

FALL 2012

Civitas

Central College

CRYSTAL BALL

a look into Central's future

WHAT'S UP, DOC?

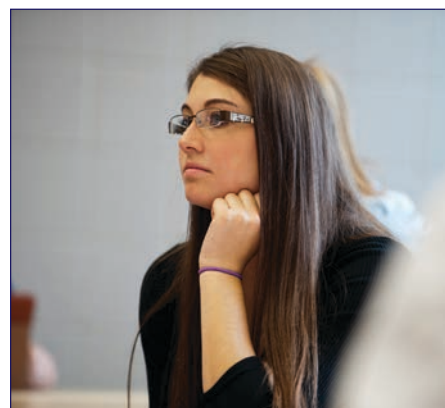
the alumni keeping us healthy

The Art of Relational Learning

by Mark Putnam, Central College president



At Central, students receive an education rich in relationships—with each other and with faculty.



Photos by Paul O'Mara

Education is fundamentally a relationship between student and teacher, athlete and coach, master and apprentice. When I spend time talking to our students, parents and alumni, they make clear what they value by describing what is or was important to them. The stories are varied and nuanced, but they bear a remarkable resemblance and portray familiar patterns. They remind me that relationships are Central.

First, the stories are invariably about people. They are often tales about the role a faculty mentor played in unleashing creativity, opening new academic or professional pathways or encouraging higher achievement. Coaches frequently play leading roles as achievement is celebrated, character formed and leadership nurtured. Members of the staff help pave the way for success by offering personal support, often in ways that are invisible. Central is an academic community composed of people who pour into each other's lives the key ingredients for shared success.

Second, learning relationships push back the borders that limit us. As I wander through the reception following commencement each year, I am amazed by a particular phrase surfacing in one conversation after another: "I can't believe I got to do so many things." An academic community devoted to relational learning stretches everyone. Those advising students introduce new possibilities that encourage them to take risks and find the rewards of pursuing a new challenge. That may be found in the selection of a course, participation in a new activity or pursuing membership on a team. Likewise, faculty members grow through their own interactions about teaching methods and scholarship that deepen the well of academic resources. By pushing back the borders, we push each other to think in new ways and try new things.

Third, relational learning draws us into active engagement. As we place students into settings where teamwork is essential, we provide a context for

learning that closely mirrors the world they will encounter over the course of a lifetime. Relational learning takes place in many settings—classrooms, labs, studios, the Internet, global sites, athletic fields, concert halls, churches, internship sites, community-based programs and workplaces. It also involves many partners who work with our students beyond our walls. Learning through experience in a variety of settings extends the reach of the curriculum and amplifies the work of the faculty as students apply their learning and return with insights gained through experience.

Central College has long been dedicated to creating an environment for learning rich in relationship, active in engagement and increasingly without borders. Our task is to facilitate learning by providing a setting suitable to enabling that which matters most—learning through relationship.

Read more of Mark Putnam's writings in President's Corner at civitas.central.edu.



Civitas^{Central College}

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Civitas is published quarterly by the Central communications office for alumni, parents and friends of Central College. For information on the Civitas mission, visit civitas.central.edu.

Civitas (USPS 096-840) is published by Central College, 812 University, Pella, IA 50219-1999. Periodicals postage paid at Pella, Iowa, and additional offices.

Postmaster: send address changes (PS 3579) to Civitas, 812 University, Pella, IA 50219-1999. Address changes also may be sent to alumni@central.edu.

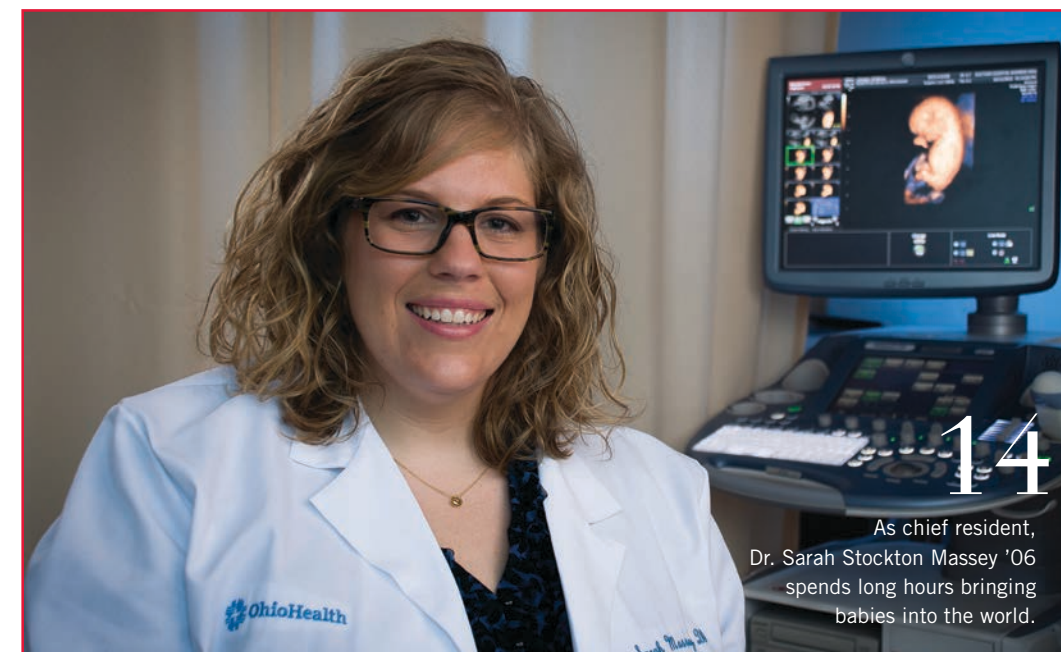
Production notes:



Corniche is elemental chlorine free (EFC). Civitas is printed with a soybean-based ink by Town Crier, Pella, Iowa.

CIVITAS.CENTRAL.EDU

641.628.9000



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As chief resident, Dr. Sarah Stockton Massey '06 spends long hours bringing babies into the world.

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Alumni in the health care industry

Photo by Paul Gates

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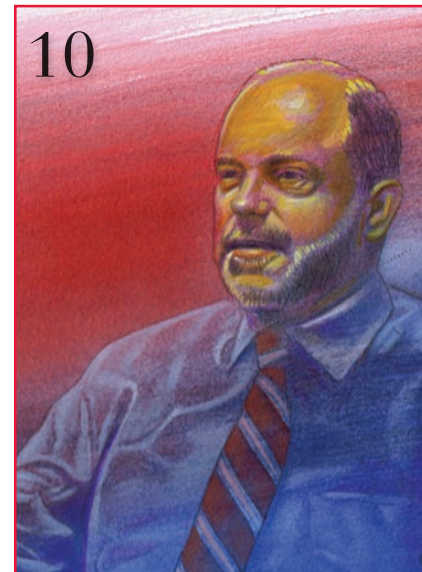
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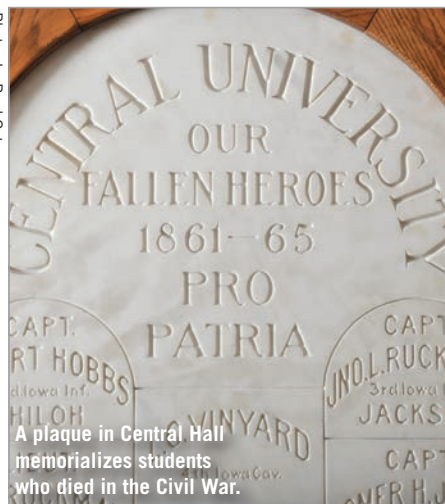
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Central
College
— 1853 —



HONOR ROLL OF GIVING ONLINE:
www.central.edu/development/honorroll

For Whom the Bell Tolls

Photos by Paul Gates



ALBERT HOBBS

Born in New Hampshire, Hobbs enlisted in the 3rd regiment, Co. B of the Iowa Volunteer Infantry and was mustered on June 10, 1861 as a second lieutenant. Just three months later, he was injured and promoted to colonel. After less than a year in service, Hobbs was mortally wounded at the Battle of Shiloh. In his memory, a statue in his likeness stands in Pella's Central Park, dedicated in 1911.

The year was 1861. The old bell tower rang fiercely—loud and strong. Everyone at Central knew the meaning behind the ominous tolling. It was a call to arms.

Just over 150 years ago, the first shots of the Civil War were fired at the Battle of Fort Sumter on April 12. Central University of Iowa was a fledgling school—established less than 10 years before. Immediately, 45 students and one professor enlisted. The college was left with two men unable to fight, two administrators and professors and 40 female students.

“Central College struggled to remain open during the Civil War. The school refused to turn away anyone who wanted an education, regardless of their ability to pay,” says Mark Barloon, senior lecturer of history. Faculty went months without being paid, and some offered classes from their homes to keep costs low.

“Many soldiers in both the North and South believed that they were fighting for a great and noble cause,” says Barloon. “They did not hesitate when their country called them.”

These Central boys risked everything in order to protect their cause—and some never made it home.

THE RUCKMAN BROTHERS

John and Joseph Ruckman served in the 3rd Iowa Infantry as captain and lieutenant, respectively. The brothers died together in a futile frontal assault on Jackson, Miss., on July 12, 1863. “They left behind a devastated family,” says Barloon. “Their mother struggled to keep their farm, and one of the brother's girlfriends reportedly went insane.”

THE EARP BROTHERS

Although Pella's famous gun-slinging law man, Wyatt Earp, was too young to fight in the war, his three older brothers all served. Newton and Virgil were Central students.

Newton enlisted in the Co. F, 4th Iowa Cavalry. He was eventually promoted to sergeant. After the war he applied for disability due to a hernia. Newton became a carpenter and farmer after being discharged.

Virgil returned to his hometown, Monmouth, Ill., and served in the Co. C, 83rd Illinois Infantry. He was discharged honorably and became a Deputy U.S. Marshal after the war.

“The Civil War is the central event in U.S. history. It gave rise to modern America. Central College played its part. Young men sacrificed themselves for something greater than themselves. It was the ultimate form of service.”

-MARK BARLOON

OUR FIGHTING MEN

- 114 students fought during the Civil War
- 10 killed in action
- 9 died of disease
- 6 taken prisoner
- 11 discharged for disability

Read more about Central's involvement in the Civil War online at civitas.central.edu.



HEALTH CARE IN YUCATAN

Starting in fall 2013, the Studies in Global Health program, located in Merida, will prepare students for an increasingly diverse medical field.

Designed to examine the public and private health care systems of Mexico, this program will scrutinize prevailing health issues such as diabetes, obesity and heart disease. This health care emphasis is unique among the eight Central College Abroad sites.

“Latinos are the largest minority group in the United States,” says Valerie Grimsley, Merida program director. “The reality is that most health professionals will have a sizable number of Latinos as

a part of their patient or case load. What better way to serve the Latino community than a semester in Yucatan dedicated to putting health care in a cultural context, improving Spanish language skills and gaining invaluable internship experience?”

Students will also take in Yucatecan culture through field trips to a flamingo reserve and archeological sites.

Central College students have been studying abroad in Merida since 1968. In addition to the new Studies in Global Health program in the fall, Central College Abroad will host a Language and Culture program during the spring semester.



Photo by Dan Vander Beek

A native of Pella, Farver is chair emeritus of Pella Corporation. She has also served as a member of the Central College board of trustees and received an honorary Doctor of Fine Arts from the college.

“All my life I've had a love for music, so it's especially meaningful and an honor to have Mark Babcock fill the Joan Kuyper Farver Chair in Music at Central College,” said Farver.

Babcock graduated from Central College in 1991 with a degree in vocal music education. He earned his master's in organ and choral conducting at Westminster Choir College in Princeton, N.J., and has done significant doctoral work at the University of Iowa in the same fields.

As director of choral activities at Central, Babcock leads the A Cappella Choir, the Chamber Singers and the College Community Chorus. He is also involved professionally in the American Guild of Organists (AGO), for which he is a national councilor.

“The arts are about what is common among all humans,” said Babcock. “The arts open windows so people can see what is beautiful and transcendent in life. Music helps students create a moral compass, wrestle with ideas and become better people.”

MARK BABCOCK RECEIVES ENDOWED CHAIR IN MUSIC

Mark Babcock, associate professor of music, gave a lecture and organ recital Sept. 23 in the Chapel. The event was a celebration of Babcock receiving the M. Joan Kuyper Farver Endowed Chair in Music.

The chair represents Central's commitment to the arts and the belief that music is a vital part of the Central experience. It memorializes the Farver's contributions to the economic and cultural life of Central and the people of Pella.

Four alumni inducted into Athletics Hall of Honor



Three NCAA Division III national champions and the college's winningest men's basketball coach were inducted into the Central College Athletics Hall of Honor as part of Homecoming and Family Weekend activities Sept. 28-30.

Central's Hall of Honor is intended to recognize those who were exceptional performers in the athletics arena as a student-athlete, coach or administrator and who have distinguished themselves in life after graduation through service and leadership. To be eligible for consideration,

a nominee must have graduated or served as a Central coach/administrator at least 15 years earlier.

JACK WALVOORD '54



Walvoord coached men's basketball for 29 seasons (1966-95), piloting the Dutch to 10 Iowa Conference championships while earning eight NCAA Division III tournament berths. From 1975-95, Walvoord's clubs won more conference titles and made more NCAA tourney appearances than any other league team. He was named the conference coach of the year five times. Walvoord posted a 375-317 record, with more than twice as many wins as any other Central coach.

