and communities.

Our most intense moments often occur in the presence of doctors—the birth of a child, the death of a loved one, the successful surgery, the close call. Our lives are surrounded and supported by health care—and very few can say they don’t owe their lives to a doctor’s mind and hands. These facts are easy to forget in the controversy surrounding health care in this country. Costs are skyrocketing, with medical spending projected to be nearly one-fifth of gross domestic product within 10 years. The Affordable Care Act, nicknamed Obamacare, has fired up people on both sides of the aisle, though for different reasons.

In this environment, our doctors are more important than ever. Central College is investing in more health science opportunities for its students—shadowing physicians, a Health Professions Resource Center, a potential integrated health studies major. According to the Bureau of Labor Statistics, 16 of the top 30 fastest-growing occupations between 2010 and 2020 will be in health care-related fields.

Alumni physicians are inspirations to Central students pursuing that dream—and heroes to those of us who break bones, need check-ups, get the flu and bring children into this world.

From the Cradle to the Grave

“We are your old-time country doctors,” Michelle Sadler ’91, D.O., says of herself and her three colleagues in Guttenberg, Iowa. Along with a nurse practitioner and a physician assistant, the four doctors serve the town of 1,900 and its surrounding communities, covering the hospital, emergency room, nursing home, regular doctor’s visits and delivery room all by themselves.

As you can imagine, it’s a lot of work. But Sadler loves the diversity of the job. A trained family practice physician, she treats the entire body. “One of the jokes we have in family practice is that it’s actually a specialty, where cardiologists and others are more minimalists,” says Sadler. “They know a lot about that little part of the world, but we have to know about every part of the medical world.”

On a typical day, Sadler might deliver a baby, see a teenager for a routine check-up, help a middle-aged man through a heart attack and make an elderly woman more comfortable as she dies. “We like to say we do everything for our patients—from being born to being buried,” says Sadler. “There are some very rewarding parts of helping a family go through the dying process—because it should be dignified.”

Sadler works four days a week and is on call at the hospital one day a week and one weekend every month. Committed to her community, she often heads to another meeting after her 11-hour day. She is on the library board and the county board of health and sings in the church choir. She also helps organize the annual bluegrass festival in a nearby town.

Although she has lived and worked in Guttenberg for 15 years, Sadler is still a newbie compared to the other doctors, who have a combined 85 years between them. The stability of a small town is a perk of rural medicine. She knows the personalities and medical backgrounds of every patient intimately. “When a patient comes in, I already know the family dynamic because I’ve seen them before. In some cases, I’ve been involved in their lives since before they were born,” she says. “That is so beneficial as a doctor, when you know the nuances of their care.”

Although Sadler didn’t grow up in Guttenberg, she was raised in the small town of Strawberry Point 45 minutes away. She always wanted to work as a rural doctor in northeast Iowa. After her residency in Des Moines, opportunity knocked; Guttenberg was looking for another physician, and Sadler was a perfect fit.

Over the past 15 years, Sadler has become a staple of the community, both as a doctor and a friend. That can make losing a patient extra difficult, but Sadler isn’t weighed down by the emotional struggles and doubts that come with the territory in rural medicine. She lives and works by the words of a mentor doctor she once knew: “As doctors, we are given tools to use. Sometimes we can do everything right and things go wrong. Or we do everything wrong and things go right. We just have to use the tools we’ve been given.”

Sadler believes these are words of wisdom for all of us. “It’s true not just in medicine but in life. Use what you’re given and things will be all right.”

Q: Are you ever frustrated by aspects of the health care system?

A: The answer is yes, but it’s hard to say which parts. The system is changing all the time, and things are not always consistent from one provider to another. When patients ask me what their insurance will cover, I tell them that I don’t worry about insurance, I worry about what I need to do to take care of them.

The reality is that insurance companies make you do so many things before you can take care of your patient. They are trying to manage health care dollars, but you end up spending more on health care because of it. That’s the most frustrating part, as an administrator. There are so many people trying to tell me how to do my job instead of just letting me do it.

I think the government is trying to come up with a solution. I don’t worry about politics; I worry about my end of the job.

Q: What do you do when you’re not working?

A: You always have to find free time because you have to feed both sides of your brain for balance. I go camping when I can. I’m pretty involved with the bluegrass world, and I play standup bass. The free time gets you away from the other part of your world, and yet ties it all together in some way.
On his first day of residency, Tim Dykstra ’91, M.D., arrived at the ER at Blank Children’s Hospital in Des Moines to see his first patient ever: a six-month-old infant. The baby died of SIDS (sudden infant death syndrome). When Dykstra finally made it home about 2 a.m., he went immediately to see his own six-month-old son. He sat in the baby’s room and just watched him breathe.

That was the first of many long, mentally-demanding nights as a doctor, but Dykstra has weathered them all with aplomb and saved many lives along the way.

Dykstra married his junior year at Central and had his first child during his final year in medical school. Then, as a second-year resident in Des Moines, his second child was born. Dykstra says he never would have been able to tolerate the energy-sucking stress without his wife. “Thankfully, she is wonderful and strong and able to put up with it.”

After spending 10 years as a physician in Fort Madison, Iowa, Dykstra moved his family to Pella five years ago. Now he works in both occupational health and the emergency room at Pella Regional Health Center (PRHC). Although certified in family practice, these new realms have become his specialties.

“You never know what you’re going to see and who will come through the door. You do the best you can, which is the fun of it.”

As a self-described adrenaline junkie, Dykstra loves the on-pins-and-needles electricity of the ER. “You never know what you’re going to see and who will come through the door,” he says. “You do the best you can, which is the fun of it.”

But occupational health is more family-friendly, which is a big plus with four kids at home. Although a sucker for thrills, Dykstra is also a people person, and he loves meeting patients as he treats work-related injuries and gives re-employment physicals. For 32 hours during the week, he serves patients out of PRHC and the satellite clinic in Newton.

But every other weekend, he is back for the rollercoaster ride of a 24-hour ER shift. And the long hours pay off. “In the ER, you end up making a big difference,” he says. People often approach him later to say thank you for saving their lives or a family member’s.

Dykstra has been interested in medicine since he was a kid. As a 10-year-old visiting his sick grandmother, he told his parents he loved the hospital. Not surprisingly, they thought he was nuts.

Still, his doctor dreams seemed far-fetched until Dykstra came to Central his freshman year. With good grades piling up, his advisor urged him to plan for medical school. He took history classes for fun, majored in biology and minored in chemistry. He says Central prepared him well for the MCAT, the exam required for med school applications.

Dykstra spent so much time studying at Central that he missed out on going abroad and doing service work. But as an adult, he has gone on numerous humanitarian missions—treating the ill and helping to install clean water systems—in Mexico, Liberia, Thailand, Papua New Guinea and Burma. He even adopted two daughters from Liberia.

The mission trips—along with his family life and his hobby of triathlons—are a testament to the boundless energy of a man who loves his work. “I always knew it was for me, and it’s what I was led to do. In hard moments, you have to keep looking forward. It helps that I’m an internal optimist.”

Q: What were your thoughts when you walked across the stage at med school graduation?
A: A great sense of relief. It was a good feeling to graduate from Central; it was an even better feeling to graduate from medical school. You’re excited about what you’ve done but apprehensive about what’s in front of you.

Q: What are the workplace dynamics like in the ER?
A: When you’re in the ER, you really have to work as a team. You have to treat each other well. Everyone needs to be team players.

Q: You said that you expect the ER to get dramatically busier. Why is that?
A: If it doesn’t cost people to go to the ER anymore, then they will use it like a primary caregiver. We are already seeing more of that. Also, there is a shortage of primary caregivers. Pella is pretty blessed because we have a lot of those doctors. We are starting to see many more patients from surrounding areas that have a lack of primary care physicians.
**Days of Delivery**

Sarah Stockton Massey ’06, D.O., sees sadness too often. When a family loses a child, she is there. Massey says miscarriages and infant death happen more than people imagine.

But when a family gains a child, Massey is also there. And that is a great joy.

“I feel the work I do is truly meaningful,” she says. “That helps me get up and get through the day and the work week.”

Massey was recently named chief resident in the OB/GYN department covering Doctors Hospital and Grant Medical Center in Columbus, Ohio. Her staff serves both hospitals every hour of the year. As chief resident, she is in liaison between the doctors and the other medical attendants on staff. She also creates the year’s schedules, on top of her regular duties delivering babies and operating on patients.

Becoming a physician was always a dream for Massey, but it took on more substance as she began shadowing doctors while at Central. A neighbor who became a mentor for her invited Massey along for a day of OB/GYN rounds. “I had a feeling I wanted to do this the rest of my life,” she says of the experience.

With a major in biology and a minor in Spanish, Massey joined several other students in a carpool to Drake University for an MCAT prep class. That camaraderie followed her to Des Moines University, where she learned more about women’s health. “I enjoyed going home at night and studying instead of dreading it,” she says about the field.

After promising OB/GYN rotations in medical school, Massey was matched to the four-year residency program in Columbus. Although she hopes to move back to Des Moines, Massey was recently named chief resident in the OB/GYN rounds. “I had a feeling I wanted to do this the rest of my life,” she says of the experience.