A standout guard and team captain for the Dutch, Walvoord was first a high school coach, and his Valley Christian (Calif.) teams qualified for the CIF tournament six times, winning the 1965 southern section championship.

He also served as Central's head baseball coach (1966-67) and head men's cross country coach (1966-73) and was an associate professor of physical education.

EMILY ROTTINGHAUS '94

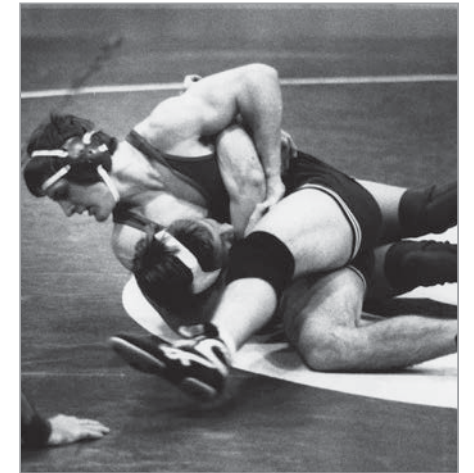


With a sparkling 64-14 record, Rottinghaus has the highest career winning percentage (.820) in Central softball history. A four-time NCAA Division III tournament participant, she was instrumental in Central's 1991 and 1993 national championship runs. Rottinghaus was a two-time first-team all-conference and all-America honoree (1992, 1993) and was the 1993 league MVP.

Rottinghaus was Central's MVP in 1994, leading the Dutch to a fourth-place national finish and posting a flashy 0.87 career earned run average.

An assistant coach at Central in 1995, Rottinghaus was head coach at Pella Christian High School in 1995 and at Grand View University from 1996-98. She was an assistant at Drake University from 1998-99 before serving as head coach from 2000-03. She was also the head volleyball coach at Grand View from 1999-2000.

JON MCGOVERN '92



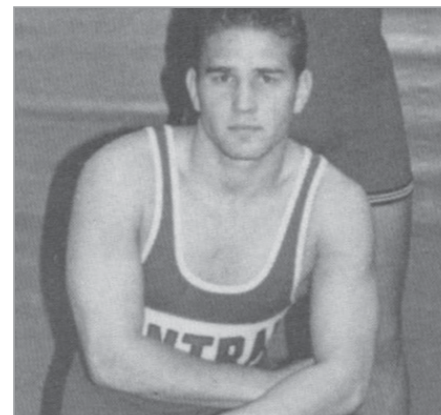
McGovern won back-to-back NCAA Division III wrestling championships (1991, 1992) at 167 pounds, after placing fourth at 158 pounds in 1990, and claimed conference titles all three years. He's tied for first at Central in career wins and his 123-17-1 record gave him the school winning percentage record (.958). His 46-2 record (with 24 falls) in 1991-92 is Central's best ever.

McGovern was Central's 1991-92 MVP. He was captain of the 1991-92 squad that won the conference team championship.

He later placed third at the Midlands Open (1992, 1993), finished third at the 1998 U.S. national tournament and the 1998 World Team Trials and fourth at the 2000 Olympic Trials.

He served as an assistant at the universities of Chicago, Virginia and Pennsylvania and became head coach at the University of Dubuque in 2002, where he's coached two national champs.

TIM HACKEL '87



Hackel was Central's first wrestler to claim an NCAA Division III title, taking the 126-pound crown in 1986-87. He was the national runner-up in 1985-86 and was also a two-time Iowa Conference champ. Hackel posted a combined 72-11 record over two seasons, including a 37-4 mark in 1986-87 and set a school season mark with 57 reversals. A three-time letterwinner, Hackel was Central's 1986-87 MVP. The Dutch finished eighth in the NCAA Division III team standings in the years of Hackel's two national appearances.

Hackel served as a Central assistant coach from 1987-91, helping the Dutch post three national top-10 team finishes with two individual NCAA titles.

He is a production planning logistics manager at Hormel Foods Corp in Austin, Minn., where he has also served as a youth coach and AWANA volunteer.

FACE FORWARD

The Greek term *logos* means “word” or “thought.” If a picture is worth 1,000 words, then a logo must be worth at least as many.

This fall, Central College encapsulated the words, thoughts and experiences of thousands of students and alumni into a new logo—a clean, simple look representing the college’s heritage, tradition and stability.

Founded in 1853, Central is one of the oldest colleges west of the Mississippi River. We were here 150 years ago and will be here 150 years from now. Our new logo reflects that old truth.

In an increasingly chaotic marketplace, the new look will help Central College stand out among competitors who don’t offer our transformational experience. Moving away from the sleek, corporate look of the last logo, Central’s new graphic identity emphasizes an education that reaches beyond the classroom into student’s personal development as human beings and global citizens.

In keeping with our commitment to the environment, the new logo is being implemented in a sustainable fashion, and no old materials are being wasted.

Central College

— 1853 —

LOGOS GONE BY



The college seal is the oldest institutional mark. It is still used for official documents and diplomas.



CENTRAL COLLEGE

The Lamp of Learning was used on Central letterhead and business cards for decades.



**CENTRAL
COLLEGE**
PELLA, IOWA 50219

Created in 1977 as part of a development campaign, the Bridge to Tomorrow showcased the original wooden Japanese tea bridge over the Pond.



CENTRAL COLLEGE

The bridge logo was revised in the late 1980s and used for several years.

 **Central**
COLLEGE

In the early 1990s, the college established a bridge logo with more artistic flair. This most recent identity was used for 20 years.

GONE POSTAL

Faculty post the old-fashioned way—on bits of colored paper—answering the question **“What have your students taught you?”**

1. LESLIE DUININK
Associate professor of exercise science/class dean

Make time for FUN!
Sometimes the best lessons are the hardest.
Carpe Diem!

4. ESTHER STREED
Professor of education

My wisdom comes from listening—especially to them—
Dr. Estel

5. RUSS GOODMAN
Associate professor of mathematics

My students have taught me to view success from a variety of perspectives.
Good things
Improvement MATURITY
PERSISTENCE WINNING
INDEPENDENCE RELATIONSHIPS
DEVELOPMENT

2. KEITH JONES
Professor of psychology

My students repeatedly teach me that they can and will exceed any goal I set for them.

3. JEN DIERS
Assistant professor of education

Qualities I want (or maybe don't want) my own children to exhibit in College! 😊

6. JIM ZAFFIRO
Professor of political science

By finding a voice for their dreams, they breathe life into mine.

9. OSCAR REYNAGA
Instructor of Spanish lecturer

Be authentic.
Ser auténtico.
😊scar

8. AMY YOUNG
Assistant professor of German

Be open. I know both more and less than I thought. So does everyone else. Smiling changes the room. 😊

10. BRIAN PETERSON
Professor of economics/class dean

IT IS NEVER TOO LATE TO LEARN FROM PAST MISTAKES—AND TO LEARN SOMETHING NEW IN THE PROCESS.

7. WALTER CANNON
Professor of English

My students have taught me the delight of discovery, the poetry of patience, and all about a doggie named Wishbone!
Walter Cannon

Time Warp

Illustrations by Doug Knutsen

Remember when railroad tracks ran through campus? Or when students scored touchdowns where they now do science experiments? Can you picture the old Lutheran church transformed into the exercise science building—or the art professor's house where education majors now try out teaching?

Like all colleges, Central is constantly evolving. But it's not a process of natural selection; the faculty, staff and students direct the college's path. Beginning in 2010, more than 200 members of the Central

community went through the wormhole—imagining different versions of Central's future. Their discussions and dreams resulted in a strategic platform and an implementation document recently approved by the Board of Trustees.

Using our trusty crystal ball (and the strategic platform, of course), we shed some light on what Central College might look like in 3, 5 or 10 years.

Faculty will collide with one another.

In the academic realm, faculty often live within their own little worlds, focusing exclusively on their specialties. But at Central College, faculty collaboration across disciplines has always been present—as in the case of Intersections, the required first-year seminar. Now this collaboration will become even more institutionalized, with faculty merging disciplines to provide a fuller learning experience for students.

During the inaugural Chairs Conference held this fall, faculty shared their specialties with one another and gave multidisciplinary presentations, like the English, communications and anthropology professors who talked about their health-related courses.

The next step is the creation of a pedagogical incubator. It's a mouthful of a phrase meaning a digital and physical space where faculty can share, test and examine new teaching methods. Like the increasingly popular business incubators, the "fast-cooker" at Central will allow faculty to experiment with new ideas and techniques without going through the often lengthy process of curriculum change.

The Great Eight will rule campus with a silken hand.

The four class deans and four class directors are the talk of campus this year, the first of the distinctive Integrated Learning program that blends classroom education with the lessons of the residence hall, athletics field, laboratory and stage.

Like tandem-bicycle riders, the class deans help students navigate and put their feet to the pedals during tough, uphill rides—forging a mentorship that will last all four years. The class directors, on the other hand, focus on each stage of the ride, perfecting the formula for student development during the four-year experience.

With the Great Eight on their side, future students will have a built-in support system augmenting the other deep connections they'll make at Central.

Civic engagement will be our middle name.

Last year, the Dutch completed 60,598 hours of community service. But Central is always looking to do more for people who need help the most. The Center for Community-Based Learning (CCBL) will become a regional volunteer center that connects citizens from Pella and surrounding areas with nonprofits. The Iowa Commission on Volunteer Service will provide computer software that allows people to search keywords and available dates when looking for volunteer sites.

Why is Central connecting third-party organizations with community members? Because it will allow our students to network with professionals volunteering at nonprofit organizations. And because it's the right thing to do. "Colleges and universities are uniquely positioned to make the world a better place," says Cheri Doane, director of the CCBL. "We have the responsibility to play a role in the democracy."

What will Central look like in 5 years?

Nurses will come at night for a four-year degree.

Today, many hospitals are requiring nurses to earn a B.S.N. degree from a four-year program, rather than the associate's degree most currently hold. That means many working nurses have to go back to school. To meet the needs of southeast Iowa, Central is establishing an R.N.-to-B.S.N. bridge program, allowing working adults to set flexible schedules as they take the liberal arts and health classes they need. Faculty members are committed to integrating these nontraditional students with the rest of the population to enrich the experience for all.

Central is also considering other accredited health programs for medical technicians and professionals in nuclear medicine. Other possibilities include health technology, bioinformatics and health management.

Summer will be a season for sun tans and studying.

The Summer Scholars Program currently in the works devotes the seemingly endless hours of summer to faculty research and undergraduate scholarship. These experiences are needed more and more on resumes and grad school applications. "Doing serious scholarship takes incredible focus and commitment of thought, time and effort," says Keith Jones, professor on psychology, who is

heading up the program. "The summer is the time they can devote themselves to such work."

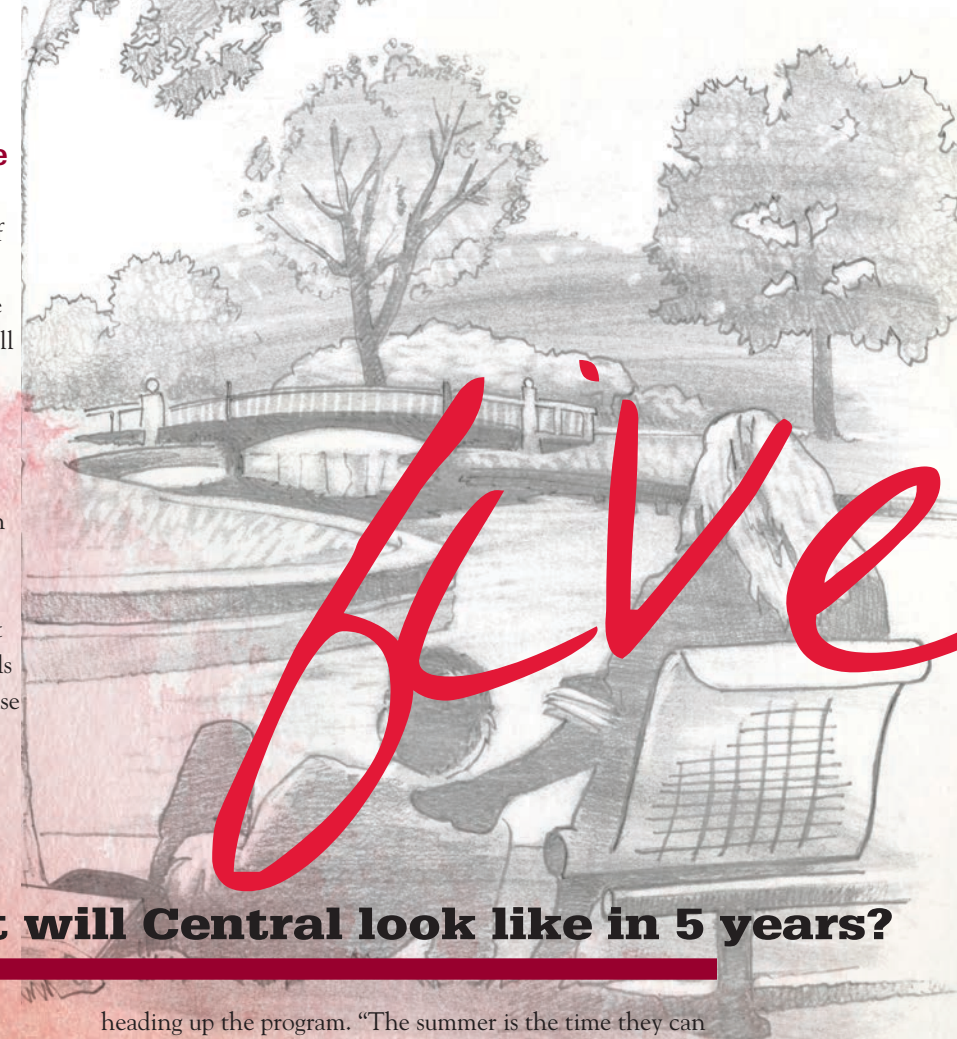
Instead of taking on a summer internship, some students might choose to spend their sunny months sitting down with a professor to explore a topic more in-depth than is possible in the classroom. The result—publication or presentation at a conference—places them on the the same level as students from the top schools in the nation.