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**Financial Report**

### Revenue
- Tuition and fees, net: $23,307,322
- Endowment: $3,270,883
- Contributions: $1,996,102
- Auxiliary enterprises: $14,589,631
- Other: $4,890,427

Total Revenue: $48,054,365

### Expenditures
- Instruction: $18,867,374
- Academic support: $2,444,099
- Institutional support: $2,687,816
- Student services: $4,276,830
- Administration and general: $3,889,752
- Auxiliary enterprises: $10,467,436
- Student activities: $3,613,039
- Other: $1,456,210

Total Expenditures: $47,702,556

### Assets
- Cash: $10,642,270
- Receivables: $8,426,153
- Investments: $61,614,882
- Property and equipment, net: $99,019,507
- Other: $2,688,229

Total Assets: $180,403,041

### Liabilities
- Accounts payable: $779,515
- Notes and bonds payable: $61,987,516
- Other: $9,091,846

Total Liabilities: $74,702,556

### Net Assets
- Unrestricted: $56,800,159
- Temporarily restricted: $8,212,378
- Permanently restricted: $43,531,627

Total Net Assets: $180,403,041

### Giving by Sources
- Alumni: $2,082,220
- Friends: $553,710
- Corporations: $325,997
- Foundations: $194,977
- Associations/churches: $145,623
- Non-alumni parents: $268,390

Total Giving: $3,350,917

### Giving by Designation
- Capital purposes: $961,239
- Endowment: $689,566
- Annual Fund: $1,242,913
- Other restricted annual gifts: $457,199

Total Giving: $3,350,917

### Scholarship Giving
- Endowment: $474,561
- Journey Scholarship: $1,052,038

Total Scholarship Giving: $1,526,609

10-Year Review

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
<th>Bequests</th>
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<td>2002-03</td>
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<td>2007-08</td>
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<tr>
<td>2010-11</td>
<td>$3,350,917</td>
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</tbody>
</table>

Total Giving: $3,350,917

Figures are in actual dollars. For the college-wide audited financial statements, contributions are on an accrual basis, while gifts are on a cash basis in the fundraising statements.
In conjunction with 2012 Homecoming/Family Weekend, Central presented alumni awards to four graduates with illustrious careers and legacies of service. The winners were honored on Sept. 29 as part of the weekend’s festivities.

**DON ‘65 AND HELEN VAN ZANTEN HEMMES ‘67**

Married couple Don Hemmes ’65 and Helen Van Zanten Hemmes ’67 each received one of this year’s alumni awards. After graduating from Central with a degree in biology, Don earned an M.S. and Ph.D. in microbiology from the University of Hawaii at Manoa in 1967 and 1970, respectively. Helen graduated from Central with a degree in English and went on to receive an M.A. in English in 1969, also at the University of Hawaii at Manoa. Both Don and Helen accepted instructorships at their graduate school alma maters upon completing their graduate degrees.

After earning post-docs at the University of Zurich and University of California at Riverside, Don accepted a position as assistant professor of biology at University of Hawaii at Hilo in 1973. He was quickly promoted to full professor. In fall 1977, Don took a leave of absence to accept a position as assistant professor and research associate at UH-Hilo.

Helen’s career path included lecturing jobs with the University of Hawaii’s College of Continuing Education and Community Service and employment with the County of Hawaii and in the not-for-profit world. Helen served as a community coordinator for the Hilo Adolescent Family Life Project through Child & Family Service and as president and chief professional officer of the Hawaii Island United Way for 19 years prior to her early retirement. She gained expertise in not-for-profit management and financial literacy through continuing education at UH-Hilo, as well as through the United Way of America and the Weingberg Fellows program.

Helen became active in her community through memberships in the American Association of University Women - Hilo Branch and the League of Women Voters of Hawaii County, among other organizations.

Since retiring in 2006, Helen has spent much of her time volunteering, having served as president of the Rotary Club of Hilo, director of the Waiakea High School Foundation, finance committee chair at church and director and now secretary of the Hawaii Pacific Parks Association.

The couple enjoys traveling and has narrowed their “to visit” states to just a few, seeking out the flora and fauna at various locations, most recently exploring sites and national parks in Alaska and Maine. Don and Helen have been married since 1967. They have two sons, Kimo ’94 and David ’97, as well as four grandchildren.

Their years at Central College provided them with wonderful memories, lifetime partners and friends and a solid education for their careers and community service.