The Dutch could study in Africa, South America, Asia and the Middle East.

In the past few months, Central has added study abroad partnerships in both Oman and Brazil. New locations on different continents might continue to crop up—either within Central College Abroad or in partnership with other schools.

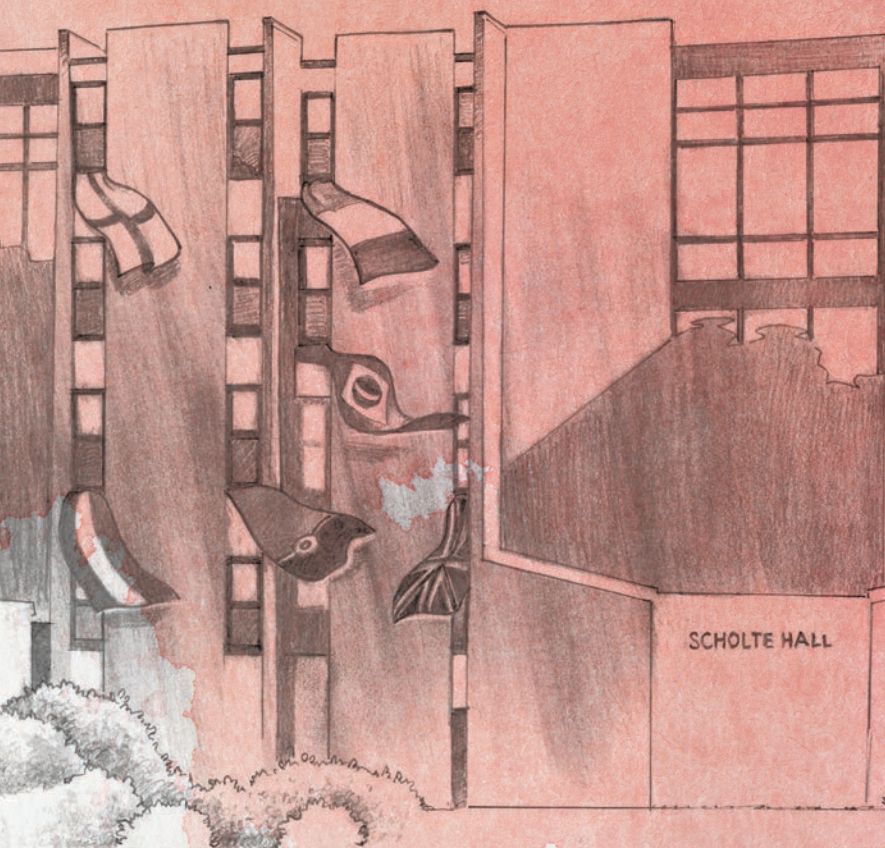
But the real change will be the format of study abroad. Instead of choosing just one site, students could pick a theme, such as the arts, and spend a semester traveling between Paris, Vienna and London, learning about the artistic history of each culture. At the University of Leiden, with a world-renowned program in international law, students passionate about the topic could study in The Hague and Amsterdam, both less than an hour away. Brugge and Paris, just a few hours by train, are also centers for future lawyers looking to take on the world.

3 What will Central look like in 3 years?



10

What will Central look like in 10 years?



Our residence halls will fly flags from dozens of countries.

A global education takes place at home just as much as abroad. Bringing more international students and faculty to campus will introduce students to dozens of new cultures at once. As countries multiply on campus, conversations are sparked, world issues are considered, ideas are compared and tolerance grows.

In order to make Central a second home for newcomers, infrastructure will be developed to support international students as they make the transition to life in Iowa. Within 10 years, a significant percentage of Central students will be from foreign countries, creating a campus with international character.

Art lovers, theatre buffs and music aficionados will flock to Pella.

Pella isn't exactly Paris, but in a few years, music will ring in Iowans' ears when they think of Central. Already known for its strong music program, the college is ramping up its theatre and music performances, as well as its art exhibits. Guest artists and alumni from around the country will perform for and with Central students. And people from Des Moines and Cedar Rapids and Davenport will come to see and hear it.

Improvements to performance spaces may be on the table, as well as renewed investment in arts programs. More students looking to major in music, theatre and art will find Central really feels like a home—and a road that could lead to Broadway or the MOMA.

All students will be global citizens, even if they never leave campus.

In our globalized world, international education is more than just a resume booster; it's a stepping stone to a full, modern life. Although many courses at Central already have international components, more classes will be recast to include a global perspective. The curriculum will be internationalized with new courses that address the needs of the larger world.

The process begins with faculty development. A workshop in Merida, Yucatan, last winter was the first of many abroad that will encourage faculty to think about their disciplines in the light of different cultures.

In addition, more Central students will be encouraged to take courses in second and third languages. Fluency is not the goal, but the understanding that can only come when you speak with someone else's tongue.

Read the Implementation Document, which outlines the plan for strategic renewal, online at civitas.central.edu.



Q & A

with President Mark Putnam

Why did the Senior Leadership Team decide to create the strategic plan?

When I was recruited as president, the search committee presented to me the need for strategic renewal. It was one of those moments in the life of an organization where you hit the plateau you intended. The opportunity, which was quite appealing to me, was to work on the themes and ideas that would carry us forward.

It was an invitation by the campus for me to come and listen carefully and reflect back all that I heard. That's where this grew from. It was very much a team effort.

Is there one aspect of the plan that's most important?

They are all stars in a constellation. If you name the constellation, it's the integration of the work of faculty and students. It runs through the whole of the experience—from civic engagement to sustainability to the global to how we connect faculty and students in these spaces.

Why should alumni be engaged with the plan?

As I have talked to alumni about it, the plan has a strong resonance with them. The thing I hear most often is: "This is everything I think about Central." Alumni should see the things they value most in Central now refreshed and expanded but authentic to the tradition that has been here for decades.

What will Central look like in 10 years?

First of all, some things will be the same. In 10 years, Central will be a liberal arts college that is intentionally residential and strongly connects faculty and students. Core values are the things that we're simply not going to compromise on.

We will have an increasing blurring between and among disciplines. Today's faculty members enjoy living at the edges of their disciplines.

The role of teaching in 10 years will continue to gradually evolve. While there's a role for lecture, it's

"Alumni should see the things they value most in Central now refreshed and expanded but authentic to the tradition that has been here for decades."

embedded in a much broader array of teaching techniques and activities that create engaged learners.

We will see more emphasis over these next 10 years on the importance of student scholarship and student undergraduate research. It places students in a context where they have to be generative. They are going to be posing a problem or addressing an issue or taking on a task that will put them in that experiential space.

Read the full interview with President Mark Putnam at civitas.central.edu.



LIKE YOU WANT TO BE *treated*

These three doctors are champions of the golden rule—caring for their patients and communities.

Our most intense moments often occur in the presence of doctors—the birth of a child, the death of a loved one, the successful surgery, the close call. Our lives are surrounded and supported by health care—and very few can say they don’t owe their lives to a doctor’s mind and hands.

These facts are easy to forget in the controversy surrounding health care in this country. Costs are skyrocketing, with medical spending projected to be nearly one-fifth of gross domestic product within 10 years. The Affordable Care Act, nicknamed Obamacare, has fired up people on both sides of the aisle, though for different reasons.

In this environment, our doctors are more important than ever. Central College is investing in more health science opportunities for its students—shadowing physicians, a Health Professions Resource Center, a potential integrated health studies major. According to the Bureau of Labor Statistics, 16 of the top 30 fastest-growing occupations between 2010 and 2020 will be in health care-related fields.

Alumni physicians are inspirations to Central students pursuing that dream—and heroes to those of us who break bones, need check-ups, get the flu and bring children into this world.

From the Cradle to the Grave

“We are your old-time country doctors,” Michelle Sadler ’91, D.O., says of herself and her three colleagues in Guttenberg, Iowa. Along with a nurse practitioner and a physician assistant, the four doctors serve the town of 1,900 and its surrounding communities, covering the hospital, emergency room, nursing home, regular doctor’s visits and delivery room all by themselves.

As you can imagine, it’s a lot of work. But Sadler loves the diversity of the job. A trained family practice physician, she treats the entire body. “One of the jokes we have in family practice is that it’s actually a specialty, where cardiologists and others are more minimalists,” says Sadler. “They know a lot about that little part of the world, but we have to know a lot about every part of the medical world.”

On a typical day, Sadler might deliver a baby, see a teenager for a routine check-up, help a middle-aged man through a heart attack and make an elderly woman more comfortable as she dies. “We like to say we do everything for our patients—from being born to being buried,” says Sadler. “There are some very rewarding parts of helping a family go through the dying process—because it should be dignified.”

Sadler works four days a week and is on call at the hospital one day a week and one weekend every month. Committed to her community, she often heads to another meeting after her 11-hour day. She is on the library board and the county board of health and sings in the church choir. She also helps organize the annual bluegrass festival in a nearby town.

Although she has lived and worked in Guttenberg for 15 years, Sadler is still a newbie compared to the other doctors, who have a combined 85 years between them. The stability of a small town is a perk of rural medicine. She knows the personalities and medical backgrounds of every patient intimately. “When a patient comes in, I already know the family dynamic because I’ve seen them before. In some cases, I’ve been involved in their lives since before they were born,” she says. “That is so beneficial as a doctor, when you know the nuances of their care.”

Although Sadler didn’t grow up in Guttenberg, she was raised in the small town of Strawberry Point 45 minutes away. She always wanted to work as a rural doctor in northeast Iowa. After her residency in Des Moines, opportunity knocked; Guttenberg was looking for another physician, and Sadler was a perfect fit.

Over the past 15 years, Sadler has become a staple of the community, both as a doctor and a friend. That can make losing a patient extra difficult, but Sadler isn’t weighed down by the emotional struggles and doubts that come with the territory in rural medicine. She lives and works by the words of a mentor doctor she once knew: “As doctors, we are given tools to use. Sometimes we can do everything right and things go wrong. Or we do everything wrong and things go right. We just have to use the tools we’ve been given.”

Sadler believes these are words of wisdom for all of us. “It’s true not just in medicine but in life. Use what you’re given and things will be all right.”



MICHELLE SADLER '91 D.O.

Q: Are you ever frustrated by aspects of the health care system?

A: The answer is yes, but it’s hard to say which parts. The system is changing all the time, and things are not always consistent from one provider to another. When patients ask me what their insurance will cover, I tell them that I don’t worry about insurance, I worry about what I need to do to take care of them.

The reality is that insurance companies make you do so many things before you can take care of your patient. They are trying to manage health care dollars, but you end up spending more on health care because of it. That’s the most frustrating part, as an administrator. There are so many people trying to tell me how to do my job instead of just letting me do it.

I think the government is trying to come up with a solution. I don’t worry about politics; I worry about my end of the job.

Q: What do you do when you’re not working?

A: You always have to find free time because you have to feed both sides of your brain for balance. I go camping when I can. I’m pretty involved with the bluegrass world, and I play standup bass. The free time gets you away from the other part of your world, and yet ties it all together in some way.

Pep and Passion in Pella

On his first day of residency, Tim Dykstra '91, M.D., arrived at the ER at Blank Children's Hospital in Des Moines to see his first patient ever: a six-month-old infant. The baby died of SIDS (sudden infant death syndrome). When Dykstra finally made it home about 2 a.m., he went immediately to see his own six-month-old son. He sat in the baby's room and just watched him breathe.

That was the first of many long, mentally-demanding nights as a doctor, but Dykstra has weathered them all with aplomb and saved many lives along the way.

Dykstra married his junior year at Central and had his first child during his final year in medical school. Then, as a second-year resident in Des Moines, his second child was born. Dykstra says he never would have been able to tolerate the energy-sucking stress without his wife. "Thankfully, she is wonderful and strong and able to put up with it."

After spending 10 years as a physician in Fort Madison, Iowa, Dykstra moved his family to Pella five years ago. Now he works in both occupational health and the emergency room at Pella Regional Health Center (PRHC). Although certified in family practice, these new realms have become his specialties.

"You never know what you're going to see and who will come through the door. You do the best you can, which is the fun of it."

As a self-described adrenaline junkie, Dykstra loves the on-pins-and-needles electricity of the ER. "You never know what you're going to see and who will come through the door," he says. "You do the best you can, which is the fun of it."