**WILLIAM L. RANKIN ’69**

A lifelong supporter of Central College, Bill Rankin ’69 is one of this year’s alumni award winners. Rankin received his degree in psychology from Central. After fulfilling his military service, he earned his Ph.D. in experimental psychology from Washington State University in 1976. For 10 years, Rankin worked for the Battelle Seattle Research Centers. He also served on the State of Washington Citizen’s Advisory Council on Alcoholism and Drug Abuse. In 1983, he received the Alice Ralls Memorial Award given by the Washington State Council on Alcoholism for “Outstanding Service in Combating Alcoholism.”

Rankin joined The Boeing Company in 1986. He was promoted to Boeing Associate Technical Fellow in 1998 and to Boeing Technical Fellow in 2002. In 2000, Rankin received the International Federation of Airworthiness’ Whistle Safety Award for the Maintenance Error Decision Aid process. He also received the Flight Safety Foundation/Airbus Human Factors in Aviation Safety Award in Lisbon, Portugal, for his body of work in the field of flight safety.

Rankin has co-authored five books, 22 journal articles and more than 30 technical reports and has presented at more than 75 international conferences. He has visited 61 countries during business and vacation travel: Outside of traveling, Rankin also enjoys gardening. He is married to Lori Nakahara, a Boeing engineer.

Rankin has served on Central’s National Advisory Council, funded two Central scholarships and supported the Roe Center through purchase of naming rights for three offices and one seminar room. He is a third generation Central graduate and loves Central College for the liberal arts education he received, which served as the basis of his career.

**BRIDGET ROLL PENICK ’95**

A lawyer with a prestigious firm, Bridget Roll Penick ’95 is one of this year’s alumni award winners. After graduating magna cum laude from Central with a degree in political science and Spanish, Penick received her Juris Doctorate with high distinction from the University of Iowa College of Law in 1998.

Penick is a shareholder and president of the Board of Directors of Dickinson, Muckerman, Tyler & Hagen, P.C. She is a member of the firm’s Employment and Labor Law Group. Penick advises clients on compliance with federal, state and local employment and labor laws. She also assists clients with employment-related immigration issues.

Penick has been named one of the Chambers USA American Leading Lawyers for Business and Best Lawyers for several years. She is also a member of the Iowa State Bar Association’s Labor & Employment Section Council and the Federal Labor Standards Legislation Committee of the American Bar Association’s Labor & Employment Law Section. She belongs to the American Immigration Lawyers Association and is a fellow of Litigation Counsel of America.". She is currently serving as a member of the Polk County Bar Association’s Board of Directors.

Her memories of Central include participating on the mock trial team, gaining “sisters for life” in Sigma Phi Omega, studying abroad in London, interning at Parliament and spending a spring break mission trip in Appalachia.

Penick has been married to her husband Wes for 16 years. Together they have four daughters: Madeline, Elizabeth, Caroline and Emerson. They live in Clive, Iowa.
Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at civitas.central.edu or email alumni@central.edu. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University, Campus Box 5200, Pella, IA 50219.

THE ’50S

Sid De Haan ’59 of Pella, along with Alida Droppert, assistant professor of education at Central College, won gold medals in the mixed tennis doubles at the Iowa Games despite record-breaking temperatures on July 14 and 15. They were up against unrelenting opposition but used their Dutch determination to win every round without dropping a set. Sid, who honed his tennis skills as a member of the Central tennis team, also won a gold medal in the men’s singles tennis tournament.

THE ’60S

Dave Reynen ’64 retired from his position as insurance representative at Heartman Insurance in Austin, Minn., where he lives with wife Joyce.

THE ’70S

Piet Jager ’68 is still alive and kicking! Despite a devastating stroke 17 years ago, he has relearned how to paint with his one remaining functional hand. Taking many ideas for his watercolors from the Internet, his art has been on display at shows in both Roanoke and Martinsville, Va. His most recent sale was to Darrel Bosch ’71, who purchased several paintings for his sisters. Although he is impaired by the stroke, Piet’s speech continues to improve, and he welcomes calls from his former classmates. Piet and wife Myra live in Roanoke.

THE ’80S

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at civitas.central.edu or email alumni@central.edu. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University, Campus Box 5200, Pella, IA 50219.
Linda Sutherland ’72 and Michael Munford of Southfield, Mich., were married April 1, 2002. Linda is the manager of elimination chemicals weapon at Chemical Materials Authority.

Eva Galijan Kini ’73 of Isla Mujeres, Mexico, is working in the Education Department in Quintana Roo.

Gerald Haas ’78 of Albia, Iowa, celebrated 30 years practicing at the Monroe County Hospital and Clinics, where he is chief medical officer. Gerald and wife Kristy Acon Haas ’77 were recently indicted into the Albia Hall of Fame for Outstanding Service.