But occupational health is more family-friendly, which is a big plus with four kids at home. Although a sucker for thrills, Dykstra is also a people person, and he loves meeting patients as he treats work-related injuries and gives re-employment physicals. For 32 hours during

the week, he serves patients out of PRHC and the satellite clinic in Newton.

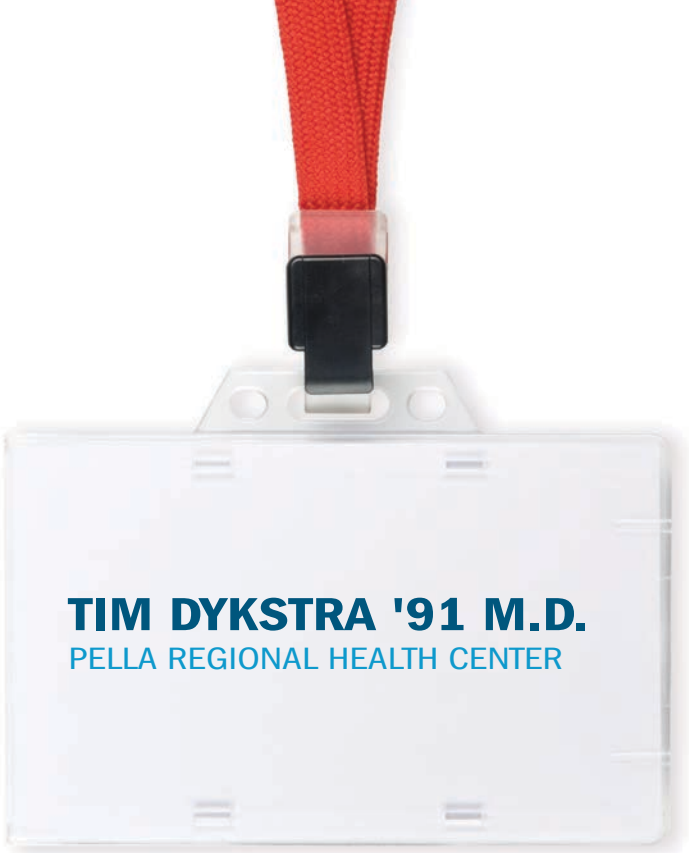
But every other weekend, he is back for the rollercoaster ride of a 24-hour ER shift. And the long hours pay off. "In the ER, you end up making a big difference," he says. People often approach him later to say thank you for saving their lives or a family member's.

Dykstra has been interested in medicine since he was a kid. As a 10-year-old visiting his sick grandmother, he told his parents he loved the hospital. Not surprisingly, they thought he was nuts.

Still, his doctor dreams seemed far-fetched until Dykstra came to Central his freshman year. With good grades piling up, his advisor urged him to plan for medical school. He took history classes for fun, majored in biology and minored in chemistry. He says Central prepared him well for the MCAT, the exam required for med school applications.

Dykstra spent so much time studying at Central that he missed out on going abroad and doing service work. But as an adult, he has gone on numerous humanitarian missions—treating the ill and helping to install clean water systems—in Mexico, Liberia, Thailand, Papua New Guinea and Burma. He even

adopted two daughters from Liberia. The mission trips—along with his family life and his hobby of triathlons—are a testament to the boundless energy of a man who loves his work. "I always knew it was for me, and it's what I was led to do. In hard moments, you have to keep looking forward. It helps that I'm an internal optimist."



Q: What were your thoughts when you walked across the stage at med school graduation?

A: A great sense of relief. It was a good feeling to graduate from Central; it was an even better feeling to graduate from medical school. You're excited about what you've done but apprehensive about what's in front of you.

Q: What are the workplace dynamics like in the ER?

A: When you're in the ER, you really have to work as a team. You have to treat each other well. Everyone needs to be team players.

Q: You said that you expect the ER to get dramatically busier. Why is that?

A: If it doesn't cost people to go to the ER anymore, then they will use it like a primary caregiver. We are already seeing more of that. Also, there is a shortage of primary caregivers. Pella is pretty blessed because we have a lot of those doctors. We are starting to see many more patients from surrounding areas that have a lack of primary care physicians.



Photo by Paul Gates



Photo by Todd Varrington

SARAH STOCKTON MASSEY '06 D.O.

Q: How do you get through the long, hard days of residency?

A: Any time you can just get away from it all helps. I love spending time with my husband.

Honestly, it's such a great residency program. One of the things that drew me here was that we all get along really well. Most weekends off we usually spend hanging out with each other. Even though we still talk about work, it's nice to hang out with friends and have some fun.

Q: Why are health care costs rising?

A: Some of it has to do with the uninsured and underinsured populations. Hospitals and practitioners are not getting payback from those particular patients, which raises the cost for the insured. That ultimately raises the cost for the billing the hospital is putting out so they can stay afloat.

I think the pharmaceutical companies have a little bit to do with it, too—keeping medications priced high instead of making more generics available.

Q: What advice do you have for Central students and alumni who want to be doctors?

A: Go for it. Don't let anyone get in your way. Central can definitely prepare you for whatever field you want to go into. Be proactive in searching out physicians to shadow. It's a big commitment but definitely doable. Central has a strong enough program to get you where you want to be.

Days of Delivery

Sarah Stockton Massey '06, D.O., sees sadness too often. When a family loses a child, she is there. Massey says miscarriages and infant death happen more than people imagine.

But when a family gains a child, Massey is also there. And that is a great joy.

"I feel the work I do is truly meaningful," she says. "That helps me get up and get through the day and the work week."

Massey was recently named chief resident in the OBGYN department covering Doctors Hospital and Grant Medical Center in Columbus, Ohio. Her staff serves both hospitals every hour of the year. As chief resident, she is a liaison between the doctors and the other medical attendants on staff. She also creates the year's schedules, on top of her regular duties delivering babies and operating on patients.

Becoming a physician was always a dream for Massey, but it took on more substance as she began shadowing doctors while at Central. A neighbor who became a mentor for her invited Massey along for a day of OBGYN rounds. "I had a feeling I wanted to do this the rest of my life," she says of the experience.

With a major in biology and a minor in Spanish, Massey joined several other students in a carpool to Drake University for an MCAT prep class. That camaraderie followed her to Des Moines University, where she learned more about women's health. "I enjoyed going home at night and studying instead of dreading it," she says about the field.

After promising OBGYN rotations in medical school, Massey was matched to the four-year residency program in Columbus. Although she hopes to move back to Des Moines to join a private practice, she loves the operating room and hospital environment.

There, her days are filled with stories of loss and hope. Earlier this year, a young woman arrived at the hospital with severe post-partum bleeding and in need of surgery.

As a Jehovah's Witness, the patient was reluctant to get a blood transfusion (which is against the religion's teachings), but she consented if it was necessary to save her life.

During surgery, the doctors couldn't bring the bleeding under control. The patient had lost more than half her blood volume and had to be transfused with red blood cells and platelets.

"After surgery, despite having had to go against the teachings of her religion and losing her ability to carry more children, the patient and her family were nothing but grateful for the efforts of the medical team," says Massey. "After three days of recovery in the hospital, she was able to return home to her family and new baby."

Alumni

CLASS REUNIONS

2012 HOMECOMING/FAMILY WEEKEND



CLASS OF 1962 - 50-YEAR REUNION

First Row (L-R): Marla De Wild Larsen, Carolyn Braskamp Homan, Helen Meylink Ter Maat, Nancy Oonk Doeden, Karen Westerveld Den Adel **Second Row (L-R):** Richard A. Miller, Judy Roelofs Fox, Mary De Master Schulte, Eunice Duitsman Jurgens, Carolyn Van Houweling Bollman, Mary Roorda Glendening, Verlan Den Adel **Third Row (L-R):** Glenn Van Oort, Eileen Quinn Van Oort, Norma De Boer De Haan, Jan McLeland, Gary Claypool, Rich Glendening, Sandy Klein Heerema, Dirk Van Gorp

Photos by Dan Vander Beek



CLASS OF 1967

First Row (L-R): Mary Van Mantgem Kuyper, Nancy McDonald McClimen **Second Row (L-R):** Helen Van Zanten Hemmes, Virgil Dykstra

View the rest of the reunion photos—for classes 1972 through 2012—online at civitas.central.edu.



JOEL SHIELDS

GRAND GIVER

Joel Shields '87 never thought he could afford Central College. He first visited campus with his twin brother John '87 and two friends from high school, even though he was set on going to the University of Northern Iowa. He loved what he saw but knew it would come down to finances.

Despite his doubts, the admission office called and encouraged him to apply for all the financial aid he could. Joel was awarded a scholarship and came to Central.

Joel describes himself as a "study fiend" while at Central. An accounting major, he did have time to work in the student union and tutor other students. "I loved the individual attention

at Central," he says. "You didn't get lost in the shuffle." Joel and John were named the first co-Grand Lemmings in 1987.

Joel now works as assistant controller with Rexnord in Milwaukee, Wis. Before that, he worked at Maytag and Whirlpool Corporations for 14 years.

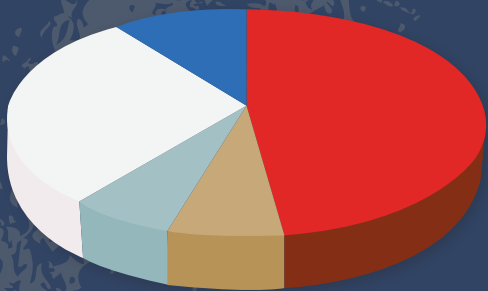
Joel decided to give back to Central in honor of his parents, Myron and Ruth Shields. Although finances were tight in the family, they were adamant that Joel and John go to college.

"Because people before me had given money for scholarships, I was able to go to Central," says Joel. "I want to help others like me who think they can't afford Central."

Like Joel Shields, you can pay it forward with a gift that will have lasting impact. Funding an endowed scholarship is a great way to express gratitude for the "leg up" someone else may have helped provide for your education. To confidentially discuss all gift opportunities, contact the Advancement Office at 800-447-0287 or email morrisond@central.edu. To view more ways to make a gift, visit www.central.edu/go/plannedgiving.

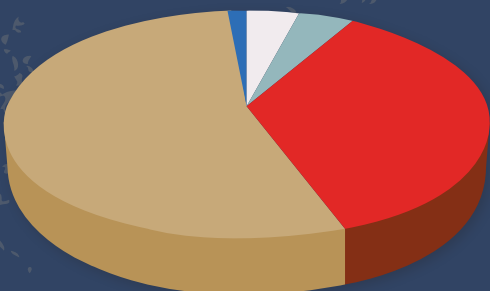
FINANCIAL STATEMENTS

FISCAL YEAR ENDED
JUNE 30, 2012



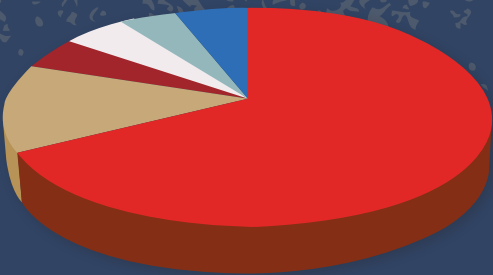
REVENUE

Tuition and fees, net	\$23,307,322
Endowment	\$3,270,883
Contributions	\$1,996,102
Auxiliary enterprises	\$14,589,631
Other	\$4,890,427
Total	\$48,054,365



ASSETS

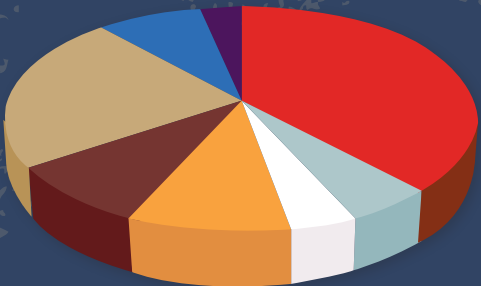
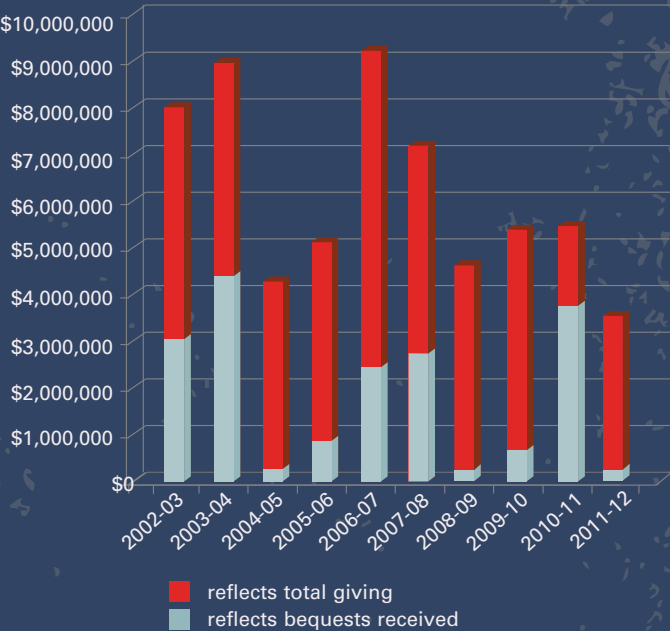
Cash	\$10,642,270
Receivables	\$6,438,153
Investments	\$61,614,882
Property and equipment, net	\$99,019,507
Other	\$2,688,229
Total	\$180,403,041