Jain Fred ’77 is a leadership development and change management consultant at The Ganesys Group in Des Moines, where she lives with husband John Farris. Jain is professor emeritus of business management at Central College.

Mary Chesnick McIlvaine ’72, who is employed as an outside sales person with Central College T-shirt. Mary and husband Doug are the parents of two children.

BKE BROTHERS REUNITE

Scott Parfrey ’70 joined his former Beake brothers for a great weekend this summer in Des Moines, where they played golf, attended an Iowa Cubs game and inducted five new members into the BKE Sports Hall of Fame. Front row (left to right): Jim Kegel ’70 of Manning, Iowa, Ken Borgen ’71 of Indianola, Iowa, Scott Gezalas ’71 of Guthrie Center, Iowa, Craig Cochran ’71 of Pella, and Bob Parrett ’70 of Des Moines, Texas. Second row: Dave Kissinger ’70 of Ankeny, Iowa, Scott Parfrey ’70 of Marana, Ariz., Terry Gavrin ’72 of Largo, Fla., Lowell Buser ’70 of Mitchellville, Iowa, and Del Miller ’72 of Manhattan, Kan. Third row: Mark Fortuna ’71 of Chicago, Ill., Steve Paris ’73 of Boone, Iowa, and Steve Bancroft ’70 of Springfield, Ill.

THE ’80S

Kari Miller Eggers ’92 is the office manager at Wolff Whaley law firm in Sheldon, Iowa, where she lives with husband Tom.

Linda Hietbrink Wilson ’87 of Urbandale, Iowa, along with husband Doug are the parents of two children.

45-YEAR-LONG FRIENDSHIP

Nancy McDonald McClain ’67 made lasting friendships with a group of a dozen other young women during the turbulent 1960s while they were students at Central College. After graduation, they dispersed throughout the U.S. from coast to coast but stayed in touch for 45 years through a round-robin letter and reunions every five years. Their reunions have grown from weekend rendezvous, where husbands and children sometimes make cameo appearances, to weeklong gatherings at a rented lake house. Their liberal arts education prepared these women for a variety of interesting careers. For most, careers have ended, but their Central College friendships continue to flourish. Pictured (left to right): Eileen Kimper Vanrie Rante ’67, Barb Ovves Armstrong ’67, Jody Lerier Kading ’67, Linda Spence Eise ’67, Helen VanZanten Hennessey ’67, Back Row: Sharen Van Duels Damket ’67, Linda Bergeson Anderson ’68, Nancy McDonald McClain ’67, Vivian Vroom Hildebrandt ’67, Marcia Wiersma Renkes ’67. Not pictured: Pam Wilson Larsen ’67, Connie Reznikerson Moore ’67 and Marge Schupor Scherer ’67.

David VandenMoosier ’70 is the director of quality control and stability manager for Vangard Labs, Inc., an Omnicare company in Glasgow, Ky., where he lives with wife Carol.

Penny Harris Rayman ’71 of Middletown, Fla., attended her 40th high school reunion at North High School in Des Moines in July and was surprised to run into Ray Pugh ’52 of Johnston. Pugh was the high school football coach while Penny was a student. The last time they ran into each other was at Central’s Homecoming in 2007, when Ray was celebrating his 50th class reunion and Penny was the recipient of the Alumni Stewardship Award. Ray and Penny both went on to earn doctorates degrees in education and are now retired.

Mary Chassick Mihaleva ’72, who is employed at Hanover Chiropractic Health Care in Hanover, Mass., received a nice surprise in June when her boss introduced her to Jared Blum ’00 after recognizing his Central College T-shirt. Mary and husband Bob Mihaleva ’73 live in Massillon, Ohio. Bob is employed as an outside sales person with Plymouth Quarries in Hingham, Mass. Mary and Bob recently celebrated their 40th wedding anniversary.

THE ’90S

For information about Lisa Adamsen Vough ’99, see the ’90s.

Eric Good ’90 of Wentzville, Mo., is vice president of quality at KV Pharmaceutical in St. Louis. Eric is the father of two sons.

Jodi Pentico-Larsen ’92 is the director of God’s Gifts Prechool and an adjunct faculty member at Northern Illinois University in the early education department and at Waubonnee Community College in their education department.

Kim Delong Sargent ’92 is a program manager for women in engineering, math and science and advisor for the College of Engineering, Math and Science at the University of Wisconsin-Platteville. Kim and husband Steve live in Platteville with their three children.

Debrah Smith Yates ’92 had her second book, Pasion, published in August.

Lynn Wilson Margotta ’88 teaches preschool at First United Methodist Church in Fort Pierce, Fla., where she lives with husband Matt.