GIVING BY SOURCES

Alumni	\$2,082,220
Friends	\$533,710
Corporations	\$125,997
Foundations	\$194,977
Associations/churches	\$145,623
Non-alumni parents	\$268,390
Total	\$3,350,917

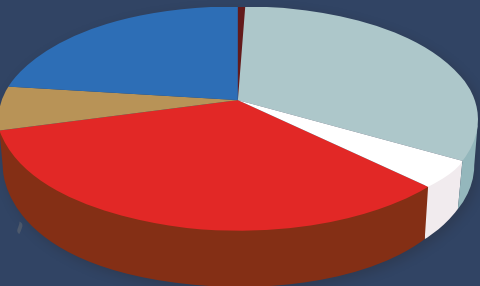
10-YEAR REVIEW



EXPENDITURES

Instruction	\$18,867,374
Academic support	\$2,444,099
Institutional support	\$2,687,816
Student services	\$4,276,830
Administration and general	\$3,889,752
Auxiliary enterprises	\$10,467,436
Student activities	\$3,613,039
Other	\$1,456,210
Total	\$47,702,556

Change in unrestricted net assets from operating activities.....\$351,809

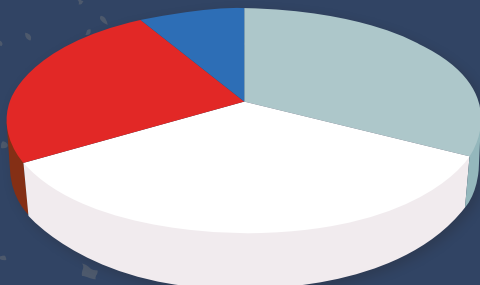


LIABILITIES

Accounts payable	\$779,515
Notes and bonds payable	\$61,987,516
Other	\$9,091,846
Total	\$71,858,877

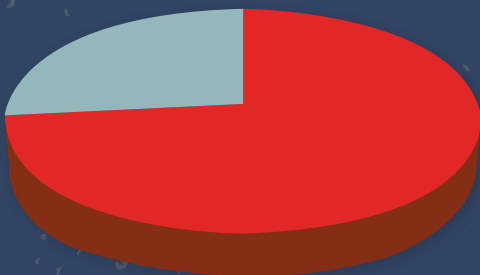
NET ASSETS

Unrestricted	\$56,800,159
Temporarily restricted	\$8,212,378
Permanently restricted	\$43,531,627
Total	\$108,544,164
Total	\$180,403,041



GIVING BY DESIGNATION

Capital purposes	\$961,239
Endowment	\$689,566
Annual Fund	\$1,242,913
Other restricted annual gifts	\$457,199
Total	\$3,350,917



SCHOLARSHIP GIVING

Endowment	\$474,051
Journey Scholarship	\$1,052,038
Total	\$1,526,089

TOTAL GIVING BY YEAR

Year	Amount	Bequests
2002-03	\$8,009,939	38.0%
2003-04	\$8,954,881	49.0%
2004-05	\$4,271,132	6.0%
2005-06	\$5,109,849	17.0%
2006-07	\$9,045,471	27.0%
2007-08	\$7,073,329	36.0%
2008-09	\$4,539,426	4.5%
2009-10	\$5,393,439	8.0%
2010-11	\$5,526,410	44.0%
2011-12	\$3,350,917	5.0%

Figures are in actual dollars. For the college-wide audited financial statements, contributions are on an accrual basis, while gifts are on a cash basis in the fundraising statements.



DON & HELEN VAN ZANTEN HEMMES



WILLIAM L. RANKIN



BRIDGET ROLL PENICK

In conjunction with 2012 Homecoming/Family Weekend, Central presented alumni awards to four graduates with illustrious careers and legacies of service. The winners were honored on Sept. 29 as part of the weekend's festivities.

DON '65 AND HELEN VAN ZANTEN HEMMES '67

Married couple Don Hemmes '65 and Helen Van Zanten Hemmes '67 each received one of this year's alumni awards. After graduating from Central with a degree in biology, Don earned an M.S. and Ph.D. in microbiology from the University of Hawaii at Manoa in 1967 and 1970, respectively. Helen graduated from Central with a degree in English and went on to receive an M.A. in English in 1969, also at the University of Hawaii at Manoa. Both Don and Helen accepted instructorships at their graduate school alma mater upon completing their graduate degrees.

After earning post-docs at the University of Zürich and University of California at Riverside, Don accepted a position as assistant professor of biology at University of Hawaii at Hilo in 1973. He was quickly promoted to full professor. In fall 1977, Don took a leave of absence to participate in research at the Cancer Institute within the National Institutes of Health in Bethesda, Md. Don and Helen also participated in a faculty exchange at Central with Don and Maxine Huffman during the 1984-85 academic year.

At a Mycological Society of America (MSA) meeting in San Antonio, Texas, Don's research on mushrooms caught the interest of Dennis Desjardin at San Francisco State University. This was pivotal for his research as a mycologist. Together with Desjardin, Don received a National Science Foundation grant to study the mushrooms of Hawaii. His field guide, "Mushrooms of Hawaii," co-authored with Desjardin,

received high reviews. Don is also the author of numerous professional articles on cell and fungal biology.

During his tenure, Don received numerous awards for excellence in teaching, service and research. In 1986, Don was awarded the W. H. Weston Award for Teaching Excellence in Mycology by the MSA and was made a Fellow of the society for his research on Hawaiian fungi. He remains active in MSA, serving on the Endowment Committee. Don officially retired in 2006 and, as professor emeritus, remains active as a researcher and lecturer at UH-Hilo.

Helen's career path included lectureships, jobs with the University of Hawaii's College of Continuing Education and Community Service and employment with the County of Hawaii and in the not-for-profit world. Helen served as a community coordinator for the Hilo Adolescent Family Life Project through Child & Family Service and as president and chief professional officer of the Hawaii Island United Way for 19 years prior to her early retirement. She gained expertise in not-for-profit management and financial literacy through continuing education at UH-Hilo, as well as through the United Way of America and the Weinberg Fellows program.

Helen became active in her community through memberships in the American Association of University Women - Hilo Branch and the League of Women Voters of Hawaii County, among other organizations.

Since retiring in 2006, Helen has spent much of her time volunteering, having served as president of the Rotary Club of Hilo, director of the Waiakea High School Foundation, finance committee chair at church and director and now secretary of the Hawaii Pacific Parks Association.

The couple enjoys traveling and has narrowed their "to visit" states to just a few, seeking out the flora and fauna at various locations, most recently exploring sites and national parks in Alaska and Maine. Don and Helen have been married since 1967. They have two sons, Kimo '94 and David '97, as well as four grandchildren.

Their years at Central College provided them with wonderful memories, lifetime partners and friends and a solid education for their careers and community service.

WILLIAM L. RANKIN '69

A lifelong supporter of Central College, Bill Rankin '69 is one of this year's alumni award winners. Rankin received his degree in psychology from Central. After fulfilling his military service, he earned his Ph.D. in experimental psychology from Washington State University in 1976.

For 10 years, Rankin worked for the Battelle Seattle Research Centers. He also served on the State of Washington Citizen's Advisory Council on Alcoholism and Drug Abuse. In 1983, he received the Alice Ralls Memorial Award given by the Washington State Council on Alcoholism for "Outstanding Service in Combating Alcoholism."

Rankin joined The Boeing Company in 1986. He was promoted to Boeing Associate Technical Fellow in 1998 and to Boeing Technical Fellow in 2002. In 2000, Rankin received the International Federation of Airworthiness's Whittle Safety Award for the Maintenance Error Decision Aid process. He also received the Flight Safety Foundation/Airbus Human Factors in Aviation Safety Award in Lisbon, Portugal, for his body of work in the field of flight safety.

Rankin has co-authored five books, 22 journal articles and more than 30 technical reports and has presented at more than 75 international conferences. He has visited 61 countries during business and vacation travel. Outside of traveling, Rankin also enjoys gardening. He is married to Lori Nakahara, a Boeing engineer.

Rankin has served on Central's National Advisory Council, funds two Central scholarships and supported the Roe Center through purchase of naming rights for three offices and one seminar room. He is a third generation

Central graduate and lauds Central College for the liberal arts education he received, which served as the basis of his career.

BRIDGET ROLL PENICK '95

A lawyer with a prestigious firm, Bridget Roll Penick '95 is one of this year's alumni award winners. After graduating magna cum laude from Central with a degree in political science and Spanish, Penick received her Juris Doctorate with high distinction from the University of Iowa College of Law in 1998.

Penick is a shareholder and president of the Board of Directors of Dickinson, Mackaman, Tyler & Hagen, P.C. She is a member of the firm's Employment and Labor Law Group. Penick advises clients on compliance with federal, state and local employment and labor laws. She also assists clients with employment-related immigration issues.

Penick has been named one of the Chambers USA American Leading Lawyers for Business and Best Lawyers for several years. She is also a member of the Iowa State Bar Association's Labor & Employment Section Council and the Federal Labor Standards Legislation Committee of the American Bar Association's Labor & Employment Law Section. She belongs to the American Immigration Lawyers Association and is a fellow of Litigation Counsel of America™. She is currently serving as a member of the Polk County Bar Association's Board of Directors.

Her memories of Central include participating on the mock trial team, gaining "sisters for life" in Sigma Phi Omega, studying abroad in London, interning at Parliament and spending a spring break mission trip in Appalachia.

Penick has been married to her husband Wes for 16 years. Together they have four daughters: Madeline, Elizabeth, Caroline and Emerson. They live in Clive, Iowa.

2012 CENTRAL COLLEGE LEGACY



Legacy 2012 students with parents and grandparents posed outside Maytag Student Center during freshman move-in-day Aug. 18.

Pictured front row (left to right): Elaine Nagel Jaarsma '58, Luanne Tilstra '83, Phillip Smith, Victor Tilstra-Smith '16, Anna Tilstra-Smith, Journey Reynolds, Jody Reynolds, Levy Reynolds '15 and Payce Reynolds '83. **Second row:** Ralph Jaarsma '59, Tiffany Ellis '16, Jill Fox Jansen '89, Jenn Jansen '16, Mark Jansen, Joy Anderson and Jesse Roose '13. **Third row:** Aric Balk '16, Alli Balk '16, Matt Gardner, Carolyn Ellis, Donna Christians Ellis '77, Mike Gardner '75, Deb Robus Sunderman '90, Julie Brown Anderson '89, Aaron Anderson and Tim Roose '83. **Fourth row:** David Balk '86, Daniel Gardner '16, Rita Heemsbergen Gardner '80 Jay Sunderman '87, Katie Sunderman '16, Jacob Anderson '16, Annika Anderson and Sharon Roose. **Fifth row:** Kristi Jaarsma Balk '88, Mary Roorda Glendening '62, Rich Glendening '62, Susan Walljasper Johnson '82, Kristen Johnson '16 and Katelyn Roose '16. **Sixth row:** Carolyn Busker, Neal Busker '60, Kara Glendening Busker '89, Olivia Fischer, Aleka Fischer, Lisa Wiggins Morgan '90, Jalissa Morgan '16 and Jazlyn Morgan. **Seventh row:** Noah Busker '16, Nathan Busker '89, Jennifer Freil Fischer '86, Owen Fischer, Gary Fischer '87, Ann Sammon Long '80, Natalie Long '16 and Dave Long '80. **Eighth row:** Kevin Jack '16, Melodi Mann Jack '92, Evan Fischer '16, Laurie Nikkel Arrendell '86, Paula Johnson Buenger '85, Drew Buenger '16 and Joel Buenger. **Ninth row:** Krandel Jack, Rachel Jack, Jessie Ryals '16, Karen Vander Hart Ryals '88, Emily Arrendell '16, Jim Arvendell, Fredrika Andreasson, Hannah Van Zee, Kali Van Zee '16, and Sophie Van Zee. **Tenth row:** BJ Bowling, John-William L. Bowling '16, Marty Van Zee '88, Beth Aldrich Van Zee '90 and Marilyn Aldrich '58.

ALUMNI NEWSNOTES

THE '50S

For information about **Ray Pugh '52**, see the '70s.

Robert Vermeer '54 and wife **Carolyn Missall Vermeer '56** celebrated 50 years of marriage on Oct. 13 with children and grandchildren at home in Sioux City, Iowa.

Howard Den Hartog '58 of Pasadena, Calif., is writing his life history, which includes how he and wife **Esther Rezelman Den Hartog '59** met at Central College while playing intramural volleyball. They were married two years later by her father near Panama, Neb. on Aug. 8, 1958. Howard lives in a retirement home, where he attends a weekly writing class. Last fall his class published a book entitled *Using all the Colors*, which contains two of his stories.

Sid De Haan '59 of Pella, along with Alida Droppert, assistant professor of education at Central College, won gold medals in the mixed tennis doubles at the Iowa Games despite record-breaking temperatures on July 14 and 15. They were up against unrelenting opposition but used their Dutch determination to win every round without dropping a set. Sid, who honed his tennis skills as a member of the Central tennis team, also won a gold medal in the men's singles tennis tournament.

THE '60S

Dave Reynen '64 retired from his position as insurance representative at Heartman Insurance in Austin, Minn., where he lives with wife Joyce.

Piet Jager '68 is still alive and kicking! Despite a devastating stroke 17 years ago, he has relearned how to paint with his one remaining functional hand. Taking many ideas for his watercolors from the Internet, his art has been on display at shows in both Roanoke and Martinsville, Va. His most recent sale was to **Darrel Bosch '71**, who purchased several paintings for his sisters. Although he is impaired by the stroke, Piet's speech continues to improve, and he welcomes calls from his former classmates. Piet and wife Myra live in Roanoke.

THE '70S

For information about **Darrel Bosch '71**, see the '60s; for information about **Dave Mick '77**, see the '00s.

Alumni are invited to submit Newsnotes online. We want to hear about recent promotions, honors, relocations, marriages and births to keep classmates and friends informed about important changes in your life. Update information online at **civitas.central.edu** or email **alumni@central.edu**. News items also are welcome by phone, 800-447-0287 or 641-628-5154. Or send a note to Central College Alumni Office, 812 University, Campus Box 5200, Pella, IA 50219.





45-YEAR-LONG FRIENDSHIP

Nancy McDonald McClimen '67 made lasting friendships with a group of a dozen other young women during the turbulent 1960s while they were students at Central College. After graduation, they dispersed throughout the U.S. from coast to coast but stayed in touch for 45 years through a round-robin letter and reunions every five years. Their reunions have grown from weekend rendezvous, where husbands and children sometimes make cameo appearances, to weeklong gatherings at a rented lake house. Their liberal arts education prepared these women for a variety of interesting careers. For most, careers have ended, but their Central College friendships continue to flourish. Pictured (left to right): **Eileen Klinger Vande Bunte '67**, **Barb Duven Armstrong '67**, **Judy Lorier Kading '67**, **Linda Spaans Esten '67**, **Helen VanZanten Hemmes '67**. Back Row: **Sharon Van Dalen Damkot '67**, **Linda Bergeson Anderson '68**, **Nancy McDonald McClimen '67**, **Vivian Vroom Hildebrandt '67**, **Marcia Wiersma Renkes '67**. Not pictured: **Pam Wilson Larsen '67**, **Connie Rozeboom Moore '67** and **Marge Schaper Scherer '67**.

David VanderMeulen '70 is the director of quality control and stability manager for Vanguard Labs, Inc., an Omnicare company in Glasgow, Ky., where he lives with wife Carol.

Penny Harris Reynan '71 of Middleburg, Fla., attended her 45th high school reunion at North High School in Des Moines in July and was surprised to run into **Ray Pugh '52** of Johnston. Pugh was the high school football coach while Penny was a student. The last time they ran into each other was at Central's Homecoming in 2007, when Ray was celebrating his 55th class reunion and Penny was the recipient of the Alumni Stewardship Award. Ray and Penny both went on to earn doctorate degrees in education and are now retired.

Mary Chesnick McIlvaine '72, who is employed at Hanover Chiropractic Health Care in Hanover, Mass., received a nice surprise in June when her boss introduced her to **Jared Blum '00** after recognizing his Central College T-shirt. Mary and husband **Bob McIlvaine '73** live in Marshfield. Bob is employed as an outside sales person with Plymouth Quarries in Hingham. Mary and Bob recently celebrated their 40th wedding anniversary.

Linda Sutherland '72 and Michael Mumford of Southfield, Mich., were married April 1, 2002. Linda is the manager of elimination chemical weapons at Chemical Materials Agency.

Eva Quijano Kini '73 of Isla Mujeres, Mexico, is working in the Education Department in Quintana Roo.

Gerald Haas '76 of Albia, Iowa, celebrated 30 years practicing at the Monroe County Hospital and Clinics, where he is chief medical officer. Gerald and wife **Kristy Acton Haas '77** were recently inducted into the Albia Hall of Fame for Outstanding Service.

Jann Freed '77 is a leadership development and change management consultant at The Genysys Group in Des Moines, where she lives with husband John Fisher. Jann is professor emeritus of business management at Central College.

Dana Baughman Chapman '78 is an adjunct professor of human resources at Mount Mercy University in Cedar Rapids, Iowa, where she is the senior vice president at Aon Hewitt.

THE '80S

Karol Miller Eggers '82 is the office manager at Wolff Whorley law firm in Sheldon, Iowa, where she lives with husband Tom.



BKE BROTHERS REUNITE

Scott Parfrey '70 joined his former Beake brothers for a great weekend this summer in Des Moines, where they played golf, attended an Iowa Cubs game and inducted five new members into the BKE Sports Hall of Fame. Front row (left to right): **Jim Keegan '70** of Manning, Iowa, **Ken Borgman '71** of Indianola, Iowa, **Scott Gonzales '71** of Guthrie Center, Iowa, **Craig Cochran '71** of Pleasant Hill, Iowa, **Thom Summitt '74** of Pella and **Bob Parrott '70** of Montgomery, Texas. Second row: **Dave Kissinger '70** of Ankeny, Iowa, **Scott Parfrey '70** of Marana, Ariz., **Terry Garvin '72** of Largo, Fla., **Lowell Bauer '70** of Mitchellville, Iowa, and **Del Miller '72** of Manhattan, Kan. Third row: **Mark Furlane '71** of Chicago, Ill., **Steve Paris '73** of Boone, Iowa and **Steve Bancroft '70** of Springfield, Ill..



PHI DELTA TAU BROTHERS

Chuck Laug '74 hosted a reunion with his former Phi Delta Tau brothers and a few friends at his home in Pella on June 29. It was a great opportunity to catch up with people who had not seen each other for many years. Front row (left to right): **Jerry Bennett '74** of Roanoke, Texas, **Doug Terpstra '72** of Puyallup, Wash., **Todd Beveridge '73** of Ankeny, Iowa, **Tony Van Houweling '71** of San Diego, Calif., **Ed Sprague '74** of Pella, **Chuck Menke '70** of Columbia, Mo., **Doug Fisher '73** of Bonita Springs, Fla., **Chuck Laug '74** of Pella, Bob Maurer of Pella and **Cornell Gethman '73** of Gladbrook, Iowa. Back row: **Wayne Stienstra '73** of Pella, **Mike Croak '72** of Fair Play, Mo., **Tom Cerwinske '72** of Otley, Iowa, and **Dan Martinez '73** of Red Oak, Iowa.

Deborah Ellis '82 of Wheaton, Ill., is an academic support and communication specialist at Moody Bible Institute in Chicago.

Bob Andeweg '84 lives in Urbandale, Iowa, where he continues to serve as the town's mayor. Bob practices law at Nyemaster Goode PC in Des Moines. Nyemaster Goode was named the recipient of the Secretary of Defense Employer Support Freedom Award, which is the highest recognition given to employers for exceptional support of Guard and Reserve employees.

Berta Aug '84 has returned to Vienna, Austria, several times since her study abroad experience in 1982-83. She recently left a job teaching English as a second language in Vienna to be closer to her family in Preston, Minn. She works at the Old Village Hall Restaurant in Lanesboro. Berta had a story about Vienna published in the August edition of The Rochester Post Bulletin.

Karen Collentine Larson '85 is the talent acquisition manager at TD Ameritrade in Omaha, Neb., where she lives with husband Craig and their son.

Jamie Bermel '86 accepted the position of head men's golf coach at the University of Kansas in Lawrence after 13 seasons at Colorado State University in Fort Collins, where he led the Rams to NCAA golf regionals each of the last six seasons. In 2011 their squad advanced to the NCAA finals. Jamie and wife Jacque, along with their three children, live in Lawrence.

Maryam Varela '86 of Madrid Spain,

had her second book, *Pasion*, published in August.

Lynn Wilson Margotta '88 teaches preschool at First United Methodist Church in Fort Pierce, Fla., where she lives with husband Matt.

Richmond Schmidt '88 of Lake Worth, Fla., is a certified corporate etiquette and international protocol consultant and an etiquette and protocol officer, level one, from The Protocol School of Washington. Richmond manages an estate in Palm Beach and volunteers his time to local churches and civic organizations. He recently had two letters appear in The

Huffington Post.

Nick Van Egmond '88 and wife Julie spent their fifth anniversary on an island in Fiji free from telephones, television and the Internet. Nick highly recommends a get-away from the digital world.

Julie Brown Anderson '89 is a financial planning and analysis manager at LeanLogistics in Holland, Mich. Julie and husband Aaron live in Holland with their three daughters; their son Jacob is a student at Central College.

Lisa Beaman Harsh '89 is a student success advisor at Black Hills State University in Spearfish, S.D. Lisa and husband Doug are the parents of two children.

THE '90S

For information about **Lisa Adamson Vroegh '99**, see the '00s.

Eric Good '90 of Wentzville, Mo., is vice president of quality at KV Pharmaceutical in St. Louis. Eric is the father of two sons.

Jodi Pentico-Larson '92 is the director of God's Gifts Preschool and an adjunct faculty member at Northern Illinois University in the early education department and at Waubensee Community College in their education department. Jodi and husband Steven live in Oswego with their son.

Kim DeJong Sargent '92 is a programs manager for women in engineering, math and science and advisor for the College of Engineering, Math and Science at the University of Wisconsin-Platteville. Kim and husband Steve live in Platteville with their three children.

Deborah Smith Yates '92 is an



CENTRAL GET-TOGETHER IN WASHINGTON

Linda Hietbrink Wilson '87 of Urbandale, Iowa, along with husband **Rob Wilson '87** and their son **Tim Wilson '14**, attended a Central get-together at the home of **Sue Meyer '86** in Renton, Washington, during their summer vacation. Back row (left to right): **Linda Hietbrink Wilson '87**, **Sue Meyer '86**, **Karen Regal-Johnson '86**, **Kathie Flood '86**. Front row: **Rob Wilson '87** and **Tim Wilson '14**.

Where are they now?



Evelyn Steddum served Central College for almost 20 years in the '80s and '90s. During her time at Central, she worked for five academic deans before retiring in 1996. She still lives in Pella.

After retiring, Steddum returned to the college part-time for two years, helping develop a program called PLACES (Program for Learning Awareness of Cultures in Experiential Settings), forerunner to the Center for Community-Based Learning. Today, she works part-time at the Town Crier to help support a very important hobby. "I go out for lunch a lot. I tell people that I work to support my lunch habit because I really do enjoy people," she says with a laugh. "It makes for a fairly lively social life!"

Steddum remembers Central as a wonderful place to work and meet fascinating people. "The people I worked with were just incredible," Steddum recalls. "It makes it hard to work in another situation because a lot of places aren't like that. I always enjoyed the relationships—I will leave it at that."

Read the full Q&A with Evelyn Steddum online at civitas.central.edu.



Deborah Smith Yates '92 is an instructional designer at Ford Credit in Dearborn, Mich. Deborah lives in Livonia with husband Christopher and their daughter.

Jeff Burnison '93 was named operations senior manager of PROaccess Genetics at Pioneer Hi-Bred International, Inc. in Johnston, Iowa. Jeff and wife Meredith live in Grimes with their son.

Kathy Rheinschmidt Corbett '93 is an administrative/sales manager at Urban Flooring and Design in Grimes. Kathy and husband David live in Des Moines.

Stephanie Westra Van Wyk '93 teaches in the Waterloo Community School District. Stephanie and husband **Kevin Van Wyk '93** live in Waterloo with their three children.

Katie Tu '94 of Winter Garden, Fla., is a financial service planner at New York Life in Orlando.

Terry Eisenbarth '95 is a financial representative at Northwest Mutual in Mount Vernon, Iowa, where he lives with wife Jacqueline and their two children.

Melanie Keiper '95 of Birmingham accepted a position as the assistant federal defender in the office of the Federal Defender for the Northern District of Alabama.

Heather Burr Isaacson '97 is the director of academic planning and mentoring for Home Remedies, a new division of Optima Life Services in Des Moines, where she lives with husband **Chip Isaacson '98**. Chip is the primary counselor at Orchard Place.

Angie Klanderma Jackson '97 is regional supervisor at ITA Group in West Des Moines. Angie and husband **Bryan Jackson '98** live in Ankeny with their daughter. Bryan is a customer account representative at Carrier Access Inc. in Clive.

Todd Joslin '97 is an independent agent at Strellner Agency in Cedar Rapids, Iowa, where he lives with wife **Jodi Fisher Joslin '97**. Jodi is a social worker and chemical dependency counselor at Mercy Medical Center.

Karla Jurgemeyer '97 of Northfield, Minn., is a cataloging and acquisitions associate at St. Olaf College.

Michelle Meyers '97 of Nashville, Tenn., is a teacher in the Metropolitan Nashville Public Schools.

Jolene Skinner '97 is a senior consultant at Towers Watson in Austin, Texas, where she lives with husband Ron Beck.

Stephanie Storm Wilson '97 is an EHR advisor at Telligen in West Des Moines. Stephanie and husband Doug live in Runnells with their two daughters.

Brad Wuhs '97 and Bri Logan of West Des Moines were married July 4. Brad is a national sales manager for Nike Golf Accessories by Team Effort.

John Bertrand '99 is the assistant vice president of information technology at Aviva USA in West Des Moines. John and wife Katie live in Urbandale with their three children.

Christopher Button '99 is a mental health flight commander with the United States Air Force. Chris and wife **Katie Brees Button '02** live in Derby, Kan., where Katie teaches at

Andover Community Schools.

Jennifer Schuler Schroeder '99 teaches fourth grade at Prairie View Elementary in the Devils Lake School District in Devils Lake, N.D., where she lives with husband David and their son.