Richard Schmidt ’86 of Lake Worth, Fla., is a certified corporate etiquette and international protocol consultant and an etiquette and protocol officer, level one, from The Protocol School of Washington. Richmond manages an estate in Palm Beach and volunteers his time to local churches and civic organizations. He recently had two letters appear in The Huffington Post.

Nick Van Egmond ’88 and wife Julie spent their fifth anniversary on an island in Fiji from televisions, television and the Internet. Nick highly recommends a get-away from the digital world.

Julie Brown Anderson ’89 is a financial planning and analysis manager at LearLigaments in Holland, Mich. Julie and husband Aaron live in Holland with their three daughters, their son Jacob is a student at Central College.

Lisa Beaman Harsh ’89 is a student success advisor at Black Hills State University in Spearfish, S.D. Lisa and husband Doug are the parents of two children.
Evelyn Steddom served Central College for almost 20 years in the ‘80s and ‘90s. During her time at Central, she worked for five academic deans before retiring in 1996. She still lives in Pella.

After retiring, Steddom returned to the college part-time for two years, helping develop a program called PLACES (Program for Learning Awareness of Cultures in Experiential Settings), foreunner to the Community-Based Learning. Today, she works part-time at the Town Crier to help support a very important hobby. “I try out for lunch a lot,” she says. “I think people that I work to support my lunch habit because I really do enjoy people,” she says with a laugh. “It makes for a fairly lively social life!”

Steddom remembers Central as a wonderful place to work and meet fascinating people. “They make me work with just incredible,” Steddom recalls. “It makes it hard to work in another situation because a lot of places aren’t like that. I always enjoyed the relationships—I will leave it at that.”

Read the full Q&A with Evelyn Steddom online at civitas.central.edu.

Deborah Smith Yates ’92 is an instructional designer at First Credit in Des Moines, Iowa. Deborah lives in Linnwood with husband Christopher and their daughter.

Jeff Russen ‘93 was named operations senior manager of PR Acceess Genetics at Pioneer Hi-Bred International, Inc. in Johnston, Iowa. Jeff and wife Meredith live in Grimes with their son.

Kathy Rheinschild Corbet ‘93 is an administrative/secretarial manager at Urban Flooring and Design in Urbandale, Iowa, and husband David live in Des Moines.

Stephanie Westa Van Wyk ’93 teaches in the Watertown Community School District in Watertown, South Dakota, and husband Kevin Van Wyk ’93 live in Watertown with their three children.

Katie T. ‘94 of Winter Garden, Fla., is a financial service planner at New York Life in Orlando.

Terry Eisenbarth ‘95 is an administrative assistant at Northwest Mutual in Mount Vernon, Iowa, where he lives with wife Jacqueline and their two children.

Melanie Keijer ’95 of Birmingham accepted a position as the assistant federal defender in the office of the Federal Defender for the Northern District of Alabama.


Brian Hainke ’00 is a benefits consultant at Midwest Group Benefits in Decorah, Iowa, where he lives with wife Amanda and their two daughters.

Jennifer Parker ’00 of Winterset, Iowa, is a corporate strategist at the Winterset office of Skadden, Arps, Slate, Meagher & Flom. In addition to her interest in law, Jenne is an active participant in her favorite theatrical, having studied and performed in the Aspen Music Festival and School and sang in the London Masterclasses. In November, she played the role of Lola in Cavalleria at Opera GrandAlbany.

Anasheet Baste ’00 and Aaron Aftord of Calgary, Canada, were married March 24.

Kerry Delth Steng ’00 practices law at Neymar Steng & Company PC in Des Moines. Neymar Steng was the recipient of the Secretary of Defense Employer Support Freedom Award, which is the highest recognition given to employers for exceptional support of Guard and Reserve employees. Kristina was commissioned as a medical service corps officer in the United States Army through the Officers Candidate School program. She served in Iraq from 2003 through 2004 and continues to serve through the Iowa National Guard. Kristina and Aaron have been married for 12 years.

Ann Van Herent ’00 of Altavista accepted a position at Drake University Law School in Des Moines. Ann is a junior financial services at Evangelical Child & Family Services in West Des Moines, Iowa. Ann and husband Justin live in McKinaw with their three children.

Amber Jacob Crite ’00 is a marriage and family therapist intern at Syn Counseling Center in Pasadena, Calif., where she lives with husband Andre.

Seth Sparks ’05 is a business consultant at Nationwide Mutual Insurance Co. in Des Moines, and wife Tiffany Sifford Sparks ’06 live in Ankeny with their two children.

Abby Steffenson ’04 and Blake Kesior of Des Moines were married June 9. Abby is a senior account manager at CBS Global.

Seth M. Smith ‘06, Kathleen Smith ‘06, Jolene Skinner ‘97, Karla Jurgemeyer ‘97, and Thomas McSweeney ‘97 were just incredible,” Steddom recalls. “It makes it hard to work in another situation because a lot of places aren’t like that. I always enjoyed the relationships—I will leave it at that.”

Where are they now?
Amanda Zook ’08 and three classmates from Central earned master’s degrees in the arts of education from Viterbo University in La Crosse, Wis., in July. They are pictured (left to right): Amanda Zook ’08, Emily Koecker Young ’08, Kyle Hake Sander ’07 and Katie Nenstieldt Owens ’08.

MARTIAL DEGREES OF VITERBO

Amanda Zook ’08 and three classmates from Central earned master’s degrees in the arts of education from Viterbo University in La Crosse, Wis., in July. They are pictured (left to right): Amanda Zook ’08, Emily Koecker Young ’08, Kyle Hake Sander ’07 and Katie Nenstieldt Owens ’08.

The ‘10s

For information about Curt Mick ’11, see the ‘10s.

Kristin Andersen ’10 and Marshall McHinny ’10 of North Liberty were married July 21. Kristin is a social studies/ at-risk teacher at West Branch Middle School in West Branch. Marshall is an Iowa City house and mansion caretaker at SequealCare of Iowa.

Ashley Barssen ’10 and Brent Lund ’10 were married Sept. 3 in Las Vegas with 15 Central alumni spanning two generations as their witnesses. Beth Barker Racer ’10 accepted a second grade teaching position at West Park Elementary School in Leclaire. Briana Cecil ’11 and Brad Williams ’11 of West Des Moines were married Sept. 24, 2011. Briana is a sales specialist with The Principal Financial Group in Des Moines, and Brad is an assistant underwriter with The IMO Group in West Des Moines.

Ashley Feldman ’10 of Ankeny, Iowa, is a senior account manager at QA Graphics. Ashley Gerl ’10 and Ty Van Wyk of Wapello County, Iowa, were married June 23. Ashley is an independent promotional sales consultant for Bankers Advertising out of Iowa City.

named Personal Trainer of the Year.

Erien Lautenbach ’08 of Riverside is at the University of California Riverside working toward a doctorate in politics science with an emphasis in American politics and mass political behavior.

Sarah Vandenberg ’09 of Leighton is a program assistant at Iowa Accountability Program in Des Moines.

Savannah Veenstra ’09 of Hampton, Iowa, is the fifth and sixth grade band and choir director at Hampton-Dumont Middle School.

Nicole Debruin Williams ’09 is an internal auditor at Rain & Hail Insurance in Johnston, Iowa, where husband Brandon Williams ’09 is a computer programmer. Nicole and Brandon live in Waukee with their son.

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Community College in Ankeny. Lidiya Mosic ’07 and Christopher Geast of Davenport, Iowa, were married Sept. 15. Lidiya is a behavioral health intervention counselor at Community Center Counseling Services in Davenport.

Katrina Oenemeer ’07 of Cornell, Iowa, teaches math at Cornell High School.

Trenton Blythe ’08 is an assistant director of capital and campaign gifts at North Central College in Naperville, Ill., where he lives with wife Lely Blythe ’08.

James Breckenridge ’08 of Monroe, Iowa, is a senior trainer at Great Southern Bank.

Charles Eastlund ’08 and Sarah Trowbridge of Boone, Iowa, were married July 30, 2011.

Emily Koecker ’08 and Justin Young ’08 of Polk City, Iowa, were married June 19, 2010. Emily teaches sixth and seventh grade language arts at Collins-Maxwell Community Schools. Justin teaches sixth grade language arts and social studies at Johnston Community Schools. Mollie Crall Mick ’08 teaches first grade for Albia Community School District in Albia, Iowa, where she lives with husband Neal Mick ’08. Neil works alongside his dad Dave Mick ’77 and brother Curt Mick ’11 at Mick Furniture and Appliance and is the assistant football coach at Albia High School.

Darmae Terasvaska ’08 is working toward a juris doctorate at the University of Iowa College of Law in Iowa City.

Sara Wade ’08 of Topeka, Kan., is general manager at Nuebo in Lawrence.

Samantha Winbreuner-Jones ’08 is a licensed realtor with Coldwell Banker Mid America Group in West Des Moines, where she and husband Trevor Jones ’08 live with their daughter. Trevor is a permit specialist at Pioneer Hi-Bred International in Johnston.

Christopher Gates ’09 is a business specialist at Apple, Inc. in Hopkins, Minn., where he lives with wife Jennifer Gates ’09.

Jennifer is employed by Capernaum Pediatric Therapy in ales accessible in Edina.