Mike Spencer '99 is a sales representative at Schering-Plough in West Des Moines, where he lives with wife Trista.

Kerry Maynard Vande Kieft '99 of Urbandale, Iowa, has been accepted to the Greater Des Moines Leadership Institute's Community Leadership Program.

Michelle Wehrman-Flores '99 has begun her 10th year teaching English at Xavier High School in Cedar Rapids, Iowa. Last May, Michelle was the recipient of the XITA Award for excellence in teaching. Michelle and husband Chris live in Cedar Rapids with their two children.

THE '00S

For information about **Jared Blum '00**, see the '70s. For information about **Katie Brees Button '02**, see the '90s.



Angie Haines Mann '91 of Ankeny, Iowa, and several Central friends enjoyed tailgating and cheering on the Iowa Hawkeyes in Chicago when they played Northern Illinois on Sept. 1 at Soldier Field. Pictured (left to right): **Jim Banfield '91**, **Beth Bohan Reese '91**, **Kevin Den Adel '91**, **Jim Mann '91**, **Angie Haines Mann '91**, **Sara Wilhite Willette '92** and **Steve Willette '91**.

Brian Huinker '00 is a benefits consultant at Midwest Group Benefits in Decorah, Iowa, where he lives with wife Amanda and their two daughters.

Jenness Parker '00 of Wilmington, Del., is a corporate litigator in the Wilmington office of Skadden, Arps, Slate, Meagher & Flom. In addition to her interest in law, Jenness has an extensive background in musical theater, having studied and performed in the Aspen Music Festival and School and sang in the London Masterclasses. In November she played the role of Lola in Cavalleria at OperaDelaware.

Annalese Racheter '00 and Aaron Alford of Calgary, Canada, were married March 24.

Kristina Oeth Stanger '00 practices law at Nyemaster Goode PC in Des Moines. Nyemaster Goode was the recipient of the Secretary of Defense Employer Support Freedom Award, which is the highest recognition given to employers for exceptional support of Guard and Reserve employees. Kristina was commissioned as a medical service corps officer in the United States Army through the Officers Candidate School program. She served in Iraq from 2003 through 2004 and continues to serve through the Iowa National Guard. Kristina and husband Doug live in Urbandale.

Ann Van Hemert '00 of Altoona accepted a position at Drake University Law School in Des Moines as the alumni affairs and communications coordinator.

Beth Wadsworth '01 of Springfield is a pathologist at Pathology Associates of Central Illinois.

Sarah Miller Boelts '02 is an assistant professor of Spanish at Grand View University in Des Moines. Sarah and husband Tim live in Polk City.

Teresa Crowe '02 of Lawrence, Kan., is a pediatrician at Pediatric Associates of Topeka.

Brad Newcomb '02 is regional vice president, western region, at ING US Financial Services in Phoenix, Ariz., where he lives with wife Tricia.

Matt Petersen '02 is a business manager at Wilson Toyota in Ames. Matt and wife Amy live in Ankeny.

Angela Van Riessen '02 of Grimes is a claim account executive at Holmes Murphy & Associates in West Des Moines.

Robert Hodges '03 of Pleasant Hill, Iowa, is an associate attorney at BrownWinick in Des Moines.

Jake Sletten '03 is pastor of family ministries at Christ Lutheran Church in Rancho Palos Verdes, Calif., and the head boys' basketball coach at Pacific Lutheran High School in Torrance. Jake and wife Courtney live in San Pedro with their son.

Ashley Toft Dillinger '04 is an implementation consultant at Wells Fargo Home Mortgage in Des Moines. Ashley and husband **Travis Dillinger '05** live in Polk City with their daughter. Travis is a logistics consultant at C.H. Robinson Worldwide.

Becky Hedges '04 and Andrew Pospisal of Clive were married May 22. Becky is the director of adult day and quality assurance at Easter Seals in Des Moines.

Matthew Jens '04 is a financial advisor at Edward Jones in Des Moines. Matt and wife Kelli live in Urbandale with their two boys.

Marqita Jones '04 of Aurora is a program manager at Matrix Center/WPC at the University of Colorado in Colorado Springs.

Clint Larson '04 is an analytical manager for Carrier Compliance with Ryder Logistics in Fort Worth, Texas, where he lives with wife **Jennifer Stewart Larson '04** and their son.

Abby Steffensen '04 and Blake Kessler of Des Moines were married June 9. Abby is a senior account manager at CDS Global.

Becky Schwendinger Steinlage '04 is employed by Advanced Technology Services in Peoria, Ill. Becky and husband Justin live in Mackinaw with their three children.

Anne Jacobson Crile '05 is a marriage and family therapist intern at Sync Counseling Center in Pasadena, Calif., where she lives with husband Andrew.

Seth Sparks '05 is a business consultant at Nationwide Mutual Insurance Co. in Des Moines. Seth and wife **Tiffany Sifford Sparks '06** live in Ankeny with their two children. Tiffany teaches fourth grade at Lovejoy

Elementary School in Des Moines. **Ryan Boone '06** is a regulatory manager at Premier Communications in Sioux Center, Iowa, where he lives with wife **Erika Anthony Boone '06** and their two boys.

Krista Bradt '06 and Aaron Raatjes of New Lenox, Ill., were married June 16. Krista is a supervisor of pregnancy support services at Evangelical Child and Family Agency in Wheaton.

Kyle Fleener '06 and Sarah Jung of Aurora, Ill., were married July 21. Kyle, who was plant controller at Hormel Foods Corp. in Naperville, Ill., was recently named plant controller at Hormel in Austin, Minn.

Angela Long Hall '06 is an admission coordinator for the College of Osteopathic Medicine at Des Moines University. Angela and husband Joel live in Ankeny. Also representing the Dutch at DMU are **Katie Streeter Pearce '00** and **Lisa Adamson Vroegh '99**.

Matthew Harre '06 is an account manager at C3 Creative Consumer Concepts in Leawood, Kan. Matthew and wife Rhonda live in Lees Summit, Mo., with their son.

Emily Gruenwald Kenyon '06 is a senior analyst at the U.S. Government Accountability office in Washington, D.C. Emily and husband Tim live in Alexandria, Va.

William Wheeler '06 is the city administrator for the City of Osceola in Osceola, Iowa, where he lives with wife **Audrey Ketcham Wheeler '08** and their son.

Kristen Friedrichs '07 of West Des Moines teaches math at Des Moines Area



Holly Edwards '05 and **Andy Roby '05** of Ankeny, Iowa, were married June 30. Holly is the activities administrative assistant at Saydel High School, and Andy is a surety bond manager at Nationwide Insurance. Pictured in the front row (left to right): **Holly Edwards Roby '05**, **Andy Roby '05**. Second row: **Gina Dunkin Embray '87**, **Mary Dunkin Edwards '79**, **Becky Hedges '04**, **Josh Edwards '03**, **Stef Miller Wright '04**, **Bri Kuyper '05**. Third row: **John Edwards '72**, **Michael Edwards '08**, **Drew Wilson '08**, **Katy Lein Long '04**, **John Brees '03**, **Anne Legg Brees '05**, **Emily Carlson Kneip '04**, **Dani Dowling '05**, **Beth Peterson '04**, **Jennifer Runyan Townsend '04**. Back row: **Clint Driftmier '07**, **Daira Hoegh Driftmier '05**.

Community College in Ankeny.
Lidija Mustic '07 and Christopher Geest of Davenport, Iowa, were married Sept. 15. Lidija is a behavioral health intervention counselor at Community Centered Counseling Services in Davenport.

Katrina Obermeier '07 of Corning, Iowa, teaches math at Corning High School.
Trenton Blythe '08 is assistant director of capital and campaign gifts at North Central College in Naperville, Ill., where he lives with wife **Molly Lehr Blythe '08**.

James Breckenridge '08 of Monroe, Iowa, is a senior trainer at Great Southern Bank.
Charles Eastlund '08 and Sarah Trowbridge of Boone, Iowa, were married July 30, 2011.

Emily Kuecker '08 and **Justin Young '08** of Polk City, Iowa, were married June 19, 2010. Emily teaches sixth and seventh grade language arts at Collins-Maxwell Community Schools. Justin teaches sixth grade language arts and social studies at Johnston Community Schools.

Molly Crall Mick '08 teaches first grade for Albia Community School District in Albia, Iowa, where she lives with husband **Neal Mick '08**. Neil works alongside his dad **Dave Mick '77** and brother **Curt Mick '11** at Mick Furniture and Appliance and is the assistant football coach at Albia High School.

Daryna Ternavska '08 is working toward

Amanda Zook '08 and three classmates from Central College earned master's degrees in the arts of education from Viterbo University in La Crosse, Wis., in July. They are pictured (left to right): **Amanda Zook '08**, **Emily Kuecker Young '08**, **Kyli Hake Gander '07** and **Katie Moklestad Owens '08**.

a juris doctorate at the University of Iowa College of Law in Iowa City.
Sara Wade '08 of Topeka, Kan., is general manager at Neebo in Lawrence.
Samantha Winebrenner-Jones '08 is a licensed realtor with Coldwell Banker Mid America Group in West Des Moines, where she and husband **Trevor Jones '08** live with their daughter. Trevor is a permit specialist at Pioneer Hi-Bred International in Johnston.
Christopher Gales '09 is a business specialist at Apple, Inc. in Hopkins, Minn., where he lives with wife **Jennifer Flater Gales '10**. Jennifer is employed by Capernaum Pediatric Therapy in accounts receivable in Edina.
Benjamin Heithoff '09 of Wichita, Kan., was promoted to small group personal training director and level 3 personal trainer at Genesis Health Club, where he was



named Personal Trainer of the Year.
Erinn Lauterbach '09 of Riverside is at the University of California Riverside working toward a doctorate in political science with an emphasis in American politics and mass political behavior.
Sarah Vandenberg '09 of Leighton is a program assistant at Iowa Accountability Program in Des Moines.
Savannah Veenstra '09 of Hampton, Iowa, is the fifth and sixth grade band and choir director at Hampton-Dumont Middle School.
Nicole DeGroot Williams '09 is an internal auditor at Rain & Hail Insurance in Johnston, Iowa, where husband **Brandon Williams '09** is a computer programmer. Nicole and Brandon live in Waukee with their son.

THE '10S

For information about **Curt Mick '11**, see the '00s.
Kristin Anderson '10 and **Marshall McElhinney '10** of North Liberty were married July 21. Kristin is a social studies/at-risk teacher at West Branch Middle School in West Branch. Marshall is an Iowa City house and case manager at SequelCare of Iowa.
Ashley Barsness '10 and **Brent Lund '10** were married Sept. 1 in Las Vegas with 15 Central alumni spanning two generations as their witnesses.
Beth Baker Basler '10 accepted a second grade teaching position at West Park Elementary School in Leadville, Colo.
Brianne Crill '10 and **Brad Williams '11** of West Des Moines were married Sept. 24, 2011. Brianne is a sales specialist with The Principal Financial Group in Des Moines, and Brad is an assistant underwriter with The IMT Group in West Des Moines.

Ashley Feldman '10 of Ankeny, Iowa, is a senior account manager at QA Graphics.
Ashley Gerst '10 and Ty Van Wyk of Wapello, Iowa, were married June 23. Ashley is an independent promotional sales consultant for Bankers Advertising out of Iowa City.



Dan Krull '09 and Julie Hesseltine of Lacona, Iowa, were married June 2. Dan teaches junior high English and is the head football coach at Southeast Warren High School in Liberty Center. Front row (left to right): **Gina Forbes Venteicher '04**, **Jenny Meyers Hesseltine '06**, **Julie Krull**, **Dan Krull '09**, **Meghann Burt Smith '11**, **Doug Eisenman '10** and **Charlie Eastlund '08**. Second row: **Scott Venteicher '04**, **Mara Venteicher '11**, **Kari Hunerdosse '05**, **Eric Hunerdosse '09**, **Jason Braithwaite '03**, **Tara Buch Braithwaite '05** and **Blake Smith '10**.

Katlyn Bargren '11 of Ankeny, Iowa, is a customer success manager at WebFilings in Ames.
Jessica Curry '11 of Silver Spring, Md., is an inspired teaching fellow at Capital City Public Charter School in Washington, D.C.
Jacob Dreyer '11 of Brookings is the sports information graduate assistant at South Dakota State University.
Seth Kassis '11 of Thousand Oaks, Calif., is an account executive at Cox Communications in San Diego.
Kiley Lythberg '11 of Mount Prospect, Ill., is a behavioral health associate at Linden Oaks Hospital.
Allison Moeller '11 of Houston, Texas, continues to work as a case assistant in the litigation department at Morgan Lewis, while working toward a paralegal certificate at Rice University.
Ashley Ranniger '11 of Council Bluffs, Iowa, is enrolled at Creighton Law School.
Amanda Russell '11 of Oskaloosa, Iowa, is a Kindergarten through sixth grade special educator with Sigourney School District.