Benjamin Heithoff ’09 of Wichita, Kan., was promoted to small group personal training director and level 3 personal trainer at Genesis Health Club, where he was

KRULL WEDS HESSLETTINE

Dan Krull ’09 and Julie Hesseltine of Lacauna, Iowa, were married June 2. Dan teaches junior high English and is the head football coach at Southeast Warren High School in Liberty Center. Front row (left to right): Elsa Forbes Ventura ’04, Jenny Meyers Hesseltine ’06, Julie Krull, Dan Krull ’09, Meghan-Ruth Smith ’11, Doug Eisenman ’10 and Charlie Eastlund ’08. Second row: Scott Ventura ’04, Mara Ventura ’11, Kari Hunerdosse ’05, Eric Hanerdosse ’09, Jasan Braithwaite ’03, Tara Braithwaite ’05 and Blake Smith ’10.

Katyn Bargren ’11 of Ankeny, Iowa, is a customer success manager at WayFilling in Ames.

Jenny Curry ’11 of Silver Spring, Md., is an inspired teaching fellow at Capital City Public Charter School in Washington, D.C.

Jacob Dreyer ’11 of Brooklyn is the spouts information guru on the South Dakota State University.

Hesseltine, Tennessee State University, Dec.

Christopher Button ’09, Ph.D., counseling psychology, University of Iowa, Dec. 2009

Amalee Racherter ’00, master’s degree, theology, Regent College, 2007

Tara Braithwaite ’05, master’s degree, teaching, Morningside College, Aug. 2008

Anne Jacobson Crile ’05, master’s degree, marriage and family therapy, Fuller Theological Seminary, June 2005

Seth Sparks ’05, master’s degree, business administration, Iowa State University, May 2005

Sarah Thompson ’06, master’s degree, vocal performance, University of Iowa, Aug.

William Wheeler ’06, master’s degree, public administration, University of Nebraska-Omaha, 2001

Katrina Oenemeer ’07, teaching license, secondary education, Buena Vista University, Dec. 2009

Lucy Ritcher ’08, master’s degree, generalist nursing, De Paul University, June 2009

Sarah Vandenberg ’09, master’s degree, social work, University of Iowa, May 2009

Adam Galt ’10, bachelor’s degree, political science, Illinois State University, Aug.

ARRIVALS

Bradley ’95 and Susan Eding Nykamp ’97, daughter Kathryn Joy, Grace, Dec. 9

Eric and Brooke Bonna Kohlstoef ’96, daughter Eliza June, Sept. 3

Michael ‘97 and Sarah Wyns Schall ’92, son William Michael, Nov. 5, 2010

Daniel and Cheryl Rosingale ’91, daughter Angel and Chad Eisele ’98, daughter Brennan Michael, April 24

TJ. Elle and Chris Fernea ’98, son Tyler Clarke, April 24
Gregory Christians '99, a Bronx-born author of five books, writes about Central culture during one of the 20th century’s most influential decades.

“Life on campus for freshmen was a combination of cheers and groans. We were made to wear a beanie and a giant rectangular nametag three feet wide and one foot tall, strung across our backs. … At one formal dinner all those wearing white shirts with their suits were made to stand on the cafeteria tables and lift their pant legs to the ridicule of all onlookers.”

“Central was a small, down-home higher education institution, not one of those fast-paced unsympathetic campuses you find back East. I felt comfortable and welcomed, developing friendships with locals in town, as well as students on campus.”

Read Christiano’s full story, “My First Year at Central,” online at civitas.central.edu.
Alumni Spotlight

Sarah Frese ’09 is pursuing a master’s degree in Russian and East European Studies at Georgetown University.

CONTINENTAL CROSSROADS

Sarah Frese ’09 has a good grasp on Eurasia. You know the landmass—the one encompassing two continents and nearly three-quarters of the world’s population.

As a senior at Central, Frese interned with the Atlantic Council in Washington, D.C., a nonpartisan organization that promotes cooperation across the world’s second largest ocean. After graduating, she was offered a job coordinating the Council’s first annual Black Sea Energy and Economic Forum.

Dedicated to addressing Eurasia’s economic and energy challenges, the forum has been hosted in Romania, Serbia and Turkey. Frese organized every minute detail on location.

After two years with the Council, Frese moved to Oxford Analytica, a macroeconomic and political risk analysis firm in D.C. She is also pursuing a master's degree in Russian and East European studies at Georgetown University. Frese credits her time studying in Vienna with Central College Abroad as the root of her interest in the intersection of Europe and Asia. Now she's a specialist on the world's largest stretch of land.

Read more about Frese’s specialty online at civitas.central.edu!