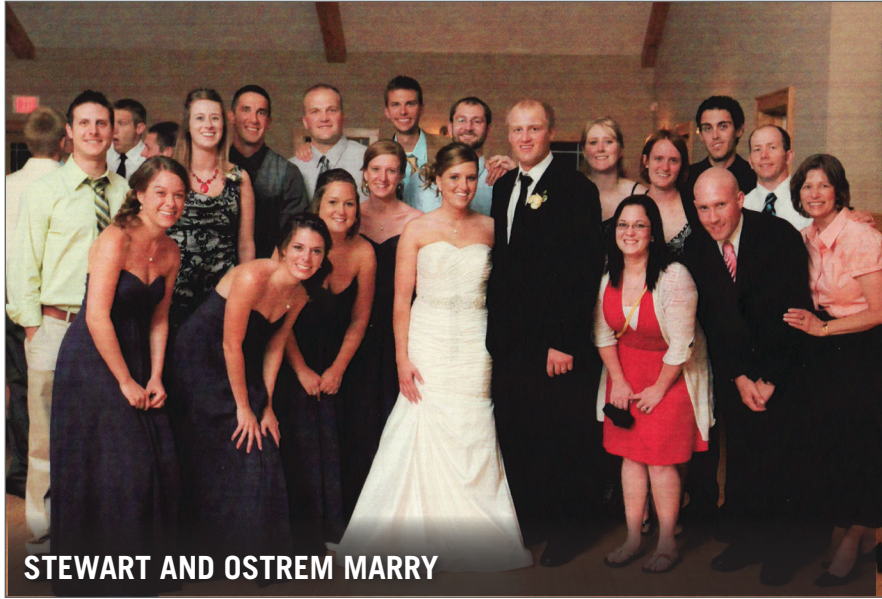
ADVANCED DEGREES

Jodi Pentico-Larson '92, master's degree, early childhood education and special education, Northern Illinois University.
Kim DeJong Sargent '92, master's degree, adult education, University of Wisconsin-Platteville, May
Michelle Meyers '97, master's degree, elementary education and instructional

marriage and family therapy, Fuller Theological Seminary, June
Seth Sparks '05, master's degree, business administration, Iowa State University, May
Sarah Thompson '06, master's degree, vocal performance, University of Iowa, Aug.
William Wheeler '06, master's degree, public administration, University of Nebraska-Omaha, 2011
Katrina Obermeier '07, teaching license, secondary education, Buena Vista University, Dec. 2011
Lacey Ritscher '08, master's degree, generalist nursing, De Paul University, June
Sarah Vandenberg '09, master's degree, social work, University of Iowa, May
Adam Galt '10, bachelor's degree, political science, Illinois State University, Aug.

ARRIVALS

Bradley '95 and **Susan Eding Nykamp '97**, daughter Katelynn JoAnn Grace, Dec. 16
Eric and **Brooke Bouma Kohlsdorf '96**, daughter Eliza June, Sept. 3
Michael '97 and **Sarah Wynn Schall '99**, son William Michael, Nov. 5, 2010
Daniel and **Cheryl Benskin Case '98**, son Emmett John, Aug. 5, 2011
Angie and **Chad Eisele '98**, daughter Brenna Marie, June 14
Elle and **Chris Forman '98**, son Tyler Clarke, April 24



Melissa Stewart '08 and **Jeremiah Ostrem '07** of Altoona, Iowa, were married June 11, 2011. Melissa is a district office secretary for the Bondurant-Farrar School District, where Jeremiah is a middle school teacher and athletic director. Front row (left to right): **Sarah Van Wyk Flaherty '08**, **Alyssa Jones '08**, **Sara Kroger Dopheide '08**, **Jessica Jensen Albers '08**, **Melissa Stewart Ostrem '08**, **Jeremiah Ostrem '07**, **Ashley Hysell Millet '07**, **Jeff Millet '07** and **Vicki Hanna Rodenberg '80**. Back row: **Dan Flaherty '05**, **Laura Berndt Sorensen '07**, **Curt Hunt '06**, **Tylor Johnson '07**, **Emory Dease '07**, **Jim Cruickshank '07**, **Kristin Hacker Rodenberg '07**, **Katie Espersen Johnson '08**, **Zach Massey '07** and **Isaac Rodenberg '07**.



Meghann Burt '11 and **Blake Smith '10** of Ankeny were married July 16, 2011. Meghann is a direct support associate at Mosaic in Des Moines, and Blake is an account manager at CH Robinson Worldwide in Ankeny. Front row (left to right): **Russ Lundy '61**, **Trevor Talbott '10**, **Doug Eisenman '10**, **Ben Tressel '10**, **Blake Smith '10**, **Meghann Burt Smith '11**, **Ashley Feldman '10**, **Heather Shives '10**, **Amber Mayer Taylor '10**, **Kelsey Tompkins '10**, **Jess Clark '09** and **Joa Hayes Rolffs '10**. Second row: **Clark Lundy '88**, **Julie Lundy '88**, **Kevin Smith '82**, **Lu Ann Lundy Smith '83**, **Charlie Eastlund '08**, **Rachel Bahl Talbott '12**, **Miranda Kouba O'Brien '09**, **Quinn O'Brien '09**, **Chris Tibbals '09**, **David Lakin '11**, **Caleb Rangel '11**, **Carissa Bane '11**, **Justine Celoni '11**, **Melony McDermott '13**, **Kate Callan '12**, **Claudia Garcia '11**, **Amanda Melcher '13**, **Amy Ledvina Townsend '10** and **Carissa Bentz '10**. Back row: **Bob Schueler '83**, **Lynne Van Vark Schueler '85**, **Dan Krull '09**, **Josh Nalan '10**, **Brett Mahan '08**, **Bret Bell '12**, **Corben Schueler '10**, **Jarred Lackey '11**, **Dirk Lindaman '13**, **Jason Hassman '10**, **Taylor Wessels '13**, **Trent Smith '14**, **Ben Schornack '13**, **Cory Fitzsimmons '10**, **Liz Arentsen '10**, **Kurtis Brondyke '11**, **Jenna Broghamer '13**, **Kelli Ziskovsky '13**, **Mark Holan '10**, **Rachelle Tipton '10**, **Hannah Anderson '10** and **Jenni Hufford '10**.



Gregory Christiano '69, a Bronx-born author of five books, writes about Central culture during one of the 20th century's most influential decades.

"Life on campus for freshmen was a combination of cheers and groans. We were made to wear a beanie and a giant rectangular nametag three feet wide and one foot tall, strung across our backs.At one formal dinner all those wearing white socks with their suits were made to stand on the cafeteria tables and lift their pant legs to the ridicule of all onlookers."

"Central was a small, down-home higher education institution, not one of those fast-paced unsympathetic campuses you find back East. I felt comfortable and welcomed, developing friendships with locals in town, as well as students on campus."

Read Christiano's full story, "My First Year at Central," online at civitas.central.edu.

Giovanni and **Andrea Danks Ocampo '98**, son Benjamin John, Aug. 31

Mike '99 and **Tracy Marlow Redman '07**, daughter Alaina Grace, Sept. 7

Mark '99 and **Rachael Hurley Woodley '98**, son Cullen Trice, Dec. 17

Scott '00 and **Kristin Stecker Enyart '02**, daughter Zoe Mae, Sept. 12

Dustin '00 and **Tara Sorensen Kraft '08**, daughter Hayden Javeen, June 20

Jon '00 and **Kim Brandt Vocelka '00**, son Brandt David, Sept. 27, 2011

Rod and **Joy Dorenkamp Wiebers '01**, daughter Grace Marlene, June 28

Chris '02 and **Kris Hughes Gardner '03**, daughter Ashtyn Noelle, July 14

Tad and **Marissa Foell Lincoln '02**, daughter Rowan Joyce, Aug. 1

Anthony '02 and **Stephany Shumaker Messer '02**, son Hudson Caleb, May 20

Eric and **Katharine Dorn Schramkowski '02**, daughter Ava Katharine, June 16, 2011

Derek and **Jolisa Huber Bombei '03**, daughter Taya Jo, Jan. 17

Jason '03 and **Tara Buch Braithwaite '05**, son Micah James, July 29

Jesse and **Carissa Rice Eret '03**, daughter Lucy Soleil, May 16

Kelli and **Matthew Jens '04**, sons Blake Alan, Sept. 3, 2010 and Nolan Matthew, Feb. 17

David '04 and **DeAnne King Negley '04**, daughter Abigaylle Eva Grace, July 13

Michielsen and **Rebecca Linacre Tenckinck '04**, daughter Raela Evie, June 12

Daniel '05 and **Sarah VanWyk Flaherty '08**, daughter Anneke Pearl, June 21

Seth '05 and **Tiffany Sifford Sparks '06**, son Noah Micheal, April 24

Bryan and **Kelsi Ver Ploeg Vander Meiden '06**, twin sons Liam John and Mason Dean, June 16

Michael '07 and **Krystal Harthoorn Holleman '08**, son Luke Brennan, Nov. 14, 2011

Haley and **Greg Altmaier '08**, daughter Harper Jade, Aug. 14

Brian and **Rachel Jones Kampling '09**, daughter Sylvia Ruth, April 2

Lucas and **Leanna McBride Showman '09**, daughter Ayla Elaine, July 3

Brandon '09 and **Nicole DeGroot Williams '09**, son Noah John, April 3

IN MEMORIAM

Herle Ferrell '40 of Sioux City, Iowa, Sept. 13

John Synhorst '40 of Newton, Iowa, Aug. 30

Roy Van Der Kamp '41 of Davenport, Iowa, Sept. 8

Henry Schoon '43 of Sioux Falls, S.D., July 23

Samuel Allen '44 of Cedar Rapids, Iowa, Sept. 26

Arlene Elbring Jutting '50 of Ames, Iowa, Aug. 27

Phil VanderMyde '53 of Southern Shoes, N.C., Sept. 16

Christina Vander Voort Broyles '57 of Houston, Texas, April 16

James Van Weelden '65 of Des Moines, July 18

Barbara Jones Hasselmann '66 of Arlington Heights, Ill., Sept. 4

Charles Garrett '73 of Linden, N.J., July 27.

Eugene Vatter '73 of Oskaloosa, Iowa, July 30

Sallie Ferguson Hannawacker '79 of St. Cloud, Minn., Sept. 8

Nathan Engelkes '97 of Holland, Iowa, May 1, 2011

Ask an alum:

What was Central like in the 1960s?



Civitas

A Journal of the Central College Community

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How Can I Help?

Ardith Sutphen worked for four presidents during her 33 years at Central.



First Rio, Then Shenzhen

David Vonnahme '10 taught English in Brazil and has now moved on to China.



Birds' Nests and Blackboards

Curtis Brobst '09 teaches science with the Peace Corps in Kenya, 300 miles from

civitas.central.edu

The Rigors of Research

Junior Kyle Freischlag dove into a prestigious medical institution for a summer of cells and molecules.



Kyle Freischlag beat out students from major research universities to intern with the Institute for Bionanotechnology.

Think you have a complicated line of work? Well, junior Kyle Freischlag may take the cake.

Over the summer, the biology and history major interned with the Institute for Bionanotechnology in Medicine through the Department of Surgery at Northwestern University in Illinois. A native of Downers Grove, Freischlag researched the mechanisms behind nitric oxide therapies in the treatment of neointimal hyperplasia.

You may be wondering: what in the world is that?

According to Freischlag, it's all about cell growth and understanding how nitric oxide affects it.

"If someone has an arterial blockage, they will undergo a surgical procedure such as an angioplasty," he says. "Any surgical procedure will produce damage

to the cell wall, triggering cell growth in that area."

That cell growth may become uncontrollable and then re-block the recently cleared artery. During his internship, Freischlag looked at how nitric oxide could be used in the treatment of unwanted cell growth. The molecule inhibits cell growth, but the science community is unsure how it works. Freischlag says it may have something to do with the cell degradation pathway, which is responsible for triggering mitosis.

Freischlag looked at the different protein concentrations involved at different points in the cell cycle. "We used rat arterial cells and grew them in cell lines with different nitric oxide treatments," he says. Freischlag then used western blots, an analytical

technique that detects specific proteins.

The internship was quite a lot to undertake for a student who has already traveled to Ghana and is involved with varsity tennis, health professions club and Tri-Beta, the biology honors society. On top of his summer research, Freischlag spent time in a dark room developing film and even had an abstract submitted to the Academic Surgical Conference. With this prestigious internship under his belt, Freischlag plans to pursue a combined M.D. and Ph.D. program that will lead him to academic medicine.

"This experience introduced me to the rigors and reality of academic research," Freischlag says. "It helped me define my passion."



Alumni Spotlight

Sarah Frese '09 is pursuing a master's degree in Russian and East European Studies at Georgetown University.



CONTINENTAL CROSSROADS

Sarah Frese '09 has a good grasp on Eurasia. You know the landmass—the one encompassing two continents and nearly three-quarters of the world's population.

As a senior at Central, Frese interned with the Atlantic Council in Washington, D.C., a nonpartisan organization that promotes cooperation across the world's second largest ocean. After graduating, she was offered a job coordinating the Council's first annual Black Sea Energy and Economic Forum.

Dedicated to addressing Eurasia's economic and energy challenges, the forum has been hosted in Romania, Serbia and Turkey. Frese organized every minute detail on location.

After two years with the Council, Frese moved to Oxford Analytica, a macroeconomic and political risk analysis firm in D.C. She is also pursuing a master's degree in Russian and East European studies at Georgetown University. Frese credits her time studying in Vienna with Central College Abroad as the root of her interest in the intersection of Europe and Asia. Now she's a specialist on the world's largest stretch of land.

Read more about Frese's specialty online
at civitas.central.edu!

